The Sun Catcher

November 2026
Volume 29 Issue 11

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COMMITTEES

ARCHITECTURAL
ELECTIONS
FINANCE
LANDSCAPE
POLICY
PRESERVATION of
RESERVE ASSET (PRAC)
SOLAR TASK FORCE
WEBSITE
WELCOME

Wednesday November 11th
from 9:30 to 10:30 a.m.
@ the Village Center Entrance

Our community is recognizing our present and past Veterans for their service to our country. **Scout Troop 130** will present the colors, the ***Sunflower Chorale*** will present four patriotic songs, and we will perform our traditional "**Ringing of the Bell and Taps**" in honor of our fallen Veterans.

Our Keynote Speaker will be our Sunflower resident ***Lt. Col. Joyce Taylor, Ret***.

Please come visit and say "***Thank You***" to our community veterans, and enjoy coffee and donuts after the program.

Help us support our "**Homeless Vets Program**" and bring non-perishable food and clothing donations and help "fill the truck."

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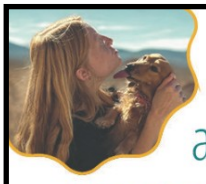

Open House at Sol Dog Lodge

Sol Dog Lodge and Training Center

Tuesday, December 1st from 11am–1pm
Stop by anytime
11862 N. Tangerine Business Loop

Tour the campus and hear our mission and how we help all dogs and the people who love them.

Call 520-886-7411 with questions or call your neighbor, Shelley Harris. *She's in the directory.*

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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

The ***Architectural Review Committee*** would like to extend its warmest wishes to everyone in Sunflower for the upcoming holiday season.

Of special interest is the placement of
Holiday Decorations
within our Sunflower Community.
All our residents and staff are looking forward to seeing the wonderful decorations that residents often put up.

Just a reminder: The decorations can go up one month prior to the holiday and need to be removed 14 days after the holiday.

Enjoy the decorations~making Sunflower so festive!

ARC's next two meetings:
Tuesdays, November 3rd & 17th @ 9:00 a.m.
in the Village Center Craft Room.

POLICY COMMITTEE

By Robin Sterner

The ***Policy Committee*** just finished reviewing Policy 3.07: General Manager Job Description. The General Manager has a BIG job! Please consider reading the entire job description @ **Sunflowerliving.com**, (*Go to* - Resident Information, Association & Board of Directors, Governing Documents, Policy Manual.)

In related Policy 3.03: Board/General Manager Relationship Policy, it states - "G*ood management is recognized as one of the key factors in the success of Sunflower."*

Our General Manager, ***Lisa Sak,*** just celebrated 5 years working at Sunflower. Our Directors have stated publicly at Board meetings that they recognize the value of longevity in community contracts. ***Lisa*** attends all Board and Committee meetings; and she is quick to answer questions and share past practices. Her knowledge and experience contribute a key factor in reviewing policies and making this committee productive.

The ***Policy Committee*** meets the first Friday of each month @ 9:00 a.m. in the Conference Room.

(Note - ***November 6th Meeting is canceled because of the Community Craft Fair.)***

LANDSCAPE INITIATIVES

By Charlie Barlow

A gracious thank you to those who responded to our request for suggestions on the disposition of the grassy lawn area to the east of the pool. We had arranged for a drop box for written suggestions at the Village Center, as well as an email address to express your opinions on how to deal with this part of our community landscape.

Looking at spending any kind of monies for reducing irrigation of the pool lawn, there won't be any funds available in the near future for any large capital expenditure due the assignment of most of the Community Improvement Fund (CIF) toward the **Solar Project**. Therefore, in consultation with our vendor, **AAA Landscaping** suggests to reduce watering the pool lawn, instead of daily, to limit to once weekly in the transition to the cooler months ahead, and not to overseed the lawn with a seed variety that competes with the established bluegrass for water and nutrients.

Spring and Supplemental Fall tree and shrub planting has been completed, and a review of the health and viability of those plants will have been completed as of this writing.

For the 2027 plantings, a door-to-door inquiry will be conducted prior to installation in case there would be an objection to the location of a new tree that would be an obstruction to territorial views from a particular resident's location. Please attend our committee meeting on the first Wednesday of the month if you wish to review the planting maps.

Our next meeting is on Wednesday, November 4th @ 10:00 a.m. in the Conference Room.

WELCOME COMMITTEE

By Lynn Haye

Welcome to our "Newbies" We are anxious to meet you. Remember to sign up at the Front Desk of the Village Center. We are a friendly group.

Any questions, please contact me @
h1035@aol.com. ***See ya soon!***

Our next meeting will be on Friday, November 20th @ 10:00 a.m. in the Conference Room.

PRESERVATION OF RESERVE ASSETS COMMITTEE

By Tom Howlin

PRAC helps evaluate and maintain the physical assets of the community. These assets wear with age but that does not make them useless. If you have a car that is ten years old, it probably doesn't look brand new but is perhaps perfectly serviceable and will continue to be a faithful provider of transportation.

Things like the Bocce courts or even the water fountains, do not look shiny and new for very long in the Arizona sun and with the quality of our water. However, some hard water stains do not make a drinking fountain unusable – it's job is to provide cold water upon demand with no leaks and presenting no noticeable health hazards. As long as it performs these functions, it's still a valuable asset and will not be replaced.

Wear-and-tear versus worn-out is sometimes difficult to ascertain. We can't see inside a pool pump and do not wish to wait for complete failure, so we often just follow the recommended lifespan of the assets and replace them when the time is up. Something like a Bocce court is much easier to assess; and while the turf may fade and come loose in some areas, that does not eliminate the functionality of the asset – therefore, interim repairs may be needed versus replacement.

These are the types of evaluations ***PRAC*** tries to make on a regular basis along with help from our professional, outside reserve company.

Join us on Thursday, November 12th @ 1:00 p.m. in the Fiesta Room.

SUNFLOWER ANNUAL MEETING

Everyone in Sunflower is welcome to join us @ this year's

ANNUAL MEETING
on Wednesday, November 4th @ 6:00 p.m.
in the Fiesta Room.

At the meeting, newly-elected BOD members will be announced along with other items voted on in the recent Sunflower elections. There will also be a recap of the past year's major projects, events & finances.

You won't want to miss this vital meeting which represents the beginning of a new year here in our Sunflower Community.

Please plan to join us!

FINANCE COMMITTEE REPORT

By Bonnie Scott

The ***Finance Committee*** reviews the monthly financials in its monthly meetings which take place @ 1:30 p.m. on the 3rd Tuesday of each month in the Conference Room.

As the financials are only available to homeowners (Sunflower Community Members), the actual figures of Income & Expense and other details are not placed in the Sun Catcher, which is made available to anyone who comes to the Village Center. Homeowners can locate financial information on the **Sunflowerliving.com** website, which requires a password only available to homeowners. The Community Manager also places a copy of the Income and Expense report in the Board Book prior to the Board meetings, which is available only to homeowners.

The Treasurer's Report is reviewed in the Finance meetings as well as in the Board meetings. Only homeowners may attend these meetings unless the Board or Manager approve an invited guest such as a vendor.

The ***Finance Committee*** welcomes new member, ***Christopher Montijo***. Christopher moved into Sunflower in April of 2025. He has experience in managing budgets, has a minor in accounting, and was a Certified Purchaser Manager.

