

The Sun Catcher

October 2026

Volume 29 Issue 10

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COMMITTEES

ARCHITECTURAL
ELECTIONS
FINANCE
LANDSCAPE
POLICY
PRESERVATION of
RESERVE ASSET (PRAC)
SOLAR TASK FORCE
WEBSITE
WELCOME



MUSIC UNDER THE STARS RETURNS ON OCTOBER 10TH

Grab your lawn chairs and blankets and join us for another wonderful evening of music, food and fun @

Music Under the Stars on Saturday, October 10th, 2026 from 5:30 to 8:30 p.m.

Enjoy live entertainment from the popular **Rainy Daze Band**, who will be bringing their great sound and energy to the stage for an evening of dancing, singing and enjoying time with friends and neighbors under the Arizona sky.

Come hungry! The **Veterans Club** will be grilling up delicious burgers available for \$10.00 each, making it easy to enjoy dinner while you relax and enjoy the music.

Be sure to save room for dessert too.

The **Fitness Club** will be selling refreshing ice cream bars for just \$2.00 each, perfect for cooling off during the evening of festivities.

Seating on the patio will be limited, so guests are encouraged to bring lawn chairs or a blanket to sit comfortably on the grass and enjoy the performance.

We look forward to seeing everyone for a fun-filled evening of great music, delicious food and community spirit.

Music Under the Stars

Saturday, October 10th, 2026

5:30 to 8:30 p.m.

Rainy Daze Band

Burgers by the Veterans Club - \$10

Ice Cream Bars by the Fitness Club - \$2.00

Bring a lawn chair or blanket for seating on the grass

Mark you calendars and join us for a fantastic night of

Music Under the Stars!



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-Lyn & Terry

”

2023

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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

The *Architectural Review Committee* would like to remind residents that they are responsible for maintaining their landscape. Trees, bushes and plants cannot block or hang over the sidewalks. Dead plants and weeds need to be removed from the front and side yards as soon as possible to keep Sunflower looking nice.

It's that time of year again where there are political signs up all over the community.

Political signs can be no larger than 4 sq. feet and are allowed up 71 days before the election and must be removed within 15 days after the election.

The **State of Arizona** has changed its flag laws, and political flags can now be flown for the same period as the signs can be up. Political flags must be no larger than a standard 3ft x 5ft flag and flown in the proper manner from either an approved flag pole or eve-mounted flag pole. A maximum of two flags can be flown per flag pole.

Thank you for your continued cooperation in this matter.

ARC's next two meetings:
Tuesdays, October 6th & 20th @ 9:00 a.m.
in the Village Center Craft Room.

POLICY COMMITTEE

By Robin Sterner

As I near the end of a one-year term as chairperson and begin to write an annual report for the Board, I recognized a pattern - ***Sunflower volunteers do a LOT of work!*** Vice Chairperson, ***Julie Frickel***, has done the majority of the work outside the monthly meetings. She has corrected formatting, grammar and typos, eliminated redundant language, and provided multiple drafts for members.

Julie is also President of the Bocce Club. Secretary, ***Billie Barron***, has documented the committee's extensive work with great attention to detail. ***Billie*** is also President of the Fitness Club and Art Club. Liaison, ***Kathy (Kat) Mitchell***, is the Policy Committee's communication link with the Board and responsible for making all motions. ***Kat*** is also Board Secretary and liaison for other committees. The 2 newest members began participating in July and are learning the process.

Our Sunflower Community is fortunate to have these volunteers! They are dedicated and give a lot of themselves to enrich our shared experiences.

The *Policy Committee* meets the first Friday of each month @ 9:00 a.m. in the Conference Room.—

Next meeting: October 9th.

LANDSCAPE INITIATIVES

By Charlie Barlow

The potential combination of a 30% reduction in state river supply alongside a 10%+ local Marana utility rate hike has been the primary focus of recent news coverage on Arizona's water costs.

The *Landscape Committee* is undertaking the effort to reduce or eliminate the irrigation of the grassy area by the pool. Tucson Water will subsidize the turf removal with (\$30,000) if we provide a plan for what will replace the grass: and a grant application is submitted for approval at the beginning of 2027.

We are asking all in the community to offer ideas on what to replace the grassy area with. We will be providing a **Suggestion Box** in the lobby of the Village Center for which you may offer any ideas.

Thank you in advance for your suggestions.

Our next meeting is on Wednesday, October 7th
@ 10:00 a.m. in the Conference Room.

