

The Sun Catcher

May 2025

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Sunflowerliving.com

2025



2024-2025

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COMMITTEES

ACTIVITIES
ARCHITECTURAL
ELECTIONS
FINANCE
GOVERNANCE/AD HOC
LANDSCAPE
PRESERVATION of
RESERVE ASSET (PRAC)
SOLAR TASK FORCE
SPORTS COURTS/AD HOC
STRATEGIC TASK FORCE
WEBSITE
WELCOME

A MESSAGE FROM KEN ROPP

2025 Sunflower Board of Directors President

Living in the desert, the seasons tend to blend together. Sometimes it's difficult to see the changes from one month to the next. We should be in full bloom right now. It would be a perfect time to take a hike or a drive through the wild flowers of our Sonoran Desert.

'Sunflower' is OUR Oasis in the Desert with a beautiful pool, lovely landscapes and a stylish Village Center. Take a moment to stroll the grounds, visit with other residents and maybe take a dip. We are all fortunate to live in this beautiful environment.

Be aware - it takes a village to keep things this nice.

If you can find the time, we would love to have you volunteer on a committee to help maintain our community. It will also give you a chance to meet new people.

Please consider volunteering your time!

LANDSCAPE COMMITTEE

By Charlie Barlow

Smartscape Renovation Project Approval!

In keeping with the goals of creating resilient, low-water-use landscapes, and sustainable irrigation & landscape maintenance, the Sunflower Community has now received final approval to proceed with the **Smartscape Project**.

The project will involve removing some of the lawn areas around the Village Center area, then adding plantings of desert, climate-friendly trees and plants. Installation of a new irrigation system will reduce consumption to 30% of the current water usage. The project required recommendation of a design and construction plan submitted by the **Landscape Committee** first to the **Architectural Review Committee**, then to the **Board of Directors**, then to the City of Marana, and finally, approval from **The Tucson Water Conservation Program**.

That Program will provide a grant of \$72,000 toward the cost of the project of \$144,000. The balance will be provided by the

Reserve and Community Improvement Funds.

Tree Replacement Program

The Landscape Committee is undergoing a study of this Fall's planting of new trees in areas along Sunflower Parkway. Due to the cost of removal of a large tree in one of the utility easements, our budget for new trees has been reduced to allow for only ten trees this year.

Residents are invited to support this program by offering donations for additional trees. You can find information on the donation process on our website:

Sunflowerliving.com, under: Resident Information, Forms, Procedure and Form for Donating Trees or Plants.

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We can even meet at your house for an appointment!

802282301



SPRING INTO PEACE OF MIND AT SUNFLOWER!

A special thank you to our clients, Justus, Barbara, and Stephen for joining us at our last two presentations! Their commitment to planning for the future is truly inspiring.

As spring brings fresh starts, it's the perfect time to take proactive steps toward peace of mind for yourself and your loved ones. Stay tuned for our next event—we're here to help you navigate this journey with confidence and clarity!

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“Michele did an excellent job in providing us with property proposals which matched our general home criteria. She is an excellent communicator and kept us posted throughout the process. Efficient communications via text, facetime, email and phone were paramount in identifying our home and finalizing the purchase. Her advice on all sorts of questions around the home purchase was very much appreciated. We were impressed how quickly she rounded up all the contractors for the home inspection. We can only recommend Michele to any home buying prospects. She is a great asset to Long Realty.”

”



No one knows your neighborhood better than your neighbor.
If you or anyone is interested in buying or selling, please contact me.
Michele Biller, Your Neighborhood Specialist | 520-780-1469
michelebiller@longrealty.com | michelebiller.longrealty.com



ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

The *Architectural Review Committee* would like to thank all of the residents who have been sending in their ARC applications for modifications. They remind everyone that an *ARC* application is required for all modifications to the exterior of your house, landscaping in front or side yards, as well as any wall additions/updates, even if wall is in the back yard. After you receive an approval letter from *ARC*, pick up a “work in progress” sign once your project starts. The sign does not have to be picked up until the process starts. When complete, call the Village Center and we’ll send out an *ARC* representative to review the work and pick up the sign. Please hang the sign somewhere visible from the road. *Thank you.*

ARC meetings are ALWAYS on the 1st & 3rd Tuesday of each month:

May 6th & 20th @ 9:00 a.m. in the Craft Room

FINANCE COMMITTEE REPORT

By Bonnie Scott

What you should know about Home Rental Policy

9.01: Should any Sunflower homeowner choose to rent their home, **Policy 9.01** covers requirements that must be followed per Sunflower’s *CC&Rs (Covenants, Conditions & Restrictions)* Art XII, paragraph 12.5.

Not more than 5% (48 homes) of the total *Lots within Sunflower* can be leased at any one time. **Only renting the entire home is allowed; and single room rental, such as a B&B, is not allowed.** Currently there are under 30 homes rented.

Article XII, 12.5: *“Failure to notify the Association of a rental/lease shall be subject to a penalty as set by the Board”.*

Some of the Important Requirements in this Policy and Per Appendix A which lists the various Service fees are:

- ~ “A Lot that is rented or leased by the owner **must be for a period of at least 30 days**”
- ~ The Owner’s Property **Rental Fee: \$40 per renter.**
- ~ **“At least 30 days prior to offering a Lot for rent,** the owner is required to obtain authorization from the Manager by submitting a completed **“Intent to Rent Form”** available at the Village Center desk.
- ~ If the Intent to Rent Form is approved by the manager, the following forms will be provided to an Authorized Owner or the Prospective Renter:
 - 1 - Tenant/Renter Information Form
 - 2 - Registration Form

- 3 - Renter’s Proximity Card (Renter Fee \$25/card)
- 4 - Age Verification Form (verifying that at least one of the Renters is 55 years of age or older)
- 5 - Waiver, Release and Assumption of Risk Agreement
- 6 - Waiver of Liability
- 7 - Copy of Exhibit “D” Use Restrictions (which must be provided by the Owner to the Renter)

If interested in renting out your home, be sure to read this Policy and contact the Sunflower Community Manager for any questions you may have.

Our Next Finance Committee Meeting will be on Tuesday, May 20th @ 1:30 in the Conference Room.

SUNFLOWER CONSERVATION CORP ~ SPRING PROJECTS COMPLETED!

By Tom Swain

The *Sunflower Community Conservation Corp* is proud to announce the successful completion of all projects on their Spring 2025 schedule. Despite the heat, with temperatures reaching 90° on April 3rd, the dedicated volunteers managed to finish their tasks before the weather became unbearable.

Retired members of our community contributed over 200 cumulative-volunteer hours, showcasing their commitment to making Sunflower a better place to live.

“The craftsmanship was so remarkable that some even compared it to the work of Michelangelo!”

Key projects included:

‘No Bicycle’ Signs on Walking Paths: Thanks to *Jim’s* “DIGGING” tool, the installation was quick and effective.

Parkway Center Lights: Five teams now monitor specific sections quarterly, with creative repairs and replacement parts for over 600 lights.

Masonry Wall Repair: Lead mason, *John Siegel*, ensured repairs were seamless for the two areas that were repaired.

Sports Court Benches: The benches and support beams were completely refurbished on Courts #2 & #3, mirroring the excellent craftsmanship completed on the bocce courts last year! Special thanks to *Jim & Phil* for running the belt sand!

Painting of Electrical Panels in Pool Mechanical Room: The panels were painted, labeled, and the pool salt & other materials were moved, cleaning up the room and allowing for easier access to the electrical panels and pumps.

