The Sun Catcher April 2024 Volume 27 Issue 4 520.572.9780 (Office) 520.572.8724 (Fax)

9401 N Sunflower Park Drive Tucson AZ 85743 Sunflowerliving.com



A MESSAGE FROM TOM SWAIN

Board of Directors President 2024

Your Board at Work!

It has been another very busy month here at Sunflower and your Board of Directors have been involved in many behind-the-scenes activities that continue to make Sunflower a GREAT place to live. I am very thankful for the time and effort that is devoted by our Board Members and the selfless donation of time to understand community issues and to make recommendations on how to solve them.

Several enterprises that our Board participated in this past month include:

- Legislative Recap of Laws Impacting HOA for this Term this 3-hour session offered valuable insight into expected laws to be passed and the impact on HOA communities.
- ~ Training for the Corporate Transparency Act which will be effective in 2025 and all HOA's will need to adapt.
- ~ Importance of Association Insurance Webcast presented by the leading HOA insurance carrier (ours as well) detailing coverage, as well as changes in the industry.
- Meeting and Campus Visit by VP of Preventive Maintenance of AAM to provide blueprint for a preventive maintenance program for Sunflower.
- Negotiation of contract and Positive Contract Terms with Millers Final Finish LLC - the company that is painting our community.

Additionally, *Lisa Sak* has completed the Arizona Association of Community Managers Course and has successfully achieved the prestigious title of "<u>Certified</u> <u>Arizona Association Manager</u>". As expected, *Lisa* received one of the highest grades ever accomplished for this course and her wisdom and counsel to the Association will be invaluable.

Please join me in congratulating Lisa on this fine accomplishment, and thank you to the Board for all your efforts this past month!

2023-2024 Board of Directors

President—Tom Swain tomswsfboard@gmail.com

Vice President-Peter Goddu peter.goddusf@gmail.com

Secretary—Dennie Linde Dennie.sfboard@gmail.com

Treasurer -Kathy Mitchell <u>katsfboard@gmail.com</u>

Director-Stefan Joswick stefan.sfboard@gmail.com

Director—Ken Ropp kenroppsf@gmail.com

Director—Patrick Stirling <u>Patrick.sfboard@gmail.com</u>

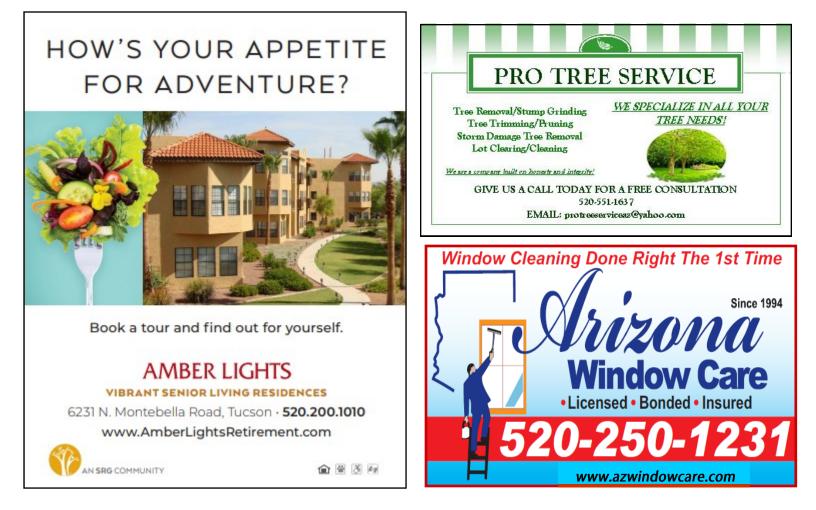
> <u>Community Manager</u> Lisa Sak

<u>Assistant Manager</u> Monica Martinez

Resident Coordinators Lori Chase Nickie Kaplan Rebecca Teichman Rosie Young

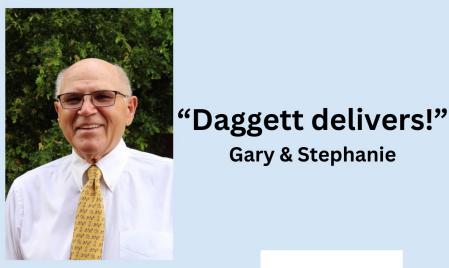
<u>Maintenance Staff</u> George Pesina, Supervisor Jose Astorga Adrienne Brown

COMMITTEES ACTIVITIES ARCHITECTURAL ELECTIONS FACILITIES/AD HOC FINANCE GOVERNANCE/AD HOC LANDSCAPE PRESERVATION of RESERVE ASSET (PRAC) SOLAR TASK FORCE SPORTS COURTS/AD HOC STRATEGIC TASK FORCE WEBSITE WELCOME



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Roger Daggett REALTOR® 520-241-1032 Rdaggettre@gmail.com

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Judy Ibrado Realtor® ABR, SRES (520) 301-8455 jibrado1212@gmail.com



Client Testimonial

I was apprehensive about wading into real estate. After all, it had been 33 years! Judy put my mind at ease right away, then made sure I was comfortable through the entire process. I couldn't have asked for better representation. As promised, she was "with me every step of the way", for which I am grateful.

Alison Sunflower





Confused by all of the mail and TV commercials about Medicare Plans?



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Not affiliated with the U.S. government or federal Medicare program. We do not offer every plan available in your area. Currently we represent 12 organizations which offer 138 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.





They're Talking About Us

Every day at The Watermark at Continental Ranch, residents thrive with personalized attention and warm relationships. The calendar brims with learning opportunities, friends gather for delicious meals, and relatives feel confident with their loved ones in our hands.

We could easily go on, but we'd rather share a review that says it all:

"Watermark turned out to be exceptional in more ways than we could have imagined. I have observed my grandmother actively participating in arts and crafts events which have been particularly heartwarming. ... Watermark offers a variety of physical activities, like my grandfather's muscle and balance strengthening classes. But most of all, the strong sense of community shared among residents is what truly makes Watermark both inviting and beautiful to us."

 Family member of residents at The Watermark at Continental Ranch

See for yourself. Call 520-477-3161 today to plan a private tour.

8689 North Silverbell Road • Tucson, AZ 85743 • continentalranch.watermarkcommunities.com ASSISTED LIVING • MEMORY CARE

⑦) A WATERMARK RETIREMENT COMMUNITY™



DON'T LEAVE IT TO LUCK.

While estate planning may seem overwhelming, it isn't a game of chance. Each element must be approached with care, knowing that your efforts today will shape tomorrow. Make a deliberate choice for your family's future to create a wellcrafted estate plan with purpose, because relying on leprechauns to manage your pot of gold might yield undesirable results!

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your neighbor your resource

Michele Biller was a real pleasure to work with. She was dependable, highly capable and focused on all the issues regarding the sale of our home. She is highly resourceful, knowledgeable, and always realistic in her guidance, and gains her clients' trust almost immediately. I would recommend her to everyone and look forward to working with her again, should we be so fortunate in timing and availability.

- Sunflower Resident

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No one knows your neighborhood better than your neighbor. If you or anyone is interested in buying or selling, please contact me. **Michele Biller, Your Neighborhood Specialist | 520-780-1469** michelebiller@tierraantigua.com



ARCHITECURAL REVIEW COMMITTEE

By Lisa Sak

HOUSE NUMBERS & WEEDS

The Architectural Review Committee would like to remind residents that all homes in Sunflower have the same designed house numbers and they need to remain uniform. These numbers are very important for emergency services to locate your house.

If the color is fading, an easy fix is to go over the numbers with a *permanent black marker*. If the numbers have fallen off or broken, they will need to be replaced at **Stonehenge Designs.** The cost of an address is \$75.00 +shipping & handling. The contact and pricing information is available at the front desk.

February & March have been wetter than normal; and while we all appreciate the rain, it means the weeds are back *in force*. Please remove weeds from your yard as they pop up. Compliance Drive-Bys happen weekly on a rotating basis & when a complaint is received. If you have weeds, a courtesy letter is sent first, once the weeds have been taken care of, please call the Village Center or email Lisa @ lsak@associatedasset.com or Monica @ mlmartinez@associatedasset.com, so the violation can be closed out. Thank you.

> The April ARC meetings will be held on the first & third Tuesdays, April 2nd & 16th (a) 9:00 a.m. in the Craft Room.

PRAC By Tom Howlin

THE COST OF DOING BUSINESS

Every year, the community pays a professional company (ARI) to review all of our fixed assets. These are the same assets that **PRAC** reviews on a regular basis, so why the overlap? Well, for starters, PRAC is not a "professional organization" but rather a group of volunteers, some who are actually retired professionals in industrial fields. However, we have no idea how long a titanium-cored pool heater is supposed to last when working 24/7/365, but **ARI** does, because they have access to a long history of data across the entire country. **PRAC** then tries to determine if their estimates of lifespan and costs are accurate for Sunflower and our region, based on our individual community history.

Having a professional company is incredibly important! Many states now require that HOA's of a certain size employ such a service. Why? Because under-funded or unfunded reserves are the single biggest cause of HOA

failures – just look at what is happening in Florida right now! Arizona is now studying the issue and it is expected that they will start requiring professional evaluations of certain size communities (which Sunflower would certainly be part of).