WELCOME COMMITTEE

By Lynn Haye

Welcome all our "newbies" to Sunflower. The girls did a great job during the summer, soon the whole committee will be back in action. We will be meeting in October. For further information please contact **Lynn** @ h1035@aol.com.

We welcome the following newbies:

Snowbirds from Oregon, ***Jason & Tonya Surprise*** look forward to exploring the trails, foods and friends in their new home off of Whispering Shadows Way.

Ken and Diane Yeaglin first moved to Tucson in 2001 when Ken retired from the Hartford Insurance Group. We downsized and moved in 2016 to Cortaro and Hartmen Lane. Ken opened a photography business for 15 years. In 2001, they moved to the Gulf Coast of Alabama. Glad to be back. They enjoy travel, book reading, and walking their dog Zeke. Ken is a golfer, woodworker and DIYer. Diane loves dogs.

Bob Knox is moving to Sunflower from Mid-town Tucson. He is retired from both the Army (Master Sgt, Army Security Agency) and Raytheon (Systems Engineer). He has two children and enjoys bass fishing & travel.

Our next meeting will be on Friday, October 16th
@ 10:00 a.m. in the Conference Room.

PRESERVATION OF RESERVE ASSETS COMMITTEE

By Tom Howlin

One of the questions I'm most often asked is what type of qualification it takes to be on **PRAC**. I point to myself as an example and respond "not much". So I thought I'd introduce the committee in general terms to give folks a feel for our backgrounds and skill sets.

We have two retired facility managers who managed large corporate projects. This exposed them to everything from the bidding process to the final product. They probably have the most broad-based knowledge in the committee.

We have a government administrator who dealt with employee issues, contracts, vendors and other departmental-related issues. This provides a very nice background to not only lend a specific knowledge, but also to help guide operations of the committee.

We have a retired Air Force Officer who went on to start & run a very successful millwork shop in Tucson. This is an invaluable skill set when redesigning our physical structures.

One of our members is a retired law enforcement officer although he still maintains a presence in that community. He is our rule and procedure follower and the conscience of the committee.

Our retired master electrician gives us an extremely valuable and useful skill set when it comes to the more complicated aspects of our physical plant.

That's not everybody but I've run out of room; and it does give an idea of the broad base we draw from.

**Join us on Thursday, October 1st @ 1:00 p.m.
in the Fiesta Room.**

A FAREWELL THANK YOU

We don't want to leave this year without thanking our former BOD volunteers who have served us so well in past years.

Thank you's to:

Tim Lardy, who is our current President & is re-running this year,

Kat Mitchell, who served 2 terms as Treasurer/Secretary,

Ken Ropp, who served two terms - one as President; and

Tom Swain, who served as President & filled in this year.

We sincerely appreciate all the hard work and effort you've put forth in order to keep our Sunflower Community a premiere residential location in Tucson.

FINANCE COMMITTEE REPORT

By Bonnie Scott

The Finance Committee is presently working on bringing more information to the community. For now, we have no new information to report.

**Our Next Meeting: Tuesday, October 20th
@ 1:30 p.m. in the Conference Room.**

ELECTION COMMITTEE

By Effie Skroch

The **Election Committee** has been involved in the unfolding of the Candidate information and the steps for a successful election outcome. Paper ballots can be picked up at the front desk and the Ballot Box is in the lobby as of Oct 1st. If you'd like to have help with your vote, a **Voting Table will be available in the lobby on October 17th from 3:00 to 5:00 p.m.**

Besides voting for 4 candidates, you'll notice an Approval YES or NO, giving the HOA CPAs the decision to use the tax return 1120 or 1120H. This is a potential tax savings and a routine accounting procedure. **Please vote YES.**

Since we're talking about routine procedures, please note that if you are planning on attending our **ANNUAL MEETING on November 4th @ 6:00 p.m.**, it'd be a great help if you give the Election Committee members your ACCOUNT # instead of your Lot #. They will be in the Lobby as you check in. (The front desk ladies can give you your account number, if you don't know it) We are complying with the Arizona Statutes and legal-best practices.

***Thank you for VOTING and making
Sunflower a great place to live.***

The completion of this election will be at the **General Meeting on November 4th @ 6:00 p.m.
in the Fiesta Room.**

VILLAGE CENTER SOLAR PROJECT APPROVED BY MEMBERSHIP VOTE

We are pleased to report that the **Village Center Solar Project** was approved by the Sunflower membership. Participation was exceptionally strong, with two-thirds of all households casting a ballot.