Our Next Meeting: Tuesday, November 17th @ 1:30 p.m. in the Conference Room.

ELECTION COMMITTEE

By Effie Skroch

As most of us know, by ***November 4th @ the Annual Meeting***, the role of the ***Election Committee*** will be over for another year, and the residents of Sunflower will have spoken with their candidate selections.

If you have totally missed voting, there is a last chance to do so BEFORE that meeting from 5:15 to 5:45 p.m. in the Village Center Lobby.

Thank you to all who have voted.
I think it will be a banner count.

Big thanks are due to ***Kaye Walter***, Chair of the Election Committee, plus the Committee members, ***Kristy Ashmore, Elizabeth Kirk, Carol Normand, Lynda Shaw and Effie Skroch***. Our BOD liaison was ***Kat Mitchell***.

We were a good team; and if you'd like to know how it all happens, please volunteer for next year's process.

By Bruce Schwartz

Greetings from the Sunflower Veterans Club

As this delicious, cooler Autumn air moves in, we are all delighted here in Sunflower. I have heard **Music Under the Stars,** though a bit smaller than usual, was still a success. The ***Sunflower Community Veterans Club*** was pleased to be out there serving those delicious Hamburgers and Cheeseburgers.

November 14th is our Annual Fall Barbecue. You will have a choice of 2 Sandwiches: Pulled Chicken or Pork, or one of each, Coleslaw, Baked Beans and Chips, Lemonade and Ice Cream. - The cost is still only $18.00.

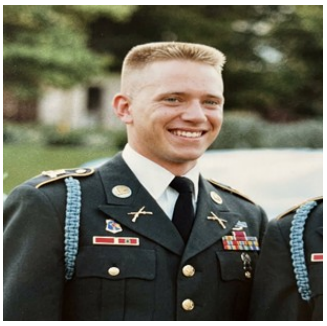
Please join us on Veterans Day, November 11th @ 9:30 a.m. for our ceremonies beginning in front of the Village Center at the flagpole. Try to bring a chair for yourself as seating may be limited.

On Monday, October 12th, I had the privilege of attending the opening of **Old Pueblo's Veterans Transitional Housing**. Thanks were given to the Sunflower Community Veterans Club too many times to mention - for our many generous and continued contributions that have enabled Old Pueblo to provide such an asset to homeless and disabled Tucson Veterans.

In return, we wish to thank all of you for continually supporting our club, which allows us to fund these worthwhile Veterans' causes.. Donations are always welcome. Remember we are now a 501(c)3, which means that all your donations are tax deductible.

Thank you so very much for all your generous help and contributions over the years

ROBERT THORNTON – U.S. ARMY 3rd INFANTRY



Robert Thornton joined the U.S. Army in 1987—partly out of spite, he says. His dad was career Navy; so, Robert joined the Army. He began basic training at Fort Benning, Georgia, then was selected to try out for a special assignment in Washington, D.C. That opportunity was to join The Old Guard, 3rd U.S. Infantry—an organization known for its ceremonial duties in front of the nation.

After reporting to Fort McNair, he competed with 500 candidates for 12 positions and won. From day one with the unit, the work was highly disciplined and visible: learning precision marching, uniform standards, and performing with the calm consistency expected from soldiers in the public eye. The shoe he wore when his partner lost his rifle and the bayonet landed on and through his foot, is still on display there.

He served in roles including the Commander-in-Chief's Guard, supporting events that placed him at the center of major national moments—from Arlington funerals to White House and joint service ceremonies.

His service later expanded into drill-team duties with Alpha Company and Echo Company at Fort Myer, VA, where specialty platoons supported events for presidential appearances and public ceremonies. Memorable events included the halftime show in San Antonio in front of 50 thousand people while on television. The presidential inauguration parade was also a highlight. Less enjoyable were the times he had to be the target in the desert for training exercises.

Throughout it all, he credits the Army with shaping his attention to detail, accountability, and forward-thinking-skills he has carried into civilian life.

WE THANK YOU, BOB, FOR ALL YOUR SERVICE!

NOVEMBER SOCIAL CLUB

By Frances Gauthier

This month, we will be serving a traditional Thanksgiving dinner with all the trimmings. The date is ***Thursday, November 21st.***

Social time is 5:00 and Dinner will be served @ 5:30 p.m.

Tickets are $10/pp; and if not already a 2026 member, reduced dues of $1 will pay you through December, 2026.

We will be collecting books for the **Roadrunner Elementary School**. Used books in good condition are fine. They should be age-appropriate for grades Kindergarten through Sixth Grade. You have been very generous in the past and it is much appreciated.

The night of the dinner, we will also have our Election of Officers. The positions open are: President, Vice President and Treasurer. We have someone willing to take the office of President but we still need the other two positions. Please give it your consideration.

In December, we will have a ham dinner followed by a White Elephant Gift Exchange. ***Tickets will be on sale on Monday, November 23rd from 12:00 to 12:30 p.m.in the Lobby of the Village Center,***

What's Brewin'?

What's Brewing Coffee and Tea Station is located at the telephone desk in the hallway right outside the Fitness Center. It is stocked with a Keurig and a growing variety of coffee, hot chocolate, and cappuccino pods, plus herbal tea bags.

Stop by and get a hot beverage for $1.
There is a black box located on the left side of the cabinet where you can insert your cash.

This coffee center is not HOA funded, but managed by Sunflower residents. We gladly accept donated, unexpired pods to expand our offerings.
We would also like to receive suggestions which can be slipped into the cash slot.

Thanks to everyone who has stopped by to give this a try. As weather cools off, we hope to see even more activity.

The Brew Crew

BACCHUS WINE

BACCHUS WINE

By Kevin Webb

November is a month of Thanks, Food, and Fun!

To honor that, ***Bacchus Wine*** will be accepting a food donation as entry for our event on:
November 18th from 4:30 to 6:30 p.m. in the Fiesta Room.

In addition to a can or boxed food for the FOOD BANK, please bring a bottle of wine and an appetizer.

Remember it's the 3rd Wednesday (November 18th). The e-Vite will go out on the 11th. *See you there!!!!*

ARTS FOUNDATION STUDIO TOUR

By Jerry Nelson

This exclusive event offers the residents of Sunflower Community a visit with our very own artist, ***Jerry Nelson,*** in his home for an art exhibit.
Location: 7670 West Summer Scene Drive

Dates and Times:
November 13th 11-5:00 p.m.
November 14th 10-5:00 p.m.
November 15th 12-4:00 p.m.
We'd love to see you there!

NEW EARTH MINISTRIES

~ Helping Create Renewed Meaning & Sacred Purpose in Life ~

"We Remember Them" is a vigil remembering our deceased loved ones as we begin the holiday season. It is open to men and women who are Sunflower residents, as well as their family and friends.

Join us on Friday, November 13th from 4:00 to 5:00 p.m. in the Village Center Library. Please bring a photo of your loved one, a journal or pad, and a flashlight. To register, please contact ***Donna-Marie*** no later than November 9th @ 619-840-2960, as there is a simple registration process. Please note this remembrance gathering is open to both men & women, as well as persons of all religious beliefs and traditions, or those without. **ALL ARE WELCOME**. Pets may also be remembered!