Having this professional study lets potential buyers know not only a big part of our financial condition, but also the condition of our beautiful community. Whoever put this professional arrangement in place many years ago deserves our thanks. If it does become a requirement in Arizona, we are already way ahead of the curve.

I encourage people to review the complete **Reserve Study** that is online at **Sunflowerliving.com**. It is under **RESIDENT INFORMATION and then the FINANCIAL** REPORTS tab (password is required-which you can obtain from the Front Desk). The complete study documents every single asset with pictures, comments, when it was acquired and for how much. While not destined for the bestsellers list, it's still a worthwhile read and will convince you that it is *HOA money well spent*.

AD HOC/SPORTS COURT COMMITTEE By Lori Roper

The Ad Hoc/Sport Court Committee had their 2nd meeting on January 30th and confirmed the following subcommittee assignments:

- ~ Research past, present and future needs for sport courts
- ~ Determine possible locations and associated costs for new sport courts
- ~ Investigate potential modifications to existing sport courts to meet near-term demands

Each of the sub-committees are still in the informationgathering phase. Additionally, the Committee asked the community for input regarding other sports of interest, such as badminton or volleyball. This was requested via The Communicator.

The Committee is researching locations for new courts but is also researching options for how to maximize usage from our existing courts. A reminder that the Ad Hoc/Sport *Court Committee* was formed only to propose options to the Board and has no financial or decision-making authority.

Our next meeting is scheduled for Tuesday, April 9th (a) 1:30 p.m. in the Conference Room.

> These are open meetings **Everyone is Welcome!**

WELCOME COMMITTEE

By Liz Perry & Lynn Haye Let's welcome *Jim Ahrens and Chris Peters*, who moved to Mystic Sky Lane in March. They are coming from Spokane, WA. Jim is a retired construction business owner. Chris was an elementary school teacher. They fished commercially for salmon in Nikiski, AK for 40 years. They have 4 kids and 5 grandkids. Their interests are: hiking, biking, lawn bowling, pickleball, woodworking, sewing and traveling.

Secondly, we welcome *Perry Ahlfinger and Karen Schaffer* who just moved here from the Tucson area. Before that, they lived in a Lake House in Michigan. They lived in the Thornton, Colorado area for 30 years. Perry grew up in the South East Texas and was in the Air Force for 9 years. Karen grew up in Kettering, Ohio. They are both retired and enjoy being grandparents.

If you have any questions, please contact any of the committee members that are listed in the Sunflower Directory: *Lynn Haye*, Chairwoman, *Liz Perry, Michele Saylor* and *Diane Swanson*.

GUEST SPEAKERS

By Lisa Sak, Community Manager

Guest speakers are wonderful additions to meetings. Several Sunflower groups bring in speakers to enhance their gatherings, like the VETS, Life Enrichment and Genealogy, just to name a few.

These guest speakers are not residents, registered guests, or vendors. Our insurance company explained that these speakers fall into a "**gray area**" and might or might not be covered if an accident were to happen. To solve this issue, speakers are asked to sign a simple

PERFORMER WAIVER AND A RELEASE OF

LIABILITY. The waiver is now available at the Front Desk and can be signed by the speaker prior to the event. If questions, please contact *Lisa* or *Monica*.

IMPORTANT INFORMATION FOR RESIDENTS By Monica Martinez, Asst Community Manager

According to Arizona State Law, <u>cyclists have the very</u> <u>same rights and responsibilities as motorists</u>. Respect for the rights of ALL road users will help you feel good about yourself and avoid accidents too.

<u>Arizona Bicycle Laws:</u>

ARS 28-644 Stop for traffic lights and stop signs ARS 28-792 ARS 28-904 Yield to pedestrians at crosswalks and on sidewalks There are also some specific laws that intersect with the laws that motorists comply to. <u>These include</u>: ~ Stopping for traffic lights and stop signs (ARS 28-644) ~ Yielding to pedestrians at crosswalks and sidewalks (ARS 28-792 and ARS 28-904) and ~ Signaling turns

PUBLIC SERVICE ANNOUNCEMENT By Monica Martinez

As most of our Sunflower residents know, we are in the process of making Sunflower more beautiful by contracting painters to paint many areas with our community, including all areas around the Village Center Building, gazebo, back patio, planters, poles, posts, steps, fireplace, barbeque surfaces, etc.



We ask that you "remain alert" when you take your dog out for his/her walk.

DO NOT ALLOW DOGS TO URINATE ON ANY NEWLY-PAINTED SURFACES.

Your cooperation in this regard shows your concern for the beauty of our community and the time & money it takes to keep Sunflower one of the best communities in Southern Arizona.

Thank you in advance for your help & continued respect for Sunflower and its beauty!

ASSESSMENTS By Lisa Sak, Community Manager

It's that time of year again - **ASSESSMENTS.** The assessments have been mailed to every lot in Sunflower. If you have not received your assessment by mail, the Front Desk can print up an invoice for you. The assessment in April is always the same as the October assessment, which is **\$729**.

You can pay with Autopay, mail in your assessment or pay at the Village Center. Village Center payments <u>must be in</u> <u>the form of a check or money order</u> - cash and credit cards cannot be processed. The payment is due April 1st, with a grace period up until April 28th. *After April 28th, payments are considered late.*

The reason the date is Sunday, April 28^{th} , is <u>processing</u> <u>time</u>. *Monica* has to enter each check into the computer, record and run it through the scanner, then send the record to Corporate. Corporate then has to process the payments on their end. *Corporate generates automatic late notices on the* 30th of the month. If your check was not processed in time, a late notice will be sent.

Please be aware of this process in order to avoid any problems with late payments that could be assessed on your account. Page 8 Thank you.

Activities Committee

Our next Activities Committee Meeting will be held on<u>Tuesday, April 9th at 10:00 a.m.</u>We hope you will join us!

THE BEATLE BROTHERS



If you bought tickets to The Beatle Brothers, an Acoustic Beatles Tribute Band, you will be joining us on Friday, April 5, 2024, for a 90-minute concert.

The doors will open at 6:00 p.m. with the concert starting at 6:30 p.m. The band will perform 2–45-minute sessions with a 15-minute intermission in between.

Concessions will be sold before the concert and during intermission including but not limited to popcorn -\$1.00 a bag, ice cream - \$2.00, cookies - \$1.00 for 2, and a can of soda - \$1.00 so bring some one-dollar bills so you can enjoy.

Bring additional bills to donate to the Fitness Club Fundraiser for a chance to receive a "Beatles" book drawing at the end of the evening.

The Beatle Brothers are unlike any tribute band you've ever seen – no boots, suits, wigs, or drums. But if you love the music of the mop tops, you'll be singing along with **The Beatle Brothers**.

A splendid time is guaranteed for all!



DJ MIKE's DJ DANCE

Join *D.J. Mike* with his <u>Decades Dance</u>. Listen and dance to music from the 60's, 70' & 80's.

This Dance is **FREE** to the Community. It will be in the *Fiesta Room on Thursday, April 25th, 2024 from 5:30 to 8:00 p.m.* Doors will open at 5:15 p.m. A variety of Decades Music will be featured, including fast, line dance, slow, and swing. Popcorn will be served. BYOB & Snacks.

If you like to dance, listen to great music, socialize with your friends, and have a fun time, then this Dance is for you!



Pascua Yaqui Tribe

The Pascua Yaqui Tribe will be joining us on *Friday, April 19th, 2024 from 11:00 to 2:00 p.m.*

We will start the day with a traditional lunch of **Wakavaki**, a beef and vegetable soup that is served at noteworthy events. It will be served with flour tortillas and corn cookies for dessert. Lemonade and water will be served or BYOB of choice.

Lunch will be followed by a <u>Cultural Presentation</u> led by *Gloria Alvarez*, the Program Manager for the Pascua Yaqui Tribe Charitable Organization. She will give us an overview of the tribe in Arizona. A hands-on activity will follow the presentation where we will be learning a traditional Pascua Yaqui craft: Flower Making.

Tickets will cost \$20.00 per person and be limited. The maximum purchase will be 4 tickets per household.

<u>Tickets will go on sale:</u>

Saturday, April 6th from 10:00 to 11:30 a.m. and on Friday, April 12th from 1:00 to 2:30 p.m.

Donations to the Pascua Yaqui Charitable

<u>Organization are welcomed</u>. You can drop off donations at the office or bring them the day of the event where we will have a basket and envelopes for your gifts.

Thank You!

FIRST TUESDAY FOOD TRUCKS FOOD TRUCK ROUND-UP



3rd WEDNESDAY FOOD TRUCK ROUND-UP

The food truck round-up will be back at Sunflower on Wednesday, April 17th, serving from 4:30 to 7:00 p.m. This month's offerings are from: Cowpig, Pin Up Pastries and Fork You BBQ, Bailey's Pizza, Sarah's Fresh-Tossed Pasta Bowls, Lahaina's Waffle Dogs; and more to come in the Communicator. You can eat on the patio, in the Fiesta Room or take it home. Come out and join us!

KARAOKE



Karaoke will be held on the 3rd Tuesday in April.

That is <u>April 16th from 5:30 to 7:30 p.m.</u> Please send your songs to this new email address: <u>rongagne@centurylink.net</u> by <u>Wednesday</u>, <u>April 10th</u>. Please limit your individual songs to 2 to 3 per person. You can also send ideas for group songs.

