

# The Sun Catcher

May 2024

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9401 N Sunflower Park Drive

Tucson AZ 85743

[Sunflowerliving.com](http://Sunflowerliving.com)



2023-2024

## Board of Directors

**President—Tom Swain**  
[tomswsboard@gmail.com](mailto:tomswsboard@gmail.com)

**Vice President—Peter Goddu**  
[peter.goddusf@gmail.com](mailto:peter.goddusf@gmail.com)

**Secretary—Dennie Linde**  
[dennie.sfboard@gmail.com](mailto:dennie.sfboard@gmail.com)

**Treasurer -Kathy Mitchell**  
[katsfboard@gmail.com](mailto:katsfboard@gmail.com)

**Director—Stefan Joswick**  
[stefan.sfboard@gmail.com](mailto:stefan.sfboard@gmail.com)

**Director—Ken Ropp**  
[kenroppsf@gmail.com](mailto:kenroppsf@gmail.com)

**Director—Patrick Stirling**  
[patrick.sfboard@gmail.com](mailto:patrick.sfboard@gmail.com)

**Community Manager**  
Lisa Sak

**Assistant Manager**  
Monica Martinez

**Resident Coordinators**  
Lori Chase  
Nickie Kaplan  
Rebecca Teichman  
Rosie Young

**Maintenance Staff**  
George Pesina, Supervisor  
Jose Astorga

## COMMITTEES

ACTIVITIES  
ARCHITECTURAL  
ELECTIONS  
FACILITIES/AD HOC  
FINANCE  
GOVERNANCE/AD HOC  
LANDSCAPE  
PRESERVATION OF RESERVE  
ASSET (PRAC)  
SOLAR TASK FORCE  
SPORTS COURTS/AD HOC  
STRATEGIC TASK FORCE  
WEBSITE  
WELCOME

## A MESSAGE FROM THE 2024 BOARD OF DIRECTORS

### *Fellow Sunflower Residents:*

It's hard to believe, but we are at the halfway point in our Sunflower fiscal year when the Board's focus turns to the **Annual Board Election**. There will be three (3) open Board positions on the ballot this year, and the Board will be recruiting residents to fill those positions.



A good Board is made up of residents from a variety of backgrounds. Our past Boards have included residents with careers in teaching, law enforcement, construction trades, social work, homemaking, real estate, and finance, etc. The most important attribute for a Board member is the willingness to devote time and energy toward advancing issues that are in the best interest of the entire Sunflower Community.

Sunflower employs a professional management company that does most of the work required to run our Homeowner's Association. They take care of administrative tasks, dues collection, financial transactions and reporting, homeowner communication, staffing and human resources, and vendor management. The company also assists the Board with budget preparation and covenant enforcement.

Serving as a Board member will take up some of your time. Board meetings are held once a month, and Board responsibilities include acting as a liaison to one or more committees. A Board member can expect to devote 10-12 hours per month to Board business, perhaps more, depending on your level of involvement.

If you have any questions or would like to know more about serving on the Board, the Election Committee will host a **Board Information Panel on June 29<sup>th</sup> from 9:00 to 10:00 a.m. in the Fiesta Room.** Present and former Board members will share their experiences as Board members, and answer questions. You are also welcome to contact any member of the current Board at any time.

*We hope you will seriously consider becoming a candidate for a seat on the Sunflower Board of Directors.*

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2023

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Judy Ibrado  
Realtor® ABR, SRES  
(520) 301-8455  
jibrado1212@gmail.com



## Client Testimonial

We were so fortunate to have Judy as our agent for the fourth time. She is such a knowledgeable professional and great communicator. She answered every question and gave terrific advice. Judy was truly with us every step along the way. And she even made it fun. Thanks Judy!

Terry and Gerry

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## THE WATERMARK AT CONTINENTAL RANCH



### UPDATES IN ALZHEIMER'S RESEARCH & PREVENTION

Meet a Leading Expert  
Tuesday, May 14 • 2:00pm–3:00pm



Nearly seven million Americans live with Alzheimer's disease, and even more family members, friends, or caregivers are affected. Meet Dr. Matthew Malone, a Yale-trained geriatric psychiatrist who will describe the latest research findings and prevention strategies in this special presentation.

Dr. Malone is a vital member of the Banner Alzheimer's Institute in Tucson and has profound experience in the field. Bring him your questions, and take home the answers you need.

At The Watermark at Continental Ranch, our Prema Memory Support<sup>SM</sup> program provides a positive approach for Memory Care residents. Our specially trained *Naya* caregivers focus on what people can do, not what they can't. We help each person thrive.



Call 520-477-3161 to RSVP by May 12. While you're here, please tour our welcoming community.

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## DON'T LEAVE IT TO LUCK.

While estate planning may seem overwhelming, it isn't a game of chance. Each element must be approached with care, knowing that your efforts today will shape tomorrow. Make a deliberate choice for your family's future to create a well-crafted estate plan with purpose, because relying on leprechauns to manage your pot of gold might yield undesirable results!

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— Sunflower Resident

”



No one knows your neighborhood better than your neighbor.  
If you or anyone is interested in buying or selling, please contact me.  
**Michele Biller, Your Neighborhood Specialist | 520-780-1469**  
michelebiller@tierraantigua.com





## AD HOC/SPORTS COURT COMMITTEE

By Lori Roper

The *Ad Hoc/Sport Court Committee* continues to meet monthly to provide input to the Board regarding community sport court needs. We recently expanded our charter to include the potential modification of existing courts. We also painted Pop Tennis lines on Courts 1 & 2.

We are reviewing options to achieve maximum utilization from the existing courts, as well as options for new courts. The Committee has evaluated usage and wait times for [Pop Tennis](#), [Pickleball](#) and [Tennis](#). We researched similar communities and met with local realtors to understand current and future needs. We put together a presentation of Past, Present and Future Needs, with data showing the need for more courts in Sunflower.

[Our next meeting is scheduled for Tuesday, May 14th @ 1:30 p.m. in the Conference Room.](#)

These are open meetings- Everyone is Welcome!

## PRAC

By Tom Howlin



*PRAC* is now on hiatus until October because many of our members are snowbirds and we often do not have a quorum during the summer months. We will, however, have a sub-committee working with the Reserve Study as it is updated for the year.

In leaving for the summer, I would like to leave you with a short and simple lesson on [how reserves work](#). We are always talking about the reserve percentage which is currently at 87% and yet our goal is 100%, [so where is the disconnect?](#)

If we bought an item for \$10 with a 10-year life span, we would put into the piggybank \$1.00 each year. At the end of year 5, we would have \$5. If we have the \$5, we are 100% reserved as of that period in the life of the asset. If we only have \$3, then we are only 60% reserved. So, theoretically, if we are putting away the \$1 each year, we should always be 100% reserved relative to the lifespan of the asset.

So, why are we only at 87%? The reasons are many, but generally, it's either spending more than anticipated to replace an asset (like the pool and sport courts), an asset wearing out before the projected time (like pool pumps

in Arizona) or unexpected large jumps in inflation. Three years ago, we were reserved at 92% and lost 20% to inflation, Covid, supply chain and labor shortages. By policy, we must maintain a minimum of 70%; and because the community approved a retro-active disbursement from CIF, we are still in excellent shape and well above that minimum.

Conservative management of the Reserve Account is critical to a financially-stable community like [Sunflower](#). That management comes about as a cooperative effort between *PRAC*, our professional reserve company (*ARI*), the community manager, the Board and the Finance Committee.

[Our next meeting is scheduled for Thursday, May 2nd @ 1:00 p.m. in the Conference Room.](#)

## ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak



## *Weeds*

It's spring and the weeds have sprung!

***“It is the responsibility of the individual homeowner to provide and maintain full landscaping in all front, side and back yards according to the Design Guidelines”***  
**Design Guidelines Paragraph B, p. 5.**

Compliance drive-throughs occur once a month by Management to check for any violations. The first violation letter is a courtesy letter, which gives the homeowner 30 days to bring the property into compliance. Once the property is in compliance, please inform the Village Center, and the violation will be closed out and removed from that address.

The second violation letter, if the situation is not resolved, has a fine of \$100. The third violation letter goes up to \$200.

***Let's keep Sunflower looking beautiful and weed free!! Thank you.***

[The May ARC meetings will be held on the first & third Tuesdays, May 7th & 21st @ 9:00 a.m. in the Craft Room.](#)

## ELECTION COMMITTEE

By Dolores Johnson



All of us on the *Election Committee* would like to wish all the ‘Snowbirds’ safe travels. For the rest of us who are sticking around, we will be enjoying all of our community amenities and of course, our air-conditioning.