About the Facilitator: ***Donna-Marie Terranova*** is a trained Pastoral Counselor, Spiritual Director and Hospice/Healthcare Chaplain with Masters Degrees in Marriage, Family & Child Counseling, along with Pastoral Theology. She is the Founder/Director of **New Earth Ministries** which provides pastoral counseling and spiritual direction for women, as well as retreat and conference programs for both men & women. ***Donna-Marie*** and her pup, ***Gabriel***, live right here in Sunflower.

THE FOODIES & FUN CLUB
By Kathryn Martin

THE TABLE AND THE JOURNEY – ITALY

Join us on: ***Tuesday, November 3rd @ 6:00 p.m. for the 'Dolci d'Italia,' the National Festival of Italian Desserts.***

This is a National festival celebrating regional dessert traditions from Northern Italy down to the Southern Islands. We will gather and 6:00 p.m. and start our evening with an individual Charcuterie box for each person. This is so we don't just have a sugar high. This will be followed by an array of traditional Italian desserts.

Then we will be honored to hear from ***Dr. Eduardo Costa*** who holds a Doctorate in Musical Arts. Dr. Costa is a consummate artist on the guitar. Dr. Costa earned his Doctor of Musical Arts degree from the University of Arizona in 2012. In 2011, Dr. Costa was invited to perform at Carnegie Hall. That same year he also earned third prize at the Guitar Foundation of America competition. Dr. Costa has won 10 International first prizes and his performances have taken him to New York, Dallas, Portland, Boston, Sao Paulo, Curitiba, Brazil and Germany.

Tickets cost $20.00 per person and were on sale on:

Monday, October 26th from 10 – 11 a.m. and again on Friday, October 30th from 1:00 – 2:00 p.m.

We hope you will join us at the table to celebrate Italy!

Barrio Bread

Barrio Bread, ***Don Guerra*****,** will be BACK at Sunflower to sell bread ***on Wednesday, November 18th @ 4:00 p.m. in the Craft Room.***

GATHERINGS CLUB
By Jan Gerston

AI Forum

Community AI forum, November 20th, 5:30 p.m., Fiesta Room: Small-group prompted discussion concluding with sharing of insights.

Hosted by Jim Shanahan and Stefan Joswick

Food truck Roundup: November 11th @ 4:30 p.m., west parking lot. Live music provided by Larry and Bill.

TED talk and discussion: November 18th @ 10:30 a.m., Craft Room. Streaming of a recorded TED talk followed by insightful discussion.

Gatherings Club Monthly Meeting: November 10th @ 10:00 a.m. in the Craft Room

Upcoming events**:**

New Year's Eve Party: December 31st in the Fiesta Room

Arizona Opera Company Performance on February 2nd , 2027

Ticket sales ($15) December 17th from 11:00 a.m. to 1:00 p.m. or email or ***Pat Haber*** @ **pat.haber@gmail.com.**

CHORALE NEWS
By Beth Britton

Singers, it is not too late to join the ***Sunflower Chorale***. Are you just coming back from travels? It's okay, we want you to join our practices on ***Mondays from 3:30 to 5:30 p.m***.

Call ***Barbara Lacy*** @ 928-242-0249 for questions and information.

COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant ***at least a day in advance.***

ROMEOs Lunch – ***Wednesday, November 11th*** will go to **Barros**, carpooling @ 11:45 a.m.

OWLS Dinner - *Wednesday, November 18th* will go to **Bianchi's,** carpooling @ 4:30 p.m.

ROMEOs Breakfast – *Wednesday, November 25th* will go to **Grumpy's,** carpooling @ 7:45 a.m.

COFFEE & FRIENDS

By Marilyn Engel

Did you know" has become the buzz words for ***Coffee and Friends***. The question posed in the Communicator on Thursday is answered on a white board in greater detail each Saturday morning.

Who knew there was so much to know about coffee?

The group meets every Saturday morning in the Fiesta Room from 7:30-8:30 a.m. Our sponsor, ***Roger Daggett*** of Long Realty, continues to provide Coffee and Friends with free surprise days with add-on treats. In addition to the assortment of donuts, we have teas and freshly-brewed coffee for $1 each. Coffee refills are no charge.

All new Sunflower homeowners and residents during their birthday week are welcome to a free cup of coffee and a donut. Stop in before your pickleball or bocce game and get that added boost of energy, or sit and chat after that early morning walk. *See you Saturday!*

MONTHLY GAME NIGHTS

Second Friday & Fourth Tuesday

Time to fill your October calendar!
Join us for ***Game Nights on November 13th and/or November 24th***.

You can bring your own game or play one from our library of games. This is a great way to meet new people!

Thank you to our host ***Bob Wilson.***

CORNHOLE

By Kevin Kirkey

Get Ready for Cornhole – Note Our New Time!

Whether you are a seasoned pro or looking to try something new, we invite you to join us for our regular Cornhole games! It's a great opportunity to enjoy some friendly competition and connect with others in the community.

Please note that we have updated our schedule. Beginning in November:
Cornhole will now be held from 4:00 to 6:00 p.m. on Fridays.

We encourage players of all skill levels to come out and join the fun.
Bring a friend, practice your throw, and enjoy the games!

KARAOKE

Tuesday, November 17th
5:00 to 8:00 p.m. in the Fiesta Room

November's Karaoke theme is "Name Dropping". Songs should have a person's name in the title or lyrics, such as "Hey Jude", "Jolene", or "Wendy". There are lots of possibilities. Please send your song request to ***Gary*** @ gengel9285@icloud.com by November 11th. We have single artists, duets, group sing-a-longs. You are welcome to sing or just enjoy the entertainment.

Bring your own beverage - we will provide a snack.

Thank you to ***Tim and Kaye*** from ***The*** **Walter Team** for our karaoke machine and to ***Judy Ibrado*** from **Long Realty** for helping sponsor our Karafun subscription.

SUNFLOWER TENNIS CLUB

By Dennis Page

Here are some tips to improve your serve:

1. Feel as though you're throwing your racket through the ball.
2. Toss the ball in the correct place -- as high as you can reach with your racket, slightly inside the baseline and to your dominant side (for most players, to their right). Certainly don't throw behind your head!
3. Stay balanced throughout the entirety of the service motion. It's so important to keep your core steady and controlled as you deliver the serve.
4. Use your legs to add power once you have those other three fundamentals in place. You should be focused on jumping up into the serve rather than jumping forward.

These tips are from the following website (type the characters into your browser exactly as shown):

https://talkingtennis.net/blog-posts/

Reminder: Weekly play ***Monday through Saturday for SFTC members is now 8:00 a.m. to 12:00 p.m,***

For current information or questions: ***Charlie Barlow****:* 360-870-6517, or email him @ **amitayus60@gmail.com** ~ OR ~ ***Susan Page*** @ **susancpage@comcast.net**

POP TENNIS

By Gary Engel

Pop Tennis now starts @ 8:00 a.m. on Court 2.

We have a group of active "Poppers" playing on ***Tuesday, Thursday & Saturday mornings***. No experience is needed - just show up. We provide the paddles and balls. Former (and active) tennis and pickleball players have become proficient quickly. Contact ***Gary Engel*** @ 623-221-8813 or

PICKLEBALL CLUB

By Leah Freeland

The ***Holiday Party will be Saturday, December 12th @ 5:00 p.m***. More details will be shared to our club members as the date gets closer.