FOURTH TUESDAY GAME NIGHT



Friday, April 12th and Tuesday, April 23rd from 6:00 to 8:30 p.m. in the Fiesta Room.

Hosted by: Jan Session and Adrienne Farrell. Bring your snacks/drinks and be ready for a lot of fun!



BARRIO BREAD SALES

Barrio Bread, *Don Guerra*, will be back at Sunflower to sell bread on *Wednesday, April 17th @ 3:00 p.m. in* <u>the Craft Room</u>. So come on out and get your favorite bread!

Reminder: 2 loaves per household. Also, no pre-orders.

LIFE ENRICHMENT



On Tuesday, April 16th from 9:30 to 11:00 a.m., we will have a special <u>Life Enrichment Presentation</u>. We will be pleased to hear from Dr. Jacelle Ramon-Sauberan from Tohono O'odham Nation, NOIRLab and Kitt Peak National Observatory. Jacelle is Tohono O'odham and from the San Xavier community. Jacelle earned her PhD in American Indian Studies with a minor in Journalism from the University of Arizona in May 2023. She serves as the Tohono O'odham Nation Education Development Liaison for NOIRLab closely working with Kitt Peak National Observatory. She also teaches Tohono O'odham History and Culture at Tohono O'odham Community College.

Jacelle will be sharing information about the history of <u>Kitt Peak National Observatory</u> that sits atop the Quinlan Mountains, sacred mountains to the Tohono O'odham.



Please join us in the Fiesta Room for this special event.





By Larry Schierer

Greetings Suncatchers, from the Sunflower Community Veterans Club

Howdy Suncatchers!

Indeed, Spring is in the air as we move on to our <u>Spring Cookout</u> on *Saturday, April 6th, 2024. Seatings are at 11:30 a.m., 12:00 Noon, 12:30 p.m. and 1:00 p.m.*

Menu: 2 sandwiches (burger/brat), baked beans, potato salad, ice cream, lemonade, plus toppings - Only \$18.00.

<u>Ticket Sales</u> dates at the Village Center are on *Monday, April 1st from 12:30 to 2:00 p.m. or online. (a): www.sunflowerliving.com/upcoming-events.*

Our club is doing a bit of spring cleaning. Due to inflation, contributions have been down. In an effort to continue our amazing charity work, we proposed to the general membership charging a small membership fee. A motion was made and passed. A <u>One-Year</u> <u>Membership</u> fee is only \$25.00 -- A <u>Lifetime</u> <u>Membership</u> is only \$175.00. No one will be turned away. If you need assistance, please contact a member of the board or email the club.

All Sunflower veterans are invited to attend a meeting and please consider becoming a member. The speaker for this month's meeting is *Angela "Kimmy" Kamerer* from VA Volunteer Services (VAVS) and The Center for Development and Civic Engagement (CDCE) at Southern Arizona VA Healthcare System (SAVAHCS). She will be speaking about the programs at SAVAHCS that are supported by the club's donations and about volunteer opportunities at SAVAHCS.

We are always looking for help with the club events and making the fundraising events the success they have been. To volunteer, please contact the club event organizer or email the club.

Looking forward to seeing you all at the <u>Spring Cookout</u>!

Email: sunflowerveteransclub@gmail.com.

<u>3rd Class Petty Officer Larry Burger</u> <u>United Stated Navy</u>



In the fall of 1960, a young sailor embarked on a transformative journey, commencing with Navy Basic Training in San Diego on September 19th. Over the next four years, the sailor's life unfolded in remarkable ways.

Boarding the USS Midway on December 15th, 1960 in Alameda, CA,

marked the beginning of preparations for deployment to the Western Pacific, home to the 7th Fleet. A defining moment occurred during their Far East deployment when the sailor experienced the awe-inspiring first heavy jet landing—a close encounter with an A3D twin-engine light bomber just 24 inches above their bunk at 2:00 a.m. This incident foreshadowed a series of unforgettable experiences, including celebrating a 19th birthday in Hawaii and navigating through various Pacific Islands, Hong Kong, & Yokosuka, Japan, while engaging in diverse activities like mess cooking & working parties. The turning point materialized on March 23rd, 1961, with the onset of the Laotian Crisis. The carrier group swiftly adapted, leaving Hong Kong, changing air groups in the Philippines, and becoming the first group on station in the Tonkin Gulf, altering the course of their entire cruise.

After completing Super Connie flight training, the sailor returned to California for ET-A School at Treasure Island, specializing in radio transmitters and receivers. Postschooling in February 1962, they received orders for the USS Aludra, AF55, a refrigerator ship already in route to the Western Pacific. From grueling 18-hour days replenishing ships in the Tonkin Gulf, to overhauls in Hunter's Point shipyards, including repairs to a broken freshwater system and installing air-conditioning in crew quarters, the sailor faced challenges head-on. In August 1962, new orders arrived for a year-long assignment in Adak, Alaska, where, despite being stationed four months after getting married, the sailor became a plank owner at NavFac Adak, contributing to innovative concepts. The journey culminated on September 18th, 1964, with an honorable discharge.

Reflecting on a million incredible memories, from the shock of the first heavy jet landing to rewarding experiences at Monterey Naval Post-Grad School, the sailor's naval odyssey remains a cherished chapter in his life.

> <u>3rd Class Petty Officer Larry Burger</u> <u>We thank you for Your Service!</u>



Join us on <u>Saturday, April 13th from 5:30 to 8:30 p.m</u>. for Music Under the Stars



The Band is: <u>NO REPLY</u> playing Classic Rock from the 60's to the 80's.

<u>The Station</u> will be providing their famous Hamburger or Hotdog Combo's!

1 Hamburger or Hotdog, a bag of chips and a drink for \$10.00. If you want another hamburger or hotdog, they are \$7.00 each.

<u>The Fitness Club</u> will be selling Ice Cream Bars for \$2.00 so please <u>bring exact change</u> for the Ice Cream. Thanks!

2024 SUNFLOWER CRAFT FAIR

The 22nd Annual Sunflower Craft Fair & Bake Sale will be held on November 8th & 9^{th,} 2024, with set-up on Thursday, November 7th. As many vendors will be gone during the summer, we encourage you to submit your applications and payment (**checks only**) early. Vendors will be placed in the order the applications are received. Beginning April 1st, applications will be available at the Front Desk or on-line @ <u>www.Sunflowerliving.com</u> - and must be submitted by September 15th, 2024. Any extra space will again be made available to *Friends of Sunflower*.

The **Fitness Club** will be coordinating this year's event, so checks should be made to: <u>Sunflower Fitness Club</u> and returned to the Front Desk @ 9401 North Sunflower Drive, Tucson, AZ 85743.

Bonnie Huff will again be the Vendor-Coordinator and can be reached @ 734-277-7730, if you have questions. *Sue Uden* will be the Event Manager and Coordinator.

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property and funds and to offer our residents a variety of opportunities to enrich their physical, cultural and social well being.

CORE VALUES: <u>The Core Values of Sunflower are</u>:

- Maintain the beautiful physical appearance of the community
 - * Support a harmonious community
 - * Respect the differences of all in the community
- Nurture an environment that allows the enrichment
 - of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize and address the changing needs of the community

VISION:

To be a community that meets the needs of current & future residents.

NOTARY SERVICES

We now have three Notaries available for your needs in Sunflower. This is a free service.



Lisa Sak, our Community Manager, and *Monica Martinez,* our Assistant Community Manager, are both available at the Village Center (520-572-9780) to notarize your documents from Monday through Friday. (Exception: BOD Meeting-4th Wednesdays of month).

You may also contact *Roger Daggett* (a) 520- 241-1032 for these services.

ALL SERVICES BY APPOINTMENT ONLY.

Please call, as an appointment is always required.

SUNFLOWER SINGLES NETWORKING GROUP By Katta Mapes

We are a group of single Sunflower residents who join together for networking.

Social Networking: Get to know other SF singles and invite them to go with you to social gatherings such as lunch out, shows, movies, travel & other activities – either planned or spontaneous.

<u>Safety Networking</u>: For those who live alone, we set up <u>buddy systems</u> for people to check in on each other daily - just to be sure that all is well.

If you want to join, contact *Katta Mapes* @ <u>Katta@TheWalterTeam.com</u>. Send your name, email address, phone number & whether or not you text.

Come to the <u>Potluck</u> in the Craft Room on Sunday, April 7th @ Noon. Bring a dish to share, BYOB and your own eating utensils.

FREE TAX AIDE SERVICES By Nancy Clayton

AARP will be providing free tax aide services at Wheeler Taft Abbett Library every <u>Friday from</u> <u>10:00 a.m. to 1:00 p.m. as of February 2nd</u> and <u>Wednesdays from 10:00 a.m. to 4:00 p.m. as of</u> <u>February 7th through and including April 10th</u>. This will be provided on a first-come/first-served basis -- no reservations required.

<u>Please bring the following documents with you</u>: Social Security Card and photo ID for each taxpayer, prior year's tax return, all relevant tax documents, e.g. 1099, W-2, broker statements, evidence of Arizona charitable contributions, and a blank check for direct deposit of refund.

Both spouses must sign for married filing, joint return.



