

The Sun Catcher

September 2026
Volume 29 Issue 9

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Sunflowerliving.com



HELLO
September 2026

2025-2026 Board of Directors

President—Tim Lardy
tim.lardysf@gmail.com

Vice President- Ken Ropp
Kenroppsf@gmail.com

Treasurer-Patrick Stirling
patrick.sfboard@gmail.com

Secretary—Kathy Mitchell
katsfboard@gmail.com

Director— Larry Schierer
lschierersf@gmail.com

Director- Stacy Shellard
Stacy.sfboard@gmail.com

Director-Tom Swain
tomsfboard@gmail.com

Community Manager
Lisa Sak

Assistant Manager
Rosie Young

Resident Coordinators
Viktoria Hair
Jamie Haire
Nickie Kaplan
Kassidy Ritza

Maintenance Staff
George Pesina, Supervisor
Gilbert Mesa
Noah Taylor

COMMITTEES

ARCHITECTURAL
ELECTIONS
FINANCE
LANDSCAPE
POLICY
PRESERVATION of
RESERVE ASSET (PRAC)
SOLAR TASK FORCE
WEBSITE
WELCOME

CANDIDATES and INFORMATION FOR VOTING

By Election Committee

Congratulations to SUNFLOWER. YOU made it happen! We have six (6) candidates for our upcoming HOA election. Congrats is a small word for a very big deal. Our thanks goes out to these six, generous Sunflower candidates:

*Joseph Alsup, Charlie Barlow, Carol Carlisle,
Morgan Coffman, Tim Lardy and Don Martin.*

Now let's turn our attention to the Election Process and important details.

- **Sept 2nd** Special Edition Sun Catcher will be available for all to read the background and quotes of each candidate.
- **Sept 4th** The Candidate Question Box will be set in the Lobby for written questions. Electronic questions can go to *Lisa Sak* or *Rosie Young*. They will print them out and put in the Box for you.
- **Sept 18th** 5pm deadline for questions in the Question Box.
- **Sept 26th** 9am Meet the Candidates Forum, Fiesta Room or ZOOM
- **Sept 28th** 6pm Meet the Candidates Forum, Fiesta Room or ZOOM
At these Forums, our questions are answered and we get to know the candidates.
- **Sept 30th** Electronic ballots will be mailed to property owners with an on-file email address, Property owners without email will receive a paper ballot by mail. Mailed ballots must be postmarked by **Oct. 28**.
- **Oct 1st** Paper Ballots can be picked up at the front desk and a Locked Ballot Box will be set in the Village Center Lobby.
- **Oct 1st** Invitation post cards sent with voting instructions and Annual Meeting information
- **Oct 17th 3-5pm** Voting Table set up for anyone wanting voting help.
****ONE ballot per household. It is very IMPORTANT that you vote so we meet the Sunflower quorum of 194 (20%), therefore making the entire process valid.**
- **Oct 28th** Postmark deadline for mailed ballots.
- **Nov 2nd 5pm** Electronic and paper ballot voting CLOSSES.

****Nov 4th 6pm Annual Meeting and Election results. Fiesta Room & ZOOM**



Hopefully this timeline helps you.

Let's ALL do our part. VOTE.



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a place to live.
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to come alive.

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REALTOR®
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Rdaggettre@gmail.com



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Judy Ibrado
 Realtor® ABR, SRES
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 jibrado1212@gmail.com



Client Testimonial

We have bought 2 homes and sold one with Judy Ibrado and Long Realty. Judy provides excellent customer service and goes above and beyond for her clients! I would and have recommend her to many people.

Jim
 Marana Buyer

RATTLESNAKE Avoidance Classes

SUNDAYS, 7AM - 10AM

• June 14 • July 12 • August 9

Preregister with *Animal Experts* at:
(520) 272-1825 | \$125 per session

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B03262301

Gray Eagle Landscaping

&
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Charlie & Jackie Gray
 Owner's

(715) 327-3717
 jhgray99@yahoo.com



**NORTHWEST
FIRE DISTRICT**

LITHIUM-ION BATTERY SAFETY

CHARGING SAFETY

- Charge devices to 100% then unplug. Do not charge over night.
- Charge devices on a hard, flat, non-combustible surface.
- Use manufacturer-approved chargers only.

MICROMOBILITY DEVICES (E-BIKES, SCOOTERS, ETC.)

- Store and charge devices away from exits and egress paths.
- Keep them out of hallways and doorways to maintain safe escape routes.
- Do not leave devices charging unattended for long periods of time.

WARNING SIGNS OF BATTERY FAILURE

- Swelling, bulging, or deforming of the battery or device feels unusually hot when not in use.
- Sweet or solvent-like chemical odor coming from the device.
- If any signs appear: stop using the device, isolate it, and call 9-1-1.

PROPER DISPOSAL

- Never discard lithium-ion batteries in the trash, dumpsters or recycling bins.
- Take damaged or old batteries to a household hazardous waste facility or use www.call2recycle.org to find the closest facility to you.

**STAY AWARE, CHARGE SAFELY,
PROTECT YOUR HOME & COMMUNITY**

Source: nfpa.org; usfa.fema.gov



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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

The *Architectural Review Committee* has had extensive discussions regarding information required from homeowners who submit ARC applications for review to the committee. Some of their very important findings are as follows:

- ~ When submitting ARC applications, please supply as much detailed information as possible so that they can evaluate and approve your request with ease and understanding of what you're asking to do at your Sunflower property.
The more information supplied, the better the chances are of approval by the committee.
- ~ When submitting an ARC application for house painting, if your chosen colors are not in our **Paint Book** (at the front desk), please supply a paint chip or sample of the paint color so that there is no confusion regarding your request.
- ~ Finally, when requesting the painting of your garage, ***be specific in your request by providing the paint colors you want.*** (Approved paint colors for garages may also be found in the **Paint Books** at the front desk) The more specific you are in your request, the better chance you have of approval.

The ARC members are eager to help everyone who submits an application; and their main objectives are to guide you in your ARC requests. We appreciate your adherence to these requirements.

ARC's next two Meetings:
Tuesdays, September 1st & 15th @ 9:00 a.m.
Craft Room

POLICY COMMITTEE

By Robin Sterner

The Sunflower Board asked the *Policy Committee* to create a new policy regarding when the U.S. flag will be flown at half-staff at the Village Center. The Board decided that the *Veterans Club* will make this decision going forward. The *Veterans Club* created a draft and met with the *Policy Committee* to formulate the policy. The new policy will be reviewed by the Board at the meeting on August 26th and if approved, will be available for 30-days (September) for community review at the front desk.

To view all current policies, visit sunflowerliving.com
- Go to - Resident Information, Association & Board of Directors, Governing Documents, Policy Manual. Also found in Governing Documents are Rules & Regulations and Residential Design Guidelines.

The Policy Committee meets the first Friday of each month @ 9 a.m. in the Conference Room.

Our next Meeting will be on: Friday,
September 4th @ 9:00 a.m. in the Conference Room.

WELCOME COMMITTEE

By Lynn Haye

Please welcome our Sunflower 'newbies'

Dawn Lawson

Becky Serg

Tonya & Jason Surprise

Diane & Ken Yeaglin

We are proud to welcome so many new residents to Sunflower. Please say hello to them if you see them around the community or in our facilities.

Although we do not meet during the summer months, we do make calls. For further info, please contact

Lynn @ h1035@aol.com.

We will be meeting again in October, 2026.

Please check the calendar as the date draws closer.