Concrete Grip Paint on Walkway by Village Center:

Two coats of paint provided a fantastic appearance, preferred by pets for its cooler surface!

Our 2025 Corp of Volunteers includes: Peter Goddu, Phil Roper, Bob Cerri, Dann Cooke, Larry Past, Tim Lardy, John Siegel, Billy Lackey, Jim Chaloupka, Kevin & Sue Uden & Tom Swain. Special thanks to George & Jose for coordinating these activities.

This team's dedication & hard work have truly made Sunflower a better place to live!

PRAC

By Tom Howlin

PRAC will now go on hiatus until our October meeting,

as many of our members are gone over the summer and it is hard to get a quorum for meetings. In the past, this has made dealing with the **Reserve Study** a bit difficult since it came to us in the middle of this hiatus. However, this year **PRAC** and **Lisa** have worked with our reserve company to do the study early. Hopefully, we will be able to permanently change the date of the study.

This date change is important because it lets **PRAC** complete its inspections and formulate the Reserve Budget for the coming year, as well as projecting needs out to 3 years (now to become 5 years). We can provide the **Finance Committee** with more realistic numbers so that they in turn can provide a more reliable budget to the Board and community.

I'll close with my usual call for new members.

We, like most standing committees, have minimum member requirements to be a full committee and are always on the search for new participants. Our committee meets once a month, usually for about 90 minutes. We also do various research and inspection projects throughout the year, which do not require a large amount of time but are extremely critical to the running of the community.

No prior experience or expertise is necessary as we can provide mentoring for you to learn a new skill.

Please join us on the first Thursday of every month in the Conference Room starting again in October.

WELCOME COMMITTEE

By Lynn Haye



Please welcome Greg & Dianne Carlton who moved to Tucson from Oregon in 2021. Greg retired from PetsMart and Dianne retired from Maricopa County. Greg enjoys photography and cars. Dianne enjoys reading, gardening and genealogy.

...And please welcome Janet Newberg & Dale Duthoy. Dale is a retired family-practice physician and Janet is a retired attorney. Their primary residence is in Minnesota. They plan to stay in Sunflower with their red lab Poppy (**Ruby**) during the Minnesota "Burrrrrr" months!

Lastly, please welcome Pat Haye who is from a NW Suburb of Chicago and a retired nurse. She plans to be a snowbird. She has three children and 5 grandchildren. One of her granddaughters attends the U of A. If the last name sounds familiar, Pat is my sister-in-law. She bought a house 5 houses down from me! *We welcome all our "newbies" to Sunflower!*

The Welcome Committee will be on Hiatus until the Fall.

LANDSCAPE COMMITTEE

By Charlie Barlow

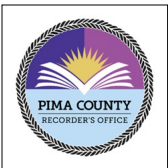
Our next Landscape Meeting is on Friday, May 2nd @ 10:00 a.m. in the Conference Room

NEIGHBORHOOD CONNECTIONS

By Katta Mapes

The Block Watch is now renamed "**Neighborhood Connections**" to encompass the two focuses of the program: **Safety Networking and Social Networking.**

The SAFETY Networking message for this month is: Protect your property from Deed Fraud by signing up with Fraud Notify. This is a free tool from the Pima County Recorder's Office that alerts you when documents are recorded in your name. Sign up here: <https://www.recorder.pima.gov/FraudNotify>



Pima County Recorder's Office - Fraud Notify Information

Fraud Notify is a simple way to help you avoid becoming a victim of property fraud. It is a free service provided by the Pima County Recorder for the benefit of all who own property or businesses in Pima County. Fraud Notify allows you to set an alert for your individual or business name, and when a document is recorded with your name on it, you will be notified via email. www.recorder.pima.gov

The SOCIAL Networking message for this month is: Invite your neighbors to go out to lunch – a few at a time so that you can get to know each other better.

Activities Committee

The next Activities Committee Meeting will be on Tuesday, May 13th @ 10:00 a.m.
We are continuing to make our plans for this Summer & Fall, so come join us if you can,
and be a part of the planning process. *We hope to see you there!*

KARAOKE

Karaoke is held on the third Tuesday in May.

That is May 20th from 5:30 to 7:30 p.m.

Please send your songs to: rongagne@centurylink.net
by Wednesday, May 14th. Please limit your
individual songs to 3 per person.

You can also send ideas for group songs.

SECOND FRIDAY AND FOURTH TUESDAY GAME NIGHTS



Friday, May 9th and Tuesday, May 27th from
6:00 to 8:30 p.m. in the Fiesta Room.

Hosted by: *Jan Session and Adrienne Farrell.*
Bring your snacks/drinks and be ready for a lot of fun!

CORNHOLE



The last three weeks to play this
season, with this growing group,
will be May 2nd, 9th and 16th.
Our hours are changing in May to
5:30 - 7:00 p.m. on the bocce court
sidewalks.

We are then taking a break until Sept 12th after the
monsoons. Big thank you to all of the players for the
fun, help and support we have experienced these last
six months.

BARRIO BREAD SALES



Barrio Bread, *Don Guerra*, will be
back at Sunflower to sell bread on
Wednesday, May 21st @ 3:00 p.m.
in the Craft Room.

So come on out and get your
favorite bread!

Reminder: 2 loaves per household.

Also, no pre-orders.

Thank you for your cooperation.

LIFE ENRICHMENT

THE AIRMEN OF DAVIS-MONTHAN AIR FORCE BASE



Please join us for the very **special Life Enrichment on
Tuesday, May 20, 2025 at 1:00 p.m.** and help us welcome
**Senior Airman Milena Dorris and Staff Sergeant Madison
Soboslai.** Senior Airman Dorris and Sergeant Soboslai
will speak about Davis-Monthan, the United States Air
Force, and their respective careers in our great military.

Please come and join us in giving them a
very warm Sunflower welcome!

MOTHER'S DAY SOUP & SALAD LUNCHEON WITH ALFONSO'S OLIVE OIL PRESENTATION



**Remember if you bought a ticket, Activities will host a
Mother's Day Soup & Salad Luncheon on Saturday,
May 3rd from 1:00 to 3:00 p.m. to honor all Mothers!**

We'll open with a presentation & tasting by *Alfonso's Olive
Oils* and then enjoy a wonderful Salad Luncheon. We'll
have a variety of different salads with soup & a muffin for
each guest + some lemonade or water; or you may BYOB,
as you desire, followed by a special dessert. *Alfonso's* will
have Olive Oil & Balsamic to purchase along with some
cookbooks, so bring your wallet to take home something
special!

DJ MIKE'S POOL PARTY



DJ Mike will be hosting a Pool Party
on Wednesday, June 11th from 5:30 to
8:30 p.m. If you like to swim, listen to
great music, be with your friends & have
a fun time, then this event is for you!

The Music will be from the 60's, 70's & 80's. **Corn Hole**
will be set up in the grass for those that would like to play.
Grillin' N' Chillin' and the ***Italian Ice*** Food Trucks will be
there. The Fitness Club will also be selling ice cream bars
for \$2.00 each. BYOB and snacks. No glass containers,
please and this event is **ADULTS ONLY**. So, mark your
calendars for Wednesday, June 11th for this fun event.