Sunflower Community Association Board of Directors

BLOCK WATCH TIP OF THE MONTH By Tom Shambo

April: Secure your home. Make sure your doors and windows are locked, even when you're home. Trim bushes and trees around your home to eliminate hiding places for criminals.

Here are some additional tips:

- Hold block parties and other social events to get to know your neighbors and build relationships.
- Start a neighborhood newsletter or blog to share crime prevention tips & information about your Block Watch Group.
- Volunteer to patrol your neighborhood on foot or by car.
- ~ Consider installing a security system in your home.
- Report all crimes and suspicious activity to police immediately.

By following these tips, you can help make your neighborhood a safer place for everyone.



MUSIC NOTES FROM THE CHORALE By Sue Horsfall



After several months of working together, the *Chorale* has become a happy, contented well-oiled machine. Monday rehearsals with Mel (*Melvin Claridge*, our director) are stimulating, exhausting, and a lot of fun.

Additionally, each section meets individually during the week with *Virginia*, our accompanist, to smooth out the hurdles Mel gave us on Monday. The music is highly varied and often challenging. From art songs and spirituals to folk and even Broadway, this Spring's concerts should have something for every taste.

Be sure to put the <u>Concert Dates</u>, *Saturday*, *April 20th from 5:00 to 6:30 p.m. and Sunday April 21st from 3:00 to 4:30 p.m.* on your calendar, and arrange to pick up tickets when they are available.

As has been done in the past, <u>admission will be free</u>, but <u>tickets will be required</u> for each individual concert. Dates and times for procuring tickets will be posted in the upcoming Communicator.



BACCHUS WINE By Sandy Persels

Alice: "I don't see any tea." March Hare: "There isn't any." Alice: "Then it wasn't very civil of you to offer it."

Curiouser and curiouser....

What's a tea party without tea, you may well ask? Why, a *Bacchus Wine March Hare Tea Party*, of course! Civil or not, and even though attendees had been invited to "tea," Bacchus Wine in March featured nary a drop of that quaff.

Tea party food, both sweet and savory loaded the table, and the wine offerings were varied and plentiful. Among the surprises was a mini-tasting/pairing of a couple of favorite afternoon tea treats with the "perfect" wine to accompany them. It was an event worthy of the March Hare: the Mad Hatter himself would have approved!

Bacchus Wine events—serious, silly and somewhere between—are open to all Sunflower residents. Attendance is by invitation only, and an R.S.V.P. is always required. If you would like to learn a bit more about wine while enjoying the company of like-minded people, why not give Bacchus a try? It might be just your cup of tea! To be added to the mailing list, simply send your e-mail address to *Sandy Persels*: <u>deuxpers@comcast.net</u>.

We're all mad here...





SPRING YARD SALE



Sign up at the Village Center for the Saturday, April 20th Yard Sale. There is a \$5.00 fee for all participants, which is used to defray the cost of maps, signage and advertising.

The deadline for signing up is Tuesday, April 16th to be on the map. You can still sign up after that date to participate. The maps will be available for pick-up at Sunflower Village Center on <u>Thursday, April 18th</u>.

We have the date, and the time is 7:00 a.m. to 1:00 p.m., we've ordered perfect weather and you've gathered together the items you want to sell.

Here are some tips to help you have a successful sale: Create an organized display. Lay out your items by category and display items to appeal to your customers; Stock up on bags and newspapers. Newspapers are handy for wrapping fragile items; Manage your money. You should make a trip to the bank to get ample change

Advertise - Use balloons and signs with prominent arrows, etc. to grab the attention of people driving by.

for your cashbox.



<u>COMMUNITY SOCIAL GATHERINGS</u> <u>COFFEE KLATCH</u>



Come join our Saturday Coffee Klatch, <u>every Saturday morning from 7:30 to 8:30</u> <u>a.m. in the Fiesta Room</u>, It's a great time to meet with neighbors & enjoy a cup of Joe. *Everyone welcome!*

Sunflower provides the coffee, but we appreciate a *\$1.00 donation* to help defray

the costs. Please sign up at the Front Desk if you are willing to pick up a donut order from our Safeway (down the block). <u>You will be reimbursed for the cost of the</u> <u>donuts from donations collected at the event.</u>

We greatly appreciate Roger Daggett of **Coldwell Banker Realty - Foothills Office** for continuing to sponsor this weekly event.

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch and Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only) who enjoy time out with the guys without getting into trouble. **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for a group of Sunflower men, widowed or who live alone, who would enjoy a night out with the boys. All three of these groups use the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant *at least a day in advance.*



<u>ROMEOs Breakfast</u>– Wednesday, April 24th, will go to *Just Breakfast*, carpooling at 7:30 a.m.

<u>ROMEOs Lunch</u>- Wednesday, April 10th, will go to *Trident Grill*, carpooling at 11:30 a.m.

OWLS Dinner- Wednesday, April 17th, will go to *Silver Saddle Steakhouse*, carpooling at 4:30 p.m.

ROSIE'S SUNFLOWER BINGO

By Tim Walter



Even though some regulars did not attend in March, we had a record crowd. The library was filled, along with the Fiesta Room to all but three seats!

The *Rosie Special* was as special as the lady it was named after: **\$415.00!!!** A new record high. It might have been the

Irish blessing Jim Buchler presented before we started.

Thank you Jim! It blessed all the winners, especially the three who split the Rosie Special pot. Still not bad winnings after splitting it three ways.

A heartfelt thank you goes out to *Dolores Johnson* for leading the charge and calling in March, along with all the people that help to make it happen.

Mark your calendars for April 9th, and head to the Fiesta Room where the games will kick off at 6:00 p.m. Don't miss out on the chance to be a part of this fantastic bingo experience – see you there!





Fiesta Room, Thursday, April 11th, 2024 Social Hour 5:30 p.m. and Dinner @ 6:00 p.m.

It's time for our 3rd Annual <u>Breakfast for Dinner</u> <u>Potluck.</u> At our *April Potluck* we will celebrate breakfast, World Autism Awareness Month, Earth Day, National Garden Month and National Caramel Day. Who doesn't <u>LOVE Caramel Cinnamon Rolls!!!?</u> Please come and join us and bring your favorite breakfast casserole, ham, bacon, biscuits and gravy or whatever delight you would like to share. Your hosts for the evening will be *Kathryn Martin and Lucy Howlin*.

<u>Tickets will be sold on:</u> <u>Monday, April 1st from 12:30 to 2:00 p.m. and on</u> <u>Monday, April 8th from 1:00 to 2:30 p.m.</u>

Tickets are \$2.00 each if you bring a salad, veggie, starch, or dessert. There is no charge for two tickets if you bring a main dish. Whatever you sign up to bring, please be sure that your dish will feed 12 people.

Water and Lemonade will be furnished, and you are welcome to bring additional beverages of your choice. Remember to bring your own dinner plate and silverware.

We hope to see you there!

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: <u>LSak@associatedasset.com</u> Monica Martinez, Sunflower Community Assistant Manager: <u>MLMartinez@associatedasset.com</u>

<u>Communicator Submissions/</u>Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less and submit Wednesday by 5:00 p.m. for Communicator to <u>LSak@associatedasset.com</u>.

Sunflower Living Website: webteam@sunflowerliving.com

Email directly to: submittosunflower@gmail.com

FRONT DESK

Lori Chase, Resident Services Coordinator: <u>LChase@associatedasset.com</u> Nickie Kaplan, Resident Services Coordinator: <u>NKaplan@associatedasset.com</u> Rebecca Teichman, Resident Services Coordinator: <u>RTeichman@associatedasset.com</u> Rosie Young, Resident Services Coordinator: <u>RMYoung@associatedasset.com</u>



SUNFLOWER VILLAGE CENTER HOURS & HOLIDAY CLOSINGS

THERE ARE <u>NO HOLIDAY CLOSINGS</u> FOR THE SUNFLOWER COMMUNITY VILLAGE CENTER IN APRIL, 2024.

The Sunflower Village Center OPEN HOURS* are: Monday thru Saturday from 7:30 a.m. to 7:00 p.m., and Sunday from 11:00 a.m. to 4:00 p.m.

*Events and activities can still be scheduled until 9:00 p.m., but they must be <u>scheduled in advance</u> so that staff can be scheduled for those events.

~ <u>All current activities will remain at their</u> <u>regularly-scheduled time</u> ~

If you have any questions, please call the Front Desk or the Management Team. Thank you.

COMMUNICATOR

To subscribe to the Communicator Newsletter, go to our website, <u>www.Sunflowerliving.com</u>, and click the "<u>Subscribe Now</u>" link below the photo of the Village Center. Part way down the new page you will see a "Subscription Form" link - click on the link, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the <u>Sunflowerliving.com</u> website (What's New>

Announcements). Clubs and groups are encouraged to send their information to:

webteam@sunflowerliving.com to be posted on that page. Please do not send PDF files.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to <u>Sunflowerliving.com</u>. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "*protected pages*" on this website, you must enter the password <u>which is</u> <u>only available to Sunflower residents.</u>

Please visit the Village Center front desk for this information so you can sign up for the new password which was EFFECTIVE 11/16/23. Again, the password is only available to Sunflower residents.

HOMEOWNER-TO-HOMEOWNER REFERRALS

By Nickie Kaplan

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: <u>Name of the Company</u>, <u>Type of Business, Phone Number, Owner or Contact</u>, and any pertinent information about your experience to <u>NKaplan@associatedasset.com</u>. I will be happy to add it to the online list.