LANDSCAPE INITIATIVES

By Charlie Barlow

September will find us planting just a few more trees funded by moving the budgeted monies from the gravel-replacement account to our tree-replacement fund. There is a growing concern that there are areas in the neighborhood that should have some covering of gravel to keep up with the surrounding surfaces, which will likely occur with the monies dedicated for gravel replacement in 2026/2027.

There's a growing concern about the visibility of the new construction of homes to the northwest of Sunflower. The committee is developing plans to provide screening for our residents that have immediate observation of the sights and sounds of the 'goings-on' of our new neighbors. In August, a group of committee members did a survey of the cul-de-sacs bordering the new development and will have made screening recommendations to improve the quality of life for those that are exposed to the development with new plantings in January 2027.

On another note, there is still floating around the question as what to do with the grassy area adjacent to the pool. The committee regards their efforts to reduce water usage first and foremost as economically as possible without disturbing the desirability of living in the community. As of this writing, no viable and community support options have been presented. Perhaps it may take another survey (sorry) to determine only what shall be done with this area for the future.

***Please write to your Board of Directors
to help in this endeavor.***

The next Landscape Committee Meeting will be on:
Wednesday, September 2nd @ 10:00 a.m.
in the Conference Room.

**PRESERVATION OF RESERVE ASSETS
COMMITTEE (PRAC)**

By Bob Bender

Village Center Solar Light Trial:

The Village Center is moving forward with a trial run of solar lights on the parkway. This initiative is a practical response to the high cost of repairing our existing wired lighting, much of which is currently broken. We will be installing these test solar lights in a section along Sunflower Parkway to evaluate their performance and aesthetics. We encourage everyone to view them, as we are eager to gather community feedback before the upcoming vote.

Community-Wide Solar Project Vote:

We hope for a great turnout for the community-wide ***Solar Project Vote***, as significant time and research have been invested into this proposal. If approved, the project will provide solar power for the Village Center and include the added benefit of shaded parking spaces.

Please keep an eye out for the electronic ballots,
which will be emailed to all property owners.

Please note that while PRAC provides recommendations based on inspections and trials, the Board of Directors maintains final decision-making authority.

***Our next PRAC Meeting is Thursday, September 3rd
@ 1:00 p.m. in the Fiesta Room.***

**CHANGE TO ANNUAL ASSESSMENT—
EFFECTIVE OCTOBER 1, 2026**

By 2026 Board of Directors

The **2026/2027 Annual Budget** was approved by the Board of Directors at the monthly Board Meeting on July 29th.

The Board greatly appreciates the time and effort of our ***Finance Committee*** in developing this year's budget. Many factors go into the development of the budget; and this year we experienced several budget positive impacts, including interest income, pool repairs and offsets from our Community Conservation Corp. Increases in insurance, supplies, electrical utilities and Continental Ranch assessments offset these positives.

This will cause a slight increase in our assessment. **Effective October 1st, 2026, the semiannual assessment will increase to \$836 (a 4.5% increase) for a total annual assessment of \$1672 per lot.** If you have an automatic payment setup for your assessment payment, please ensure you change the amount to avoid a late charge.

A hard copy of the budget is available in the Village Center for your convenience.

FINANCE COMMITTEE REPORT

By Bonnie Scott

The ***Finance Committee***, in its July meeting, approved the final draft of the Sunflower Budget for the 2026-27 tax year to go to the Board of Directors recommending they review and approve it in their July 29th meeting.

The Budget team received a draft of the budget prepared by Community Manager, ***Lisa Sak*** in June which included her recommendations. The Budget Team also included three Board members and three Finance Committee members who had good experience in preparing past Sunflower budgets. The team was able to reduce some of the expenses on the draft, resulting in the recommended assessments being increased by \$72 a year, to equal \$1,672 annually. **The Board did approve the increase.**

There was some discussion in the Board meeting regarding the increase but it was pointed out that the 10 contracted services expenses, which include Janitorial, Landscape, Pool & Spa Maintenance, and Tree Pruning, had increases. Tucson water also had a 3.5% increase for the coming fiscal year.

The next Assessment is \$836 due October 1st, 2026.

Anyone who has automatic payments needs to contact their finance institution to update their payment amount. Sunflower is where we all live and it is important to properly maintain all aspects of the Community.

**Our Next Meeting: Tuesday, September 15th
@ 1:30 p.m. in the Conference Room.**

ELECTION COMMITTEE

By Effie Skroch

The ***Election Committee*** continues to be hopeful that our Candidate Slate will be filled and our next step is to encourage all Sunflower homeowners to VOTE. We'll throw in a few old sayings to spark your Enthusiasm. A great incentive is the adage:

“If you don't VOTE, you'll lose the right to complain”!

~OR~

“Your VOTE is your voice-let's hear it loud and clear.”

~AND~

“VOTING is the expression of our commitment to ourselves.”

Electronic ballots will be mailed on September 30th to property owners who have a current email address on file. Property owners without email will receive a paper ballot. **One ballot per household.**

The completion of this election will be at the **General Meeting on November 4th @ 6:00 p.m.
in the Fiesta Room.**



By Bruce Schwartz

Greetings from the Sunflower Veterans Club.

As summer continues, it is with a sigh of relief that it's almost the end of August and Labor Day is just around the corner. **Music Under the Stars is back on October 10th**. Of course, the ***Veterans Club*** will be there serving those tasty Hamburgers, Cheeseburgers and Chips.

On November 14th, we will be presenting our Annual Fall Barbeque. More info on that event is to come.

So many showed up a couple of months ago to hear about **Benefits for Veterans' Spouses** - those still with us and those Veterans who have fallen. Sadly, at the last minute that event fell through with no warning. However, we now have another VSO coming out to speak with us. **Linda Kruppa** will come out on **October 7th** to speak with our Veterans and their spouses to inform us what benefits are available, offer assistance with paperwork and answer all your questions. We invite everyone to the **October 7th Meeting** and bring your spouses to help us give a warm welcome to **Linda**.

We also want to welcome all new Veterans to the Sunflower Community Veterans Club. More information about the club and membership can be found here. Above all, we encourage you to join us on **September 2nd** in the Village Center for our next meeting and join in for the fun and comradery.

We are now a 501 (c) 3. All your donations will be tax-free with the proper documentation. Every last penny we raise goes to support Veterans, homeless and disabled, in our local Tucson Area. Please feel free to donate to the cause – ***and thank you!***



JAMES ARTHUR MCCLURE – UNITED STATES NAVY

Born in Salida, Colorado 1941; lived in Gallup, NM 1941-1988. **James** proudly served in the US Navy as Electronic Tech 2nd Class (E-5). Enlisted in November 1963, basic training at RTC-San Diego, ET "A" school Treasure Island, CA, ET "C" school NW Radio Station, VA.



In July 1965, **Jim** was assigned to Naval Security Group Activity at RAF-Edzell, Scotland; Spec Comm Division. His primary job was radio maintenance, secondary as radioman utilizing the huge Wullenweber Antenna System (the giraffe cage). He was very active in the Rod and Gun Club on base. He enjoyed many hours of hunting and fishing with Scottish friends. He toured many historic sites throughout Scotland. He met his first wife there, ("a high fatality rate for singles stated there!")

James credits two major influences for shaping his life. The first was his father, and the second was the Navy. They instilled in him direction, discipline, and a strong sense of purpose for a lifetime. Reflecting on military service, **Jim** believes every young man should serve at least two years in the military, including one year overseas, to gain a greater appreciation for the freedoms enjoyed in the United States. His advice to young people considering military service is simple: work hard in school. Good grades can open the door to better training opportunities and career assignments in the military.