The next **Activities Committee Meeting** will be held on **Tuesday, May 13th @ 10:00 a.m. in the Craft Room.**

We are making plans for the next year. Some of the events we are working toward are:

- **Another Casino Night**
- **Ice Cream Social with a Barber Shop Quartet**
- **A Sunflower Antique Show**
- **An Opera Singing Demonstration**
- **Wine Tasting Event**
- **Chef's Tables**
- **Christmas Open House**
- **A New Year's Eve Party**
- **An Art Show**
- **Mardi Gras Party with a Dixie Land Band**
- **A Fashion Show with a luncheon or tea**
- **An Elvis Impersonator**
- **A Sunflower Talent Show**
- **Sunflower Dog Parade**
- **Sunflower Car Show**
- **Comedian's Magician's or Illusionists**
- **Cinco de Mayo Celebration**

These are just some of the ideas floating around in our heads.

**We really could use some help.
I need a new Co-chair, a new Treasurer,
and a new Coordinator
for our Life Enrichment Program.**

So please come, join and get involved in what is going on at Sunflower! We really could use your help and ideas, so come and be a part of the planning process.

We hope to see you there!

ACTIVITIES

A DAY IN THE LIFE OF A SUNFLOWER RSC

By Rosie Young

To begin with, I perform all of the same tasks as the other amazing ladies at the Front Desk. You'll see me smiling and saying good morning or afternoon to you as you walk in practically every day, but I have a few more responsibilities to perform.

I update the signs on the credenza and the three TVs weekly, by creating individual pictures from clipart found. I rearrange, integrate text, and look for background pictures that go with the time of the season. I add all the pictures emailed to me from Staff, the Committees, Clubs, Groups, and Residents of their events for each slide, then save as pictures, all using PowerPoint.

I create, send out, and process the invoices of our advertisers including calling the classified advertisers in the Sun Catcher, to make sure they want to remain in our Monthly newsletter.

Lisa and Monica assign me other projects to do like proofreading the Communicator and E-blasts. I do my best to get whatever needs to be done promptly.

One of the projects I am working on is updating the **Welcome Committee Booklet**, as well as making a more readable colored map for the community. I made the new map for the Spring Yard Sale.

I introduced **Adobe Pro** to the office; which helps me edit the PDF's received in emails which were not editable before. I'm always looking for ways to improve by updating our forms & using my computer knowledge and creativity, so that we can help our residents more efficiently.

I enjoy working full-time at Sunflower. While I am busy with all the above tasks; which are fun but very time consuming, I always enjoy interacting with our residents.





By Larry Schierer

*Greetings, Suncatchers,
from your Sunflower Veterans Club.*

With April almost gone and May upon us, it's time to look forward to new and upcoming events. If you missed our **April Spring Cookout**, ***Don't Fret***, our **Summer Picnic** will be here soon enough. There will be another opportunity to join together to celebrate and contribute to support the many homeless and disabled Veterans right here in Tucson.

In the meantime, Memorial Day is just around the corner, and here's what's going on:

At the cemetery: The **Flag Placement** will be @ 8:00 a.m. on the Friday prior to Memorial Day. The **Memorial Day Observance** will be @ 8:00 a.m. on Monday the 26th. For all you early risers, if anyone from Sunflower would like to help with setting up at the cemetery on Memorial Day, that will start at 6:30 a.m.

Here in the community: Here in Sunflower, **Flag Placement will be Friday @ 8:00 a.m.** prior to Memorial Day and retrieved on Monday, Memorial Day, @ 6:00 p.m. Our Honorary Veteran for May is **Dan Coulter**. You will be able to read more about him and all the Veterans we have honored in the past @ <https://www.sunflowerliving.com/honoring-veterans>.

We always need volunteers to help out.

A bit of under-the-table gossip from the last business meeting: ***Don't tell anyone where you heard it!*** It looks like we will be considering new **Honorary Non-Veteran Memberships**. One way to get in on that is showing up at our events and helping out -- be it Cookouts or Flag Placing. ***Come on over!***



U.S. Marine Corporal Daniel D. Coulter: *A Life of Service and Adventure*

Born in 1941 in FonDuLac, Wisconsin, **Daniel D. Coulter** grew up with a strong sense of duty and adventure. His father served on the local draft board during the early 1950s as young men were being called to fight in Korea. Meanwhile, Dan excelled in sports, earning accolades in baseball, basketball, and football during high school.



His athletic talent even led to tryouts with the Chicago Cubs and Detroit Tigers.

After graduating in 1959, Dan and his friends visited the local post office, where a Marine recruiter convinced him to enlist. Dan joined the U.S. Marine Corps, serving four years. He went through boot camp in San Diego, then received Infantry Training Regiment (ITR) instruction at Camp Pendleton. With little money and a 30-day leave, Dan began hitchhiking across the country, collecting incredible stories along the way. including the legendary tale of getting from Wisconsin to Hawaii.

Dan was assigned to the 1st Air Naval Gunfire Liaison Company (ANGLICO), providing close air support to the 25th Army Division. Later, he returned to the mainland and joined an artillery battery at Camp Lejeune. After his military service, Dan explored various careers, from managing a tavern to trucking, before finding his niche in real estate. He and his wife, Wendy, owned and operated a successful brokerage.

Dan's community involvement is extensive. He held leadership roles in the VFW, American Legion, Vietnam Veterans of America, and the DAV. He also served as treasurer for his local Chamber of Commerce and his church. Dan and Wendy have four children. His son and two daughters live in the Chicago area his oldest daughter lives in Oregon. If you ever meet Dan, buy him a beer—he has plenty of unforgettable hitchhiking stories to share.



*Thank You Dan,
for Your Service & Community Involvement*

BACCHUS WINE

By Sandy Persels



Do you remember the song that was sung and made famous by Shirley Temple in the 1935 movie Curly Top: *Animal Crackers in My Wine*?

No? Well, no wonder! She actually sang *Animal Crackers in My Soup*, but since Bacchus Wine is about wine, not soup, we did it OUR way!

April 18th was National Animal Cracker Day!

Even though we missed the date by a few days, we celebrated it anyway by informally tasting animal crackers with a variety of wines ~ white, *pink* and red. There was no real consensus about which combination was best, but everyone in attendance agreed that any occasion is an excellent reason to gather with our **Bacchus Wine** buddies for stimulating conversation, great food and wine, and lots of laughs!

All Sunflower residents are welcome to attend our sometimes serious, sometimes silly, always fun gatherings. There are no dues, but membership in the group is required. To join, all you need to do is send your name and e-mail address to Sandy Persels ~ deuxpers@comcast.net. It's that simple! Your name will be added to the mailing list so that you will receive announcements and an invitation before each event.

Wine not? After all, at Bacchus Wine, every hour is happy hour!

Why limit Happy to an hour? ~ Unknown



ARE YOU LOOKING FOR INFORMATION WHEN YOU ENTER THE SUNFLOWER VILLAGE CENTER?

We have many sources inside the Village Center that can help you get some of the information you're looking for. Please take a look at the three Bulletin Boards we keep current:

Fitness Room Hallway Bulletin Board

Contains flyers & updates on
Club Activities,
& Other Sunflower
Special Events

Back Lobby Bulletin Board

Contains current contact information for
BOD members, Village Center Hours &
Holiday Closures throughout the year,
+ Emergency Contact Information

Fiesta Room Hallway Bulletin Board

Contains Residents' Notices:
For Sale; For Rent; Wanted; Free;
and Lost & Found Items
(For Residents' Use to Buy & Sell)

Our TV Screens are updated Weekly, giving information about Monthly BOD Meetings, Community Events/ Games/Programs; Club Events & Photos within Sunflower, and BOD Election Info, when needed.

Therefore, when you stop by the Village Center, please avail yourself of all the information we keep updated for you to make your life here in Sunflower a bit nicer & a lot less confusing!

MAY POTLUCK

CELEBRATING MOMS

Adele Suomela and Dianne Engstrom

Let's celebrate the great women in our lives and the May Mother's Day.