Thank you.

ELECTRONIC SUGGESTIONS

For ideas or suggestions for Sunflower Village Center, please fill out the Suggestion Form and put in the locked box in the hall in the Village Center. You may also email suggestions to:

<u>MLMartinez@associatedasset.com</u>. The form can be found online under **Forms.**

	A	PRIL 202	4 ACTIVIT	Y CALEND	AR	
SUN	MON	TUE	WED	THU	FRI	SAT
	1 9 Lib Dominoes 10 Craft Club 12 Baskets/Fun Poker 12:30 Mexican Train 12:30 VETs Tix 12:30 Potluck Tix 3:30 Chorale	2 9 ARC 1 Ladies Bridge 1 Euchre	3 9 Mah Jongg 10 VETs CLUB Mtg 1 Travel Club Tix 1 Mah Jongg 2 1 Pinochle 5 Travel Club Annl Mtg	4 9 500 Card Game 9 Quilters 11 Yoga Party 1 Tech Club BOD Mtg 1 PRAC 3 Travel Club Mtg 1 Mixed Br/Canasta 6 Cribbage	5 9 Quilters 10 LANDSCAPE 12 Fun Poker 1 Dup. Bridge 6 Beatle Brothers Band	6 7:30 Coffee Klatch 10 Pascua Yaqui Tix 11:30-12-12:30-1:00 VETS' COOKOUT
7 12 Singles Potluck 1 Mah Jongg	8 9 Lib Dominoes 10 Craft Club 12 Vint Gard Cl Mtg 12 Baskets/Fun Poker 12:30 Mexican Train 1 Potluck Tix (Act) 1 Social Club Tix 2:30 ELECTION 3:30 Chorale	9 10 ACTIVITIES 1 Social Club Tix 1 Ladies Bridge 1 Euchre 1:30 AD/SPORTS 6 BINGO	10 9 Mah Jongg 9:30 Brewing Retirement Pres 10 Tech Club Mtg 11:30 ROMEOs 1 Mah Jongg 2 1 Pinochle	11 9 500 Card Game 9 Quilters 1 Mixed Br/Canasta 1 Fitness Annual Mtg 5:30 April Pot Luck	12 9 Quilters 9 WELCOME 12 Fun Poker 1 Dup. Bridge 1 Pascua Yaq Tix 6 Game Night	13 7:30 Coffee Klatch 9 Art Club 5:30 Music Under The Stars
14 1 Mah Jongg 2 Tech Help	15 9 Lib Dominoes 10 Craft Club 10 FINANCE 12 Baskets/Fun Poker 12:30 Mexican Train 3:30 Chorale 4 Annual Golf Mtg	16 9 ARC 9:30 Life Enrichment 1 Ladies Bridge 1 Euchre 5:30 Karaoke	17 9 Mah Jongg 11 VET'S BOD Mtg 1 Mah Jongg 2/Pinochle 1 Travel Club Tix 3 Barrio Bread Sales 4:30 Food Truck Roundup 4:30 OWLS	18 9 500 Card Game 9 Quilters 12 Quilters Event 1 Mixed Br/Canasta 6 Cribbage	19 9 Quilters 11 Pascua Yaqui Event 12 Fun Poker 1 Dup. Bridge	20 7 YARD SALE 7:30 Coffee Klatch 9 Art Club 5 Chorale Spring Concert
21 1 Mah Jongg 3 Chorale Spring Concert	22 9 Lib Dominoes 10 Social Club Mtg 10 Craft Club 12 Baskets/Fun Poker 12:30 Mexican Train 3:30 Chorale	23 10:30 PWC Group 1 Ladies Bridge 1 Euchre 2 Genealogy Cl Mtg 6 Game Night 7 SF Readers Club	24 7:30 ROMEOs 9 Mah Jongg 10 BOD MEETING 1 Mah Jongg 2 1 Pinochle	25 9 500 Card Game 9 Quilters 1 Mixed Br/Canasta 5:30 Mike's Dance Party 6 Cribbage	26 9 Quilters 12 Fun Poker 1 Dup. Bridge	27 7:30 Coffee Klatch 9 Art Club 4 Social Club Event
28 1 Mah Jongg 2 Tech Help	29 9 Lib Dominoes 10 Social Club Tix 10 Craft Club 12 Baskets/Fun Poker 12:30 Mexican Train 3:30 Chorale	30 1 Ladies Bridge 1 Euchre	COMMITTEE MEETINGS 04/02 ARC 04/04 PRAC 04/05 LANDSCAPE 04/08 ELECTION 04/09 ACTIVITIES	THIS MONTH 04/09 AD/SPORTS 04/12 WELCOME 04/15 FINANCE 04/16 ARC 04/24 BOD	k k k k k k k k k k k k k k k k k k k	
		WEEKL	Y FITNESS AC	CTIVITIES		
	Access to Fitness l	Room 5:00 a.m. to	11:00 p.m. with Pr	oximity Card Mor	iday through Su	nday
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Ping Pong 3 Pickleball	Men's Golf 7:45 Yoga 8 Pickleball 8:30 Tennis 9 Water Aerobics 9:30 Line Dance 1 Chix w/Stix 1 Pickleball 3 POP Tennis	8 Chi Kung 8 Pickleball 8:30 Tennis 9:10 Stretch/Tor 10:15 Chair Yog 11:30 Wts/Balar 1 Men's Billiard 12:55 Bocce 1:30 Ladies 9-ho 3 Pickleball	a 1 Ping Pong 1st, 2nd, 3rd Wed 1:30 Men's 9-hole 3 POP Tennis	Men's Golf 8 Chi Kung 8 Pickleball 8:30 Tennis 9:10 Stretch/Tone 10:15 Chair Yoga 11:30 Wts/Balance 1 Chix w/Stix 1 Ping Pong 4th Thursday 12:55 Bocce 3 Pickleball	 7:45 Yoga 8-9 <u>Hikes</u> - See Communicator 8 Pickleball 8:30 Tennis 9 Water Aerobics 10 Line Dance 12:10 Bowling 1 Men's Billiards 1 Pickleball 	8 Pickleball 8:30 Tennis

GAMES BILLIARDS

General Play: Monday-Sunday except for Club times Men's: Tuesdays and Fridays —



1:00 p.m. to 4:00 p.m. Chix with Stix (Ladies): Mondays and Thursdays — 1:00 p.m. to 4:00 p.m. No experience necessary --Join us to play and just have fun We'll Rack 'em and vou Hit 'em.

SUNFLOWER MEN'S GOLF CLUB

By Gary Scott

We will be having our Annual Spring Meeting in the Craft Room at the Village Center on April 15th from 4:00 to 6:00 p.m. Some of our snowbirds will be leaving later in the month for cooler weather, may they have safe travels.

The club was able to finish the Net Championship Competition on February 12^{th.} Congratulations to Jason *Culpepper* who won with a score of 196. Also on the 12th. Congratulations to Bob Molthan who Aced a Hole-in-One at Crooked Tree Golf Course on hole number 2, Par 3 155 yards with a 7 iron. Bob has now recorded 8 Hole-in-Ones, this is his first one playing here in Tucson. The Club Championship Match Play concluded on February 26th, Congratulations to Repeat Club Champion *Ray* Faucett, 1st Flight Champion Doug Culpepper, 2nd Flight Champion Jeff Howard and 3rd Flight Champion Mike Adkins. Thank you to all the club members who participated in both Tournaments.

For those unfamiliar with our club, we play twice a week (Monday and Thursday) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us. I can be contacted (a) gbscott70(a) comcast.net or 520-406-0123 and *Doug Culpepper* (a) <u>biker1ab(a)mac.com</u> or 412-720-6248. You may visit our schedule of events on our website @ www.sunflower.golfclub.net.



By Marcia Ceciliot

In March, we had three exciting events! On the 15th, we celebrated St. Patty's Day with "Night of the Glowing **Balls**". Members shared laughter, refreshments, and a lot of teasing to those who forgot to wear green. At the end of the month, we held our Annual Club Tournament. The men competed on the 22^{nd} and 23^{rd} . The women competed on the 29th and 30th. A special thank you to Kevin, our vice president, for organizing the event.

Bocce is a fun game and easy to learn. Please join us on *Tuesdays and/or Thursdays* to give it a try. We begin play at 1:00 p.m. and request that players arrive ten minutes before. We select teams by a random draw. If you arrive about twenty minutes beforehand, a member will show you the ins/outs of the game. Once the weather changes (late May or early June), we will change play times to the morning. We have two more "Night of the Glowing Balls" scheduled in May and June. So, it is a great time to join our club! Hope to see new faces in the weeks to come.

MENS 9-HOLE GOLF

Please join us every Wednesday at the Quarry Pines Golf Course for a fun round of golf. We start at 2:00 p.m.; but please arrive one half-hour early. Call *Berl Jacobsen* (a) 262-894-0815 by Tuesday noon of the week you plan to play or for any other questions you may have.

LADIES 9-HOLE GOLF

Please join us every Tuesday at the Quarry Pines Golf Course for a fun round of golf. We start at 1:50 p.m.; but arrive one half-hour early. Call Aileen @ 520-906-4427 no later than 9:00 a.m. on the Monday you plan to play or for any other questions you may have.