Play hours are:

Monday, Tuesday, Thursday, Friday: 8:00-10:00
(Competitive)
Tuesday, Thursday, Sunday: 4:00-6:00
(Social)
Wednesday and Saturday: 8:00-10:00
(Open for all members)

For beginners interested in learning the game, free lessons can be arranged by calling or texting

Bocce

By Julie Frickel

October was a busy month. Breakfast before Bocce was fun with lots of good food. We played one game of bocce after breakfast but finally gave up due to the rain.

Bocce Fun Day was a success with 6 new people trying out the game. Lastly, we were honored to provide some bocce expertise helping out the Tucson Special Olympics.

The fall Bocce Business Meeting is scheduled for Wednesday, November 11th @ 5:00 p.m.

Details will be mailed to members with a sign-up for food the week before the meeting.

Bocce play is now @ 1:00 p.m. As the snowbirds return and the courts become busier, we will add a 9:00 a.m. play time, if necessary.

Players, please arrive 15 minutes early so that we can get courts and teams assigned.

BOWLING INFORMATION & NEWS

By Bonnie Scott

If you want to make new Sunflower Community friends and enjoy some fun for 2 hours, come bowling with us on ***Friday afternoons***. Its Open bowling - so no teams, no competition; and if you cannot bowl, no problem and no cost. We bowl all year. We welcome ***Deb Fletcher*** back to her Sunflower home and bowling friends. The cost is $13 for 3 bowling lines which includes funds toward the Annual Banquet. ***Don Preuss*** provides a weekly sheet of player bowling information.

Bowlers with outstanding scores:

Joe Beard – 210 & 200 games
Chuck Glen – New YTD High Series 642 & new YTD High Game of 222 + 211 & 209 games
Ed O'Hara – 226 game
Gary Scott— 567 series & games of 216,177, & 174.
Vicky Beard – New YTD High series of 563 & games of 181, 190, & 192
Jody Christensen - 201 game
Deb Fletcher— New YTD High game of 189
Susan O'Hara- 566 series & games of 203, 203 & 160
Linda Ottley – New YTD High series of 479 and new YTD High game of 203

Please show up at 12:10 for practice at 12:20 and start time of 12:30 pm . We bowl at the **PINZ Lanes** – 501 W. River Road. When you arrive, come to Lane 1 and someone will collect your $13.

Refer questions to ***Terri Shevlin*** @ 609-471-4347.

ROSIE'S SUNFLOWER BINGO

By Tim Walter

The snowbirds are trickling back! Just a friendly reminder about some requirements. *You will need your proximity card to buy bingo cards. If you bring a guest, you must register them at the front desk and get a wristband for them so they may participate. Please limit guests to one per resident. Please bring $10 bills or less to pay for bingo cards.*

October is always a special night, as we celebrate breast cancer survivors and appreciate the players who continue to fight! We expanded into the library, but there were still some empty seats.

The **Rosie Special** was back up due to the increase participation, up to $340.00 this month. ***Ross Bitner*** took home that pot, and a couple of others! He also donated back three times to **Veterans Club** along with ***Dennis Walthal, Peggy Anderson, Carol Mino, Connie Rio, Louis Sulser, Kevin Kirkey*** and ***Ginger Gruzinski***. A heartfelt "Thank you" from the Sunflower Veteran's Club for $236.00 in donations! Congratulations to all the winners.

Many people helped ***Kaye Walter*** set up with Halloween table settings. As always, an exceptional call by ***Dolores Johnson.*** ***Kathrine Talley*** ran the board perfectly this month, and ***Marcia Ceciliot*** helped ***Carol Abrahamson*** with the card sales.

Special thanks to them all.

November should welcome some more Snowbirds, and we expect to fill the house.

Our theme will be ***"Thank You for Your Service",*** as we play close to Veterans Day.

Fiesta Room, November 10th - games start @ 6:00 p.m.

Come and play to win!

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: ***Tuesdays and Fridays — 1:00 to 4:00 p.m.***

Chix with Stix (Ladies):
Mondays and Thursdays — 1:00 to 4:00 p.m.
No experience necessary
We'll Rack 'em and You Hit 'em.

LADIES' 9-HOLE GOLF

By Leslyn Sisco

We will be starting back again in mid-October! Come join us at Quarry Pines for a fun and non-competitive round of golf! ***We will play every Tuesday @ 2:00 p.m***. Please call ***Leslyn Sisco*** @ 970-946-5998 by 10:00 a.m. on Monday to confirm play. *See you on the course!*

MEN'S 9-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at **Quarry Pines** Golf Course. ***We play every Wednesday starting @ 2:00 p.m.*** Come join us for a fun time! Contact ***Jim Murphy*** @ **jmurphmail@gmail.com** for further information.

SUNFLOWER MEN'S GOLF CLUB

By Gary Scott

With the weather starting to get a little cooler, we expect the Snowbirds to start returning toward the first of the month. Golf courses are pretty much done with overseeding, courses look pretty good.

For those unfamiliar with our club, we play twice a week ***(Monday and Thursday)*** at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us.

You can contact ***Doug Culpepper*** @ **biker1ab@mac.com** (412) 720-6248 or myself @ **gbscott70@comcast.net** (520) 406-0123. You may visit our schedule of events on our website: **www.sunflower.golfclub.net**.

CONTACT US—E-MAIL DIRECTORY

***Lisa Sak*, Sunflower Community Manager: lsak@associatedasset.com**
***Rosie Young*, Sunflower Community Assistant Manager: rmyoung@associatedasset.com**
Communicator Submissions/Visual Lobby Display**:** Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

For Communicator to: **lsak@associatedasset.com,**
For Visual Lobby Display Changes to: **kassidy.kirchgatter@associatedasset.com**
Sunflower Living Website: **webteam@sunflowerliving.com**

FRONT DESK PERSONNEL

***Viktoria Hair*, Resident Services Coordinator: viktoria.hair@associatedasset.com**
***Jamie Haire*, Resident Services Coordinator: jamie.haire@associatedasset.com**
***Nickie Kaplan*, Resident Services Coordinator: nkaplan@associatedasset.com**
***Kassidy Ritza,* Resident Services Coordinator: kassidy.kirchgatter@associatedasset.com**

SUNFLOWER VILLAGE CENTER HOURS

THE VILLAGE CENTER WILL BE CLOSING @ 2:00 PM ON WEDNESDAY, NOVEMBER 25th & ALL DAY THURSDAY, NOVEMBER 26th FOR THANKSGIVING.

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.
Sunday 11:00 a.m. to 4:00 p.m.
Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.
~ All current activities will remain at their regularly-scheduled time ~

If you have any questions, please call the Front Desk or the Management Team.

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, ***www.Sunflowerliving.com*,** and scroll down to click the **"Subscribe to Our Residents Newsletter"** link.

Part way down the new page, you will see a **"Subscribe Here"** link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to: ***Sunflowerliving.com.*** Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other ***"protected pages,"*** you must enter the password ***which is only available to Sunflower residents.*** Please visit the Village Center front desk so you can receive the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: **nkaplan@associatedasset.com**.