With this approval, the Association will begin coordinating next steps with our selected vendor, **Technicians For Sustainability (TFS)**, to initiate the project.



By Bruce Schwartz

Greetings from the Veterans Club to all you wonderful Suncatchers.

I am certain everyone is gearing up for **October 10th & Music Under the Stars**. The Vets' club will be there to chaperone you with our tasty hamburgers and chips.

The ***Veterans' Club*** has been tasked with deciding which holidays the flag would be at half-staff. The following has been decided:

Peace Officers Memorial Day (May 15th);
Memorial Day (last Monday in May-sunrise until noon);
Patriots Day (Sept 11th);
National Firefighters Memorial Day (first Sunday Oct)
Veterans Day (Nov. 11th),
Pearl Harbor Day (Dec. 7th),
Passing of President (30 Days);
Passing of Vice President, Chief Justice, House Spkr
(10 days);
Passing of Arizona National Representative or Senator (day of death and following day);
Passing of Sunflower Veteran on the day they are honored at the club meeting.

The Fall Cookout is on November 14th. The Menu:
Choice of 2: Pulled Chicken or Pulled Pork Sandwiches,
or one of each Cole Slaw, Baked beans, and chips
Lemonade, Dessert - (Ice-cream) Still only \$18.00 per
person - best deal in town. Seatings and ticket-sale days
are to be announced.

It is with deep regret that the VSO who was coming to speak on **Spouses of Veterans' Benefits**, both before and after, is not able to be here in November. We will keep you posted as to when we are able to rebook this event. *Thank you for your patience.*

Just a reminder: We are now a 501(c)3. All donations are tax deductible and we provide proper IRS documentation for your filling. For more info email: sunflowerveteransclub@gmail.com.
For more info about our Veterans' Club, to make donations or to find out how you can help—checkout our website:
<https://www.sunflowerliving.com/veterans-club-home>

Thank you and a wonderful Fall to all.

TERRY JOHNSON — A LIFE SHAPED BY SERVICE

At age 17.5, **Terry** and a friend decided to join the United States Marine Corps under the Buddy System. Unfortunately, his friend did not pass the required medical examination, so Terry decided to join the United States Army instead.



Terry completed his Basic Training and Advanced Individual Training (AIT) at Fort Ord, California. His ability with a rifle quickly became apparent. He was selected for additional rifle training and spent time shooting on the 600-yard range. The Army saw potential sniper material in him. However, because of his smaller build, that career path did not work out. Instead, Terry was sent to Fort Sam Houston, Texas, where he trained as a medical specialist. Following his medical training, Terry was assigned to Fort Leonard Wood, Missouri, where he worked in the hospital. He later transferred to Fort Carson, Colorado, where he drove an ambulance.

Terry's military service eventually took him overseas to Germany, where he was stationed in Munchwieler. He worked in the hospital ward, pharmacy, and as an ambulance driver. One of his more memorable assignments was working in the OBGYN Ward. Later, he became a driver and eventually had the distinction of driving for the base commander.

Terry says his greatest memories of the Army are the discipline and responsibility he learned. He believes those lessons played an important role in his personal growth and success throughout his 38-year career at Douglas Aircraft, McDonnell Douglas Co. & Boeing Aircraft after his service. Terry was also fortunate to meet his wife, Dolores, with whom he continues to share his life today.



**WE THANK YOU, TERRY
FOR ALL YOUR SERVICE!**

OCTOBER SOCIAL CLUB

By Frances Gauthier



Fall has arrived and to go along with our cooler weather, we will be serving a **Chili Dinner on Saturday, October 17th**.

The menu is chili, salad, cornbread and cupcakes. Our entertainment that night will be **Bill Ganz**, a Western Singer.

We will be selling tickets on Monday, October 5th from 12:30 to 2:00 p.m. Tickets are \$10, and membership is required. If you are not a member, \$1.00 will pay you through the end of the year.

Our Election of Officers will take place in November. **Bette** has been our President for several years and is going to step down. The **Social Club** dinners have been very well-attended; but if we don't get a new President, the club will have to disband. Please let us know if you would consider taking over this position!!

Tickets for our **November 21st Thanksgiving Dinner** will be on sale on Friday, October 23rd from 10:00 to 11:30 a.m. Tickets are \$10. We will be collecting books for the **Roadrunner Elementary School** that night as well.



BACCHUS WINE

By Kevin Webb

It's OCTOBERFEST at Bacchus Wine!!

Join us on Wednesday October 28th from 4:30 to 6:30 p.m. in the Fiesta Room.