*The May Potluck: Thursday, May 8th, 2025.
Social Time is 5:30 p.m., with dinner @ 6:00 p.m.*

Bring a photo and/or a memory of your mom or favorite female in your life and share at your table if you choose. Remember to bring dinnerware, utensils and a drink of your choice. What's a Mother's Day without coffee and apple pie? Coffee, water and lemonade will be provided. \$3.00 is the fee if you do not bring a main dish.

Two dates to buy tickets:

*Wednesday, April 30th from 5:00 to 7:00 p.m. ~ and ~
Monday, May 5th from 1:00 to 3:00 p.m.*

MAY SOCIAL CLUB

By Frances Gauthier

*On May 17th, we will be serving a Mexican Dinner
from Filiberto's.*

We plan on having chicken enchiladas, rice and beans, and chips and salsa.

Dessert will be churros from *Home Plate*.

Tickets will be on sale on:

Tuesday, May 6th from 12:00 to 1:30 p.m.

Tickets are \$10 per person.

If you haven't already paid your 2025 membership dues, you will have to pay an additional \$5 to join. We are happy to announce that our entertainment for the night will be *Mark and Arlet*, otherwise known as "Silk and Soul". We had them last October, and they were a big hit.

You won't want to miss this one!

*Tickets for our June 21st Pizza and BINGO Night will be
on sale on May 23rd from 12:00 to 1:30 p.m.*

2025 SUNFLOWER CRAFT FAIR

By Sue Uden

The 23rd Annual Sunflower Craft Fair and Bake

Sale will be held on November 7th & 8th with set-up on Thursday, November 6th. As many vendors will be gone during the summer, we encourage you to submit your applications and payment early (checks only). Vendors will be placed in the order the applications are received. Applications are now available at the front desk or on-line @ www.Sunflowerliving.com, and must be submitted by **September 8th, 2025**. Any extra space will be made available to Friends of Sunflower.

The ***Fitness Club*** will be coordinating this year's event, so checks should be made to: ***Sunflower Fitness Club*** and returned to the front desk at 9401 N. Sunflower Dr., Tucson, AZ 85743.

Bonnie Huff will again be the Vendor Coordinator and can be reached @ Bonnies1017@aol.com or 734-277-7730, if you have questions.

Sue Uden will be the event Manager and Coordinator.



PLEASE REMEMBER TO BRING YOUR PROXIMITY CARD ANYTIME YOU ENTER THE SUNFLOWER VILLAGE CENTER.

You are **required** to scan into one of the many scanner locations as you enter the Village Center to take advantage of our amenities, such as the Fitness Center, Pool Enclosure, Library for Cards or even to donate or pick-up books/puzzles, Craft Room, Conference Room for Meetings, Tech Room, and for any and all Events in the Fiesta Room.

**Management needs to know who is
on-site for many reasons,
not the least of which is insurance purposes.**

**So, PLEASE REMEMBER YOUR
PROXIMITY CARD!**

Thanks, as always, for your continued cooperation!



Recognize the Sounds a Smoke Alarm & CO Detector makes

LOW BATTERY

1 BEEP EVERY 60 SECONDS

END OF LIFE

3 BEEPS EVERY 60 SECONDS

CO DETECTOR END OF LIFE

1 BEEP, THEN 3 BEEPS EVERY 60 SECONDS

Source: nfpa.org

www.nwfdaz.gov



COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant **at least a day in advance.**

ROMEOs Breakfast– Wednesday, May 28th, 2025 will go to **Cracker Barrel** carpooling at 7:45 a.m.

ROMEOs Lunch- Wednesday, May 14th, 2025 will go to **Grumpy's Restaurant** carpooling @ 11:45 a.m.

OWLS Dinner- Wednesday, May 21st, 2025 will go to **Cheddars** carpool @ 4:30 p.m.

COFFEE KLATCH

Come join our Saturday Coffee Klatch
Every Saturday morning from 7:30 to 8:30 a.m.
in the Fiesta Room

Everyone is welcome to enjoy a great time meeting with neighbors & a 'Cup of Joe'. We provide coffee, but appreciate a **\$1.00 donation** to help defray costs.

We greatly appreciate Roger Daggett of Coldwell Banker Realty - Foothills Office **for continuing to sponsor this weekly event.**

ROSIE'S SUNFLOWER BINGO

By Tim Walter



We love a full house. The Fiesta Room was filled, as well as the Library; and we were missing some regulars again!

The Rosie Special was as record \$390.00!!! Kaye handed the money to a beaming **Kay** after she won.

Those donating a portion of their winnings to the **Veteran's Club** this month were **Carol Bartleson** and **Kay Coffman**. Thank you! **A total of \$60.00 donated.**

A heartfelt thank you goes out to **Dolores Johnson** who persevered through a scratchy voice to another great call, and as always, the great helpers we have.

Bonnie Scott has been gracious enough to handle the money next month while Kaye is gone, and **Terry Johnson** will be rolling and guiding you through the games. **Thank you to both for filling in.**

Mark your calendars for May 13th, and head to the Fiesta Room where the games will kick off @ 6:00 p.m. Don't miss out on the chance to be a part of this fantastic bingo experience – see you there!

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: **Tuesdays and Fridays — 1:00 to 4:00 p.m.**

Chix with Stix (Ladies): **Mondays and Thursdays — 1:00 to 4:00 p.m.**

No experience necessary
We'll Rack 'em and You Hit 'em.

LADIES 9-HOLE GOLF

We will be on hiatus for Ladies' 9-Hole Golf @ The Quarry Pines Golf Course until September, 2025.
Please look for information in the Sun Catcher or Communicator as the time gets closer. Contact **Aileen** @ 520-906-4427 if you need more information.

SUNFLOWER MEN'S GOLF CLUB

By Gary Scott

We held our annual Spring Meeting on April 14th and awards were given out to the winners of the **Net and Club Championships**. Some of our snowbirds are getting ready to head back to cooler weather, and we wish them safe travels. As for the rest of us, we will stay here and work on our suntans.

For those unfamiliar with our club, we play twice a week (Monday and Thursday) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us.

You can contact **Doug Culpepper** @ biker1ab@mac.com or (412) 720-6248 or myself @ gbscott70@comcast.net or (520) 406-0123. You may visit our schedule of events on our website: www.sunflower.golfclub.net.

MEN'S NINE-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at **Quarry Pines**. Through the winter months, we play weekly on **Wednesdays starting @ 2:30 p.m.** If you'd like to join us, email **Jim Murphy** @ jmurphmail@gmail.com.

POP TENNIS FOR SUNFLOWER

By Gary Engel

New play time for Pop Tennis!

Due to the increasing temperatures, play will now be on **Wednesday mornings on Court 2 from 8:30 to 10:00 a.m.**

Paddles and balls are provided. Any future time changes will be posted in the weekly Communicator.

Questions, please contact **Gary Engel** @ 623-221-8813.

LIBRARY BOOK DONATIONS

By Rebecca Teichman

Here at Sunflower, we have a wonderful collection of books in the Library that are constantly being borrowed & donated by the residents in the community. In order to stay current with the times, and to utilize the availability of space, it is requested that the following be considered:

As you are contemplating which books to donate, please take a moment to look at the **Copyright Date inside your book** to make sure it is **AFTER 2015**, as we have now moved the date. Also, we appreciate it if you keep your donations to **no more than 10 books at a time**, due to our space constraints.

Thank you for your cooperation with this matter.