Following his Navy service, **James** worked for NCR Tech Service, repairing cash registers and computers. In 1970, he returned to the Sante Fe RR where he began his career in engine service at age 18, and spent the next 37 years operating trains between Belen, NM and Winslow, AZ. He made Sunflower his home in 2016.



**WE THANK YOU JAMES,
FOR YOUR SERVICE!**

SEPTEMBER SOCIAL CLUB

By Frances Gauthier



This month, we will be going to Li'l Abner's on Silverbell instead of having our dinner in the Fiesta Room. The date is September 19th and social time is 5:45, with dinner being served at 6:15 p.m.

The dinner choices available are: Pork Ribs, ½ Chicken (breast and legs), Top Sirloin Steak or Salmon @ \$35/pp. Entrees include salad, beans and bread. Another choice is a Hamburger for \$25. Ice tea is included but you may purchase other drinks.

Tickets will be on sale on Wednesday, September 2nd from 12:00 to 1:30 p.m. Membership dues of \$5 are required, if you have not already joined this year.

Bette has been our President for several years and is going to step down. We need a new President to keep our club going. Please consider running for this office in November.

Tickets for our **October Chili Dinner** will be on sale on Wednesday, September 23rd from 9:00 to 10:30 a.m. Tickets are \$10/pp and Membership Dues will be required if not already paid this year.

SUNFLOWER/SAFEWAY VACCINE CLINIC

By Lisa Sak, Community Manager

Back by popular demand, **Safeway's Vaccine Clinic**. Get your vaccination here at Sunflower -- conveniently located in the Fiesta Room. Grab a bite while you wait: Cookies and Starbucks coffee will be served!! A 10%-off grocery Coupon at **Safeway** will be offered to everyone getting a vaccine.

The clinic is offered on Wednesday, September 9th from 8:00 a.m. to 12:00 Noon in the Fiesta Room @ the Sunflower Village Center.

The Vaccines available will be: Flu, COVID, Pneumonia, RSV, Tdap, Shingles, and Hepatitis B Vaccines. Current COVID Vaccines will have been approved by District Leadership by the time of our Sunflower Clinic on September 9th.

Residents will need to bring their insurance card or a photo/copy of it. There will be a form to fill out at the front desk starting **Tuesday, September 1st**, or you can fill it out when you come into the clinic. *We look forward to seeing you!*



BACCHUS WINE

BACCHUS WINE

By Kevin Webb

Bacchus Wine has invited **Graze Craze** to present their charcuterie offerings to our group. We've all seen the pretty boards and will be given a quick lesson on how to make our own, or order one of theirs. **Graze Craze** is located @ 8340 N. Thornydale Rd. in the Cortaro Plaza and owned and operated by Tucson natives and Air Force Veterans, **Jamin and Sarai Solomon**.

Join us on September 23rd from 4:30 to 6:30 p.m. in the Fiesta Room. Each attendee needs to bring an appetizer or bottle of wine. The e-Vite will be emailed a week prior. *Bacchus* has become a sold-out event. If you are unable to attend after your RSVP, please let **Kevin** know so your spot can be offered to those on the wait list.

To join the evite list or for more information, contact **Kevin Webb** @ 520-240-9710 or bacchuswinesunflower@gmail.com.

Sunflower

Fine Arts & Crafts

Festival

NOVEMBER 6 & 7, 2026

9:00 AM – 3:00 PM

Made by local and community artists

- Paintings • Angels • Pumpkins • Wreaths
- Towels • Paper Crafts • Jewelry • Quilts
- Crochet & Knitted Items • Beaded Items
- Household Novelties • Diamond Dot
- Cutting Boards • Pinecone Trees
- Fused Glass Earrings and Necklaces
- Driftwood Wall Art • Denim Shopping Bags
- Baskets and lots more!

HANDMADE LOCAL FROM THE HEART

The Station
— will be here —
grilling lunch
on the back porch

11:00 AM – 1:30 PM

Community
BAKE SALE

Fresh homemade treats & goodies!

SUNFLOWER COMMUNITY CENTER
9401 N Sunflower Park Dr • Tucson, AZ 85743

THE FOODIES & FUN CLUB

By Kathryn Martin

PLEASE SEE ROGER DAGGETT'S DISPATCH AND INSERT-PAGE IN THIS SUN CATCHER TO GET MORE INFORMATION ON UPCOMING EVENTS FROM THE FOODIE CLUB

THE TABLE & THE JOURNEY FRANCE



There are many ways to learn about a place, through maps, movies, or history books. But sometimes the best education arrives at the table. Join us for an evening of discovery about France, complete with a simple, delicious menu inspired by French comfort foods on:

Thursday, September 10th @ 5:00 p.m.

Scott Marley, the owner and baker for **Blue Fitch Bakery**, will be joining us to discuss the French croissant. He will also bring some croissants for us to sample with our soup. Because no trip into French culture would be complete without French-inspired soup and bread.

At dinner, along with your croissant, you will have a choice of either Soupe à l'oignon gratinée (French Onion Soup) or Crème de champignons (Cream of Mushroom Soup). Your choice will be noted at our ticket sales, so come prepared with your selection. Dinner will be followed by a traditional French dessert. BYOB of choice, some French wine?

TICKETS COST \$20.00 per person and will be sold on: **Saturday, August 29th from 8:30 to 9:30 a.m.** AND AGAIN on **Tuesday, September 1st from 10:00 to 11:00 a.m.** If you have any questions, please contact **Kathryn Martin @ Islandermom55@gmail.com** or @ 940-783-1037.

Bon Appetit!



Barrio Bread

Don Guerra, will be on **HIATUS** until **the 3rd Wednesday in October @ 4:00 p.m.**

GATHERINGS CLUB

By Jan Gerston

TED Talk and Discussion: September 21st @ 9:30 a.m. - Craft Room: Streaming of a recorded TED Talk followed by insightful discussion.

Open Mic: September 17th from 6:00 to 8:00 p.m. - Fiesta Room: Musicians, poets, performance artists sign up @ 5:50 p.m. for a 10-minute performance slot. Audience members are welcome to bring refreshments.

Halloween Party, October 31st @ 6:00 p.m. - Fiesta Room: Mark your calendar for a spooky-fun evening of music, photos, and devilishly good refreshments. Costumes encouraged. Stay tuned—if you dare—for more information.

Casino Bus Excursions: Board the bus at 9:45 a.m. @ the Village Center: Excursions every first Monday of the month. Return by 2:15 p.m. Registration required.

~ **September 7th:** A few empty seats remain on the bus to Desert Diamond Casino. Email jan.gerston@gmail.com to reserve your seat.

~ **October 5th:** Sign up @ [*****forms.gle/rMf2wPGyLWGuH5ybA](https://forms.gle/rMf2wPGyLWGuH5ybA) or email jan.gerston@gmail.com.

Monthly Meeting:
September 8th @ 10:00 a.m. – Craft Room

Upcoming events:

TED Talk, *October 21st @ 10:00 a.m.* - Craft Room
Open Mic Night, *October 15th* - Fiesta Room
Food Truck Roundup and visit of Rescue Me Pet Rescue: *October 14th from 4:30 to 7:00 p.m.*
New Image Ladies' Apparel Trunk Show: *October 29th from 10:00 a.m. to 2:00 p.m.*
Halloween Party: *October 31st* - Fiesta Room
New Year's Eve Party: *December 31st* - Fiesta Room

CHORALE NEWS

By Beth Britton

Singers, it is not too late to join the ***Sunflower Chorale.***
Are you just coming back from travels?
It's okay, we want you to join our practices on
Mondays from 3:30 to 5:30 p.m.!

Call **Barbara Lacy @ 928-242-0249**
for questions and information.

COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant *at least a day in advance*.