TENNIS CLUB By Dennis Page

The Sunflower Tennis Club held its Annual Tournament on Saturday, March 9th. As anticipated, it was a fun day of tennis, laughter and prizes. The rain didn't make an appearance, and the day was sunny and mild. The party afterwards was thoroughly enjoyed by the Club members: good food, drink and friendships. Our president, Doug Perry, enhanced the festivities by handing out prizes in a manner worthy of Saturday Night Live. Thank you, Doug, for all you do for the Club! Please see the bulletin board at the tennis courts for photos showing highlights.

If you are thinking about playing tennis again (remember how much you enjoyed it way back then?), come out to the courts and join us. We can even sign you up if you want to be a member of the *Sunflower Tennis Club*. Want some solo practice? We have a ball machine to hone your skills. Or ask **Doug** for playing tips (or even free lessons!).

Just a few benefits of playing tennis: 1- Strategic thinking, quick decision-making, mental focus, concentration & cognitive skills, 2 - Can serve as a form of stress relief & relaxation, using physical activity & focus, and 3 - It can be played at any age - a lifelong activity that provides health benefits & enjoyment throughout one's life.

Weekly play for SFTC members now starts at 8:30 a.m. Call or text **Doug Perry** for additional information: 215-499-1363, or email dougcycles@gmail.com.

TOPICS OF INTEREST

ARTIST GALLERY By Lori Chase

Our art display for April 2024 will be Rhonda Sawyer. She is a NEWBIE to our art wall. Rhonda is a water colorist and pen and ink artist. Rhonda will put her display up on April 1st. No fooling.



Rhonda is a beginner artist and wants to encourage others to take a stab at art. It brings her solace and joy. Rhonda is a brave artist and she wants you to be too. Get painting in whatever media you prefer.

Thank you from Sunflower to David Griffith and his water color display. Beautiful as always.

Our May artist will be Sharon Fincher.

You may schedule to be on the Art wall for the year 2025. We are accepting calls for reservations. Please contact the Front Desk with your month's choice.

TRAVEL CLUB ANNOUNCEMENT By Diane Swanson

Do you enjoy going to new and fun places, being able to leave your cars at home, travel in a luxury bus that drops you at the door of your destination so you have no parking issues, picks you back up at the door and brings you safely home, having tickets purchased for you and reservations made, all for a minimal cost? These are some of the things that the Sunflower Travel Club has done for many of our residents for many years. Unfortunately, there is a serious chance that these opportunities will come to an end!

The Travel Club's Annual Meeting will be held on Wednesday, April 3rd, 2024 @ 5:00 p.m. in the Fiesta *Room.* There will be a light meal served. \$1 tickets were sold on March 14th and March 27th. Watch upcoming Communicators for more information. The highlight of the agenda will be the election of officers. It is important to note that the current officers of the Club have made the decision to no longer run for re-election! These officers have been a huge part of the Travel Club for many years and feel that they have contributed as much as they can!

The important result of this is: We need folks to step up and volunteer for the election of Board members! We need a President, Secretary and Treasurer. We also need "Members-at-Large" (helpers, if you will) to participate

in planning and carrying out details of trips. Whether you are a full-time resident or a "snow bird" is of no consequence!

If you have an interest in becoming a part of the *Travel Club Board*, or have questions as to what Board members are responsible for, please contact Adele Suomela @ adelesuomela@gmail.com or 952-270-0738.

Since the current Travel Club Board is retiring, and if no one should step forward, that would unfortunately mean that Sunflower would no longer have a Travel Club!!

YOGA By Leslie Parr

The YOGA CLUB meets for FREE classes on Mondays, Wednesdays & Fridays @ 7:45 a.m. in the Fiesta Room. Please remember to bring your own mat, stretch band, block/ball, towel or blanket to the class. If you have any questions, please call Leslie Parr @ 520-603-8785.

SUNFLOWER HIKING GROUP

By Leilani Lyons

With the month of April, we come to the end of the Sunflower Hiking Group's official hiking season.



It has been exciting to see a hiking group reform after the long recess brought about by Covid. During

this past Winter/Spring season, there have been 13 hikes. Over half of our hiking group has participated in at least one hike.

Our purpose is to promote outdoor activity and socialization through hiking. Members experience captivating landscapes and natural wonders along Southern Arizona's numerous trails. Hopefully, the variety of hikes planned for Fall will entice even more of the group onto the trails.

Beginning in October, hikes for each month will be listed in the Sun Catcher, and weekly hike reminders will be posted in the Communicator. Essential details and updates about hikes are sent via *Google Group Emails*. If you plan to hike, it is recommended you be added to the group. To do that, send an email to Leilani Lyons @ llyons7763@gmail.com. Watch for an email from Sunflower Hikers Google Group saying you have been added. Be sure to check your spam folder. You do not have to reply, but do follow the instructions in the email. If you have questions about the group or have an interest in leading future hikes, please contact **Bobby** Bran @ 520-729-8082.

BOWLING INFORMATION



By Bonnie Scott

If you want to make new friends and enjoy some fun exercise for appx. 2.5 hours, then come and bowl with us on Friday afternoons.

It's Open bowling, so no teams and if you

cannot make a Friday, no problem, and no cost. The cost of bowling is \$13. Bowling averages range from 87 to 196, with most bowlers averaging between 130-140. We bowl for fun and are always looking for new Sunflower resident bowlers. Bowling highlights:

Vicky Beard - 171 game

Evie Burton - New high game of 161 for the year

Michele Meier – two 172 games & a 510 series

Terri Shevlin – 198 game & 514 series

Bonnie Scott - 176 & 177 games & 509 series; 188 game & 506 series

Joe Beard - 198, 195, & 193 games with a 586 series

Chuck Glen – 214 game; 202 & 213 games with a 594 series

Don Preuss – 233 (new high) & 224 games & new high series of 650; 204 game

Bob Sergisson – new high game of 237 & 585 series; & 204 & 202 games

Gary Scott – 202 & 203 games

Congratulations to all of you!!

We hope you will join us on Friday afternoons. Please arrive by 12:10 to pay and for practice at 12:20. 12:30 p.m. is our start time. We bowl at Fiesta Lanes - 501 W. River Road. When you arrive, come to Lanes 1-6 and someone will collect the \$13 fee. Refer questions to Terri Shevlin @ 609-471-4347.

PICKLEBALL CLUB By Tim Lardy

The Pickleball Club play hours:

*** Note new play hours for spring

Social/Beginners: Tuesday, Thursday and Sunday 3:00 to 6:00 p.m.

Competitive/Advanced play Monday, Tuesday, Thursday, and Friday mornings from 8:00 a.m. to 10:00 a.m. and Monday and Friday from 1:00 to 3:00 p.m.

Combined competitive and Social play times are Wednesday & Saturday mornings from 8:00 to 10:00 a.m.

Open Play The courts are available for open play starting at 7 a.m. until 6 p.m. on Monday, Wednesday, Friday and Saturday and 7 a.m to 8 p.m. on Tuesday, Thursday and Sunday EXCEPT for the club play hours listed above.

All residents who would like to join the Pickleball Club, please fill out a 2023-2024 Membership Form from the front desk at the Center. Pay \$15.00 dues by check made out to "Sunflower Pickleball Club". They will not accept cash.

For beginners interested in learning the game, free lessons can be arranged by calling or texting **Billy Lackey** @ 520-870-9111.

SOCIAL CLUB By Frances Gauthier



"Italian Night" will be on April 27th (note this is the 4th Saturday & not our usual 3rd Saturday) - we will be serving lasagna, salad, and garlic bread followed by tiramisu for dessert.

Social time is 5:30 and dinner will be served at 6:00 p.m.

Your last chance to buy tickets is Tuesday, April 9th from 1:00 to 3:00 p.m. Tickets are \$10 plus 2024 membership dues of \$5, if not already paid.

This month we will be collecting food items for the **Roadrunner Elementary School's Summer Food Program.** During the school year, the children get free breakfasts and lunches on a daily basis. There is also a program to ensure that the children can get meals during the summer months. The Roadrunner Elementary **School** is in a very poor district and many of the children would go hungry if it wasn't for this program. Items requested are Vienna sausages, tuna or chicken packets, snack pack crackers with real cheese, 100% real fruit juice boxes, Nutri-Grain or Nature Valley bars and individual packaged applesauce. You have been very generous in the past and it has been greatly appreciated.

We will be selling tickets for May 18th's Mexican Dinner on Monday, April 29th from 10:00 a.m. to 12:00 Noon. Our entertainment for the night will be Mariachis.

THE PING PONG GROUP By Buzz Hoffmann

We are scheduled to play Ping Pong in the Fiesta Room:

Sundays from 1:00 to 4:00 p.m. We also play on the 1st, 2nd & 3rd Wednesdays of each month from 1:00 to 4:00 p.m.



We are also now playing on the 4th Thursday of each month from 1:00 to 3:00 p.m., all in the Fiesta Rm.

Please note the changes on the 4th Thursday.

Questions, please call Buzz @ 520-572-4258.