The *Election Committee* is also gearing up for the upcoming Board of Directors Election that is scheduled for November 6th, 2024. The opening Election process is July 1st, 2024. *We have scheduled an Informational Meeting to be held in the Fiesta Room on Saturday June 29<sup>th</sup>, 2024 from 9:00 to 10:00 a.m.*

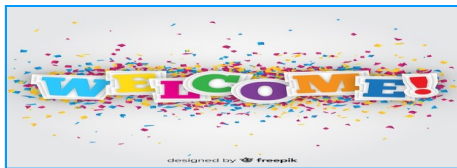
The panel of past and present Board members who have graciously agreed to participate are: *Dave Hausman, Ken Ropp, Kat Mitchell, Patrick Stirling* and the current BOD President, *Tom Swain*. They will give us a better understanding of a Board member’s duties.

We will have three (3) BOD member openings, so we are hoping for several residents to become BOD candidates. Any resident that is interested in becoming a candidate can pick up an application at the front desk, or we will have some available at the meeting.

I know it might sound like we are starting this process early, but it is a long process for us; and we are hoping that there are several residents interested in volunteering their time.

## WELCOME COMMITTEE

By Lynn Haye



*Please join me in welcoming:*

*Joyce Taylor* who is moving here from Stillwater, OK. She retired from the US Army 20 years ago and became a Registered Veterinary Technician at Oklahoma State University, as well as a volunteer at the OSU Botanic Garden. She enjoys swimming and walking her dog, *Star*.

If you have any questions about the *Welcome Committee*, please contact any of the committee members that are listed in the Sunflower Directory: *Lynn Haye*, Chairwoman, *Liz Perry*, *Michele Saylor* and *Diane Swanson*. *Thank you...*



*Happy Spring Everyone!*

## PUBLIC SERVICE ANNOUNCEMENT

By Monica Martinez

As most of our Sunflower residents know, we are in the process of making Sunflower more beautiful by contracting painters to paint many areas with our community, including all areas around the Village Center Building, gazebo, back patio, planters, poles, posts, steps, fireplace, barbeque surfaces, etc.



We ask that you “remain alert” when you take your dog out for his/her walk.

## DO NOT ALLOW DOGS TO URINATE ON ANY NEWLY-PAINTED SURFACES

Your cooperation in this regard shows your concern for the beauty of our community and the time & money it takes to keep Sunflower one of the best communities in Southern Arizona.

*Thank you in advance for your help & continued respect for Sunflower and its beauty!*



# Activities Committee

The next Activities Committee Meeting will be held on  
Tuesday, May 14<sup>th</sup> @ 10:00 a.m.

We are starting to make our plans for the fall  
and next Spring, so come join us if you can  
and be a part of the planning process.

*We hope to see you there!*



Please join us on  
**Friday, May 17<sup>th</sup> from 6:00 to 7:30 p.m.**  
for a fun-filled evening of **Trivia**.

We will have sodas, chips, and ice cream bars  
for snacks, but you can also BYOB beverage  
of choice and snacks.

**Tickets will be \$10.00 per person.**

You can play as a table or as an individual,  
it is entirely up to you. One person at the table  
needs to have a fully-charged phone to use  
during play, if playing as a team.

If playing individually, you need to  
bring your charged-cell phone to the event.

We will play a couple of different types of  
games, and we will have some fun prizes.

## **Ticket sales are:**

**Thursday, May 2nd from 1:00 to 2:30 p.m. &  
Friday, May 10th from 10:00 to 11:30 a.m.**

***We hope you will join us for what  
should be an educational and fun evening!***

## **DJ MIKE's LATIN DANCE**



Join DJ Mike for his Latin Dance. Some of the  
artists featured for this Dance are *Santana, Gloria  
Estefan, Shakira, Freddy Fender* and many more.

This Dance is **FREE** to the Community.

It will be in the **Fiesta Room on Thursday,  
May 16th, 2024 from 5:30 to 8:00 p.m.**

**Doors will open at 5:15 p.m.**

BYOB and snacks.

Light appetizers (Chips and Salsa) will be served.

***If you like to Dance, listen to great music, social-  
ize with your friends, and have a fun time, then  
this Dance is for you!***

## **UPCOMING HOLIDAY TEA**



The *Activities Committee* is planning to  
hold its 2<sup>nd</sup> Annual Holiday Tea on  
Saturday, December 13<sup>th</sup>, 2024  
from 1:00 to 3:00 p.m.

Currently, we are looking for volunteers to host a table.  
Each host would provide the table service (China) for their  
table for 6 people per table. So, you would decide your  
table's theme, provide plates, silverware, tea caddies (if  
you have one), small bowls, teacups and saucers and tea  
pots (if you have one or two), for those attending at your  
table. Each table would be decorated with your decorations  
and poinsettias from the *Activities Committee*.

Last year we were able to host 6 tables, but we had others  
who wished to attend, so we would love to be able to  
obtain hosts for 9 tables, if possible. If you are interested in  
hosting a table for this event in December, please contact  
**Kathryn Martin @ [Islandermom55@gmail.com](mailto:Islandermom55@gmail.com)** or  
940-783-1037.

***Thanks in advance for your help and participation.***

## KARAOKE



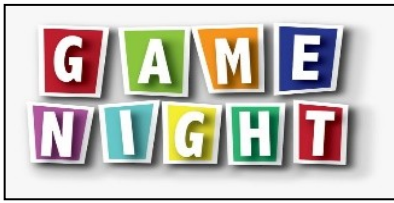
Karaoke will be held on the 3<sup>rd</sup> Tuesday  
in May.

That is May 21st from 5:30 to 7:30 p.m.

Please send your songs to:

[rongagne@centurylink.net](mailto:rongagne@centurylink.net) by *Wednesday,  
May 15th*. Please limit your individual songs to  
2 to 3 per person. You can also send ideas for  
group songs.

## SECOND FRIDAY AND FOURTH TUESDAY GAME NIGHT



*Friday, May 10<sup>th</sup> and Tuesday, May 28<sup>th</sup>  
from 6:00 to 8:30 p.m. in the Fiesta Room.*

Hosted by:

Jan Session and Adrienne Farrell.

*Bring your snacks/drinks  
and be ready for a lot of fun!*

## BARRIO BREAD SALES



Barrio Bread, *Don Guerra*,  
will be back at Sunflower to sell  
bread on Wednesday, May 15<sup>th</sup> @  
3:00 p.m. in the Craft Room.

So come on out and get your  
favorite bread!

**Reminder: 2 loaves per household.  
Also, no pre-orders.**

## LIFE ENRICHMENT



*On Tuesday, May 21<sup>st</sup>  
from 1:00 to 3:00 p.m.*

we will be pleased to hear from

*Paulette Weiser,*

*one of our own Sunflower residents, on*

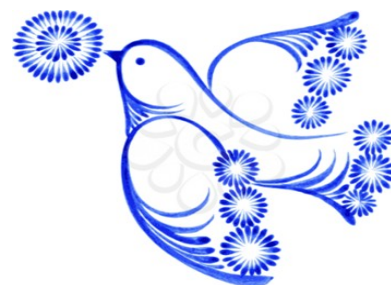
## Life in the Nations of the Balkan Peninsula

The Balkan states (the former Yugoslavia)  
plus Albania are a beautiful part of the world  
with a long, sometimes difficult history.

Croatia, Bosnia-Herzegovina, Montenegro,  
Serbia, and Slovenia offer beautiful scenery,  
old walled cities, rich agricultural areas,  
mountains, and the history of tragic wars,  
from the Ottomans to WWII  
and including the 1990s.

*Sunflower resident, Paulette Weiser,  
will take us along on the trip  
she and her husband took to the  
Balkan Peninsula last fall.*

Come along on the trip with them and  
learn about these former  
Communist countries and how  
life is now in the 2020s.







By Larry Schierer

The *Spring Cookout* was a success. Thanks to all of you; and a special thanks to **Tim and Kaye Walter, Diamondback Realty** for their sponsorship.

An apology to those who bought one meal at the cookout to share with someone. When you requested a second box, some of you were turned down. In the past, we have made paper plates available for sharing a meal. We forgot to put plates out. *We will do better next time.*

Sponsorship allows us to offset our costs and donate most of what we earn to worthwhile Veteran causes. If you would like more information on Sponsorships, please send an email to [sunflowerveteransclub@gmail.com](mailto:sunflowerveteransclub@gmail.com).

**For all Veteran members:** Membership is \$25.00 per year or \$175 for Lifetime Membership. The membership fees are to mitigate the loss of the Realtors' donations in the face of inflation. We chose this path rather than to eliminate causes or lessen donations.

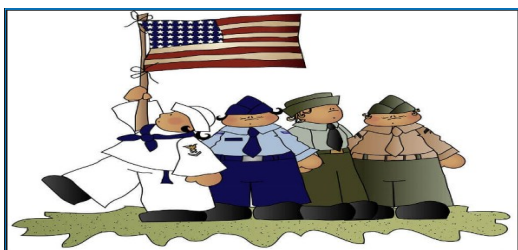
*We welcome our newest members and invite any members back that have been away. All veterans are welcome.*

Please, if you are a veteran and Sunflower resident, come to a meeting and see what we are about. Remember, **'a veteran is someone who, at one point in his or her life wrote a blank check made payable to 'The United States of America' for an amount of 'up to and including my life.'**

*And if you served one day, you are a veteran.*

*As the weather heading into May warms up, we look forward to **Memorial Day Celebration**. In addition to lining Sunflower Park Drive with flags, we always need volunteers.*

**VETERANS MEETING MAY 1 @ 10:00 a.m.**



*Airman First Class Edmond Schaefer*



*Edmond Schaefer*, an Airman First Class, enlisted in the United States Air Force in 1962, embarking on a journey marked by significant historical events and personal growth. His service coincided with a tumultuous period in American history, including the tragic assassination of President John F. Kennedy.