ROMEOs Breakfast – *Wednesday, September 23rd* will go to **Teaspoon**, carpooling @ 7:45 a.m.

ROMEOs Lunch – *Wednesday, September 9th* will go to **Crying Onion**, carpooling @ 11:45 a.m.

OWLS Dinner - *Wednesday, September 16th* will go to **Biergarten Restaurant**, carpooling @ 4:30 p.m.

COFFEE & FRIENDS



Coffee and Friends meets weekly on Saturday mornings in the Fiesta Room from 7:30 to 8:30 a.m. Coffee/tea and fresh donuts are available for only \$1 each. **Roger Daggett** from **Coldwell Banker Realty** is our loyal sponsor

and continues to provide pop-up surprises for us. Every dollar of “profit” is poured back into this growing group of residents. We are working on expanding our selection of tea bags. *Your suggestions are welcome.*

The one comment we hear most often is surprise at how large and friendly our Saturday coffee time is. Come check us out and start a new fall routine. We offer free coffee and donuts to new residents and to everyone during your birthday week.

The new coffee station being started at the Village Center will be a separate funding entity all together. *Coffee and Friends* supports it wholeheartedly in spirit.

MONTHLY GAME NIGHTS

Second Friday & Fourth Tuesday

Friday, September 11th & Tuesday, September 22nd
Fiesta Room from 6:00 - 8:30 p.m.

Looking for a fun Tuesday or Friday evening (or both)? Beat the heat and enjoy fellow game players from the community. You can bring your own game to share or play one from our "game library". This is a great way to meet people and maybe learn a new game. Be sure to bring a beverage and maybe a snack.

A special thanks to Bob Wilson for hosting this monthly event.



CORNHOLE

By Kevin Kirkey

Sunflower Cornhole nights are just around the corner!

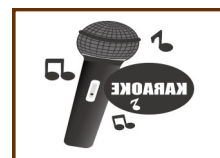
We would love for you to join us on Fridays
from 5:00 to 7:00 p.m., starting September 18th.

Whether you're a seasoned pro or just want to try something new, join us on the Bocce Court sidewalks.

These evenings are a wonderful opportunity to strengthen our community ties, meet new neighbors, and enjoy the collaborative spirit that makes Sunflower special. We can't wait to see you there for some wonderful, friendly competition and fun.

KARAOKE

Tuesday, September 15th
5:00 - 8:00 p.m. in the Fiesta Room



Do you like good music, fun, and laughter? We look forward to seeing you at Karaoke - whether you are ready to show-off your musical talent, just like to sing, or want to have fun listening to our local celebrities. September's theme will include **Songs from Broadway, Theater and Movie Musicals**. Songs can be from the stage or the screen.

Please send your song request to **Gary @ gengel9285@icloud.com** by September 8th. We have single artists, duets, and group sing-a-longs. We look forward to requests from both our entertainers and audience. Bring your own beverage - we will provide a light snack.

Thank you to **Tim and Kaye from the Walter Team** for the new karaoke machine and to **Judy Ibrado from Long Realty** for helping to sponsor our new Karafun.

ATTENTION SUNFLOWER RESIDENTS

The HOA rule has always been that every resident entering the Village Center must scan-in with their proximity card. This process is required whenever attending any event inside the Center, such as use of the Fitness Center, Pool Area, Card games, Art Club & Quilting Club, etc. & especially when attending any club event, such as Social or Gatherings Club events, including Bingo.

Residents are required to scan-in with your proximity card at all times.

If you are bringing a guest for an event or game, you must also register them at the front desk using your guest pass, (even though you purchased a ticket for your guest).

We appreciate your cooperation in this regard and hope it is clear to every resident that your proximity card is YOUR PASS to enter, use and enjoy all that Sunflower has to offer!

SUNFLOWER TENNIS CLUB

By Dennis Page

To improve your tennis game, consider the "5 Rs." The "5 Rs" in tennis refer to a foundational coaching and footwork framework created by movement specialist **Dave Bailey**:

- ~ **Ready**: The initial preparation before the opponent strikes the ball, utilizing an athletic stance and a split step.
- ~ **Read**: Observing the ball's trajectory, speed, and spin to make tactical decisions.
- ~ **React**: The explosive first movement off the ground to initiate footwork.
- ~ **Respond (or Racket)**: Adjusting your body positioning, taking the racket back, and striking the ball at the optimal contact point.
- ~ **Recover**: Braking, moving back to an optimal court position, and preparing for the next shot.

Here's a link to **Dave Bailey's** video about the 5 Rs. (Type the characters into your browser exactly as shown):

<https://www.youtube.com/watch?v=f3vt8yCpeul>

Reminder: *Weekly play (Monday through Saturday) for SFTC members starts at 7:00 a.m., subject to change.*

For current information: · **Charlie Barlow**: 360-870-6517, or email him @ amitayus60@gmail.com ~or~ **Susan Page** @ susanpage@comcast.net.

PICKLEBALL CLUB

By Leah Freeland

The Annual Business Meeting will be held on Friday, October 30th @ 5:00 p.m. in the Fiesta Room. The current officers are stepping down, so please consider running for an office position.

The Holiday Party will be Saturday, December 12th @ 5:00 p.m. in the Fiesta Room. Please mark your calendars - more details to come regarding both gatherings closer to the event.

We are excited to have our Snowbirds beginning to return this fall.

Play hours are open to all members during the summer months:

Monday through Saturday from 7:00 a.m. to 9:00 a.m. ~ and ~

Tuesday, Thursday & Sunday from 6:00 to 8:00 p.m.

For beginners interested in learning the game, free lessons can be arranged by calling or texting **Karla Holmes** @ 208-724-4864.



By Julie Frickel

Give Bocce A Roll!

Discover Bocce: Learn, Play & Join.

The Bocce Club is having an open play day on September 26th from 9:00 to 11:00 a.m. If you've been thinking about giving bocce a try, please join us for a fun learning day. Please arrive between 8:30 and 8:45 a.m. so we can get introductions done and teams assigned. Regular players will be there to teach you the basics. We will have donuts and cookies, but please bring your own water. We hope to keep this a light, learning experience and you will want to join a great group for some fun, weekly outdoor activity!

Bocce members: We are having our *Annual Breakfast Before Bocce on Tuesday September 29th from 7:30 to 9:00 a.m.* We will have sign-up sheets during regular play the week before. If you won't be here to sign up but will participate, please email **Marcia** what you plan to bring.

Save the Date: *Senior Olympics is January 18th through 23rd, 2027.*

BOWLING INFORMATION & NEWS

By Bonnie Scott

If you want to make new Sunflower Community friends and enjoy some fun for 2 hours, come bowling with us on Friday afternoons. Its Open bowling so no teams, no competition and if you cannot bowl, no problem, and no cost. We bowl all year. The cost is \$13 for 3 bowling lines which include funds toward the Annual Banquet. **Don Preuss** provides a weekly sheet of player bowling information. Welcome **Barbara Brown & Carolyn LaPotin** for joining us. Hope you had a good time and hope to see you again.

Bowlers with outstanding scores:

Joe Beard – 609 series & 225, 181, & 203 games
Chuck Glen – 544 series & 172, 178 & 194 games;
201 game

Rick Lybarger – new YTD high game of 204

Don Preuss – 212 game

Billy Vaughan - New YTD High Series 489 and New YTD High Game of 172

Jody Christensen – 547 series & 201, 196 & 150 games

Susan O'Hara – 558 series & 190, 166, & 202 games

Bonnie Scott – 201 game

Please show up at 12:10 for practice at 12:20 and start time of 12:30 p.m. We bowl at **the PINZ Lanes** – 501 W. River Road. When you arrive come to Lane 1 and someone will collect your \$13.