CARDS GAMES

LADIES BRIDGE By Brooke Murphy

Ladies Bridge at the Village Center is played on *Tuesdays from 1:00 p.m. to 4:00 p.m.* We are a relaxed group and play to enjoy the game and each other. For more information,

call 708-846-7555 or email: **Brooke Murphy** @ <u>bmurphmail@gmail.com.</u>

CRIBBAGE



We invite you to have some fun playing single or four-hand Cribbage on *Thursdays* @ 6:00 p.m. in the *Craft Room at the Village Center.*

SUNFLOWER 500 CARD CLUB By Mike Donahue

The 500 Card Club invites you to join us playing a fun game every Thursday morning. We welcome new members and look forward to meeting you.

Where: The Village CenterWhen:9:00 a.m. Thursday – in the LibraryWhy:To enjoy a morning with a fun group (we have
a 25 cent/pp donation which goes toward our jackpots).

We are still willing to teach anyone who would like to learn the game.

Call and we will set up a time to teach. Questions, call *Mike* @ 520-572-2250.

CANASTA By Faith Meysing

Thursday starting @ 1:00 p.m. We play two versions: Hand & Foot and Samba



So do join us to see familiar faces and to meet new friends.

Questions, call *Faith Meysing* @ 520-572-0641. *Newbies Welcome. We have very patient teachers!*

MEXICAN TRAIN DOMINOES By Pat Cooke

MEXICAN TRAIN DOMINOES

Join us for a couple of hours of fun. We have regular Dominoes with the dots. Also, many of us are enjoying using the Dominoes with numbers (instead of dots.)

Our <u>two scheduled times</u> are on Mondays @ 9:00 a.m. and 12:30 p.m.

THE GAME OF EUCHRE



<u>Would you like to play Euchre?</u> We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.

Call Vicky @ 520-907-3510 for details. We'd love to have you join us!

> MAH JONGG By Anne Schmidt



We play Mah Jongg at the Village Center @ 9:00 a.m. on Wednesdays.

Not ready to make a commitment? Come watch and we will show you how it's done.

> SUNDAY MAH JONGG By Lynn Neitzke

Come join the fun playing Mah Jongg *every Sunday afternoon in the Library from 1:00 to 4:00 p.m.*



Beginners, intermediate and experienced players are all

welcomed. If you are brand new to the game, there will be an experienced teacher to help you. Please bring your game if you have one and playing card. Contact *Lynn* @ 520-268-7784 with questions.

> <u>PINOCHLE</u> By Harlan Quinn

If you like to play single-deck Pinochle, join us from 1:00 to 4:00 p.m. on Wednesday afternoons in the Library.



There is no cost and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present.

For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER

By Jim Conley



We play poker in the Library Mondays and Fridays from Noon to 3:00 p.m. Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing and teasing mixed in with some poker. We play traditional games (Hold'em,

Draw, Omaha, etc.) and some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

If you would like to join us, come to the Village Center on either day & we will get you started.

<u>ACTIVITIES AND CLUBS</u>

ART CLUB By Billie Barron

This is an open invitation to all Sunflower residents with a desire to create or color something that stirs their imagination. No experience necessary. Work at your own



pace with your own choice of medium. <u>The only request</u>: Bring a plastic-protective covering for the table.

We meet in the Craft Room each Saturday from 9:00 a.m. to 12:00 Noon. Join us for an hour or three — Your choice.



CRAFT CLUB By Kathy Hummel

The *Sunflower Crafters* welcomed Spring with a parade of bunny rabbits. These bunnies were fashioned from yarn, decorated with colorful ribbons and of course the everpresent hot glue gun. The *Crafters* then proceeded to decorate themselves by

learning the art of beading. Sparkling bracelets and dangling earrings were created using a rainbow of colors and lots of patience. The results were fashion statements.

The Craft Club meets on Mondays from 10:00 to 11:30 a.m. Come join us and discover your creative side.

DANCE & ENTERTAINMENT CLUB By Karen Barta

<u>Classes are offered year-round, twice a week as follows:</u> Monday: **Beginners Class** 9:30 a.m. to 10:00 a.m. to go over individual steps used in most dances.

10:00 a.m. to 11:00 a.m. Beginners Learn and Dance

Friday: *A little more advanced*, but everyone is welcome. 10:00 a.m. to 11:00 a.m.

11:00 a.m. to Noon - *The dances are a bit more advanced*

To attend, you pay \$5 to the **Dance Club** for the entire year. The fee goes to the Club for our Club Parties, Dances for the Community, & whatever else we decide to do. *Not sure? Just come try us out.* They say it is the best exercise you can do and not realize you're doing it *because it's fun. It doesn't hurt to try.*

GENEALOGY SOCIETY By Paulette Weiser



What to do with all those family photos stashed away in shoe boxes in your closet? *Well, we have ideas! Tim Wardell* will talk about digitizing photos at our *April* 23rd meeting at 2:00 p.m. in the Fiesta Room and via Zoom. Digitizing photos

can make them easier to preserve, organize and share with family members. *Tim* will discuss the how-to's.

Tim is not a professional genealogist but believes everyone has a story worth telling. *Tim* graduated from BYU in history and family history is his passion. He and his wife have lived in Tucson for 35 years and raised their five children here where they also enjoy their twelve grandchildren. He volunteers at the <u>Family Search History</u> <u>Center</u> on Magee Street.

SGS is looking for a **Membership Coordinator** and two additional members for the *Program Planning Committee*. The Membership Coordinator is responsible for providing new members packets (contents are already developed), maintaining name badges, maintaining and updating the membership roster, and greeting members at meetings in order to provide assistance. None of the duties are very time-consuming.

The *Program Committee* members will assist chair *Paulette Weiser* in choosing topics and speakers (based on the members' research interests) in two meetings, contact and schedule about three speakers each, and provide a contract for each speaker to sign. The process is also not time consuming and is concentrated in the late spring.

Please consider stepping up to fill these positions to help spread out the work!!

BLUE TRASH CANS

The **BLUE TRASH CANS** along the walking paths and sidewalks are for *"walking" trash only:* "doggie bags", cups. etc. <u>NO bagged resident-home trash is</u> <u>allowed in the trash cans</u> - <u>except "doggie bags.</u>"

AAA Landscape is working hard to keep Sunflower looking great and they dump the trash cans often. Unfortunately, the trash cans are getting filled up with resident-bagged home trash, then they become full quickly and look really bad.

Please help keep Sunflower nice looking! Thank you.

QUILTERS CLUB

By Patricia Blazick-Peterson

April is the time for our Annual New Socks & Undies *Drive*, sponsored by the Sunflower Quilters. The new socks and undies donated by our Sunflower residents will be taken to AVIVA Children's Services to benefit foster kids in the care of **DCS** (Department of Child Safety).

There is a great need for ALL SIZES, boys and girls, big and small - Sizes 2 through XXL. *Everyone feels best* with nice NEW socks & undies!!

Please drop off your donation at anytime in April to the Special Collection Box which will be located in the hallway to the Fiesta Room at the Sunflower Village Center. Thank you all.

Please join us on Thursdays and Fridays from 9:00 a.m. to Noon in the Craft Room.



TECHNOLOGY CLUB

By Katta Mapes

April 10th @ 10:00 a.m. Member Meeting in the Fiesta Room

TECH TALK: Home Security Systems

Tom Shambo, Sunflower Block Watch Coordinator, will tell us about comprehensive home security approach using. He will highlight the benefits of combining theseWyze **Outdoor Cameras and Nightowl Hard-wired Cameras** two camera systems for maximum protection, including the unique features of each camera type and how their integration can create a holistic security solution for any home. *Tom* will demonstrate live video from his property to showcase the effectiveness of this setup.

Tom shares this too - "A Veteran is someone who, at one point in his life wrote a blank check made payable to 'The United States of America ' for an amount of 'up to & including my life.' That is Honor & there are way too many people in This country who no longer understand *it.*" ** Remember To see past meetings on YouTube – just search for *Sunflower Tech Club* on YouTube.

WEIGHTS, STRENGTH AND BALANCE **STRENGTH TRAINING** By Marlene Spencer

Tufts University research shows that a program of strength training not only improved bone density, but also reduced falls and improved arthritis symptoms. Balance, coordination, flexibility and endurance are also improved. This program is based on that research, and instructors must be certified. This low-impact program is appropriate for both sedentary and active people. Classes: Tuesdays & Thursdays @ 11:30 a.m. Please bring your own weights & ankle weights: 1# to 2#-women, 2# to 3#-men. No Punch Card Needed

FITNESS CLUB By Sue Uden

Monday, Wednesday, and Friday: Water Aerobics 9:00-**10:00 a.m.** We are using CD workouts that participants have enjoyed. There are 3 CDs that are rotated. The workouts last 50-60 minutes and give a well-balanced workout focusing on core, upper body, balance, knees, and hips. Noodles and water weights may be used. AiChi will resume in the Spring. Fitness membership cards are required but not punch cards.

Tuesday and Thursday: 8:00-9:00 a.m. Chi Kung is an ancient exercise that focuses on balance, core strength, flexibility, breathing and overall well-being.

9:10-10:10 a.m. Stretch and Tone is a full body workout completed while sitting or standing, working on strength, flexibility, and balance. Participants will need a 10" ball, light hand weights, and stretch bands.

10:15-11:15 a.m. Chair Yoga & Pilates Yoga create a unity with mind, breath, and spirit, coordinating breathing and relaxation. Pilates will focus on arms and legs, building a foundation to increase strength, flexibility, and muscle tone. This may be done seated or standing.