Following basic training at Lackland AFB in San Antonio, TX, *Schaefer* received specialized training in data processing at Wichita Falls, TX. His military journey began at Roswell, NM, where he witnessed the intense atmosphere during the Bay of Pigs crisis, with all B52s taking off to provide support. A pivotal moment in *Schaefer's* service came with his assignment to Wheelus AFB in Tripoli, Libya. He served there for two years and chose to extend his service for an additional six months. The experience of serving overseas undoubtedly broadened his perspective and shaped his character.

After his time in Tripoli, *Schaefer* was stationed at Charleston, SC, where he made the decision to leave the Air Force. Transitioning into civilian life, he ventured into the machine tool business before finding success in international marketing. Reflecting on his military service, *Schaefer* shared a poignant quote: "Four years in the Air Force prepared me to take advantage of ...open doors and created opportunities..." His time in the Air Force not only instilled discipline and skills but also fostered a mindset of seizing opportunities and overcoming challenges.

*Schaefer's* story exemplifies the transformative power of military service and the doors it can open for personal and professional growth. From his beginnings as an Airman First Class to his successful ventures in the civilian world, *Schaefer's* journey is a testament to the resilience and adaptability cultivated through military experience.

*Airman First Class Edmond Schaefer*  
*We thank you for Your Service!*

**From the Sunflower Board of Directors:**

**Topic:** *Bicycles, Pedestrians, Bike Lanes, Sidewalks and Paths*

**“Bicycle riders have rights too...”**

To avoid conflicts and increase the overall safety of residents, the Board of Directors has asked residents to **avoid riding bicycles on sidewalks and paths within Sunflower.** One reason for the Board’s request is that dedicated bike lanes are available to bicycles on both sides of Sunflower Park Road.

Just as pedestrians have priority on the sidewalks and paths, cyclists should have priority in the use of the bike lanes. The Board asks residents to recognize that the bike lanes are meant for cyclists **and not pedestrians.** A conflict in the bike lane between a cyclist and a pedestrian presents the same safety issues as a bike on the sidewalk. If that conflict forces the cyclist out into the road when a vehicle is passing, the result could be a vehicle/bicycle collision with dire results.

**If you are a pedestrian, please do not use the bike lanes as if they were a sidewalk or path.** Please be aware of our cycling residents and limit your time in the bike lanes by crossing them perpendicular to the flow of traffic on the street and sidewalk.

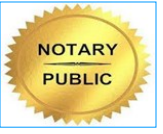
***Thank you for your consideration.***

Resident input is invited, please direct any questions or comments to Board Vice President **Peter Goddu** @ [peter.goddusf@gmail.com](mailto:peter.goddusf@gmail.com), or to any other member of the Board of Directors.



**NOTARY SERVICES**

*We now have three Notaries available for your needs in Sunflower.*  
This is a **free** service.



**Lisa Sak**, our Community Manager, and **Monica Martinez**, our Assistant Community Manager, are both available at the Village Center (520-572-9780) to notarize your documents from Monday through Friday. (Exception: BOD Meeting - 4th Wednesdays of month).

You may also contact **Roger Daggett** @ 520- 241-1032 for these services.

**ALL SERVICES BY APPOINTMENT ONLY.**

*We Love Sunflower!*



**2024 SUNFLOWER CRAFT FAIR**

By Sue Uden

The **22<sup>nd</sup> Annual Sunflower Craft Fair and Bake Sale** will be held on **November 8<sup>th</sup> and 9<sup>th</sup>**, with set-up on Thursday, November 7<sup>th</sup>. As many vendors will be gone during the summer, we encourage you to submit your applications and payment early (**checks only**). Vendors will be placed in the order the applications are received. Applications are available at the front desk or on-line @ [www.Sunflowerliving.com](http://www.Sunflowerliving.com) and must be submitted by September 15<sup>th</sup>, 2024.

Any extra space will again be made available to **Friends of Sunflower.**

The **Fitness Club** will be coordinating this year’s event so checks should be made to: **Sunflower Fitness Club** and returned to the front desk at 9401 N. Sunflower Dr. Tucson, AZ 85743.

**Bonnie Huff** will again be the vendor coordinator and can be reached @ 734-277-7730, if you have questions. **Sue Uden** will be the event manager and coordinator.





**NO BIKES ON THE SIDEWALK**  
**PLEASE**

**THANK YOU FOR YOUR COOPERATION**

*Sunflower Community Association  
Board of Directors*

**BLOCK WATCH TIP OF THE MONTH**

*By Tom Shambo*

**May:** Get to know your local law enforcement officers. Attend community meetings and events where you can meet and talk to police officers. This will help you build a relationship with law enforcement and make it easier to report suspicious activity.

**Here are some additional tips:**

- ~ Hold block parties and other social events to get to know your neighbors and build relationships.
- ~ Start a neighborhood newsletter or blog to share crime prevention tips & information about your Block Watch Group.
- ~ Volunteer to patrol your neighborhood on foot or by car.
- ~ Consider installing a security system in your home.
- ~ Report all crimes and suspicious activity to police immediately.

*By following these tips, you can help make your neighborhood a safer place for everyone.*





## BACCHUS WINE

By Sandy Persels

**International Malbec Day** occurs each April 17<sup>th</sup>, and *Bacchus Wine* celebrated the “Black Wine” by blind tasting **Malbec** wines from three different countries. **Malbec** is a full-

bodied and deep-colored wine that is often used in red blends. It is not a name that comes readily to most Americans’ minds when they’re discussing red wines; in France, Argentina, Chile and South Africa, it’s a different story. It was enlightening to compare and contrast the different wines and to discuss preferences. As usual, there was no clear “winner,” since personal tastes differ greatly, but each country’s offering got some enthusiastic votes!

Learning more about wine and wine appreciation in a casual, non-threatening setting with congenial friends is what *Bacchus Wine* is all about. Sharing wine, appetizers and good conversation is a most enjoyable way to spend a couple of hours. *Why not join us?*

The group meets monthly in the Fiesta Room, and events vary from month to month: some are purely social, while others offer some kind of educational benefit. There’s something for almost everyone. Events are by e-mailed invitation only, and numbers for some events are limited.

If you’d like to give *Bacchus Wine* a try, send your e-mail address to *Sandy Persels*: [deuxpers@comcast.net](mailto:deuxpers@comcast.net) to have your name added to the mailing list.

*It’s that simple!*



## MUSIC NOTES FROM THE CHORALE

By Sue Horsfall



The Chorale finished up its first season with *Mel Claridge* as director and *Virginia Harmon* as accompanist with performances on April 20<sup>th</sup> and 21<sup>st</sup> to very enthusiastic audiences.

A highlight of Saturday’s concert was the addition of violin soloist, *Natalie Flake*, budding virtuoso and local resident, to our rendition of “**Fiddler on the Roof**”. We were all sad she wasn’t able to join us on Sunday as well.

While it is likely that we will have at least one informal get-together over the summer, rehearsals will not restart in earnest until September when we begin preparing for *Veterans Day* and our *Winter Programs*. Tentative concert dates in December are Friday, December 6<sup>th</sup> and Sunday, December 8<sup>th</sup>, times as yet to be determined.

*We look forward to another great season and wish everyone a pleasant summer.*





## COMMUNITY SOCIAL GATHERINGS

### COFFEE KLATCH



Come join our Saturday Coffee Klatch, every Saturday morning from 7:30 to 8:30 a.m. in the Fiesta Room,

It's a great time to meet with neighbors & enjoy a 'Cup of Joe'.

*Everyone welcome!*

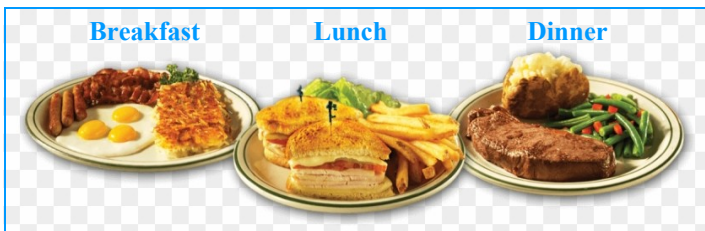
Sunflower provides the coffee, but we appreciate a \$1.00 donation to help defray the costs. Please sign up at the Front Desk if you are willing to pick up a donut order from our Safeway (down the block). You will be reimbursed for the cost of the donuts from donations collected at the event.