Refer questions to **Terri Shevlin** @ 609-471-4347.

ROSIE'S SUNFLOWER BINGO

By Tim Walter



Our August bingo attendance was down from July, but the money was up over last year, so I guess we beat last year if not last month. The total pots added up to a respectable \$1335.00! The **Rosie Special** was an impressive \$300.00; last year was 270.00!

The appreciative Sunflower Veterans Club raised \$95.00 from generous winners. Thank you all who donated: **Marci Ceciliot, Marci's sister, Terry Dwyer, Ginger Garrick and Dennis Walthall.**

It's been a year since we started the big screen update on the calls. I think we can call it a success, although it did slow up the second half last night. We are working on getting that fixed.

As always, we are grateful for everyone who helps pull it off each month, especially **Terri Shevlin** who had her first full-night call this month! She pinch-hit for **Dolores Johnson** and did an excellent job.



In September we are playing bingo in our **Jammies!**
Come comfy - Come silly - Come ready to Bingo!
PJ Bingo Party - September 8th!

Hopefully, it will be slightly cooler in September when we get together again on the 8th in the Fiesta Room! Bring a jacket for your comfort if it's too cool in the room and dive into the fun as the **games kick off @ 6:00 p.m.** Don't miss out! Bring a friend, bring your luck, and let's make it a night to remember!
See you there!

GAMES **BILLIARDS**

General Play: Monday-Saturday except for Club times
Men's: **Tuesdays and Fridays — 1:00 to 4:00 p.m.**

Chix with Stix (Ladies):

Mondays and Thursdays — 1:00 to 4:00 p.m.

No experience necessary
We'll Rack 'em and You Hit 'em.

LADIES 9-HOLE GOLF

By Leslyn Sisco

Ladies 9-Hole Golf will be on HIATUS for the summer, as early tee times were unavailable. We will resume in October. Please call or text **Leslyn Sisco @ 970-946-5998** for questions or concerns.

Have a great summer!

MENS 9-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at **Quarry Pines Golf Course.** **We play every Wednesday starting @ 2:00 p.m.** Come join us for a fun time! Contact **Jim Murphy @ jmurphmail@gmail.com** for further information.

SUNFLOWER MENS GOLF CLUB

By Gary Scott

As we enter the summer months and some sport activities require us to be outdoors, it's important to stay hydrated. We learned this last month that Del Lago Golf Course in Vail closed its doors due to financial situations, lack of players, and cost to keep the course maintained contributed to its closing.

For those unfamiliar with our club, we play twice a week (**Monday and Thursday**) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us.

You can contact **Doug Culpepper @ biker1ab@mac.com** (412) 720-6248 or myself @ **gbscott70@comcast.net** (520) 406-0123.

You may visit our schedule of events on our website:
www.sunflower.golfclub.net.

POP TENNIS

By Gary Engel

Pop Tennis starts @ 7:00 a.m. on Court 2.

We have a group of active "Poppers" playing on **Tuesday and Thursday mornings.** No experience is needed - just show up. We provide the paddles and balls. Former (and active) tennis and pickleball players have become proficient quickly. Contact **Gary Engel @ 623-221-8813** or **gengel9285@gmail.com**.

YOGA CLUB

By Leslie Parr

We have FREE YOGA CLASSES on Monday, Wednesday & Friday from 7:45 to 8:45 a.m.-Fiesta Rm.

It is gentle Yoga for Seniors. **Yoga Club** members enjoy a relaxing hour at the beginning of the day. All welcome. Please bring your mat and a stretch band to each class.

Questions, call **Leslie Parr @ 520-603-8785.**

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: lsak@associatedasset.com

Rosie Young, Sunflower Community Assistant Manager: rmyoung@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

For Communicator to: lsak@associatedasset.com,
For Visual Lobby Display Changes to: kassidy.kirchgatter@associatedasset.com
Sunflower Living Website: webteam@sunflowerliving.com

FRONT DESK PERSONNEL

Viktoria Hair, Resident Services Coordinator: viktoria.hair@associatedasset.com
Jamie Haire, Resident Services Coordinator: jamie.haire@associatedasset.com
Nickie Kaplan, Resident Services Coordinator: nkaplan@associatedasset.com
Kassidy Ritza, Resident Services Coordinator: kassidy.kirchgatter@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS

THE VILLAGE CENTER WILL BE CLOSED ON MONDAY, SEPTEMBER 7th FOR LABOR DAY.

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.

Sunday 11:00 a.m. to 4:00 p.m.

Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their regularly-scheduled time ~

If you have any questions, please call the Front Desk or the Management Team.

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, www.Sunflowerliving.com, and scroll down to click the "Subscribe to Our Residents Newsletter" link.

Part way down the new page, you will see a "Subscribe Here" link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to: Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "protected pages," you must enter the password which is only available to Sunflower residents. Please visit the Village Center front desk so you can receive the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: nkaplan@associatedasset.com.

ADVERTISING IN THE SUN CATCHER

If you are looking to advertise your business in **Sunflower's Sun Catcher** newsletter, via classified ad, or multiple-sized colored advertisement, or have any questions about fees and space available, please email **Kassidy** @ kassidy.kirchgatter@associatedasset.com, or just visit the front desk at the Village Center and any one of the ladies can give you a pricing sheet for advertising.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724
Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

SEPTEMBER 2026 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		1 9 ARC 10 Foodies Tickets 1 Euchre 1 Ladies Bridge	2 9 Mah Jongg 10 LANDSCAPE 10 VETS Meeting 11 VETS BOD Mtg 12 Social Club Ticks 1 Mah Jongg 2 1 Pinochle	3 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 1 PRAC 1 Tech BOD Mtg	4 9 Quilters 9 POLICY 1:30 Fun Poker 1 Mah Jongg 2	5 7:30 Coffee & Friends 9 Art Club
	6 1 Mah Jongg  VILLAGE CENTER CLOSED	8 10 Gatherings Cl Mtg 10 Daytime Book Cl 10 Social Club Mtg 1 Euchre 1 Ladies Bridge 6 BINGO	9 8 Vaccine Clinic 9 Mah Jongg 9 Vin Gard Tickets 9 Safety/Wellness 11:45 ROMEOs 1 Mah Jongg 2 1 Pinochle	10 9 Quilters 9 500 Cards Game 10 Gath Club Tickets 1 Mixed Bridge 1 Canasta 5 Foodies Journey	11 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2 6 Game Night	12 7:30 Coffee & Friends 9 Art Club 1 Paint Uncorked 
13 1 Mah Jongg 2 Tech Supp	14 9 Mexican Train 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	15 9 ARC 1 Euchre 1 Ladies Bridge 1 Gath Club Tickets 1:30 FINANCE 5 Karaoke	16 9 Mah Jongg 9:30 Foodies/Frs Mtg 10 Photography Club 12:30 Mah Jongg 2 1 Pinochle 4:30 OWLS	17 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 6 Open Mic Event	18 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2	19 7:30 Coffee & Friends 9 Art Club
20 1 Mah Jongg	21 9 Mexican Train 9:30 Ted Talk 10 Foodies/Frs Ticks 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	22 11 PWC Meeting 1 Euchre 1 Ladies Bridge 2 Genealogy Mtg 6 Game Night 7 SF Readers	23 7:45 ROMEOs 9 Mah Jongg 9:15 Soc Club Ticks 10 BOD MTG 1 Mah Jongg 2 1 Pinochle 1 Vin Gard Tickets 4:30 Bacchus Wine	24 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta	25 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2	26 7:30 Coffee & Friends 9 Art Club 9 Meet the Candidates 9 Discover Bocce
27 1 Mah Jongg	28 9 Mexican Train 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale 6 Meet the Candidates	29 1 Euchre 1 Ladies Bridge	30 9 Mah Jongg 1 Mah Jongg 2 1 Pinochle 4:30 Fun Poker		<u>COMMITTEE MEETINGS</u> 09/01 ARC 09/02 LANDSCAPE 09/03 PRAC 09/04 POLICY	<u>THIS MONTH</u> 09/15 ARC 09/15 FINANCE 09/23 BOD