SUNFLOWER TENNIS CLUB

By Dennis Page

Have you noticed? The afternoons are getting really warm, and it's only Spring. Get ready for Summer! But, it's not too hot for morning tennis play, so come on out to the courts and enjoy several lively sets of tennis.

For all you professional tennis fans: get your popcorn and sodas ready. **The French Open starts May 25th, and runs to June 8th.**

Weekly Spring play for SFTC members starts at 8:00 a.m. (may change later this month).

Call or text **Susan Page** for current information: 520-742-1373, or email usancpage@comcast.net.

PICKLEBALL CLUB

By Leah Freeland

The Sunflower Pickleball League has wrapped up!

The team of **Karen Cuthbertson**, **Phil Roper**, and **Leah Freeland** won First Place, with Second Place going to the team of **John Smithhisler**, **Gary Engel**, and **Sarah Grossman**. **Karen Cuthbertson** won Individual First Place, while **Gary Engel** won the Individual Second Place. **Congratulations to all and thanks to everyone who participated and helped make this a success!**

A Round-Robin Tournament was held on April 5th. Winners included **Lynn Klarkowski**, **John Smithhisler**, **Mario Pekas**, **Kat Mitchell**, and **Jerad Weeks**. Second Place winners were **Russ Swanson**, **Ed Purpura**, **Lana Tieszen**, **Terri Lackey**, and **Dann Cooke**. **Thanks to Billy Lackey for his help with the tourney.**

Club members enjoyed a social later that evening which included a celebration of league and tourney winners, great food, and a fun activity. We will miss our Snowbirds as they begin to migrate to cooler climates!

Club play time is changing on Monday May 5th to Monday through Saturday from 7:00 to 9:00 a.m. and Tuesday, Thursday & Sunday from 5:00 to 8:00 p.m.

All club members are welcome to play at these times. Anyone can play outside of these times when the courts are open. For beginners interested in learning the game, free lessons can be arranged by calling or texting **Karla Holmes @ 208-724-4864.**



By Julie Frickel

Summertime is near and we will be saying goodbye to our snowbirds. ***Enjoy your cooler summer, and we will be anxious to see you again in the Fall!*** 😊

Summer Bocce time will change to 9:00 a.m. as of Tuesday, May 6th. Please arrive 10 minutes early so courts and teams can be selected.

Now is a good time to give bocce a try, with morning play and fewer players. We welcome any new players to come join in on the fun!

Play is Tuesday and Thursday @ 9:00 a.m. (1:00 p.m. in the fall and winter), and **Wednesday evenings @ 6:30 p.m.** Membership is only \$10 per year.

We hope to see you at Bocce!

G N O ~ GIRLS NIGHT OUT

By Lynn Haye

There seems to be a little confusion. **GNO is open to ALL women in Sunflower**, whether you're married, widowed or single.

We will be on summer hiatus until the Fall of 2025. It seems so far away, but time goes by quickly!

Have a great summer.

Any questions, please give me a call @ 847-401-6343.

Bye for now!

Thank You...

Rattlesnake Ridge Elementary School would like to thank the ***Fitness Club*** for their donation that helped us purchase new school shirts for each of our students.

We are proud of our ***A+ Award*** from the **Arizona Education Foundation**, and wanted to reward our students.

We also appreciated the Christmas decorations that were delivered to our school in December.

The teachers, students, and families had fun choosing new decorations.

Thank You for Thinking of Us...
Matt Uden, Principal

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: LSak@associatedasset.com

Monica Martinez, Sunflower Community Assistant Manager: MLMartinez@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

For Communicator to: LSak@associatedasset.com.

Sunflower Living Website: webteam@sunflowerliving.com

Email directly to: submittosunflower@gmail.com

FRONT DESK PERSONNEL

Lori Chase, Resident Services Coordinator:

LChase@associatedasset.com

Nickie Kaplan, Resident Services Coordinator:

NKaplan@associatedasset.com

Rebecca Teichman, Resident Services Coordinator:

RTeichman@associatedasset.com

Rosie Young, Resident Services Coordinator:

RMYoung@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS & HOLIDAY CLOSINGS

**WE WILL BE CLOSED ON MAY 26th,
MEMORIAL DAY**

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.

CLOSED on SUNDAYS

*Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their
regularly-scheduled time ~

*If you have any questions, please call the
Front Desk or the Management Team.*

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, www.Sunflowerliving.com, and scroll down to click the "**Subscribe to Our Residents Newsletter**" link. Part way down the new page you will see a "**Subscribe Here**" link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "*protected pages*" on this website, you must enter the password which is only available to Sunflower residents.

Please visit the Village Center front desk for this information so you can receive the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

By Nickie Kaplan

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: NKaplan@associatedasset.com.

I will be happy to add it to the online list.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724

Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

MAY 2025 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		<u>COMMITTEE MEETINGS</u> 05/02 LANDSCAPE 05/06 ARC 05/13 ACTIVITIES 05/14 GOVERNANCE	<u>THIS MONTH</u> 05/20 ARC 05/20 FINANCE 05/28 BOD MTG	1 9 Quilters 9 500 Cards Game 1 Mixed Br/Canasta 1 Tech BOD Mtg 6 Cribbage	2 9 Quilters 10 LANDSCAPE 11:30 Fun Poker 1 Mah Jongg 5:30 Corn Hole	3 7:30 Coffee Klatch 9 Art Club 1 Mother's Day Luncheon 2 Tech Help
4 CENTER CLOSED	5 9 Dominoes 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 1 Potluck Tickets 4 Neighborhood Connections	6 9 ARC 9:30 Mah Jongg 12 Social Club Tickets 1 Euchre 1 Ladies Bridge	7 9 Mah Jongg 10 Potluck Meeting 10 VETS Meeting 11 VETS BOD Mtg 1 MahJongg 1 Pinochle	8 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 5:30 May Potluck	9 9 Quilters 11:30 Fun Poker 1 Mah Jongg 5:30 Corn Hole 6 Game Night	10 7:30 Coffee Klatch 9 Art Club
11 CENTER CLOSED 	12 9 Dominoes 11:30 Fun Poker 12 Baskets 12:30 Mexican Train	13 9:30 Mah Jongg 10 ACTIVITIES 1 Euchre 1 Ladies Bridge 5:30 BINGO	14 9 Mah Jongg 10 Tech Club Mtg 11:45 ROMEOs 1 MahJongg 1 Pinochle 3 GOVERNANCE	15 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 6 Cribbage	16 9 Quilters 11:30 Fun Poker 1 Mah Jongg 5:30 Corn Hole	17 7:30 Coffee Klatch 9 Art Club 5:30 May Social Club
18 CENTER CLOSED	19 9 Dominoes 11:30 Fun Poker 12 Baskets 12:30 Mexican Train	20 9 ARC 9:30 Mah Jongg 1 Euchre 1 Ladies Bridge 1 Life Enrichment 1:30 FINANCE 5:30 Karaoke	21 9 Mah Jongg 10 Photo Club Mtg 11 Mah Jongg 1 Pinochle 3 Barrio Bread Sales 4:30 OWLS	22 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 6 Cribbage	23 8 VETS Memorial Flag Placement 9 Quilters 11:30 Fun Poker 12 Social Cl Ticket 1 Mah Jongg	24 7:30 Coffee Klatch 9 Art Club
25 CENTER CLOSED	26 CENTER CLOSED 	27 9:30 Mah Jongg 10:30 PWC Meeting 1 Euchre/Ladies Bridge 2 Genealogy Meeting 6 Game Night 7 SF Readers	28 7:45 ROMEOs 9 Mah Jongg 10 BOD MEETING 1 MahJongg 1 Pinochle 4:30 Fun Poker	29 9 Quilters (10 BOD) 9 500 Cards Game 1 Mixed Bridge 1 Canasta 6 Cribbage	30 9 Quilters 11:30 Fun Poker 1 Mah Jongg	31 7:30 Coffee Klatch 9 Art Club