ADVERTISING IN THE SUN CATCHER

If you are looking to advertise your business in **Sunflower's Sun Catcher** newsletter, via classified ad, or multiple-sized colored advertisement, or have any questions about fees and space available, please email ***Kassidy*** @ kassidy.kirchgatter@associatedasset.com, or just visit the front desk at the Village Center and any one of the ladies can give you a pricing sheet for advertising.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 ● Fax: (520) 572-8724
Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

NOVEMBER 2026 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1 1 Mah Jongg	**2** 9 Mexican Train 9 VETS Tickets 10 Craft Club 10 Social Club Mtg 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	**3** **9 ARC** 12 Social Cl Tickets 1 Euchre 1 Ladies Bridge 6 Foodies Italian Nite	**4** 9 Mah Jongg 9 Vint Gard Tickets **10 LANDSCAPE** 10 VETS Meeting 11 VETS BOD Mtg 1 Mah Jongg 2 1 Pinochle **6 ANNUAL MTG**	**5** 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta **CENTER CLOSES @ 4PM FOR CRAFT FAIR SET-UP**	**6** **SUNFLOWER CRAFT FAIR**	**7** **SUNFLOWER CRAFT FAIR**
8 1 Mah Jongg 2 Tech Help	**9** 9 Mexican Train 9 VETS Tickets 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Vin Gard Mtg 12:30 MexicanTrain 3:30 Chorale	**10** 10 Gatherings Cl Mtg 10 Daytime Book Cl 1 Euchre 1 Ladies Bridge 6 BINGO	**11** 9:30 VETS' Celeb 1 Mah Jongg 2 1 Pinochle 4:30 Food Trucks	**12** 9 Quilters 9 500 Cards Game 10:45 Health Alliance 1 Mixed Bridge 1 Canasta **1 PRAC**	**13** 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2 4 NewEarth Ministries 6 Game Night	**14** 7:30 Coffee & Friends 10 VETS Fall BBQ Event
15 1 Mah Jongg	**16** 9 Mexican Trn 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 MexicanTrain 3:30 Chorale	**17** **9 ARC** 1 Euchre 1 Ladies Bridge **1:30 FINANCE** 2 Genealogy Mtg 5 Karaoke	**18** 9 Mah Jongg 10 Photo Club Mtg 10:30 TED Talks 12:30 Mah Jongg 2 1 Pinochle 1Vin Gard Luncheon 4 Barrio Bread Sales 4:30 Bacchus Wine	**19** 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 1 Health Alliance	**20** 9 Quilters **10 WELCOME** 11:30 Fun Poker 1 Mah Jongg 2 5:30 Gatherings Cl Forum on AI	**21** 7:30 Coffee & Friends 9 Art Club 5 November Social Club
22 1 Mah Jongg 2 Tech Help	**23** 9 Mexican Train 10 Craft Club 11:30 Fun Poker 12 Baskets 12 Social Cl Tickets 12:30 Mexican Train 3:30 Chorale	**24** 11 PWC Meeting 1 Euchre 1 Ladies Bridge 6 Game Night 7 SF Readers	**25** 9 Mah Jongg **10 BOD MTG** **CENTER CLOSES @ 2:00 PM**	**26** **VILLAGE CENTER CLOSED**	**27** 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2	**28** 7:30 Coffee & Friends 9 Art Club 1 Quilters' Retreat
29 1 Mah Jongg	**30** 9 Mexican Train 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale		**COMMITTEE MEETINGS** **11/03 ARC** **11/04 LANDSCAPE** **11/04 ANNUAL MT** **11/12 PRAC**	**THIS MONTH** **11/17 ARC** **11/17 FINANCE** **11/20 WELCOME** **11/26 BOD MTG**		

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4pm Pickleball	Men's Golf 8 Pickleball 8 Tennis 7:45 Yoga 9 Water Aerobics 9:30 Line Dance 1pm Chix w/Stix	8 Pickleball 8 Tennis 8 POP Tennis 9 Stretch/Tone 10:10 Chair Yoga 10:30 Forever Fit Class 1pm Men's Billiards 1pm Bocce 2pm Ladies' 9-Hole Golf 4pm Pickleball	7:45 Yoga 8 Pickleball 8 Tennis 9 Water Aerobics 1pm Ping Pong 1st, 2nd, 3rd Wed 2pm Men's 9-Hole Golf	Men's Golf 8 Pickleball 8 Tennis 8 POP Tennis 9 Stretch/Tone 10:10 Chair Yoga 10:30 Forever Fit Class 1pm Chix w/Stix 1pm Ping Pong-4th Thurs 1pm Bocce 4pm Pickleball	7:45 Yoga 8 Pickleball 8 Tennis 9 Water Aerobics 10 Line Dance 12:30pm Bowling 1pm Men's Billiards 4pm Cornhole	8 Pickleball 8 Tennis 8 POP Tennis 9 Water Aerobic 11 Ping Pong 1pm Bocce ***Hiking Info- See Fall Hiking Sched For Details***

TOPICS OF INTEREST

ARTIST GALLERY

By Nickie Kaplan

We are fortunate to have a display of artwork in November by both ***Michele Girard*** and ***Sylvia Shanahan.*** Both ladies display very different types of art this time.

Michele will be displaying Sonoran Driftwood art pieces as she loves to collect unusual sticks, roots & cacti skeletons, etc. to use in creating wonderful one-of-a-kind pieces. They are inspired by her love of nature and the surrounding Arizona desert landscapes. Her sources of materials include the Sonoran Desert and Sky Islands.

Sylvia, a recent resident of Tucson, will be displaying her painting skills. She has shown her work all over the U.S. from Ohio, Vermont, Georgia to Florida, as well as in Tucson. She was also selected in the Samsung Frame TV in 2016, and her painting: "Shadow Play in Walsingham Park" was selected to be included in the LG TV. She also teaches at Quail Creek, the Arizona Sonoran Art Institute and Saddlebrooke. ***How lucky are we??!!***

We wish to extend a sincere thank you to ***Lori Roper & Lois Croly*** for their stunning, original artwork displayed during the month of October. Remember to stop by the Village Center during the month of December to view the work of the ***Quilt Club Ladies***.

Our residents are truly outstanding!

THE PING PONG GROUP

By Buzz Hoffmann

Ping Pong has come a long way since it was first played in England by upper, middle-class Victorians on dining room tables. Rackets were lids from empty cigar boxes, balls were champagne corks, and a line of books served as the net. We use modern equipment and love to have new players join us for this great sport, one of the best for the brain. All playing levels, including beginners, are welcome for a fun time of ego-free and often aerobic ping pong.

We play on the 1st, 2nd & 3rd Wednesdays and 4th Thursdays @ 1:00 p.m. in the Fiesta Room, and also on Saturdays @ 11:00 a.m.

GNO Girls Night Out (or Days)

By Lynn Haye

We had a great time at the Gaslight last month.

Now on ***Wednesday, November 18th,*** we are going to the Zoo -- yep the Zoo. They have motorized things to ride on instead of walking.

I need to know how many are coming, so please email me @ **h1035@aol.com**. *Hope to see you there!*

SUNFLOWER HIKING GROUP

By Hope Collins

In general, the ***Sunflower Hiking Group*** will have hikes on Tuesdays and Fridays, from October through March. The hikes for each month will be listed in the Sun Catcher; the upcoming week's reminders will be posted to the weekly Communicator. The group is open to all Sunflower community residents and their guests who are fit for hiking.

Essential details and updates about hikes are sent via Google Group emails. If you plan to hike with us this season, it is recommended that you be added to the group. To do that, send an email to ***Hope Collins*** @ **hopecollins65@gmail.com**. If you have questions about the group, or have an interest in leading future hikes, please contact ***Bobby Bran*** @ 520-729-8082.