Our theme will be German Wines and Appetizers. Bring your favorite wine and appetizer to share with the group. The e-Vite will go out on October 21st. If you are not comfortable with the online invite, we are now accepting text RSVPs @ 520-240-9710. Indicate your name(s) and 1 or 2 people. Wear your lederhosen if you want! See you there! To join the evite list or for more information, contact **Kevin Webb** @ 520-240-9710 or bacchuswinesunflower@gmail.com.

Bei Bacchus Wine heißt es „Oktoberfest“! Am Mittwoch, den 28. Oktober, von 16:30 bis 18:30 Uhr im Fiesta Room. Unser Thema: deutsche Weine und Häppchen. Bringen Sie Ihren Lieblingswein und einen Snack mit, um sie mit der Gruppe zu teilen. Die digitale Einladung wird am 21. Oktober verschickt. Falls Ihnen die Online-Einladung nicht zusagt: Wir nehmen Anmeldungen jetzt auch per SMS unter 520-240-9710 entgegen. Bitte geben Sie Ihren Namen (bzw. die Namen) und die Personenzahl (1 oder 2) an. Wer mag, kann gerne in Lederhosen kommen! Wir sehen uns dort!

SUNFLOWER/SAFEWAY VACCINATION CLINIC

By Lisa Sak, Community Manager

Our second and final **Safeway's Vaccine Clinic** will be taking place in October. ***Get your vaccination here at Sunflower*** -- conveniently located in the Fiesta Room. Grab a bite while you wait: Cookies and Starbucks coffee will be served!! A 10% off Coupon for groceries at **Safeway** will be offered to everyone getting a vaccine.

The 2nd clinic is offered on **Friday, October 23rd from 8:00 a.m. to 12:00 Noon in the Fiesta Room at the Sunflower Village Center.**

The Vaccines available will be: Flu, COVID, Pneumonia, RSV, Tdap, Shingles, and Hepatitis B Vaccines. Current COVID vaccines will have been approved by District Leadership by the time of our Sunflower Clinic on September 9th.

Residents will need to bring their **insurance card or a photo/copy of it.** The insurance form required to be completed is at the front desk for your convenience or you can fill one out when you come into the clinic. ***We look forward to seeing you!***

Sunflower

Fine Arts & Crafts Festival

NOVEMBER 6 & 7, 2026

9:00 AM - 3:00 PM

Made by local and community artists

- Paintings • Angels • Pumpkins • Wreaths
- Towels • Paper Crafts • Jewelry • Quilts
- Crochet & Knitted Items • Beaded Items
- Household Novelties • Diamond Dot
- Cutting Boards • Pinecone Trees
- Fused Glass Earrings and Necklaces
- Driftwood Wall Art • Denim Shopping Bags
- Baskets and lots more!

Handmade Local From the Heart

The Station
— will be here —
grilling lunch
on the back porch

11:00 AM - 1:30 PM

Community BAKE SALE

Fresh homemade treats & goodies!

SUNFLOWER COMMUNITY CENTER
9401 N Sunflower Park Dr • Tucson, AZ 85743

THE FOODIES & FUN CLUB

By Kathryn Martin

PLEASE SEE ROGER DAGGETT'S DISPATCH AD INSERT-PAGE IN THIS SUN CATCHER TO GET MORE INFORMATION ON UPCOMING EVENTS FROM THE FOODIE CLUB



OUR OCTOBER TABLE AND THE JOURNEY, WILL TAKE US TO GERMANY & OKTOBERFEST

Join us on **Friday, October 16th** starting @ **5:00 p.m.** for a wonderful evening. The evening will start with fun, food, a line dance polka lesson from our very

own **Karen Barta and her dance class dancers**, and then we will have an hour of entertainment and dancing with Tucson's 7-piece Polka Band: **Retro Polka**.

The cost per person is \$25.00 and that includes either a: Brat with sauerkraut & a side of potato salad or an Uber Braut (a cheddar filled Braut wrapped with bacon) with sauerkraut & a side of potato salad.

All food items must be ordered at the time of ticket sales.
If you don't like sauerkraut, you can order chips.
All provided by Haus of Brats

If you would like a pretzel or apple strudel, it will cost \$6.00 per item and ordered at the time of ticket sales.

Tickets Sales were held on: **Monday, September 21st**
from 10 – 11 a.m. & Friday, September 25th from 1:00 – 2:00 p.m.

If tickets are left, again on Friday, October 2nd
from 10 – 11 a.m.