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 Tennis 5 Pickleball	7 Pickleball 7:45 Yoga 8 Tennis 9 Water Aerobics 9:30 Line Dance 1 Chix w/Stix	7 Pickleball 8 Tennis 9 Bocce 9 Stretch/Tone 10:30 Wts/Balance 1 Men's Billiards 5 Pickleball Ladies 9-Hole Golf On Hiatus	7 Pickleball 7:45 Yoga 8 Tennis 8:30 POP Tennis 9 Water Aerobics 1 Ping Pong 1st, 2nd, 3rd Wed 2:30 Men 9-Hole Golf 6:30 Bocce Page 17	7 Pickleball 8 Tennis 9 Bocce 9 Stretch/Tone 10:30 Wts/Balance 1 Chix w/Stix 1 Ping Pong-4th Thurs 5 Pickleball	7 Pickleball 7:45 Yoga 8 Tennis 9 Water Aerobics 10 Line Dance 1 Men's Billiards Bowling - Disc'd until May 2025-TBD	7 Pickleball 8 Tennis 10 Ping Pong *Hiking- See Article For Details

TOPICS OF INTEREST

ARTIST GALLERY

By Lori Chase

Our artist for the month of May is **Jenny Starinshak**. Jenny has had a display in the past. Come and view her current display. Jenny stated:

"I am originally from England and moved to the US in 1981 to Ohio. I moved to New Mexico in 2010 and had to have a couple of surgeries which kept me home for 6 months. I was fascinated by New Mexico Native American Kachinas and started painting them. When I moved to Tucson a year ago, I decided to start painting the native plants. I particularly like the Saguaro, so all my paintings feature them. I like bright colors and I am a total novice as to perspective so my paintings are far more whimsical than real. It is a soothing pastime and I have been surprised that I have actually sold 42 paintings so far! Looking forward to showing my new pieces. Jenny Starinshak"

We still don't have the name of the artist that signed up for November 2025. If you signed up for that month, please let the front desk know. Sorry, it was an error on our part that we lost the names.

Thanks to **Allen Davis** for his beautifully-illustrated art and photography. *Well done.*

Our artist for the month of June is **Sylvia Shanahan**. She has displayed in the past. Looking forward to her upcoming display.

THE PING PONG GROUP

By Buzz Hoffmann

We play Ping Pong in the Fiesta Room on the 1st, 2nd & 3rd Wednesdays of each month from 1:00 to 4:00 p.m. We are also now playing on the 4th Thursday from 1:00 to 3:00 p.m. and Saturdays from 10:00 a.m. to 12:00 Noon.

Please refer to the Communicator for re-scheduled dates & times formerly on Sundays.

Questions, please call **Buzz** @ 520-572-4258.

YOGA

By Leslie Parr

We meet for **FREE classes on Mondays, Wednesdays & Fridays @ 7:45 a.m. in the Fiesta Room**

Please remember to bring your own mat, stretch band, block/ball, towel or blanket to the class. If you have any questions, please call **Leslie Parr** @ 520-603-8785.

SUNFLOWER HIKING GROUP

By Hope Collins

The **Sunflower Hiking Group** enjoys the Arizona desert by exploring our scenic local trails. In general, we will have hikes on Tuesdays and Fridays, from mid-October through March. The hikes for each month will be listed in the Sun Catcher, and weekly hike reminders will be posted in the Communicator. Essential details and updates about hikes are sent via **Google Group emails**.

Occasional hikes may be offered throughout the summer months and will be communicated via **Google Group email**. The Fall hiking schedule will be sent out in September via Google Group.

If you would like to be added to the **Google Group Email List** in order to be kept up-to-date on **Hiking Group** information, send an email to **Hope Collins** @ hopecollins65@gmail.com.

If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran** @ 520-729-8082.

SUNFLOWER BOWLING LEAGUE UPDATE

By Bonnie Scott

As of April 8th, conversation with Fiesta Lanes Manager, **Candy Prokosch**, the alley should be open by mid-May. The cost of bowling is being discussed within the week, per **Candy**. I hope I will have more information for you before the bowling alley opens.

Don Preuss will provide any updates when they are available. *Looking forward to seeing everyone in May.*

SUNFLOWER NEIGHBORS

By Katta Mapes

Sunflower Neighbors is a group of volunteers who donate time and transportation to other Sunflower residents. Rides are provided to doctors, dentists, and other medical appointments. This service is intended to be **a resource of last resort** for those who are unable to drive or are having a procedure where driving oneself would be unsafe.

Send a message to: Katta.Mapes@gmail.com to request a ride. In the subject line write **"ride"**. We need a five-day notice to arrange for an available driver. In your email, write the details with your appointment including the day, time & approximate length, the location of your appointment, plus your name, address & phone number.

CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Craft Room. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CANASTA

Thursdays starting @ 1:00 p.m.

We play two versions: Hand & Foot and Samba. So join us to see familiar faces & meet new friends.

CRIBBAGE

We invite you to have some fun playing single or four-hand *Cribbage* on Thursdays @ 6:00 p.m. in the Craft Room. (Except on Pot Luck nights)

MEXICAN TRAIN DOMINOES

By Pat Cooke

We meet twice on Mondays @ 9:00 a.m. in the Library and 12:30 p.m. in the Fiesta Room. You may join a group that uses dominoes that have dots or play at another table that is using dominoes that have numbers.

We encourage new residents to join us.

EUCHRE

Would you like to play Euchre?

We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room. Call **Vicky** @ 520-907-3510 for details.

We'd love to have you join us!

SUNFLOWER 500 CARD CLUB

By Bob Bender

The *500 Card Club* welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). *We are still willing to teach anyone who would like to learn the game.* Call and we will set up a time to teach. Call **Bob Bender** @ 717-804-6425.

MAH JONGG

By Anne Schmidt

We will play *Mah Jongg* from 9:00 to 11:00 a.m. on Wednesdays in the Library. Not ready to make a commitment?

All are welcome, beginner to advanced players!

TUESDAY MAH JONGG

By Lynn Neitzke

We play on Tuesdays from 9:30 a.m. to Noon in the Library. Contact **Lynn** @ 520-268-7784 with questions.

PINOCHLE

By Harlan Quinn

If you like to play single-deck *Pinochle*, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library.

There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present. *For information, call one of the contacts listed in the back of the Sun Catcher.*

FUN POKER

By Jim Conley

We play *Poker* in the Library on Mondays and Fridays from 11:30 a.m. to 3:00 p.m. We also play on the 4th Wednesdays of the month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games. *Please join us at the Village Center on any day & we will get you started.*



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ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents with a desire to create or color something that stirs their imagination. No experience necessary. Work at your own pace with your own choice of medium.

The only request: Bring a plastic-protective covering for the table.

We meet in the Craft Room each

Saturday from 9:00 a.m. to 12:00 Noon.

CRAFT CLUB

By Kathy Hummel

Our creative *Sunflower Club* crafters are currently on summer vacation. The *Sunflower Craft Club* meets every Monday from 10:00 to 11:30 a.m. from October to April. Have a safe and enjoyable summer.

See you in the Fall.

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: **Beginners Class** 9:30 to 10:00 a.m. to go over individual steps used in most dances.