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6pm Pickleball	Men's Golf 7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 9:30 Line Dance 1pm Chix w/Stix	7 Pickleball 7 Tennis 7 POP Tennis 7:30 Bocce 9 Stretch/Tone 10:30 Forever Fit Class 1pm Men's Billiards 6pm Pickleball	7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 1pm Ping Pong 1st, 2nd, 3rd Wed 2pm Men's 9-Hole Golf	Men's Golf 7 Pickleball 7 Tennis 7 POP Tennis 7:30 Bocce 9 Stretch/Tone 10:30 Forever Fit Class 1pm Chix w/Stix 1pm Ping Pong-4th Thurs 6pm Pickleball	7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 10 Line Dance 12:30pm Bowling 1pm Men's Billiards 5 Cornhole (9/18/26)	7 Pickleball 7 Tennis 7:30 Bocce 9 Water Aerobic 11 Ping Pong <i>*Hiking Info- See Fall Hiking Sched For Details</i>

TOPICS OF INTEREST

ARTIST GALLERY

By Nickie Kaplan

Stephen Marriotti will be our featured artist on the September Gallery Wall at the Village Center, displaying oil, water & pastel paintings he has created. **Stephen** says:

“Prior to my retirement, I joined a local art group and through time, I improved my technique and subject matter. I was never devoted to one motif. This will be the second time that some of my paintings are on display here at the Village Center. I decided not to display the same paintings this time but different paintings that I have given to family members as gifts.

I have never sold any of my paintings. I am glad to see that here at Sunflower there are programs for those who are interested in the arts and able to get involved and enhance their love of art. I know that art is in the eyes of the beholder; and I hope those reviewing my paintings will enjoy them.”

We wish to extend a sincere thank you to **Vince Senski** for displaying his most haunting and beautiful black & white photography during the month of August. We sincerely hope you didn't miss his display. Remember to stop by the Village Center during the month of September to view the work of **Stephen Marriotti**.

We are so lucky to have such talented artists living right here in our Sunflower community!

THE PING PONG GROUP

By Buzz Hoffmann

Ping Pong has come a long way since it was first played in England by upper, middle-class Victorians on dining room tables. Rackets were lids from empty cigar boxes, balls were champagne corks, and a line of books served as the net. We use modern equipment and love to have new players join us for this great sport, one of the best for the brain. All playing levels, including beginners, are welcome for a fun time of ego-free and often aerobic ping pong.

**We play on the 1st, 2nd & 3rd Wednesdays
and 4th Thursdays @ 1:00 p.m. in the Fiesta Room,
and also on Saturdays @ 11:00 a.m.**

GNO Girls Night Out (or Days)

By Lynn Haye

We're Back. Hope all had a great summer. Our first outing is to see our friend, **Joe Bourne**. He has been at Sunflower.

**Monday, October 4th @ 6:30 p.m.
@ The Gaslight in Oro Valley.**

Tickets are \$34.00/pp. Please let me know if you want to go. I will be paying upfront for the tickets. We'll need people to drive, as the show is at night.

Please contact me @ h1035@aol.com
for further information.

SUNFLOWER HIKING GROUP

By Hope Collins

The **Sunflower Hiking Group** enjoys the Arizona desert by exploring our scenic local trails. In general, we will have hikes on Tuesdays and Fridays, from mid-October through mid-April. The hikes for each month will be listed in the Sun Catcher, and weekly hike reminders will be posted in the Communicator. Essential details and updates about hikes are sent via Google Group emails.

Occasional hikes may be offered throughout the summer months and will be communicated via Google Group email. The **Fall 2026 Hiking Schedule** will be sent out in September via Google Group.

If you would like to be added to the Google Group email list in order to be kept up to date on Hiking Group information, send an email to **Hope Collins** @ hopecollins65@gmail.com.

If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran** @ 520-729-8082.

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The **Sunflower Photography Club** will not meet in September.

**Our next meeting will be on Wednesday, October 21st
@ 10:00 a.m. in the Fiesta Room.**

Everyone is always welcome,
so feel free to join us in October.

Please email **Vince Senski** with any questions
@ vinceduluth@gmail.com.

DAYTIME BOOK CLUB

By Alice Hafner



The **Daytime Book Club** continues to meet on the 2nd Tuesday of each month.

**Our next meeting is scheduled for Tuesday,
September 8th @ 10:00 a.m. in the Library.**

All Sunflower residents are welcome to attend.

ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents who desire to create/color something that stirs the imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a protective covering for the table. Saturdays @ 9:00 a.m. - Craft Room.

CRAFT CLUB

By Chris Polk

The New Season of Craft Club Starts in October! Save the date! October 5th, 2026 is the first meeting of the 2026 - 2027 Sunflower Craft Club. This season of creativity includes classes taught by experienced crafters sharing their skills and ideas. Members will learn new skills while enjoying a fun group dynamic. Come to the Craft Room on Monday, October 5th @ 10:00 a.m. for a preview of upcoming projects. *Teaser* - mosaics, beading and alcohol inks are on the schedule! All are welcome to bring that hidden desire to create art and we will bring it to life.

The Sunflower Craft Club meets most Mondays from 10:00 to 11:30am October to April. See you October 5th!

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: Beginners Class 9:30 to 10:00 a.m. to go over individual steps used in most dances.

10:00 to 11:00 a.m. Beginners Learn & Dance

Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m. Then **11:00 a.m. to Noon** - A bit more advanced. To attend, you pay \$5 to the Dance Club for entire year. The fee goes to the Club for our Parties, Dances for the Community & whatever else we decide to do.

FOREVER FIT CLASS

By Virginia Landers

The Forever Fit Class with Virginia started on Tuesday, March 31st & will meet every Tuesday and Thursday from 10:30 a.m. to 11:30 p.m. in the Fiesta Room.

The format will follow the Weights and Balance Class. Please bring hand weights, leg weights, resistance bands & water. Resistance and balance exercises are essential for seniors to maintain strength & independence.

SUNFLOWER READERS (Evening)

By Tina Smith

We will resume our monthly meetings on Tuesday, September 22nd @ 7:00 p.m. in the Library.

We will be discussing: "The Path Between The Seas: The Creation of the Panama Canal 1870-1914" by David McCullough.

All are welcome to join us.

FITNESS CLUB

By Billie Barron

Water Aerobics: Monday, Wednesday, Friday and Saturday, 9:00-10:00 a.m. We use recordings that offer a well-balanced workout focusing on core, upper body, balance and joints. Noodles are provided.

Stretch and Tone: Tuesday and Thursday, 9:00-10:00 a.m. This is a full-body workout (seated or standing) concentrating on building strength, flexibility, balance & diminishing risk of falling. Participants need tubing with handles, resistance band, hand weights 10" ball. Most items can be purchased online or at WalMart.

Chair Yoga/Pilates:

This class will resume when Violet Borens returns in November, 2026.

Please check upcoming Sun Catchers.

Fitness Club membership cards are required.

Violet Borens is a certified instructor conducting these classes, with the exception of Water Aerobics.