We hope you will join us!



Barrio Bread

Barrio Bread, **Don Guerra**, will be BACK at Sunflower to sell bread **on**
Wednesday, October 14th
@ 4:00 p.m. in the Craft Room.

FALL DECOR EXCHANGE TABLE

Please note we will once again be setting up a
Fall Décor Exchange Table
on Friday & Monday
October 9th & 12th
in the Village Center Lobby

Please bring any holiday decorations you might wish to donate & even pick up some new items that someone else has donated!

GATHERINGS CLUB

By Jan Gerston

Ladies Clothing & Watch Sale NEW IMAGE FASHIONS

Join us for a very special fashion event on:
Thursday, October 29th from 10:00 a.m. to
2:00 p.m. in the Fiesta Room

New Image specializes in stylish, comfortable clothing designed for active adult women with discount pricing of 25%-75% off retail prices. Product selection includes resort wear, swimwear, activewear & everyday fashion pieces that blend comfort, color & Modern style. Brand names include Ruby Road, Ethyl, Lulu-B, Creation, Maxine Swimwear, Southern Lady & Alfred Dunner. Watch batteries replaced for \$4.50.



All credit cards, cash, check, Venmo, Zelle and Tap-to-Pay accepted.

Boomer Trivia Night, October 2nd @ 6:00 p.m., Fiesta Room: Trivia game in an entertaining format that will exercise your brain. Tickets \$7.50 at the door.

Monthly Meeting: October 13th @ 6:00 p.m., Craft Room

Food Truck Roundup, October 14th @ 4:00 p.m.
Fish tacos, pastries, pasta, wings, desserts, and more.

Open Mic: October 15th @ 6 p.m., Fiesta Room.
Musicians, poets, performance artists sign up @ 5:50 p.m. for a 10-minute performance slot. Audience members are welcome to bring refreshments.

TED Talk + discussion, October 21st @ 10:30 a.m. Craft Room. Streaming of a 15-minute talk on a topic of current interest followed by lively discussion.

Halloween Party, October 31st @ 6:00 p.m.
Photo booth, live music, an assortment of devilishly-good treats and soft drinks, music. Costumes Encouraged, but not required. Tickets \$10.

CHORALE NEWS

By Beth Britton

Singers, it is not too late to join the **Sunflower Chorale**. Are you just coming back from travels? It's okay, we want you to join our practices on
Mondays from 3:30 to 5:30 p.m.
Call **Barbara Lacy @ 928-242-0249** for questions and information.

COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant *at least a day in advance*.

ROMEOs Breakfast – Wednesday, October 28th will go to **Bisbee Diner**, carpooling @ 7:45 a.m.

ROMEOs Lunch – Wednesday, October 14th will go to **Grumpy's**, carpooling @ 11:45 a.m.

OWLS Dinner - Wednesday, October 21st will go to **Cheddars**, carpooling @ 4:30 p.m.

COFFEE & FRIENDS

By Marilyn Engel



Fall is in the air (somewhere) and October is the perfect time to join us at **Coffee and Friends**. Our founder and sponsor, **Roger Daggett** of Coldwell Banker Realty, faithfully provides fresh donuts **each Saturday from 7:30 to**

8:30 a.m. in the Fiesta Room. Coffee and tea are available for \$1; and donuts are \$1. There is no cost to just attend, however; so just come for the conversation and check out our lively, growing group of residents.

This past month we were all treated to a “free day” of coffee and donuts; and in honor of Labor Day weekend, fresh cinnamon rolls from Village Bakehouse were provided gratis. All proceeds from this group are used on Saturday mornings for our supplies and food. We know how to stretch our dollars, so welcome new residents and everyone during their birthday week for coffee and donuts free of charge.

There is space at our tables waiting for you.

MONTHLY GAME NIGHTS

Second Friday & Fourth Tuesday

Time to fill your October calendar!

Join us for **Game Nights on October 9th**
and/or October 27th.

You can bring your own game or play one from our library of games. This is a great way to meet new people!

Thank you to our host **Bob Wilson**.



CORNHOLE

By Kevin Kirkey

Join Us for Friday Night Cornhole!
Looking for a fun way to kick off your weekend?

Come join your neighbors for Cornhole every
Friday evening from 5:00 to 7:00 p.m.
on the Bocce Court Sidewalks.

Whether you are a seasoned player or looking to try it out for the first time, all skill levels are welcome. It is a great opportunity to relax, enjoy some friendly competition, and connect with the community. Boards and bags provided.