*We greatly appreciate **Roger Daggett** of **Coldwell Banker Realty - Foothills Office** for continuing to sponsor this weekly event.*

### ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Tough

**ROMEOs** Lunch and Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only) who enjoy time out with the guys without getting into trouble. **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for a group of Sunflower men, widowed or who live alone, who would enjoy a night out with the boys. All three of these groups use the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant at least a day in advance.



**ROMEOs Breakfast**– Wednesday, **May 22nd**, will go to **Snooze Restaurant**, carpooling at 7:30 a.m. (Reservations required)

**ROMEOs Lunch**- Wednesday, **May 8th**, will go to **Skyrider Café in Marana**, carpooling at 11:30 a.m.

**OWLS Dinner**- Wednesday, **May 15th**, will go to **Asian Buffet**, carpooling at 4:30 p.m.

## ROSIE'S SUNFLOWER BINGO

By Tim Walter



We had a great time with the largest crowd we will probably see until fall. The library was used again to handle the overflow!

**The Rosie Special was as special as the lady it was named after.**  
**\$285.00!!!**



A heartfelt thank you goes out to **Dolores Johnson** for calling again in April, along with all the people that helped to make it happen: **Kaye Walter, Carol Abrahamson, Lee Head, and Shannon Meely.**

*Mark your calendars for **May 14<sup>th</sup>**, and head to the **Fiesta Room** where the games will kick off at **6:00 p.m.***

*Don't miss out on the chance to be a part of this **fantastic Bingo Experience** – see you there!*

## CINCO DE MAYO CHILI COOK-OFF POTLUCK

Hostess: Sharyn Fincher

Come on out to all you Chili Cookers for our **Chili Cook-Off Potluck** on **Thursday, May 9th @ 5:30 p.m.**



We would love to get 5 to 6 Chili cookers for our cook off this year. Not a fan of Chili? We will have other food available for you as well.

**Tickets were sold on April 23<sup>rd</sup> from 2:00 to 4:00 p.m. and again on April 24<sup>th</sup> from 2:00 to 4:00 p.m.** Tickets are \$2.00 each when you bring a side dish or FREE if you bring a main dish. Please bring enough to feed 12 people.

We will also have Water and Lemonade, but you are welcome to bring your beverage of choice and please remember to bring your own place setting.

Can't make the ticket sales or have any questions, please call me, **Sharyn Fincher @ 520-665-8830.**

## CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: [LSak@associatedasset.com](mailto:LSak@associatedasset.com)

Monica Martinez, Sunflower Community Assistant Manager: [MLMartinez@associatedasset.com](mailto:MLMartinez@associatedasset.com)

**Communicator Submissions/Visual Lobby Display:** Please keep notice for upcoming events happening within two weeks to 75 characters or less and submit Wednesday by 5:00 p.m. for Communicator to [LSak@associatedasset.com](mailto:LSak@associatedasset.com).

Sunflower Living Website: [webteam@sunflowerliving.com](mailto:webteam@sunflowerliving.com)

Email directly to: [submittosunflower@gmail.com](mailto:submittosunflower@gmail.com)

### FRONT DESK

Lori Chase, Resident Services Coordinator: [LChase@associatedasset.com](mailto:LChase@associatedasset.com)

Nickie Kaplan, Resident Services Coordinator: [NKaplan@associatedasset.com](mailto:NKaplan@associatedasset.com)

Rebecca Teichman, Resident Services Coordinator: [RTeichman@associatedasset.com](mailto:RTeichman@associatedasset.com)

Rosie Young, Resident Services Coordinator: [RMYoung@associatedasset.com](mailto:RMYoung@associatedasset.com)



### SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to [Sunflowerliving.com](http://Sunflowerliving.com). Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other “*protected pages*” on this website, you must enter the password *which is only available to Sunflower residents.*

Please visit the Village Center front desk for this information so you can sign up for the new password which was **EFFECTIVE 11/16/23**. Again, the password is only available to Sunflower residents.

### HOMEOWNER-TO-HOMEOWNER REFERRALS

By Nickie Kaplan

If you are well-pleased with a business you’ve dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to [NKaplan@associatedasset.com](mailto:NKaplan@associatedasset.com). I will be happy to add it to the online list.

*Thank you.*



### SUNFLOWER VILLAGE CENTER HOURS & HOLIDAY CLOSINGS

*SUNFLOWER VILLAGE CENTER WILL BE CLOSED ON MONDAY, MAY 27th IN CELEBRATION OF MEMORIAL DAY!*

The Sunflower Village Center **OPEN HOURS\*** are: Monday thru Saturday from 7:30 a.m. to 7:00 p.m., and Sunday from 11:00 a.m. to 4:00 p.m.

\*Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their regularly-scheduled time ~

*If you have any questions, please call the Front Desk or the Management Team. Thank you.*

### COMMUNICATOR

To subscribe to the Communicator Newsletter, go to our website, [www.Sunflowerliving.com](http://www.Sunflowerliving.com), and click the “**Subscribe Now**” link below the photo of the Village Center. Part way down the new page you will see a “**Subscription Form**” link - click on the link, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

### SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the [Sunflowerliving.com](http://Sunflowerliving.com) website (What’s New> Announcements). Clubs and groups are encouraged to send their information to: [webteam@sunflowerliving.com](mailto:webteam@sunflowerliving.com) to be posted on that page. Please do not send **PDF files**.

### ELECTRONIC SUGGESTIONS

For ideas or suggestions for Sunflower Village Center, please fill out the Suggestion Form and put in the locked box in the hall in the Village Center. You may also email suggestions to: [MLMartinez@associatedasset.com](mailto:MLMartinez@associatedasset.com). The form can be found online under **Forms**.





# MAY 2024 ACTIVITY CALENDAR

| SUN   | MON  | TUE  | WED   | THU   | FRI  | SAT   |
|---|--|--|---|---|--|---|
|   | <u>COMMITTEE MTGS</u><br>05/02 PRAC<br>05/03 LANDSCAPE<br>05/07 ARC<br>05/07 GOVERNANCE<br>05/13 ELECTION                    | <u>THIS MONTH</u><br>05/14 ACTIVITIES<br>05/14 AD/SPORTS<br>05/20 FINANCE<br>05/21 ARC<br>05/22 BOD MTG<br>05/23 ELECTION        | <b>1</b><br>9 Mah Jongg<br>10 VETs CLUB Mtg<br>1 Mah Jongg 2<br>1 Pinochle  | <b>2</b><br>9 500 Card Game<br>9 Quilters<br>1 Activities Tix<br>1 Tech Club BOD Mtg<br><b>1 PRAC</b><br>1 Mixed Br/Canasta<br>6 Cribbage | <b>3</b><br>9 Quilters<br><b>10 LANDSCAPE</b><br>12 Fun Poker<br>1 Dup. Bridge   | <b>4</b><br>7:30 Coffee Klatch<br>9 Art Club  |
| <b>5</b><br><br>1 Mah Jongg                 | <b>6</b><br>9 Lib Dominoes<br>10 Social Club Mtg<br>12 Baskets/<br>12 Fun Poker<br>12:30 Mexican Train<br>3:30 Chorale       | <b>7</b><br><b>9 ARC</b><br>1 Ladies Bridge<br>1 Euchre<br><b>5 GOVERNANCE</b>   | <b>8</b><br>9 Mah Jongg<br>10 Tech Club Mtg<br>11:30 ROMEOs Lunch<br>1 Mah Jongg 2<br>1 Pinochle  | <b>9</b><br>9 500 Card Game<br>9 Quilters<br>1 Mixed Br<br>1 Canasta<br><b>5:30 May Pot Luck</b>  | <b>10</b> 9 Quilters<br><b>10 Trivia Night Tx</b><br>11:30 Fun Poker<br>1 Dup. Bridge<br>1 Social Club Tix<br><b>6 Game Night</b><br>6:15 Bocce<br>"Glowing Balls" | <b>11</b><br>7:30 Coffee Klatch<br>9 Art Club   |
| <b>12</b><br><br>1 Mah Jongg<br>2 Tech Help | <b>13</b><br>9 Library Dominoes<br>12 Baskets<br>12 Fun Poker<br>12:30 Mexican Train<br><b>2:30 ELECTION</b><br>3:30 Chorale | <b>14</b><br><b>10 ACTIVITIES</b><br>1 Ladies Bridge<br>1 Euchre<br><b>1:30 AD/SPORTS</b><br><b>5:30 BINGO</b>                   | <b>15</b><br>9 Mah Jongg<br><b>11 VET'S BOD Mtg</b><br>11 Mah Jongg 2<br>1 Pinochle<br><b>3 Barrio Bread Sales</b><br><b>4:30 OWLS Dinner</b> | <b>16</b><br>9 500 Card Game<br>9 Quilters<br>1 Mixed Br<br>1 Canasta<br><b>5:30 Mike's Dance</b><br>6 Cribbage                           | <b>17</b><br>9 Quilters<br>12 Fun Poker<br>1 Dup. Bridge<br><b>6 Activities Comm</b><br>Trivia Night   | <b>18</b><br>7:30 Coffee Klatch<br>9 Art Club<br><b>5:30 Social Club Party</b>        |
| <b>19</b><br>1 Mah Jongg  | <b>20</b><br>9 Library Dominoes<br><b>10 FINANCE</b><br>12 Baskets<br>12 Fun Poker<br>12:30 Mexican Train                    | <b>21</b><br><b>9 ARC</b><br>1 Life Enrichment<br>1 Ladies Bridge<br>1 Euchre<br><b>5:30 Karaoke</b>                             | <b>22</b><br><b>7:30 ROMEOs Bkfst</b><br>9 Mah Jongg<br><b>10 BOD MEETING</b><br>1 Mah Jongg 2<br>1 Pinochle                                  | <b>23</b><br>9 500 Card Game<br>9 Quilters<br>1 Mixed Br<br>1 Canasta<br><b>1 ELECTION</b><br>6 Cribbage                                  | <b>24</b><br>9 Quilters<br>12 Fun Poker<br>1 Dup. Bridge   | <b>25</b><br>7:30 Coffee Klatch<br><b>10 VETS' Picnic</b>                             |
| <b>26</b><br>1 Mah Jongg  | <b>27 VILLAGE CENTER CLOSED</b><br>       | <b>28 10:30 PWC Mtg</b><br>10 Social Club Tix<br>1 Ladies Bridge<br>1 Euchre<br>2 Genealogy Soc Mtg<br>6 Game Night<br>7 Readers | <b>29</b><br>9 Mah Jongg<br>11 VETS BOD Mtg<br>1 Mah Jongg 2<br>1 Pinochle  | <b>30</b><br>9 500 Card Game<br>9 Quilters<br><b>10 Quilters Mtg</b><br>1 Mixed Br<br>1 Canasta<br>6 Cribbage                             | <b>31</b><br>9 Quilters<br>12 Fun Poker<br>1 Dup. Bridge   |  |

## WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|---|---|---|---|---|--|---|
| 1 Ping Pong<br>3 Pickleball<br> | Men's Golf<br>7:45 Yoga<br>8 Pickleball<br>8 Tennis<br>9 Water Aerobics<br>9:30 Line Dance<br>1 Chix w/Stix<br>1 Pickleball | 8 Pickleball<br>8 Tennis<br>9:00 Stretch/Tone<br>9 Water Aerobics<br>1 Men's Billiards<br>12:50 Bocce<br>1:30 Ladies 9-hole<br>3 Pickleball<br>4 POP Tennis | 7:45 Yoga<br>8 Pickleball<br>8 Tennis<br>9 Water Aerobics<br>1 Ping Pong 1st, 2nd, 3rd Wed<br>1:30 Men's 9-hole | Men's Golf<br>8 Pickleball<br>8 Tennis<br>9:00 Stretch/Tone<br>10:30 Wts/Balance<br>1 Chix w/Stix<br>1 Ping Pong -4th Th<br>12:50 Bocce<br>3 Pickleball<br>4 POP Tennis | 7:45 Yoga<br>8-9 Hikes - See Communicator<br>8 Pickleball<br>8 Tennis<br>9 Water Aerobics<br>10 Line Dance<br>12:10 Bowling<br>1 Men's Billiards<br>1 Pickleball | 8 Pickleball<br>8 Tennis<br> |

## GAMES BILLIARDS

**General Play:** Monday-Sunday except  
for Club times

**Men's:** Tuesdays and Fridays —  
1:00 p.m. to 4:00 p.m.

**Chix with Stix (Ladies):** Mondays and Thursdays —  
1:00 to 4:00 p.m. No experience necessary  
*We'll Rack 'em and you Hit 'em.*



## SUNFLOWER MEN'S GOLF CLUB

By Gary Scott

We held our Annual Spring Meeting in the Craft Room at the Sunflower Community Center on April 15<sup>th</sup> from 4:00-6:00 p.m. Awards were handed out to our winners of the Net and Club Championships. With warmer weather showing up now, our snowbirds will be leaving later in the month for cooler weather, *may they have safe travels.*

For those unfamiliar with our club, we play twice a week (Monday and Thursday) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us. I can be contacted @ [gbscott70@comcast.net](mailto:gbscott70@comcast.net) or 520-406-0123 and **Doug Culpepper** @ [biker1ab@mac.com](mailto:biker1ab@mac.com) or 412-720-6248. You may visit our schedule of events on our website @ [www.sunflower.golfclub.net](http://www.sunflower.golfclub.net).



By Marcia Ceciliot

**March Recap:** Brave souls embraced the cold for our "Night of the Glowing Balls" on the 16<sup>th</sup>. It was a great time. Our **Annual In-house Tournament** was held on the 22<sup>nd</sup> & 23<sup>rd</sup> (men) and the 29<sup>th</sup> & 30<sup>th</sup> (women). We would like to thank all the players and those who helped out during the event. Congratulations are in order for the top three players in each division: **Ed Alsobrooks, Roc Ivanov, Kevin Uden** (men), and **Lois Croly, Julie Frickel, Diane Swanson** (women).

**New Business:** We will continue playing on Tuesdays and Thursdays. We are monitoring the weather due to the current heat wave. If it's too hot in the afternoon, we will switch to our summer hours (9:00 a.m.) for that week. [An email will be sent out in this regard.](#)

We will have our next "Night of the Glowing Balls" on **Friday, May 10<sup>th</sup> in honor of Mother's Day.** Please be on the courts by 6:15 p.m. (sunset is at 7:00-ish), so we can draw for teams and courts. Please bring your a beverage and treat to share (optional). For club members only.

*Bocce* is fun and easy to learn.

*We welcome new players.*

Give the sport a try! We select teams and courts by random draw. Until the summer heat hits, we will play on Tuesdays and Thursdays starting at 1:00 p.m.

**However, we will move to summer hours as temperatures rise.** If you are interested in the club/playing, please arrive 20 minutes early. We can go over the simple rules and have a player show you the 'ins and outs' of the game.

## MENS 9-HOLE GOLF

Please join us every Wednesday at the **Quarry Pines Golf Course** for a fun round of golf. We start at 2:00 p.m.; but please arrive one half-hour early. Call **Berl Jacobsen** @ 262-894-0815 by Tuesday noon of the week you plan to play or for any other questions you may have.

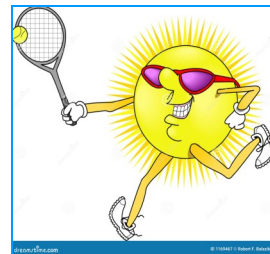
## LADIES 9-HOLE GOLF

Please join us every Tuesday at the **Quarry Pines Golf Course** for a fun round of golf. We start at 1:50 p.m.; but arrive one half-hour early. Call **Aileen** @ 520-906-4427 no later than **9:00 a.m.** on the Monday you plan to play or for any other questions you may have.

## TENNIS CLUB

By Dennis Page

The weather in Tucson is starting to become what we all moved here for --temporarily or permanently-- to enjoy mild, warm days and cool nights -- perfect for coming out to the courts for several lively sets of tennis!



[Here are more benefits of playing tennis \(from the USTA's Top 10 Reasons to Play Tennis\):](#)

~ **Strengthen Heart, Muscles and Bones.** Compared to other sports, tennis players have the lowest incidence of cardiovascular disease.

~ **Develop Teamwork & Sportsmanship.** From doubles play to team and league play, tennis develops your ability to communicate and work together.

~ **Lose weight, burn calories!**

**Reminder:** Weekly play for SFTC members now starts @ 8:00 a.m.

Call or text **Doug Perry** for additional information: 215-499-1363 or email: [dougcycles@gmail.com](mailto:dougcycles@gmail.com).



## TOPICS OF INTEREST

### ARTIST GALLERY

By Lori Chase

Our artist for May 2024 will be [Sharyn Fincher](#). Her art will go up on May 4<sup>th</sup>. This will be [Sharyn's](#) first exhibit. She will be displaying [Indian Puzzle Pictures](#). You might know her from her hosting numerous times for Potluck and from Pickleball -- she is a force to be reckoned with. Come out and view her art, an additional talent.

Our June artist will be [Esther Brewington](#). She is a cross-stitch artist. Interesting to see what she will be displaying.



Thanks, from the community to [Rhonda Sawyer](#) for the many 'oohs and aahs' over her paintings. Many inquired to purchase [Rhonda's](#) artwork, but she is keeping her treasures. We look forward to see her art again in 2025.

We have been signing up for **Art Wall 2025**. As of this time, we have the months of July, August and September left. Please contact the Front Desk with your request.

### SOCIAL CLUB

By Frances Gauthier

#### [Cinco de Mayo \(a little late\)!!!](#)

Please join us on [May 18<sup>th</sup>](#) when we will be having a [Mexican Dinner](#). We plan to serve chicken enchiladas with rice and beans, and churros for dessert.