GENEALOGY SOCIETY

By Paulette Weiser

The *Sunflower Genealogy Society* returns to meetings with programs, as well as research time, on Tuesday, September 22nd @ 2:00 p.m. in the

Fiesta Room and on Zoom with a presentation on "How to Use DNA in Family Research, Part I" from *Bridget LeFevre*. Bridget will be

teaching us how to understand DNA data and how to apply it to our own research. Bring your laptop or tablet for a hands-on experience. *Bridget* will be back at our October 27th meeting for Part II of her presentation on using DNA.

Bridget has operated Roots Detectives, specializing in genealogical mysteries, for 16 years. With a degree from BYU and numerous on-line classes, she has written seven family history biographies along with solving many cases of unknown paternity using DNA. Brick walls mean nothing to her in her work!

The November presenter will be our *Beth Van Blaricom* talking about what she has done with the family information she has gathered. December will be our holiday get-together with goodies and sharing family photos and stories.

It is time for members to begin thinking about stepping up to be an officer in the society. The officers include president, vice president, secretary and treasurer. We also have two at-large members of the board. Officers are elected late in the year, but do think about volunteering your time to keep the organization strong and vital. None of the offices are very time-consuming and current officeholders are available for assistance.



CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Library. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CANASTA

Thursdays starting @ 1:00 p.m. in the Craft Room.

We play two versions: Hand & Foot and Samba. So join us to see familiar faces & meet new friends.

MEXICAN TRAIN DOMINOES

By Pat Cooke

It's hot outside! Come inside to play Mexican Train Dominoes with us.

Join us on Mondays @ 9:00 a.m. in the Library and @ 12:30 p.m. in the Fiesta Room.

EUCHRE

Would you like to play Euchre?

We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.

Call **Vicky** @ 520-907-3510 for details.

We'd love to have you join us!

SUNFLOWER 500 CARD CLUB

By Bob Bender

The 500 Card Club welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). We are still willing to teach anyone who would like to learn the game. Call and we will set up a time to teach. Call **Bob Bender** @ 717-804-6425.

MAH JONGG

By Anne Schmidt

We will play Mah Jongg @ 9:00 a.m. in the Library & Mah Jongg 2 @ 1:00 p.m. in the Craft Room every Wednesday.

Not ready to make a commitment?

All are welcome, beginner to advanced players!

SUNDAY MAH JONGG

By Lynn Neitzke

We began playing Mah Jongg again on Sundays from 1:00 to 3:30 p.m. in the Library.

Contact **Lynn** @ 520-268-7784 with questions.

PINOCHLE

By Harlan Quinn

If you like to play single-deck Pinochle, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library.

There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present. For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER

By Jim Conley

We play Poker in the Library on Mondays from 11:30 a.m. to 3:00 p.m. and on Fridays from 11:30 a.m. to 3:00 p.m.

We also play on the 4th Wednesdays of the month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

Please join us at the Village Center on any day and we will get you started.



SUNFLOWER QUILTERS

By Carolyn LaPotin

It's September and time to put the finishing touches on your quilts that are intended for Veterans in Hospice here in Tucson. All donations need to be turned in before the end of September.

As is our custom, our donations will be presented to our **Sunflower Veterans Club** at their meeting on October 7th @ 10:00 a.m. This year, our Community Service Chair, who is the mother of a vet, will be presenting our gifts. Any quilter is welcome to attend this short, but very important segment of the Vets Club October meeting. Please let **Carolyn** know if you would like to attend so that she can request enough seats. Also, a few quilters are needed to display a few of the quilts during the presentation. Let **Linda M** know if you can help with this or other parts of setting up the display just before the meeting in early October.

Also, Sunflowers Craft Fair is rapidly approaching. Please let **Lynn B** and **Sharon N** know what you have made or are making to be sold at that event.

Fall is a busy, exciting time of the year for quilters. Every Sunflower resident is welcome to join us on **Thursday and Friday mornings in the Craft Room from 9:00 a.m. to Noon.** We hope to see you there!



TECHNOLOGY CLUB

By Katta Mapes

Remember, our fresh fiscal year dawns on October 1st. All members will need to join or renew their membership by October 1st to receive the shiny-new Tech Lab passwords.

Every computer in the Tech Lab will begin demanding the new password starting on October 1st, because even machines enjoy a little discipline. New members are always welcome to join and enjoy the benefits of membership.

Membership forms are at the front desk PLUS forms and information are online @ <https://www.sunflowerliving.com/membership-forms>

Household Membership is \$30 for 1 to 2 people in a household ~ and ~ Club Membership is \$50 per club. (such as the Vintage Gardeners, Bocce Club, etc.)

TECH HELP for Club Members: The Tech Help Sessions for members are offered on the **2nd Sunday of each month from 2:00 to 3:00 p.m. in the Craft Room.**

VINTAGE GARDENERS CLUB

By Pat Blazick-Peterson



Vintage Gardeners will be initiating the promotion of membership for the 2026 - 2027 year with registration dates at the Village Center on September 9th from 9 :00 to 11:00 a.m. & September 23rd from 1:00 to 3:00 p.m.

If you prefer, send a check to Vintage Gardeners directly to our head of membership, **Martin Favre**. Membership is \$10 a year, for new members and renewals after October 12th.

October 12th @ 1:00 p.m. officially starts the gardener's year with a Pizza Party!

The new board is very excited to share the upcoming year with you!

November 9th is a visit to **Tohono Chul Gardens** and **December 4th** is the **Holiday Luncheon**.

Come join us to hear all the details and see your friends!

SAFETY & WELLNESS ALLIANCE

By Diane Gray, RN

The Safety & Wellness Alliance is having a special speaker this month on Wednesday, September 9th from 9:00 to 10:00 a.m. in the Craft Room.

Lynne K. is our neighbor and friend. As many of you know, she was a recent victim of a house fire that destroyed the interior of her home due to a lithium battery fire. She will be discussing how this happened and the long and difficult process of rebuilding the inside of her house, that is currently down to the studs. **Lynne** feels strongly about getting information out to help others prevent this disaster from happening.

Let's meet and show her our support. Your attendance is appreciated! Light refreshments will be available!

SUGGESTION BOX INFORMATION

By Sunflower Management

Here at Sunflower, we are always happy to accept & review any issues that come from our residents. We encourage those with maintenance, landscape, irrigation or general problems/complaints to submit a specific written form (available at the front desk) so that we're able to track the Complaint/Problem and remediate it successfully.

Submittal of Suggestions: Please limit to matters to be addressed by the Board of Directors & not matters relating to maintenance, landscape, irrigation or general problems within the community. Your suggestions may be folded & placed in the **Suggestion Box** down the Fitness Room hallway. All suggestions are reviewed by the BOD on the 3rd Wednesday of each month after 9:00 a.m. & before the upcoming BOD Meeting on the 4th Wednesday of that month.

Submittal of Complaints: Please submit in a specific, written form regarding maintenance, landscape, irrigation or general problems to the management for processing. The paper trail this provides allows us to make sure problems are addressed and resolved efficiently.

HEALTH & SAFETY



PRIMAVERA

By Patrick Steliga

Last year's collaboration between Tucson Electric Power and Primavera's Water, Rest, Shade campaign was a great success. Between May and October of last year, **Primavera** operated three cooling centers providing participants a place to rest, recharge and obtain supplies such as water, cooling towels, hydration packets, hats, sunglasses, sandals, sunscreen, and snacks. It is estimated that more than 13,000 participants received support at the three cooling centers last year.

You can help with donations of the following:

Sunscreen
Reusable water bottles
Cooling towels
Hats with brims or ball caps
Liquid IV or electrolyte/hydration water mix-ins
Battery-operated fans and batteries
Pre-packaged, non-perishable snacks **OR** make a donation to the campaign @ Primavera.org

Thanks for all of your donations.