KARAOKE

Tuesday, Oct 20th

5:00 - 8:00 p.m. in the Fiesta Room



Are you ready for some scaraoke, fang-tastic vocals, ghoulish grooves, or monster mash-ups? We look forward to seeing you at karaoke. Our theme for October is anything **Halloweenish**. Songs can have a spooky or autumn theme. Costumes are optional.

Please send your song request to **Gary @ gengel9285@icloud.com** by Oct. 14th. We have single artists, duets, group sing-a-longs. You are welcome to sing or just enjoy the entertainment. Bring your own beverage - we will provide a snack.

Thank you to **Tim and Kaye** from the **Walter Team** for our karaoke machine and to **Judy Ibrado** from **Long Realty** for helping sponsor our Karafun Subscription.

CHANGE TO ANNUAL ASSESSMENT — **EFFECTIVE OCTOBER 1, 2026**

By 2026 Board of Directors

The **2026/2027 Annual Budget** was approved by the Board of Directors at the monthly Board Meeting on July 29th.

The Board greatly appreciates the time and effort of our **Finance Committee** in developing this year's budget. Many factors go into the development of the budget; and this year we experienced several budget positive impacts, including interest income, pool repairs and offsets from our Community Conservation Corp. Increases in insurance, supplies, electrical utilities and Continental Ranch assessments offset these positives.

This will cause a slight increase in our assessment. **Effective October 1st, 2026, the semiannual assessment will increase to \$836 (a 4.5% increase) for a total annual assessment of \$1672 per lot.** If you have an automatic payment setup for your assessment payment, please ensure you change the amount to avoid a late charge. A hard copy of the budget is available in the Village Center for your convenience.

SUNFLOWER TENNIS CLUB

By Dennis Page

Last month's article referred to the "5Rs" to improve your tennis game while on the court.

There are numerous websites dealing with strength, mobility, agility, and power exercises you can do off the court to improve your game. All of these exercises are essential for successful tennis play, as well as for avoiding injuries. Just search for "exercises for tennis players" to find ones that appeal to you.

Following is a sample of these types of websites to explore. (Type the characters into your browser exactly as shown):

- <https://www.personaltrainerauthority.com/best-fitness-exercises-for-tennis-players/>
- ♦ <https://www.tennisfitness.com/blog/9-best-exercises-for-tennis-players/>

Reminder: Weekly play (Monday through Saturday) for SFTC members starts @ 7:00 am, subject to change.

For current information: **Charlie Barlow:** 360-870-6517, or email him @ amitayus60@gmail.com --or-- **Susan Page** @ susanpage@comcast.net.

PICKLEBALL CLUB

By Leah Freeland

A reminder to mark your calendars for the **Annual Business Meeting which will be held on Friday, October 30th @ 5:00 p.m.** The current officers are stepping down, so please consider running for an office position.

The Holiday Party will be Saturday, December 12th @ 5:00 p.m. More details about both these events will be sent to club members closer to the date.

We are excited to have our Snowbirds beginning to return this Fall. Play hours are open to all members during the summer months:

Monday through Saturday from 7:00 to 9:00 a.m. and Tuesday, Thursday & Sunday from 6:00 to 8:00 p.m.

For beginners interested in learning the game, free lessons can be arranged by calling or texting **Karla Holmes** @ 208-724-4864.



By Julie Frickel

Due to the Meet the Candidates Session, the **Discover Bocce Event** was postponed one week.

Our Discover Bocce Open Play Day is now scheduled for October 3rd from 9:00 to 11:00 a.m.

Please arrive between 8:30 and 8:45 a.m. so we can make introductions and get teams assigned.

We will play 2–3 games, with an emphasis on learning the basics of bocce. Donuts and cookies will be provided, but please bring your own water. We are looking forward to meeting some new people and sharing the fun, friendship, and camaraderie that makes our club so special!

CURRENT CLUB MEMBERS: Club dues for 2027 are due no later than October 15th, 2026. Please give **Marcia** a check or exact cash of \$10 by that date. Snowbirds: if you will not be back but still want to sign up, please email **Marcia** @ mlpceciot@gmail.com.

We have tentatively planned a night bocce event for October 30th, as well. An email will be sent to confirm the date and provide details.

BOWLING INFORMATION & NEWS

By Bonnie Scott

If you want to make new Sunflower Community friends and enjoy some fun for 2 hours, come bowling with us on **Friday afternoons**. Its Open bowling so no teams, no competition and if you cannot bowl, no problem, and no cost. We bowl all year. We welcome back **Linda Ottley**. The cost is \$13 for 3 bowling lines which includes funds toward the Annual Banquet. **Don Preuss** provides a weekly sheet of player bowling information.