[Social Time is 5:30 p.m. with dinner at 6:00 p.m.](#)

Ticket sales will be on Friday, May 10<sup>th</sup> from 1:00 to 3:00 p.m. Tickets are \$10. If you haven't already joined in 2024, the membership dues are \$5.

After dinner the [Sunnyside High School Mariachi Band](#) will perform for us to keep with the theme of the night.

On May 28<sup>th</sup> from 10:00 a.m. to 12:00 Noon, we will be selling tickets for our **June Event**. It will be held on [June 15<sup>th</sup>](#) and will be a [Pizza and BINGO Night](#).

### YOGA

By Leslie Parr



The YOGA CLUB meets for [FREE classes on Mondays, Wednesdays & Fridays @ 7:45 a.m. in the Fiesta Room.](#)

Please remember to bring your own mat, stretch band, block/ball, towel or blanket to the class. If you have any questions, please call [Leslie Parr @ 520-603-8785](#).

### SUNFLOWER HIKING GROUP

By Leilani Lyons

[We have now come to the end of the Sunflower Hiking Group's official hiking season.](#)



It has been exciting to see a hiking group reform after the long recess brought about by Covid. During this past Winter/Spring season, there have been 13 hikes. Over half of our hiking group has participated in at least one hike.

Our purpose is to promote outdoor activity and socialization through hiking. Members experience captivating landscapes and natural wonders along Southern Arizona's numerous trails. Hopefully, the variety of hikes planned for Fall will entice even more of the group onto the trails.

[Beginning in October, hikes for each month will be listed in the Sun Catcher, and weekly hike reminders will be posted in the Communicator.](#)

Essential details and updates about hikes are sent via **Google Group Emails**. If you plan to hike, it is recommended you be added to the group. To do that, send an email to [Leilani Lyons @ llyons7763@gmail.com](#).

Watch for an email from **Sunflower Hikers Google Group** saying you have been added. Be sure to check your spam folder. You do not have to reply, but do follow the instructions in the email. If you have questions about the group or have an interest in leading future hikes, please contact [Bobby Bran @ 520-729-8082](#).

## BOWLING INFORMATION

By Bonnie Scott



If you want to make new friends and enjoy some fun exercise for appx. 2.5 hours, then come and bowl with us on Friday afternoons. It's Open bowling, so no teams; and if you cannot make a Friday, no problem, and no cost. The cost of bowling is \$13.

The bowling averages range from 87 to 196, with most bowlers averaging between 120-150. We bowl for fun and are always looking for new Sunflower resident bowlers.

### Bowling highlights:

**Vicky Beard** - 211 game & 504 series; 201 game & 512 high series for the year

**Terri Shevlin** – 193 game & 529 series

**Bonnie Scott** – 202 game & 517 series are both highs for the year

**Chuck Glen** – 200 & 210 games with a 604 series; 206, 210 & 234 games with a high series of 650 for the year and the 234 game is a high game for the year

**Gary Scott** – 243 game & 566 series which are both highs for him this year

*Congratulations to all of you!!*

We hope you will join us on Friday afternoons. Please arrive by 12:10 to pay and for practice at 12:20. 12:30 p.m. is our start time. We bowl at **Fiesta Lanes** – 501 W. River Road. When you arrive, come to Lanes 1-6 and someone will collect the \$13 fee. Refer questions to **Terri Shevlin** @ 609-471-4347.

## THE PING PONG GROUP

By Buzz Hoffmann

We are scheduled to play **Ping Pong** in the Fiesta Room:



Sundays from 1:00 to 4:00 p.m. We also play on the 1st, 2nd & 3rd Wednesdays of each month from 1:00 to 4:00 p.m.

We are also now playing on the 4th Thursday of each month from 1:00 to 3:00 p.m.

*all in the Fiesta Room.*

Please note the changes on the 4th Thursday.

Questions, please call **Buzz** @ 520-572-4258.

## PICKLEBALL CLUB

By Tim Lardy



### The Pickleball Club play hours:

\*\*\* Note new play hours for Spring

**Social/Beginners:** Tuesday, Thursday and Sunday 3:00 to 6:00 p.m.

**Competitive/Advanced** play Monday, Tuesday, Thursday, and Friday mornings from 8:00 a.m. to 10:00 a.m. and Monday and Friday from 1:00 to 3:00 p.m.

**Combined competitive and Social** play times are Wednesdays & Saturdays from 8:00 to 10:00 a.m.

**Open Play** The courts are available for open play starting at 7 a.m. until 6 p.m. on Monday, Wednesday, Friday and Saturday and 7 a.m to 8 p.m. on Tuesday, Thursday and Sunday EXCEPT for the club play hours listed above.

All residents who would like to join the Pickleball Club, please fill out a 2023-2024 Membership Form from the front desk at the Center. Pay \$15.00 dues by check made out to **"Sunflower Pickleball Club"**. They will not accept cash. For beginners interested in learning the game, free lessons can be arranged by calling or texting **Billy Lackey** @ 520-870-9111.

## GIRLS NIGHT OUT

By Lynn Hays



GNO (Girls Night (or Day) Out) will be on hiatus until October, 2024.

*Enjoy your summer and see you in the fall!  
Stay Cool!!.*



## CARDS GAMES

### LADIES BRIDGE

By Brooke Murphy



*Ladies Bridge* at the Village Center is played on *Tuesdays from 1:00 p.m. to 4:00 p.m.* We are a relaxed group and play to enjoy the game and each other.

For more information, call 708-846-7555 or email: **Brooke Murphy @ [bmurphmail@gmail.com](mailto:bmurphmail@gmail.com).**

### CRIBBAGE

We invite you to have some fun playing single or four-hand Cribbage on *Thursdays @ 6:00 p.m. in the Craft Room at the Village Center.* (Except on Pot Luck nights.)



### SUNFLOWER 500 CARD CLUB

By Bob Bender



The 500 Card Club invites you to join us playing a fun game every Thursday morning. We welcome new members and look forward to meeting you.

Where: The Village Center

When: **9:00 a.m. Thursday** – in the Library

Why: To enjoy a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots).

*We are still willing to teach anyone who would like to learn the game.*

Call and we will set up a time to teach.

Questions, call **Bob Bender @ 717--804-6425.**

### CANASTA

**Thursday starting @ 1:00 p.m.**

We play two versions:

**Hand & Foot and Samba**

So do join us to see familiar faces and to meet new friends.



### MEXICAN TRAIN DOMINOES

By Pat Cooke

Join us for a couple of hours of fun. We have regular Dominoes with the dots. Also, many of us are enjoying using the Dominoes with numbers (instead of dots).



***Our two scheduled times are on Mondays @ 9:00 a.m. and @ 12:30 p.m.***

### THE GAME OF EUCHRE

**Would you like to play Euchre?**  
*We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.*



Call **Vicky @ 520-907-3510** for details.

*We'd love to have you join us!*

### MAH JONGG

By Anne Schmidt

*We play Mah Jongg at the Village Center @ 9:00 a.m. on Wednesdays.*



Not ready to make a commitment?  
*Come watch and we will show you how it's done.*

### SUNDAY MAH JONGG

By Lynn Neitzke

Come join the fun playing Mah Jongg *every Sunday afternoon in the Library from 1:00 to 4:00 p.m.*



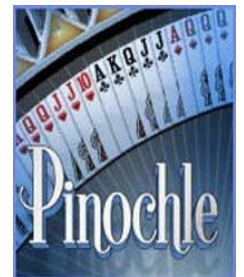
Beginners, intermediate and experienced players are all welcomed.

If you are brand new to the game, there will be an experienced teacher to help you. Please bring your game if you have one and playing card. Contact **Lynn @ 520-268-7784** with questions.

### PINOCHLE

By Harlan Quinn

If you like to play single-deck Pinochle, join us from **1:00 to 4:00 p.m. on Wednesday afternoons in the Library.**



There is no cost and no reservations are needed—**just show up.** We play partners and/or three-handed pinochle, depending on the number of players present.

***For information, call one of the contacts listed in the back of the Sun Catcher.***

## FUN POKER

By Jim Conley



**We play poker in the Library Mondays and Fridays from Noon to 3:00 p.m.**

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing and teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) and some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

*If you would like to join us, come to the Village Center on either day & we will get you started.*

## ACTIVITIES AND CLUBS

### ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents with a desire to create or color something that stirs their imagination. No experience necessary. Work at your own pace with your own choice of medium.

The only request: Bring a plastic-protective covering for the table.

*We meet in the Craft Room each Saturday from 9:00 a.m. to 12:00 Noon.*

*Join us for an hour or three — Your choice.*



### CRAFT CLUB

By Kathy Hummel



The **Sunflower Craft Club** had a very fun and productive season. It started in the Fall with Halloween projects such as Mop Ghosts and ended in the Spring with lighted Crystal Angels and painted Welcome Tiles. In

between, they created gnomes, decorated shovels and made cork reindeer. The Crafters also learned the art of Barn Quilt Painting and Beading. The Crafters celebrated the productive year with an off-site luncheon.