10:00 to 11:00 a.m. **Beginners Learn & Dance**

Friday: *A little more advanced*, but everyone is welcome. 10:00 to 11:00 a.m.

11:00 a.m. to Noon - *A bit more advanced*

To attend, you pay **\$5 to the Dance Club** for the entire year. The fee goes to the Club for our Club Parties, Dances for the Community, & whatever else we decide to do. *Not sure? Just come try us out.*

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The *Sunflower Photography Club* is a supportive community club where we can share our joy of photography, learn from each other, & grow together. Whether you're using a Smartphone camera or more complex equipment, or if you're an experienced photographer or just starting out, there's a place for you in our club! Please email **Vince Senski** with any questions: vinceduluth@gmail.com.

*Our next meeting is on Wednesday,
May 21st @ 10:00 a.m. in the Fiesta Room.*

We'd love you to join us!

FITNESS CLUB

By Kevin Uden

Water Aerobics: *Monday, Wednesday, and Friday, 9:00-10:00 a.m.* We are using CD workouts that participants have enjoyed. There are 3 different CDs available. The workouts last about 50 minutes and give a well-balanced workout focusing on core, upper body, balance, knees, and hips. Noodles and water weights may be used.

Fitness Membership Cards ARE required.

Stretch and Tone: *Tuesday and Thursday, 9:00-10:00 a.m. in the Fiesta Room.* **Margo Gustin** will be leading the classes. This is a full-body workout completed while sitting or standing, working on strength, flexibility, and balance. Participants will need a 10" ball, light hand weights and stretch bands.

Fitness Membership Cards ARE required.

Thank you to everyone who bought ice cream at *Music Under the Stars*. *We appreciate your support!*

QUILTERS CLUB

By Carolyn LaPotin

Thank you all for making this year's *New Socks and Undies Drive* a tremendous success! We will include the totals in next month's Sun Catcher.

All of the new socks and undies donated by Sunflower's residents have been taken to **AVIVA Children's Services**, who will distribute them to children in foster care supervised by the **Arizona Department of Child Safety**.

Sunflower Quilters meet weekly on Thursday & Friday mornings from 9:00 a.m. to 12:00 Noon. Residents are always welcome to join us or just stop by to see what we are doing and to talk about our various projects for

WEIGHTS, STRENGTH AND BALANCE STRENGTH TRAINING

By Marlene Spencer

Tufts University research shows that a program of strength training not only improved bone density, but also reduced falls and improved arthritis symptoms. Balance, coordination, flexibility and endurance are also improved. This program is based on that research, and instructors must be certified. This low-impact program is appropriate for both sedentary and active people.

Classes: Tuesdays & Thursdays @ 10:30 a.m.

Please bring your own weights/ankle weights:

1# to 2#-women / 2# to 3#-men.

No Punch Card Needed

GENEALOGY SOCIETY

By Paulette Weiser

Sunflower resident **Kathryn Smith** will present **Building a Family Website** – www.tribalpages.com for this month's meeting on **May 27th @ 2:00 p.m. in the Fiesta Room and via Zoom.** Kathryn will talk about how to use **Tribal Pages** to design a website for your own family tree to share with others. You can also add family photos and personal stories.

Kathryn had a career working with computer programs for the Federal Government assuring they were running correctly. She also instructed others on how to use computers, helped maintain existing web pages and created instructional aids. Her own family research began when an uncle asked her to take over his research and handed her a notebook full of information. She was able to trace her ancestors back to the 1700s. Her current focus is learning how they lived and what their world was like, hardships and all.

In addition to members of **SGS**, all Sunflower residents are invited to attend the meeting to learn about the organization. Learn what we can offer those interested in knowing more about their family history.

The **SGS Program Committee** is currently working on topics for meetings in 2026. The focus will be on more hands-on experiences during meetings, as well as speakers on topics our members request.

We will take a break during the summer months, **starting meetings again on September 23rd** with a program on military records. An email newsletter will keep members up-to-date during the summer. **Join us May 27th!**

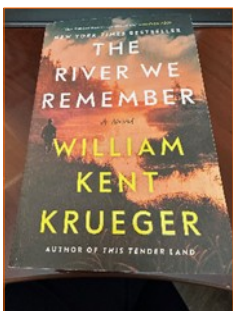
SUNFLOWER READERS

By Marcia Olson

The May **Reader's Club** selection is **"The River We Remember"**, by New York Times Best Selling author, **William Kent Krueger**.

The setting is a small Minnesota town where it's best- kept secrets are exposed by the murder of a wealthy landowner.

Come join us on **Tuesday, May 27th @ 7:00 p.m. in the Library** for a lively discussion of a book described as **"More than a story...a work of art."**



TECHNOLOGY CLUB

By Katta Mapes



May 14 @ 10:00 a.m. -

Member Meeting in the Fiesta Room

TECH TALK:

Savings with the Safeway App

Joining us from Safeway, **Valeria Williams**, will guide us on maximizing our savings through the **Safeway App**. With her expert insights, we'll uncover the most effective strategies to take full advantage of the app's features, ensuring that every shopping trip not only meets our needs but also provides the greatest value.

Bring your mobile devices to follow along.

Before she begins, we will hold elections for these **Tech Club** Officers: **Vice-President and Secretary.**

**** Remember, you can see past meetings on You Tube – just search for Sunflower Tech Club on You Tube**

TECH HELP for Club Members: The Tech Help Session will be held this month **on Saturday, May 3rd in the Craft Room from 2:00 to 3:00 p.m. From May to September, we will only have one (1) help session.**

PRIMAVERA

By Patrick Steliga

Send Supplies Directly to Primavera Through Amazon!

If you would like to let **Amazon** handle the delivery process, you may purchase an item directly from one of our **Amazon Wish Lists**, using the link below. (Scroll down to **Amazon Wish List** at about the middle of the page.)

These lists are updated frequently to adapt to the ever-changing needs of our participants at each of our Locations: **Homelessness Intervention & Preventions (HIP), Men's Shelter, Casa Paloma Women's Shelter and Hospitality Center, Project Action for Veterans (PAV) and Rapid Re-Housing (RRH).**

You may choose the gift option & include your name or Sunflower, during checkout.

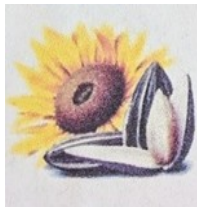
<https://primavera.org/give/>

Thanks for your time and for all your donations!



VINTAGE GARDENERS CLUB

By Marie Van Huis



The *Vintage Gardeners Club* wrapped up its season with an April meeting full of lively discussion and looked to the future with suggestions and ideas.

Members elected officers and brainstormed ways to invest the profits from the highly-successful **Home Garden Tour** to enhance the beauty of Sunflower.

We enjoyed Master Gardener, *Debra North's*, insightful presentation: **"Gardening as We Age,"** which offered practical tips for continuing to enjoy our hobby.

While we take a break over the summer, don't worry; gardening inspiration is still within reach! The talented **Pima County Master Gardeners** offer monthly workshops at the **Wheeler-Taft Library**. Visit their website: Pima County Master Gardeners UA Cooperative Extension for a treasure trove of ideas!

Our early-bird membership renewal table will be open at the Village Center this September. Watch for specific dates in future columns and in the Communicator. Have program or outing ideas? Share them with Vice President, *Jude Malen* @ welovearizona@hotmail.com.

Questions or comments? Send them to: sfvtgardens@gmail.com.