Bowlers with outstanding scores:

Joe Beard	– 587 series & 215, 172, & 200 games
Ed O'Hara	– 221 game & 568 series
Don Preuss	– YTD High game of 225
Gary Scott	– 589 series & games of 202, 215, & 172; YTD High game of 240
Bob Sergisson	– 584 series & games of 233, 206, & 145.
Susan O'Hara	– 575 series & 205, 189, & 181 games; 214 game
Vicky Beard	– 200 game & 513 series
Faythe Mattern	– YTD High game of 185 & YTD High series of 462

Please show up at 12:10 for practice at 12:20 and start time of 12:30 p.m. We bowl at the **PINZ Lanes** - 501 W. River Road. When you arrive, come to Lane 1 and someone will collect your \$13.

Refer questions to **Terri Shevlin** @ 609-471-4347.

ROSIE'S SUNFLOWER BINGO

By Tim Walter



Those in attendance this month had fun on our first "Jammie" night! Thank you to those who dressed up and took good humor judgement of their sleepwear, and thank you those who did not dress in their true unclad nighttime lack of apparel! The library was not needed, but we are looking forward to the night it is.

The Rosie Special was \$245.00, down \$30.00 from last year this month. **Lars Erjup** contributed a \$40.00 from his winnings, along with **Suanne Ryan, Ginger Gruzinski, Kristy Ashmore, and Janet Startzel**, for a total of \$70.00 to the Veterans Club.

Congratulations to all the winners, but especially to Sunflower resident, **Shannon Meely**. She has helped us set up and collect the money for years now. It was nice to see her win and split the Rosie special with **Diane Kois**. A nice sendoff to California, as she is moving later this month. We wish her all the best, and send her off with our gratefulness for all her help over the years.



October is always a special night, as we celebrate Breast Cancer Awareness and appreciate the players that beat and continue to fight! A pink and Halloween costume night for all!

Join us for a spooktacular Bingo in October.
A little early for Halloween,
but feel free to try out your costume on us!

October 13th when games will start @ 6:00 p.m.

Don't be unlucky on the thirteenth.
You must be present to win!

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: **Tuesdays and Fridays — 1:00 to 4:00 p.m.**

Chix with Stix (Ladies):

Mondays and Thursdays — 1:00 to 4:00 p.m.

No experience necessary

We'll Rack 'em and You Hit 'em.

LADIES 9-HOLE GOLF

By Leslyn Sisco

We will be starting back again in mid-October! Come join us at Quarry Pines for a fun and non-competitive round of golf! **We will play every Tuesday at 2:00 p.m.** Please call **Leslyn Sisco** @ 970-946-5998 by 10:00 a.m. on Monday to confirm play. *See you on the course!*

MENS 9-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at Quarry Pines Golf Course. **We play every Wednesday starting @ 2:00 p.m.** Come join us for a fun time! Contact **Jim Murphy** @ jmurphmail@gmail.com for further information.

SUNFLOWER MENS GOLF CLUB

By Gary Scott

For those unfamiliar with our club, we play twice a week (**Monday and Thursday**) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us.

You can contact **Doug Culpepper** @ biker1ab@mac.com (412) 720-6248 or myself @ gbscott70@comcast.net (520) 406-0123.

You may visit our schedule of events on our website:
www.sunflower.golfclub.net.

POP TENNIS

By Gary Engel

Pop Tennis now starts @ 8:00 a.m. on Court 2.

We have a group of active "Poppers" playing on **Tuesday, Thursday & Saturday mornings**. No experience is needed - just show up. We provide the paddles and balls. Former (and active) tennis and pickleball players have become proficient quickly. Contact **Gary Engel** @ 623-221-8813 or gengel9285@gmail.com.

YOGA CLUB

By Leslie Parr

We have FREE YOGA CLASSES on Monday, Wednesday & Friday from 7:45 to 8:45 a.m.-Fiesta Rm.

It is gentle Yoga for Seniors. **Yoga Club** members enjoy a relaxing hour at the beginning of the day. All welcome. Please bring your mat and a stretch band to each class.

Questions, call **Leslie Parr** @ 520-603-8785.