We encourage people to try these classes in the Fiesta Room. Classes may be tried 2X each without purchasing a Membership (\$15.00) or Punch Card (\$23/20 sessions). Violet's last classes will be April 25th. We will begin summertime Stretch and Tone with Margo Gustin in May. Please check the Communicator for beginning date. We will be selling ice cream bars @ Music Under the

Stars on April 13th for \$2.00. See you there!

POP TENNIS FUN!

By Chris Schatte, Club President

The Sunflower Pop Tennis Club has been invited to play with the Sun City Oro Valley Club @ 10:30 a.m. on Friday, April 12th - a casual, not competitive event.

This is an opportunity to play with new people & learn from a club with more experience. I know the SCOV to be as friendly and social as we are. Their president and I felt we could try this before the snowbirds leave to see if it could evolve into a periodic event. SCOV has competitive and casual group play, but I indicated that casual play would be best for us at this point, with the hope of competitive play in the future. Each club would alternate who travels where in the future — everyone is welcome! Please call or email Chris Schatte ASAP @ 231-715-6490 or <u>chris.schatte@gmail.com</u> if you are interested in traveling to SCOV to play, so we can let them know how many of us are coming. We plan to leave the Sunflower Center about 9:45 a.m. and be done playing by noon. For those who wish, we could eat lunch on the way back and be back at Sunflower by about 2:00 p.m. Check the weekly Communicator for more announcements to come.

SUNFLOWER READERS

By Jann Swanson

The Readers' discussion in April will be centered on *Kate Moore's* non-fiction work, "*The Woman They Could Not Silence*". In this inspirational, true story that begins in 1860, we learn that Elizabeth Packard's husband, Theophilius, has decided to have Elizabeth institutionalized because he felt she was becoming insane on the subject of "women's rights".

Elizabeth ends up being incarcerated in the Illinois State Hospital in Jacksonville, Illinois, for three years. There she discovers she is not the only sane woman who is confined there. Once a woman who lived a relatively quiet life as a wife and mother, Elizabeth decides to fight back for herself and for the others, feeling she has nothing to lose.

Come join us as we discuss Elizabeth's courageous and transformative story. *We will be meeting on Tuesday, April 23rd @ 7:00 p.m. in the Library.*

VINTAGE GARDENERS CLUB

By Marie Van Huis



In March, the gardening friends got together to tour the **Pima Prickly Park** on River Road and enjoyed a delicious lunch afterwards.

Everyone in Sunflower is invited to our *April* δ^{th} *Meeting* **(a)** *12:00 Noon in the*

Fiesta Room. Jason Grodman, Natural Resources Supervisor for the Town of Marana, will speak about how the **El Rio Preserve** improvements benefit our community. The site is a regionally-important wildlife habitat and was the recipient of a **Natural Resources Award** from the Arizona Parks and Recreation Association. Jason's background is in water reclamation and conservation and has a deep commitment to environmental stewardship.

The April meeting concludes the *Vintage Gardeners* activities for the season. We will get together again in the fall...have a fun, healthy and safe summer! Remember to check out *Vintage Gardeners* webpage on the Sunflower community website: <u>www.sunflowerliving.com</u> for upcoming activities and events. Our contact is <u>sfvtgardens@gmail.com</u>.

"The Arizona desert to us is starkly beautiful at all times, but when touched by the magic of spring, it becomes a land of enchantment. The weirdly beautiful cacti that dominate the landscape, strangely resemble the vegetation of a past era, millions of years ago." Raymond Carlson

HEALTH & SAFETY

BREAST CANCER SURVIVOR GROUP

By Jan Keogh

There is a wonderful sisterhood of Breast Cancer Survivors here at Sunflower. Whether you are newly diagnosed, currently in treatment or are a long-time survivor, we will welcome you. We have been meeting for 12 years. We meet in the privacy of our homes and have also been known to go out to lunch and have some fun. For more information about meetings or to ask questions, contact *Jan Keogh* @ 520-579-1018.

PARTNERS WITH CHALLENGES SUPPORT GROUP

By Armand La Potin

We now welcome ALL Sunflower resident caregivers, as well as their Mates, who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as sources providing respite care, prescriptions, exercise regimens, therapies, and anything else participants want to bring up. The group meets the *4th Tuesday of every month in the Craft Room at the Village Center from 10:30 to 11:30 a.m.* Please contact *Armand* @ 520-780-4547.



PRIMAVERA FOUNDATION By Liz Perry

In reading the report from *Primavera* for their work last year, this was striking: "Between 2018

-2023, there was an overall increase in homelessness by 60%, a 200% in chronic homelessness & a 300% increase in unsheltered homelessness." In addition, there's a large gap between cost of rent, cost of the median-priced home & the average Tucsonan income. While the average median income for an individual Tucsonan is \$26,000, the average median income needed to purchase a medianpriced home is \$101,000. For rentals, the largest units of rental housing require between \$1,000-\$1,399/month in rent. The result in 2024, *Primavera* will be constructing an on-site family shelter, with a \$5 million grant from **Bezos Day 1 Family Fund**. They are raising funds to construct additional emergency & transitional housing beds for women & a mobile outreach unit, in hopes of reaching the most marginalized community members

And let's not forget our furry friends. At Primavera, they recognize the importance of their participants and their pets. In fact, at the Primavera Resource Center, pet food is the number-one-requested item by participants. Previously, PACC had supplied Primavera with pet food, but they are no longer donating food. So, dog and cat food is now needed, along with the pet food. Please continue to donate: single-serve snacks, backpacks, drawstring bags and totes; and lastly, the three-inch, empty, clean, labels removed, prescription bottles. As always, thanks for your generous donations!

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday–Saturday from 7:30 a.m. – 7:00 p.m. Sunday from 11:00 a.m. - 4:00 p.m. We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access from 5:00 a.m. - 11:00 p.m. For access, <u>you must enter Village Center WHEN OPEN</u>. If Center is closed, please use the front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

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ART CLUB Billie Barron 520-334-7508

BACCHUS WINE Sandy Persels 520-572-1936

BASKET WEAVING WIZARDS Karen Donahue 520-572-2250

BILLIARDS Jim Damato 520-744-7031 Joe Malone 520-572-4697

BLOCK WATCH Tom Shambo 520-603-0563

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BOWLING Terri Shevlin 609-471-4347

BRIDGE: DUPLICATE Tom Silverness 520-912-0332

BRIDGE: LADIES Brooke Murphy 708-846-7555

BRIDGE: MIXED Mary Lynn Mercer 614-323-2463

CRAFT CLUB Jeanne M. Collins 520-307-0383

CRIBBAGE Jan Session 520-429-6079

DANCE & ENTERTAINMENT Karen Barta 586-292-6177

EUCHRE Vicky Beard 520-907-3510

FITNESS CLUB Sue Uden 928-916-0059 Jim Conley GENEALOGY Eileen Carney

FUN POKER

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520-241-7676 520-572-0062

520-308-9798

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LINE DANCE Karen Barta 586-292-6177

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520-572-4033 520-268-7784

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NINE-HOLE GOLF-LADIES Tish Tabor 520-579-9904

PARTNERS WITH CHALLENGES SUPPORT GROUP (PWC) Armand LaPotin 520-780-4547

PATRIOT'S PANTRY Dann Cooke 520-404-4178

PING PONG Buzz Hoffmann 520-572-4258

PICKLEBALL Terri Lackey 520-797-0349 Tim Lardy 520-282-2427

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 Jim Damato
 520-744-7031

 Harlan Quinn
 520-225-7375

POTLUCK CLUB Susan Sifers 540-538-6512

PRIMAVERA FOUNDATION Liz Perry 215-805-1774 Patrick Steliga 262-422-8791

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SOCIAL CLUB Bette Sumner 520-572-2094

STRENGTH AND BALANCE Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS VOLUNTEER TRANSPORTATION Four days in advance please Katta Mapes 520-304-4812 (talk/text) Katta.Mapes@gmail.com

SUNFLOWER READERS Marcia Olson 520-888-6932 Jann Swanson 520-579-7578

TECHNOLOGY CLUB Katta Mapes 520-304-4812 (talk/text) Katta.Mapes@gmail.com

TENNIS Doug Perry 215-499-1363 Marilyn Mattke 520-579-9481

TRAVEL CLUB Adele Suomela 952-270-0738

VETERANS Larry Schierer 520-975-1164 <u>sunflowerveteransclub@gmail.com</u> Tom Shambo 520-603-0563

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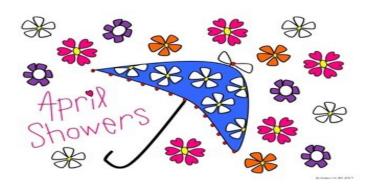


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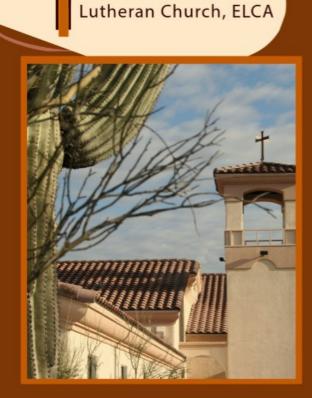
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