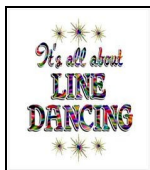
The Craft Club will be taking the summer months off, but will be back in October ready to create again. *Come join us in October. We meet every Monday from 10:00 to 11:30 a.m.*

## DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week, as follows:

Monday: **Beginners Class** 9:30 to 10:00 a.m. to go over individual steps used in most dances.



10:00 to 11:00 a.m. **Beginners Learn and Dance**

Friday: *A little more advanced*, but everyone is welcome.

10:00 to 11:00 a.m.

11:00 a.m. to Noon - *The dances are a bit more advanced*

To attend, you pay **\$5 to the Dance Club** for the entire year. The fee goes to the Club for our Club Parties, Dances for the Community, & whatever else we decide to do. *Not sure? Just come try us out.* They say it is the best exercise you can do and not realize you're doing it *because it's fun. It doesn't hurt to try.*

## GENEALOGY SOCIETY

By Paulette Weiser

All of us have immigrant ancestors who came from all parts of the world for a new life in the United States. **Immigrants and Their Stories** is the program being presented by **Suzanne Young Brayer on Tuesday, May 28<sup>th</sup> @ 2:00 p.m. in the Fiesta Room and via Zoom.**



So where did they come from? What port did they enter? These are the questions we ask about our ancestors. Every immigrant ancestor has a story and **Suzanne** will share stories to inspire us to learn ours and how to find them. She will touch on the fate of the girl whose betrothed stood her up at Ellis Island and the Russian who walked the Siberian Railroad tracks to Japan to board a ship for San Francisco, among others.

**Suzanne** has been an educator, researcher and avid genealogist for more than 30 years. She graduated with degrees in history and education from Arizona State. Her involvement in researching her own family history began when she and her father worked together gathering the pieces of their ancestry puzzle. They found Mayflower ancestors, Revolutionary War Patriots, 19th Century German immigrants, and a few criminals along the way.

**SGS is still looking for a third member of the Program Planning Committee.** Attending two or three meetings in May and early June, contacting three potential presenters each, and scheduling the programs for 2025 are the tasks of the Committee.

Please contact **Eileen Carney** to volunteer your services for this important committee!



## QUILTERS CLUB

By Carolyn LaPotin

Thanks to everyone who donated socks and undies for our annual collection. All donations will go to **AVIVA Children's Services** and are given to children in foster care. We appreciate the generosity of our Sunflower neighbors.

Though a number of our quilters have departed for places with cooler summers, those who remain have exciting plans to work on a variety of interesting projects during the summer months. Visitors and new members of all skill levels are always welcome to join us in the Craft room at the Village Center on **Thursdays and Fridays from 9:00 a.m. until Noon.**

## TECHNOLOGY CLUB

By Katta Mapes

**May 8 @ 10:00 a.m. -  
Member Meeting in the Fiesta Room**

### TECH TALK: Digital Services at the Library

A representative from the **Pima County Public Library** will guide us in the digital services from the library, especially how to download e-books without a Kindle or Nook and download audio books to listen to when you travel. Before the meeting get your free library card and log in at least one time a @ [www.library.pima.gov](http://www.library.pima.gov).

### Pima County Public Library

Find information about Pima County Public Library's events, classes, and services, and search the catalog for books, movies, music @ [www.library.pima.gov](http://www.library.pima.gov)

Bring your mobile devices and/or laptop to the meeting to follow the steps presented.

\*\* Remember, you can see past meetings on You Tube – just search for **Sunflower Tech Club** on You Tube.

## WEIGHTS, STRENGTH AND BALANCE STRENGTH TRAINING

By Marlene Spencer

Tufts University research shows that a program of strength training not only improved bone density, but also reduced falls and improved arthritis symptoms. Balance, coordination, flexibility and endurance are also improved. This program is based on that research, and instructors must be certified. This low-impact program is appropriate for both sedentary and active people. **Classes: Tuesdays & Thursdays @ 10:30 a.m.** Please bring your own weights & ankle weights: 1# to 2#-women, 2# to 3#-men. **No Punch Card Needed**

## FITNESS CLUB

By Sue Uden



**Water Aerobics:** Monday, Wednesday, and Friday, 9:00-10:00 a.m. We are using CD workouts that participants have enjoyed. There are 3 different CDs that are rotated. The workouts last 50-60 minutes and give a well-

balanced workout focusing on core, upper body, balance, knees, and hips. Noodles and water weights may be used. **Fitness membership cards are required but not punch cards.**

**Stretch and Tone:** Tuesday and Thursday, 9:00-10:00 a.m. in the Fiesta Room. **Margo Gustin** will begin leading the classes on May 2<sup>nd</sup>. This is a full-body workout completed while sitting or standing, working on strength, flexibility, and balance. Participants will need a 10" ball, light hand weights and stretch bands. **Fitness membership cards are required but not punch cards.**

**Violet will return in November to resume teaching classes.** Thank you to everyone who supported us by buying ice cream at **Music Under the Stars.**

## POP TENNIS FUN!

By Karla Holmes

Several Sunflower Club members enjoyed traveling to the Sun City Oro Valley Club on Friday April 12th. It was a great opportunity to play with new people outside our community and learn from a club with more experience. The two clubs envision planning more of these fun events, with clubs alternating where the event will be held.



***NEW DAYS & TIME beginning May 1st will be  
Tuesdays and Thursdays at 4:00 p.m.***

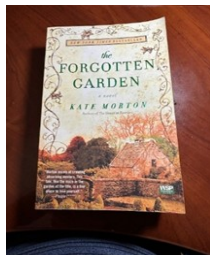
We welcome everyone to give Pop Tennis a try! It's doubles tennis played on a smaller court, using depressurized balls and short-handled paddles, with no overhead serves or smashes. We supply paddles and balls – you supply the interest.

For more information, contact **Gary Engel @** 623-221-8813 or [gengel9285@gmail.com](mailto:gengel9285@gmail.com)

## SUNFLOWER READERS

By Marcia Olson

This month, our Readers will discuss Australian author, **Kate Morton's** New York Times Best Seller, **The Forgotten Garden**. This multi-generational mystery has a riveting plot and will challenge your definition of friendship and trust.



*Join us @ 7:00 p.m. on Tuesday, May 28<sup>th</sup> in the Library and enjoy a lively discussion.*

## VINTAGE GARDENERS CLUB

By Marie Van Huis

At our April meeting, we enjoyed the knowledge and humor of **Jay Grodman**, Marana's Natural Resources Supervisor. The highlight was a virtual tour of **El Rio Preserve** which is right in our own

backyard and provides habitats for wildlife and for human recreation and enjoyment. It's an important link in the network of open spaces in our region of the Sonoran Desert.

***The Garden Club is taking a break for the summer.*** In the meantime, check out the Vintage Gardeners' webpage: <https://www.sunflowerliving.com/resources-3> for our gardening community and interested neighbors. You'll find photos and upcoming garden events that we've posted regularly. You can contact us @ [sfvtgardens@gmail.com](mailto:sfvtgardens@gmail.com).

*Have a happy and safe summer!*

*Kiss of the sun for pardon.*

*Song of the birds for mirth.*

*You're closer to God's heart in a garden*

*Than any place else on earth.*

*~Dorothy Frances Gurney*

## HEALTH & SAFETY

### BREAST CANCER SURVIVOR GROUP

By Jan Keogh

There is a wonderful sisterhood of Breast Cancer Survivors here at Sunflower. Whether you are newly diagnosed, currently in treatment or are a long-time survivor, we will welcome you. We have been meeting for 12 years. We meet in the privacy of our homes and have also been known to go out to lunch and have some fun. For more information about meetings or to ask questions, contact **Jan Keogh @ 520-579-1018**.

## PARTNERS WITH CHALLENGES SUPPORT GROUP

By Armand La Potin

We now welcome ALL Sunflower resident caregivers, as well as their Mates, who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as sources providing respite care, prescriptions, exercise regimens, therapies, and anything else participants want to bring up.

The group meets the  
**4th Tuesday of every month**  
**in the Craft Room at the Village Center**  
**from 10:30 to 11:30 a.m.**

Please contact **Armand @ 520-780-4547**.

## PRIMAVERA FOUNDATION

By Liz Perry

Last month when I was dropping off donations from Sunflower, one of the employees was so excited to see all the reusable canvas bags donated. That's when I found out how those bags are used in Tucson's new mobile shower trailer.



It offers warm showers for free, to the homeless and others going through a tough time. The five-person mobile shower trailer moves around town daily, to help underserved communities. The shower trailer, includes five showers, including an ADA-compliant shower room. Towels, body wash, conditioner and shampoo are provided, along with a clean pair of underwear in the bags. Individuals are able to utilize the shower for 15 minutes. The trailer also carries men and women's clothing.