"A life is like a garden. Perfect moments can be had, but not preserved...except in memory." ~ Leonard Nimoy

HEALTH & SAFETY

CANCER SURVIVOR GROUP

By Jan Keogh

The *Sunflower Women's Breast Cancer Group* extends an invitation to women in Sunflower who are currently being treated or who were formerly treated for any type of Cancer **to come join us**. While our treatments may be different, our feelings and emotions are the same.

Our support group has been meeting for 20 years, and we are a wonderful sisterhood of cancer survivors. **We meet the second Wednesday of each month in our homes from 2:00 to 4:00 p.m.** Please call *Jan Keogh* @ 520-579-1018 to learn our next meeting place.

PARTNERS W/CHALLENGES SUPPORT GROUP

By Armand La Potin

We now welcome ALL Sunflower resident caregivers, as well as their Mates, who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies, and anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 10:30 to 11:30 a.m.

Please contact *Armand* @ 520-780-4547.

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property and funds and to offer our residents a variety of opportunities to enrich their physical, cultural and social well being.

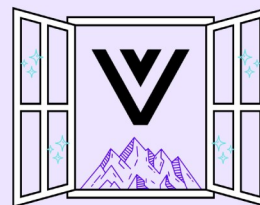
CORE VALUES:

The Core Values of Sunflower are:

- Maintain the beautiful physical appearance of the community
 - * Support a harmonious community
 - * Respect the differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize and address changing needs of the community

VISION: To be a community meeting needs of current/future residents.

VIBRANT VIEWS WINDOW CLEANING



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SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m.

CLOSED ON SUNDAYS

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.

For access, you MUST enter Village Center with your Proximity Card WHEN OPEN.

If Village Center is closed, please use the after-hours front entrance gate.

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Billie Barron 520-334-7508

BACCHUS WINE

Sandy Persels 520-572-1936

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Karen Donahue 520-572-2250

BILLIARDS

Jim Damato 520-744-7031

Joe Malone 520-572-4697

BOCCE

Julie Frickel 406-461-0718

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CANCER SURVIVORS

Jan Keogh 520-579-1018

CHORALE

Sue Horsfall 520-425-0586

CRAFT CLUB

Chris Polk 520-820-5227

CRIBBAGE

Kirk Andrews 401-419-5570

DOMINOES

Pat Cooke 520-616-8082

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Sue Uden 928-916-0059

FUN POKER

Jim Conley 520-308-9798

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Don Sanderson 520-241-7676

Jim Chaloupka 520-572-0062

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

LINE DANCE/ENTERTAINMENT

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NEIGHBORHOOD CONNECTIONS

(formerly *BLOCK WATCH*)

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

NINE-HOLE GOLF - MENS

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES

Aileen Fundingsland 520-906-4427

PARTNERS WITH CHALLENGES

SUPPORT GROUP (PWC)

Armand LaPotin 520-780-4547

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PHOTOGRAPY CLUB

Vince Senski vinceduluth@gmail.com

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PING PONG

Buzz Hoffmann 520-572-4258

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Harlan Quinn 520-225-7375

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Chris Schatte 231-715-6490

Gary Engel 623-221-8813

POTLUCK CLUB

Susan Sifers 540-538-6502

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTERS CLUB

Carolyn La Potin 520-780-4937

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

VOLUNTEER TRANSPORTATION

Five days in advance please

Katta Mapes Katta.Mapes@gmail.com

SUNFLOWER READERS

Marcia Olson 520-888-6932

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Sharon Bender 717-818-5505

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Lois Croly 520-369-1524

Marie Van Huis 520-572-0045

WELCOME COMMITTEE

Lynn Haye 847-401-6343

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Leslie Parr 520-603-8785

Revised May, 2025

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March 2
Communion Sunday (see below for times)
7:30am - 12pm Red Cross Blood Drive
3pm UA Symphonic Choir Free Concert

March 5
6am-9am Ashes-to-Go Magee Campus
10am - 12noon Ashes-to-Go Starbucks
6:30pm Ash Wednesday Service Magee Campus

March 23
3pm Andrew Sords, Violin Free Concert

**Lent: the season of dust,
honesty, and realizing we've
been holding it all together
with duct tape & a prayer.**

April 6
Communion Sunday (see below for times)

April 12
9 am - 12 noon Easter Event & Egg Hunt
11 am - 12 noon Harp in the Garden

April 13
Palm Sunday and Potluck
Chancel Choir Easter Cantata
(see below for times)

April 17
6:30pm Foot Washing and Communion

April 18
6:30pm Good Friday Tenebrae

EASTER SUNDAY April 20
6am Sunrise Service
Brunch until 11:30am
8:30 and 10am worship at Magee
10am worship at Sanctuary
11:15 am egg hunt at Sanctuary
11:30am worship at Magee

What to Expect on Sundays

Sanctuary Campus
(Coyote Trails Elementary School
beginning April 6)

Services last just a little over an hour
Thought-provoking and engaging message about encountering Jesus.
Engaging teaching in a safe and fun environment for your kids (and
nursery childcare for the littlest ones).

- Modern music led by our Praise Band (**10am**)
- Teaching from Pastor Tu'ulauena Lolohea

Magee Campus
(Magee/La Canada)

- Traditional music led by our choirs (**8:30 & 10am**)
- Modern music led by our Praise Band (**11:30am**)
- Teaching from Rev. Lynn Bartlow

St. Mark's
United Methodist
Sanctuary Campus

**WE ARE
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Beginning 10am Sunday, April 13, 2025



Join us for lunch on April 13...
...+ an egg hunt on April 20

Pastor Tu'ulau Lolohea
Sanctuary Campus
St. Mark's UMC



10am Service with Praise Band
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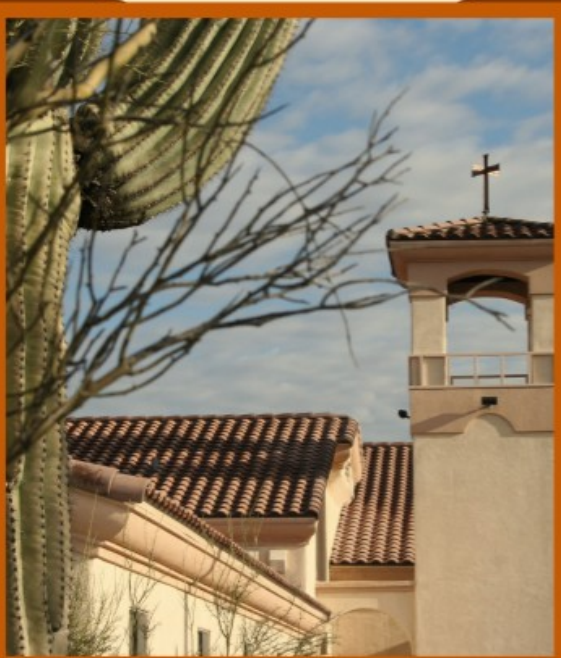
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**Tierra Antigua
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The process of selling a home can be complicated, frustrating and a little scary, especially when you're in your late eighties. Tim and Kaye took all of that away.

From our first meeting to signing the final papers, these two pros were with us all the way, making it truly a walk in the park. We were honestly apprised of all aspects of the listing and selling process, and we were never subject to unnecessary hyperbole. Every form and document was fully explained, so we knew what we were signing in terms we fully understood. We were expertly guided in the preparation of our home for photography and showings. As a result, our home sold quickly and at a purchase price that pleased us.

We have no reluctance to recommend Tim and Kaye as exceptional realtors. They are not only very good at what they do . . . they simply are wonderful people.

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Kaye 303.551.4989 Kaye@TheWalterTeam.com
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