SUNFLOWER SAFETY & HEALTH ALLIANCE

By Katta Mapes

Contact coordinators **Marcia Olson** @ marcia7444@yahoo.com or **Diane Gray** @ sunnytucson64@gmail.com to learn more about 'Buddies' or to join the planning committee meeting.

Your SAFETY messages for this month are:

Do you own any wireless device that needs charging? If so, it likely contains a lithium-ion battery and could be a fire hazard. Be sure to read the warnings about lithium-ion batteries in full page with safety information in this Sun Catcher.

Remind your neighbors that if they need transportation to a medical or dental appointment, **Sunflower Neighbors** can help. See the details in this edition of the Sun Catcher.

Your WELLNESS message for this month is:

Water is great when you need to hydrate. But your water bottle matters too. Plastic bottles, especially when warmed, can put microplastic particles in your water and into your body when you drink. A better option is a reusable water bottle that is BPA free -even better is a stainless steel water bottle.

PARTNERS W/CHALLENGES SUPPORT GROUP

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges.

We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies & anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 11:00 a.m. to Noon.

SUNFLOWER NEIGHBORS

By Kristy Ashmore

Sunflower Neighbors are here to help if you need a ride to doctors, dentists or medical appointments and are unable to drive yourself.

To request a ride, send an email to: jkashmore@comcast.net and in the subject line, write "ride". We need a seven-day notice to arrange for an available driver.

Please include in your email: Details of your appointment including the date/day, time and approximate length of appointment, pick up time from your home and your name, address & phone number.

NEW DRIVERS ARE ALWAYS WELCOME

(If interested, contact **Kristy Ashmore** jkashmore@comcast.net)



SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m. SUNDAY from 11:00 a.m. to 4:00 p.m.

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.

For access, you MUST enter Village Center with your Proximity Card WHEN OPEN.

If Village Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

"500" CARD PLAYERS

Bob Bender 717-804-6425

ART CLUB

Billie Barron 520-334-7508

BACCHUS WINE

Kevin Webb 520-240-9710

BASKET-WEAVING WIZARDS

Karen Donahue 520-572-2250

BILLIARDS-LADIES

"CHIX WITH STIX"

Phyllis Bowcott 520-237-6573

BOCCE

Julie Frickel 406-461-0718

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CANASTA

Barbara Bernardi 781-521-6225

CHORALE

Barbara Lacy 520-878-8182

COFFEE & FRIENDS

Roger Daggett 520-241-1032

CORNHOLE

Kevin Kirkey 520-833-2236

CRAFT CLUB

Chris Polk 520-336-6011

DAYTIME BOOK CLUB

Alice Hafner 520-403-6194

DOMINOES

Pat Cooke 520-616-8082

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Billie Barron 520-334-7508

FOODIES & FUN

Kathryn Martin 940-783-1037

FOREVER FITNESS

Virginia Landers 520-800-9005

FUN POKER

Jim Conley 520-308-9798

GAME NIGHTS

Bob Wilson 480-720-5509

GATHERINGS CLUB

Jan Gerston, Sec 979-571-3640

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Doug Culpepper 412-720-6248

Gary Scott 520-406-0123

HEALTH & SAFETY ALLIANCE

(Formerly Neighborhood Connects)

Marcia Olson 520-850-9566

marcia7444@yahoo.com

Diane Gray sunnytucson64@gmail.com

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

KARAOKE

Marcia Ceciliot 916-316-0123

Rick Lybarger 509-690-1991

LINE DANCE/ENTERTAINMENT

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NINE-HOLE GOLF - MENS

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES

Leslyn Sisco 970-946-5998

PARTNERS WITH CHALLENGES

SUPPORT GROUP (PWC)

Julie Wiborg 952-250-6500

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PHOTOGRAPY CLUB

Vince Senski vinceduluth@gmail.com

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PING PONG

Buzz Hoffmann 520-404-3065

PINOCHLE

Harlan Quinn 520-225-7375

POP TENNIS

Gary Engel 623-221-8813

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTERS CLUB

Carolyn La Potin 520-780-4937

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

VOLUNTEER TRANSPORTATION

Seven days in advance please

Kristy Ashmore jkashmore@comcast.net

SUNFLOWER READERS (Evening)

Tina Smith 520-343-3999

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Dennis Linde dennielinde53@gmail.com

Burleson Smith burleson.smith@verizon.net

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Sharon Bender 717-818-5505

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Lynn Neitzke 520-268-7784

WELCOME COMMITTEE

Lynn Haye 847-401-6343

YOGA

Leslie Parr 520-603-8785

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IN-HOME CAREGIVING Over 40 years experience in all aspects of Nurse Aide/ Home Health Aide care. Sunflower references available. Recent VA Hospital Experience. **Veronica Quartermaine 520-990-4175**

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PLUMBER—If you have plumbing projects or problems call A. Plumber! I've been plumbing here since the beginning! **Adam 520-401-3495**

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Dorothy West 720-227-7061

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property & funds, and to offer residents a variety of opportunities to enrich their physical, cultural & social well being.

CORE VALUES:

- Maintain beautiful physical appearance of community
 - * Support a harmonious community
 - * Respect differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize & address changing needs of community

VISION: To be a community meeting needs of current/future residents.



September is
FALLS
PREVENTION MONTH

 **STAYING ACTIVE**
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strength and range of
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 **TALK WITH LOVED ONES**
about any concerns and make a
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Source: pima.gov www.nwfdaz.gov



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Ann Bryant

SENIOR LOAN OFFICER
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WHAT IS A REVERSE MORTGAGE?

A home-secured loan that can allow eligible homeowners to access a portion of their home equity while continuing to own and live in the home.

4 THINGS HOMEOWNERS SHOULD KNOW



NO REQUIRED MONTHLY MORTGAGE PAYMENTS

You are not required to make monthly mortgage payments.



YOU RETAIN TITLE & OWNERSHIP

You keep the title to your home for as long as you live there.



PROCEEDS ARE TYPICALLY TAX-FREE

Money received from a reverse mortgage is generally tax-free.*



FUNDS THROUGH FLEXIBLE OPTIONS

Choose from lump sum, monthly payments, term, line of credit or a combination.



WHO MAY QUALIFY?

Reverse mortgages are available through different programs.

- FHA-insured HECM loans are available for homeowners 62+.
- Proprietary (non-HECM) programs may be available beginning at age 55.

Let's find out which option may be right for you.



IMPORTANT RESPONSIBILITIES

To keep your reverse mortgage in good standing, you must:

- ✓ Continue paying property taxes
- ✓ Continue paying homeowners insurance
- ✓ Maintain your home



COULD IT FIT YOUR RETIREMENT STRATEGY?

A reverse mortgage may help you:

- ✓ Eliminate an existing mortgage payment
- ✓ Supplement retirement cash flow
- ✓ Establish a line of credit for future needs



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SUNFLOWER RESIDENTS



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Top Chef Competition at
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Mondays in September

September 7, 14, 21 & 28
3:00 – 4:00 PM

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- Weekly cooking competitions
- Resident-inspired recipes
- Samples to enjoy
- Championship finale on September 28
- A chance to tour and connect

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- Continental Ranch - Patrick Chamberlin
- Sunflower - Tim and Kaye Walter

Year to date stats per MLSSAZ Photo Credit Don Walker



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The Walter Team

Tim 520.775.0222

Tim@TheWalterTeam.com

Kaye 303.551.4989

Kaye@TheWalterTeam.com



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