**Zion Alderette**, 32, a regular volunteer with the program, was unsheltered for around a year and a half in his late 20s. During that time, he went three months without taking a shower during Tucson's scorching summer heat. He says a resource like the shower trailer is a **"blessing"** and can be **"life-changing"** for people. "When I wasn't able to shower, I tried to go to the courthouse to file my divorce and I wasn't even allowed to go into the courthouse. The guards said I couldn't go in" he says.

Please continue to donate empty, clean prescription bottles, single-serve healthy snacks, travel-sized toiletries and pet food, in the box outside the Village Center front entrance. For more info or to make a monetary donation, go to: [Primavera.org](http://Primavera.org).

*As always, thank you for your continued generosity.*



## SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday–Saturday from 7:30 a.m. – 7:00 p.m.

Sunday from 11:00 a.m. - 4:00 p.m.

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access from 5:00 a.m. - 11:00 p.m.

For access, [you must enter Village Center WHEN OPEN.](#)

If Center is closed, please use the front entrance gate.

## SPECIAL INTEREST CLUBS AND THEIR CONTACTS

### “500” CARD PLAYERS

Bob Bender 717-804-6425

### ART CLUB

Billie Barron 520-334-7508

### BACCHUS WINE

Sandy Persels 520-572-1936

### BASKET WEAVING WIZARDS

Karen Donahue 520-572-2250

### BILLIARDS

Jim Damato 520-744-7031

Joe Malone 520-572-4697

### BLOCK WATCH

Tom Shambo 520-603-0563

### BOCCE

Lois Croly 520-369-1524

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

### BOWLING

Terri Shevlin 609-471-4347

### BRIDGE: DUPLICATE

Tom Silverness 520-912-0332

### BRIDGE: LADIES

Brooke Murphy 708-846-7555

### BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

### CRAFT CLUB

Chris Polk 520-820-5227

### CRIBBAGE

Jan Session 520-429-6079

### DANCE & ENTERTAINMENT

Karen Barta 586-292-6177

### EUCHRE

Vicky Beard 520-907-3510

### FITNESS CLUB

Sue Uden 928-916-0059

### FUN POKER

Jim Conley 520-308-9798

### GENEALOGY

Eileen Carney 206-310-6641

### GOLF - Men

Don Sanderson 520-241-7676

Jim Chaloupka 520-572-0062

### LINE DANCE

Karen Barta 586-292-6177

### MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

### NINE-HOLE GOLF - MEN

Berl Jacobsen 262-894-0815

### NINE-HOLE GOLF-LADIES

Tish Tabor 520-579-9904

### PARTNERS WITH CHALLENGES SUPPORT GROUP (PWC)

Armand LaPotin 520-780-4547

### PATRIOT’S PANTRY

Dann Cooke 520-404-4178

### PING PONG

Buzz Hoffmann 520-572-4258

### PICKLEBALL

Terri Lackey 520-797-0349

Tim Lardy 520-282-2427

### PINOCHLE

Jim Damato 520-744-7031

Harlan Quinn 520-225-7375

### POTLUCK CLUB

Susan Sifers 540-538-6512

### PRIMAVERA FOUNDATION

Liz Perry 215-805-1774

Patrick Steliga 262-422-8791

### QUILTING CLUB

Jill Davis 253-549-3552

### ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

### SOCIAL CLUB

Bette Sumner 520-572-2094

### STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

### SUNFLOWER NEIGHBORS

### VOLUNTEER TRANSPORTATION

*Four days in advance please*

Katta Mapes 520-304-4812 (talk/text)

[Katta.Mapes@gmail.com](mailto:Katta.Mapes@gmail.com)

### SUNFLOWER READERS

Marcia Olson 520-888-6932

Jann Swanson 520-579-7578

### TECHNOLOGY CLUB

Katta Mapes 520-304-4812 (talk/text)

[Katta.Mapes@gmail.com](mailto:Katta.Mapes@gmail.com)

### TENNIS

Doug Perry 215-499-1363

Marilyn Mattke 520-579-9481

### TRAVEL CLUB

Adele Suomela 952-270-0738

### VETERANS

Carol Taylor 520-989-0961

Larry Schierer 520-975-1164

### VINTAGE GARDENERS

Lois Croly 520-369-1524

### WELCOME COMMITTEE

Lynn Haye 847-401-6343

Liz Perry 215-805-1774

### YOGA

Leslie Parr 520-603-8785

*Revised May, 2024*

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### [A LITTLE 'Mother's Day' INFORMATION ...](#)

The official *Mother's Day* holiday arose in the 1900s as a result of the efforts of *Anna Jarvis*, daughter of Ann Reeves Jarvis. Following her mother's 1905 death, *Anna Jarvis* conceived of *Mother's Day* as a way of honoring the sacrifices mothers made for their children. After gaining financial backing from a Philadelphia department store owner named *John Wanamaker* in May 1908, she organized the first official *Mother's Day* celebration at a Methodist church in Grafton, WV, and it became an official U.S. holiday in 1914. Today, it is a holiday honoring motherhood that is observed in different forms throughout the world. .

### **MOTHER'S DAY AROUND THE WORLD**

While versions of *Mother's Day* are celebrated worldwide, traditions vary depending on the country. In Thailand, for example, *Mother's Day* is always celebrated in August on the birthday of the current Queen, *Sirikit*.

Another alternate observance of *Mother's Day* can be found in Ethiopia, where families gather each Fall to sing songs and eat a large feast as part of Antrosht, a multi-day celebration honoring motherhood.

In the United States, *Mother's Day 2024 falls on Sunday, May 12<sup>th</sup>* and continues to be celebrated by presenting mothers and other women with gifts and flowers. It has become one of the biggest holidays for consumer spending. Families also celebrate by giving mothers a day off from activities like cooking or other household chores.

*Happy Mother's Day to All Our Wonderful Mothers!*

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### **SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION**

#### **MISSION STATEMENT:**

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property and funds and to offer our residents a variety of opportunities to enrich their physical, cultural and social well being.

**CORE VALUES:** The Core Values of Sunflower are:

- Maintain the beautiful physical appearance of the community
  - \* Support a harmonious community
  - \* Respect the differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
  - \* Ensure the financial integrity of the association
- Recognize and address the changing needs of the community

#### **VISION:**

To be a community that meets the needs of current & future residents.



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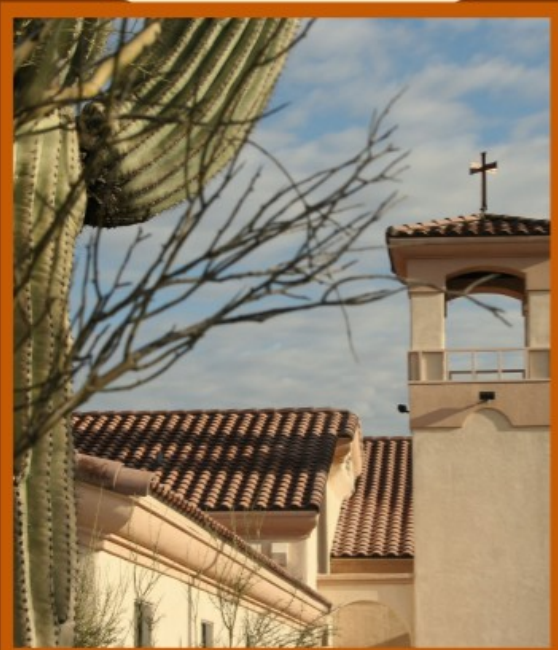
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Christine@Christine-Ed.com

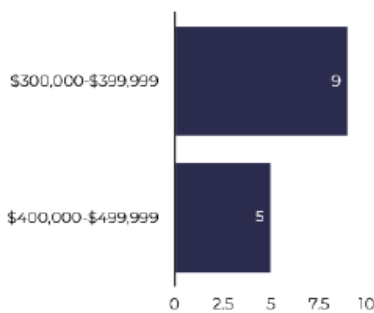


Tierra Antigua  
REALTY



**Diamondback**  
REAL ESTATE

### Year-to-Date Statistics 2024



*Fewer sales translate to more houses available for sale, providing an advantage for buyers. Pricing plays a crucial role in this scenario. How does it affect your property value? We offer complimentary market value assessments.*

### Data per MLSSA Data Port Sunflower Community

|   |         |   |           |
|---|---------|---|-----------|
| # of Sales                                | 14      | New Listings                              | 30        |
| ↓ -6.7% from Jan 1, 2024 - April 11, 2024 |         | ↑ 76.5% from Jan 1, 2024 - April 11, 2024 |           |
| Total Volume                              | \$5.34M | Median Sale Price                         | \$375,000 |
| ↓ -4.5% from Jan 1, 2024 - April 11, 2024 |         | ↑ 4.2% from Jan 1, 2024 - April 11, 2024  |           |
| Median Days on Market                     | 20      | % Over or Under Asking                    | -1.0%     |
| ↓ -6 from Jan 1, 2024 - April 11, 2024    |         | ↑ 0.4% from Jan 1, 2024 - April 11, 2024  |           |

*The Walter Team*



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Proud supporters of the Sunflower Veterans Club