NOVEMBER HIKES:

Tuesday, Nov. 3 – Aspen Draw/ Meadow Trail Lollipop, 6.5 miles, Moderate+
Friday, Nov. 6 – Wild Burro/ Alamo Springs Loop, 5.8 miles, Moderate
Tuesday, Nov. 10 – Dripping Springs/Canyon Creek Loop, 4.4 miles, Moderate-
Friday, Nov. 13 – Waterman Peak, 2.1 miles, Moderate+
Tuesday, Nov. 17 – Sabino Lake/Rattlesnake Loop, 3.7 miles, Easy OR Cat Mountain, 5.5 miles, Moderate+
Wednesday, Nov. 18 – Planning Meeting for Winter 2025, Details TBD
Friday, Nov. 20 – Bug Springs, 9.2 miles, D- OR Cactus Canyon, 4.5 miles, Easy
Tuesday, Nov. 24 – Pusch Peak Flatiron, 3.0 miles, Moderate+
Friday, Nov. 27 – Canada del Oro 50 Yr Loop- Catalina SP, 4.5 miles, Easy+

**Most hikes meet between 7:00 and 7:45 a.m.at the Village Center*

Check Google Group emails for specifics

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The ***Sunflower Photography Club is*** a supportive community where we can share our joy of photography, learn from each other, and grow together. Whether you're using a smartphone camera or more complex equipment, or if you're an experienced photographer or just starting out, there's a place for you in our club! Please email ***Vince Senski*** with any questions @ **vinceduluth@gmail.com**.

Our next meeting is on Wednesday, November 18th @ 10:00 a.m. in the Fiesta Room.

ACTIVITIES AND CLUBS

ART CLUB
By Billie Barron

This is an open invitation to all Sunflower residents who desire to create/color something that stirs the imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a protective covering for the table. ***Saturdays @ 9:00 a.m. in the Craft Room.***

CRAFT CLUB
By Chris Polk

November hosts a wide variety of beautiful and creative projects for the ***Craft Club***!

Everyone loves beads! ***Come to the Craft Club on November 9th and 22nd Meetings*** to make a brick-stitch bracelet in the colors of your choice. On November 16th, we will create a unique rope basket utilizing your rope. Just in time for Thanksgiving! During the November 23rd session, we will make decorative, small Fall Gift Bags. On November 30th, will round out the month by making stunning, decoupaged tea lights.

The Craft Club meets most Mondays in the Craft Room from 10:00 to 11:30 a.m. There is a nominal fee for supplies for most projects. While all Sunflower residents are welcome to join the Craft Club, some sessions require an advanced reservation and/or supplying your own materials. If you were unable to attend the October introduction meeting, please email ***Michele Saylor*** @ **gmdftpanel@gmail.com** to be placed on the Craft Club member email list. Please contact ***Chris Polk*** @ 520-820-5227 for additional details or questions.

DANCE & ENTERTAINMENT CLUB
By Karen Barta

Classes are offered year-round, twice a week:
Monday: **Beginners Class 9:30 to 10:00 a.m**. to go over individual steps used in most dances.
10:00 to 11:00 a.m. Beginners Learn & Dance
Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m. Then **11:00 a.m. to Noon -** A bit more advanced. To attend, you pay **$5 to the Dance Club** for entire year. The fee goes to the Club for our Parties, Dances for the Community & whatever else we decide to do.

FOREVER FIT CLASS
By Virginia Landers

The Forever Fit Class with Virginia started on Tuesday, March 31st & will meet every Tuesday and Thursday from 10:30 a.m. to 11:30 p.m. in the Fiesta Room.

Please bring hand weights, leg weights, resistance bands & water. Resistance and balance exercises are essential for seniors to maintain strength & independence.

We'd love for you to join us!

FITNESS CLUB
By Billie Barron

Water Aerobics: ***Monday, Wednesday, Friday and Saturday from 9:00-10:00 a.m.*** Recordings are used that offer a well-balanced workout focusing on core, upper body, balance and joints. Noodles are provided.

Stretch & Tone: ***Tuesday and Thursday from 9:00-10:00 a.m.*** This is a full body workout (seated or standing) concentrating on building strength, flexibility and balance. Equipment needed: Tubing with handles, resistance band, light hand weights (2) and a 6-8 inch size ball.*

Chair Yoga/Pilates: ***Tuesday and Thursday from 10:10-11:10 a.m.*** No equipment needed.*
*These classes are conducted by ***Violet Berens*** who is a certified and licensed instructor. ***Violet*** will be returning on Tuesday, November 10th, 2026.

NOTE: Your current Fitness Membership Card is in effect until December 31st, 2026. New cards for 2027 will be made available sometime in November. Watch for information in the Communicator. A Membership card is $15.00 payable by CHECK ONLY to: ***The Sunflower Fitness Club***. Please be prepared to show your membership card at the class before signing the attendance sheet.

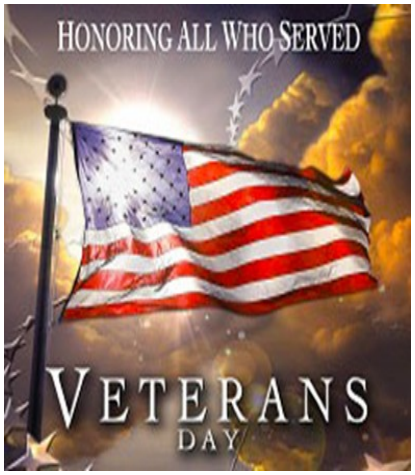
A special thank you to ***Margo Gustin***, our volunteer instructor from May to November.

YOGA CLUB
By Leslie Parr

We have FREE YOGA CLASSES on Monday, Wednesday & Friday from 7:45 to 8:45 a.m.-Fiesta Rm.

It is gentle Yoga for Seniors. ***Yoga Club*** members enjoy a relaxing hour at the beginning of the day. All welcome. Please bring your mat and a stretch band to each class.

Questions, call ***Leslie Parr*** @ 520-603-8785.



CARD GAMES

LADIES BRIDGE
By Brooke Murphy

Ladies Bridge is played on ***Tuesdays from 1:00 to 4:00 p.m in the Library***. We are a relaxed group and play to enjoy the game and each other. Call ***Brooke*** @ 708-846-7555 or email: **bmurphmail@gmail.com.**

MIXED BRIDGE
By Mary Lynn Mercer

We have a very fun, easy-going bridge group on ***Thursday afternoons from 1:00 to 4:00 p.m. in the Library***. Call ***Mary Lynn*** to sign up to play @ 614-323-2463 or **marylmercer@hotmail.com.**

CANASTA

Thursdays starting @ 1:00 p.m. in the Craft Room.
We play two versions: Hand & Foot and Samba.
So join us to see familiar faces & meet new friends.

MEXICAN TRAIN DOMINOES
By Pat Cooke

It's hot outside! Come inside to play Mexican Train Dominoes with us.

Join us on Mondays @ 9:00 a.m. in the Library and @ 12:30 p.m. in the Fiesta Room.

EUCHRE

Would you like to play Euchre?
We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.
Call ***Vicky*** @ 520-907-3510 for details.
We'd love to have you join us!

SUNFLOWER 500 CARD CLUB
By Bob Bender

The 500 Card Club welcomes old and new members and we look forward to having you join us ***@ 9:00 a.m. Thursdays in the Library*** for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). We are still willing to teach anyone who would like to learn the game. Call and we will set up a time to teach. Call ***Bob Bender*** @ 717-804-6425.

MAH JONGG
By Anne Schmidt

We will play ***Mah Jongg @ 9:00 a.m. in the Library & Mah Jongg 2 @ 1:00 p.m. in the Craft Room every Wednesday.***
Not ready to make a commitment?
All are welcome, beginner to advanced players!

SUNDAY MAH JONGG
By Lynn Neitzke

We began playing Mah Jongg again on Sundays from 1:00 to 3:30 p.m. in the Library.
Contact ***Lynn*** @ 520-268-7784 with questions.

PINOCHLE
By Harlan Quinn

If you like to play single-deck Pinochle, join us from ***1:00 to 4:00 p.m. on Wednesdays in the Library***.
There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present. For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER
By Jim Conley

We play Poker in the Library on Mondays from 11:30 a.m. to 3:00 p.m. and on Fridays from 11:30 a.m. to 3:00 p.m.

We also play on the ***4th Wednesdays of the month @ 4:30 p.m. in the Library.***

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.
Please join us at the Village Center on any day and we will get you started.

DAYTIME BOOK CLUB
By Alice Hafner

The ***Daytime Book Club*** continues to meet on the 2nd Tuesday of each month.

Our next meeting is scheduled for Tuesday, November 10th @ 10:00 a.m. in the Library.

All Sunflower residents are welcome to attend.

HEALTH & SAFETY

PRIMAVERA

By Patrick Steliga

Single mom, Renee, turned her dream of owning a home into reality with the support of **The Primavera Foundation's Homeownership Opportunities Program (HOP)** and Her Family Program. Through financial education, one-on-one guidance, and down payment assistance, Renee and her two children navigated the path from renter to homeowner—gaining confidence, knowledge, and a place to call their own.

"Keep pursuing it. Don't get discouraged, it's possible, and it's worth it," Renee says. Read her full story and learn how ***Primavera*** helps families achieve the dream of homeownership at **Primavera.org**.

Needed items now include the following:

NEW men's & women's undergarments
Tampons (preferred by our participants over pads)
Disposable razors
Deodorant
Shampoo & Conditioner
Body Wash
Toothpaste
Reusable water bottles
Electrolyte/hydration drinks

Thanks for all of your donations.

SUNFLOWER NEIGHBORS

By Kristy Ashmore

Sunflower Neighbors are here to help if you need a ride to doctors, dentists or medical appointments and are unable to drive yourself.

To request a ride, send an email to: **jkashmore@comcast.net** and in the subject line, write **"ride".** We need a seven-day notice to arrange for an available driver.

Please include in your email: Details of your appointment including the date/day, time and approximate length of appointment, pick up time from your home and your name, address & phone number.

NEW DRIVERS ARE ALWAYS WELCOME
(If interested, contact ***Kristy Ashmore*** **jkashmore@comcast.net)**

PARTNERS W/CHALLENGES SUPPORT GROUP

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges.

We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies & anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 11:00 a.m. to Noon.

Everyone is welcome!

GENEALOGY SOCIETY

By Paulette Weiser

"I Have Finished the Research, Now What Do I Do with My Data?" is the title of this month's program from ***Beth VanBlaricom*** at our meeting on ***Tuesday, November 17th @ 2:00 p.m. in the Fiesta Room and via Zoom***.

Beth will talk about the book she produced for herself and family members based on her family search. This project can create an amazing keepsake for generations to enjoy and understand their family heritage. Bring your laptops to do some research after the program.

Beth, the SGS Membership Chair, has traced her lineage back to her 23rd great grandmother. Earlier this year, she traveled to northern Europe and walked in the footsteps of her ancestors. What a journey!

Now is the time to renew your membership for 2027 or become a new member anytime. In this day of soaring prices, dues remain an astoundingly low $15 for either a single or couple membership. Your membership provides monthly programs on pertinent topics regarding family research plus hands-on sessions; mentors to assist you in your searches; access to a genealogy library filled with helpful books, pamphlets, magazines, DVDs and maps; password access to the website MyHeritage; research organization forms; and a congenial group of people with a common goal of learning all they can about their family heritage.

Join us on ***November 17th for our December 15th Celebratory Meeting*** and all through 2027! We can help you track down those elusive ancestors and bring them to life!

SUNFLOWER QUILTERS

By Carolyn LaPotin

At last month's meeting of our own Veterans Club, ***Sunflower's Quilters*** proudly gave them 27 hand-made patriotic quilts. (Two more than last year!) These quilts, that we have made over the last year, will go to Veterans in Hospice Care. No two were alike; and a number of our Quilters Club made more than one.

Right now, we are totally focused on finishing our creations for the **Fine Arts and Crafts Festival.** We encourage you to shop early, as most items will be one of a kind. Lots of new items never offered before will be available – so come and check out our offerings!

Members - don't forget that we have a ***Retreat scheduled for Friday, November 27th***. Look for the sign-up sheet early this month. Visitors and new members are encouraged to check out our Quilter's group most any ***Thursday or Friday from 9:00 to 11:30 a.m. in the Craft Room***. We have quilters of all different skill levels and there's a wide variety of projects in process.

Won't you come and join us?

TECHNOLOGY CLUB

By Katta Mapes

TECH TALK: ***Wednesday, November 11th @ 10:00 a.m.***

Member Meeting in the Fiesta Room

We will not have our monthly meeting because we will honor our Veterans on this day.

** Remember, you can see past meetings on You Tube – just search for *Sunflower Tech Club* on You Tube

TECH HELP for Club Members: The Tech Help Sessions for members are offered on the 2nd and 4th Sundays from 2:00 to 3:00 p.m. in the Craft Room – ***November 8th and 22nd.***

SUNFLOWER READERS (Evening)

By Jann Swanson

November's book selection is ***The Correspondent*** by **Virginia Evans**. This is an epistolary novel entirely told through letters, emails, and unsent notes.

Sybil Van Antwerp, a 73-year-old grandmother and retired lawyer living in Maryland, finds her eyesight declining, yet she continues to maintain her daily letter writing habit which she uses to make sense of the world. It is through this correspondence that we learn about the pain Sybil is carrying. Yet, what starts out as a book about grief, loneliness and regret, ends as a book about hope, love, forgiveness and optimism.

This book has received rave reviews from readers and should make for a meaningful discussion. ***We will meet in the Library on Tuesday, November 24th @ 7:00 p.m.*** *Please join us.*

VINTAGE GARDENERS CLUB

By Pat Blazick-Peterson

Vintage Gardeners officially started the Winter Season!

Our Welcome Meeting went through all the pizza and everyone connected with friends. We have 42 renewals and new members, ***Dianne E., Karen M.*** and ***Adele S. - WELCOME!***

There is time to join and come to the ***November 9th Tour of Tohono Chul***. Contact ***Karen Hickok/Martin Favre*** OR sign up on ***November 4th from 9:00 to 11:00 a.m. for the Holiday Luncheon on November 18th from 1:00 to 3:00 p.m. @ the front door in the Village Center***.

Ask ***Karen*** any questions you have about ***Vintage Gardeners.*** Membership costs $10 and ***Friday, December 4th is the Holiday Celebration at the Highlands***. It comes with a beautiful view while enjoying great food and fellow gardeners!

Hope to see you soon!

SAFETY AND WELLNESS ALLIANCE

By Marcia Olson

Have you fallen this year? If not, that's great! If you have, you are a part of an alarming statistic!

According to the CDC, 1 in 4 adults over the age of 65 fall at least once yearly. These falls result in fractures, traumatic brain injuries and many lesser maladies.

Learn about being proactive regarding preventing falls and improved balance by attending our educational seminar presented by ***Meghan MacArdy***, DPT CDN, owner of Fysical Therapy and Balance Centers.

Please join us on Thursday, November 19th from 1:00 to 3:00 p.m. in the Fiesta Room
for this educational seminar.
Join us! You'll be glad you did!

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m. SUNDAY from 11:00 a.m. to 4:00 p.m.
We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.
For access, you MUST enter Village Center with your Proximity Card WHEN OPEN.
If Village Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

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Bob Wilson 480-720-5509

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Jan Gerston, Sec 979-571-3640

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Paulette Weiser 419-308-0237

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Gary Scott 520-406-0123

HEALTH & SAFETY ALLIANCE
(*Formerly Neighborhood Connections*)
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marcia7444@yahoo.com
Diane Gray sunnytucson64@gmail.com

HIKING CLUB
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Bobby Bran 520-729-8082

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Dann Cooke 520-404-4178

PHOTOGRAPY CLUB
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Dick Teugh 520-579-5826
Dennis Abrams 970-231-3459

SOCIAL CLUB
Bette Sumner 520-572-2094

SUNFLOWER NEIGHBORS VOLUNTEER TRANSPORTATION
Seven days in advance please
Kristy Ashmore jkashmore@comcast.net

SUNFLOWER READERS (Evening)
Tina Smith 520-343-3999
Jann Swanson 520-579-7578

TECHNOLOGY CLUB
Dennis Linde dennielinde53@gmail.com
Burleson Smith burleson.smith@verizon.net

TENNIS CLUB
Charlie Barlow 360-870-6517
Susan Page 520-742-1373

VETERANS
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VINTAGE GARDENERS
Pat Blazik-Peterson 651-451-7168

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PLUMBER— If you have plumbing projects or problems call A. Plumber! I've been plumbing here since the beginning! **Adam 520-401-3495**

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:
The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property & funds, and to offer residents a variety of opportunities to enrich their physical, cultural & social well being.

CORE VALUES:
- Maintain beautiful physical appearance of community
  - * Support a harmonious community
  - * Respect differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
  - * Ensure the financial integrity of the association
- Recognize & address changing needs of community

VISION: To be a community meeting needs of current/future residents.

ATTENTION SUNFLOWER RESIDENTS

The HOA rule has always been that every resident entering the Village Center must scan-in with their proximity card. This process is required whenever attending any event inside the Center, such as use of the Fitness Center, Pool Area, Card games, Art Club & Quilting Club, etc. & especially when attending any club event, such as Social or Gatherings Club events, including Bingo.

Residents are required to scan-in @ the Village Center with your proximity card at all times.

If you are bringing a guest for an event or game, you must also register them at the front desk using your guest pass, (even though you purchased a ticket for your guest).

We appreciate your cooperation in this regard and hope it is clear to every resident that your proximity card is YOUR PASS to enter, use and enjoy all that Sunflower has to offer!

NEW SUNFLOWER RESIDENT DIRECTORIES

Good News! It's that time of the year again for the new publication of the **2026-2027 Sunflower Resident Directory,** now available to residents @ the Village Center Front Desk.

At your convenience, please stop by to pick up your copy. As always, you are required to sign for the "new" directory on our sign-up sheet under your **Lot Number**.
Please note: only one copy is given out per household**.**

Directories are available for residents or tenants only.
You may also purchase an additional copy of the directory for $1.00, if desired.

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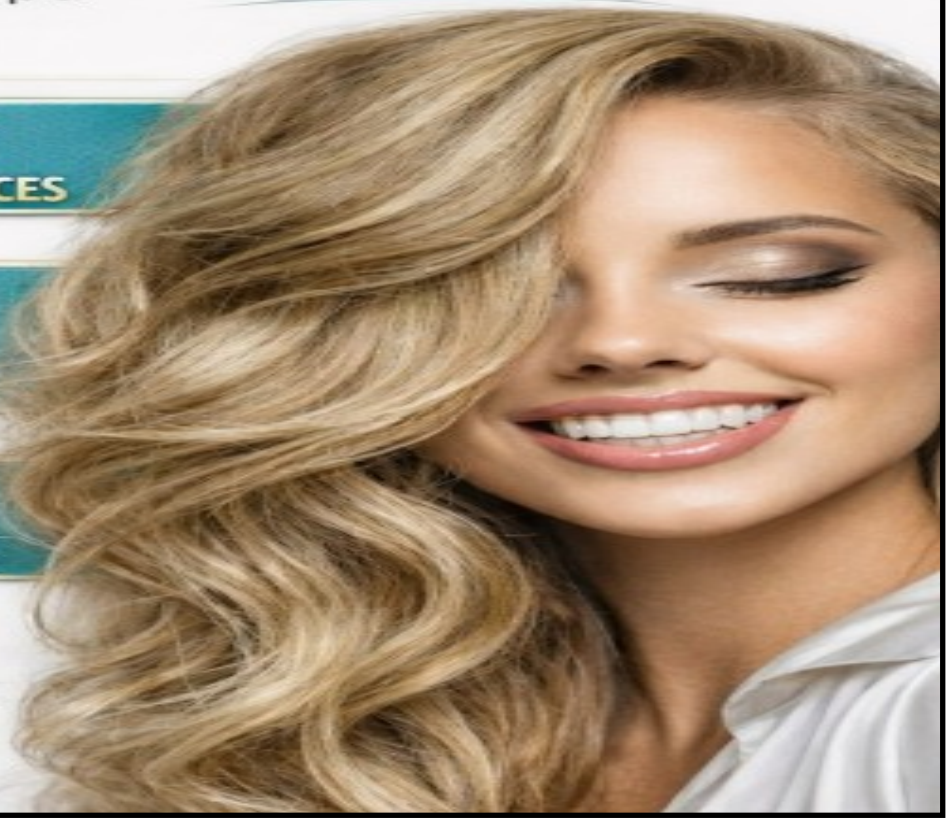

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How much has the market adjusted?

Annual change in Home Values	2020	2021	2022	2023	2024	2025	2026 YTD	Total 2019-2026
Sunflower	**9.50%**	**21.70%**	**16.30%**	**0.40%**	**3.70%**	**-4.20%**	**-1.30%**	**49.60%**
Tucson Active Adult	8.50%	19.90%	15.20%	0.50%	3.70%	-3.10%	-0.09%	50.00%
Tucson Non Active Adult	10.50%	22.80%	15.30%	1.30%	4.60%	-0.07%	-1.30%	62.50%
Arizona - FHFA index*	8.20%	21.90%	21.00%	1.10%	4.30%	1.90%	1.20%	73.60%
National - median sale price**	9.10%	18.20%	18.20%	0.80%	4.70%	1.60%	Unavailable	Unavailable

Curious how Sunflower compares to other Active Adult communities?
Contact us for the full Active Adult Anaylisis.

*Arizona uses the FHFA index, with 2026 data thorugh June. fred.stlouisfed.org
**National uses NAR median existing-home sale price.

The Walter Team
Tim 520.775.0222/Tim@TheWalterTeam.com
Kaye 303.551.4989/Kaye@TheWalterTeam.com

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