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: lsak@associatedasset.com

Rosie Young, Sunflower Community Assistant Manager: rmyoung@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

For Communicator to: lsak@associatedasset.com,
For Visual Lobby Display Changes to: kassidy.kirchgatter@associatedasset.com
Sunflower Living Website: webteam@sunflowerliving.com

FRONT DESK PERSONNEL

Viktoria Hair, Resident Services Coordinator: viktoria.hair@associatedasset.com
Jamie Haire, Resident Services Coordinator: jamie.haire@associatedasset.com
Nickie Kaplan, Resident Services Coordinator: nkaplan@associatedasset.com
Kassidy Ritza, Resident Services Coordinator: kassidy.kirchgatter@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS

***THE VILLAGE CENTER WILL NOT BE CLOSED
IN OCTOBER FOR ANY HOLIDAYS.***

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.

Sunday 11:00 a.m. to 4:00 p.m.

Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their
regularly-scheduled time ~

*If you have any questions, please call the
Front Desk or the Management Team.*

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, www.Sunflowerliving.com, and scroll down to click the "**Subscribe to Our Residents Newsletter**" link.

Part way down the new page, you will see a "**Subscribe Here**" link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to: Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "protected pages," you must enter the password which is only available to Sunflower residents. Please visit the Village Center front desk so you can receive the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: nkaplan@associatedasset.com.

ADVERTISING IN THE SUN CATCHER

If you are looking to advertise your business in **Sunflower's Sun Catcher** newsletter, via classified ad, or multiple-sized colored advertisement, or have any questions about fees and space available, please email **Kassidy** @ kassidy.kirchgatter@associatedasset.com, or just visit the front desk at the Village Center and any one of the ladies can give you a pricing sheet for advertising.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724
Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

OCTOBER 2026 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		<u>COMMITTEE MEETINGS</u> 10/01 PRAC 10/06 ARC 10/07 LANDSCAPE 10/09 POLICY	<u>THIS MONTH</u> 10/16 WELCOME 10/20 ARC 10/20 FINANCE 10/28 BOD	1 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 1 PRAC 1 Tech BOD Mtg 2 Neighborhd Conns	2 9 Quilters 1:30 Fun Poker 1 Mah Jongg 2 6 Boomer Trivia Night	3 7:30 Coffee & Friends 9 Art Club 9 Discover Bocce
4 1 Mah Jongg	5 9 Mexican Train 10 Craft Club 10 Social Club Mtg 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 12:30 Social Cl Ticks 3:30 Chorale	6 9 ARC 10 Social Club Mtg 1 Euchre 1 Ladies Bridge	7 9 Mah Jongg 10 VETS Meeting 11 VETS BOD Mtg 10 LANDSCAPE 1 Mah Jongg 2 1 Pinochle	8 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta	9 9 Quilters 9 POLICY 11:30 Fun Poker 1 Mah Jongg 2 6 Game Night Fall Décor Exchange	10 7:30 Coffee & Friends 9 Art Club 5 Music Under The Stars
11 1 Mah Jongg 2 Tech Help	12 9 Mexican Trn 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 1 Vintage Gard Mtg 3:30 Chorale Fall Décor Exchange	13 10 Daytime Book Cl 1 Euchre 1 Ladies Bridge 6 Gatherings Cl Mtg 6 BINGO	14 9 Mah Jongg 10 Tech Club Mtg 11:45 ROMEOs 12:30 Mah Jongg 2 1 Pinochle 4 Barrio Bread 4 Food Trucks	15 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 1 Fire Dept - Safety/Wellness 6 Open Mic Event	16 9 Quilters 10 WELCOME 11:30 Fun Poker 1 Mah Jongg 2 5 Foodies Journey	17 SUNFLOWER YARD SALE 7:30 Coffee & Friends 9 Art Club 3 Voting Table 5:30 October Social Club
18 1 Mah Jongg	19 9 Mexican Train 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	20 9 ARC 1 Euchre 1 Ladies Bridge 1:30 FINANCE 4:30 Karaoke	21 9 Mah Jongg 10 Photo Club Mtg 10:30 Ted Talks 1 Mah Jongg 2 1 Pinochle 4:30 OWLS	22 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta	23 8 Vaccine Clinic 9 Quilters 10 Social Cl Ticks 11:30 Fun Poker 1 Mah Jongg 2	24 7:30 Coffee & Friends 9 Art Club
25 1 Mah Jongg 2 Tech Help	26 9 Mexican Train 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	27 11 PWC Meeting 1 Euchre 1 Ladies Bridge 2 Genealogy Meeting 6 Game Night 7 SF Readers	28 7:45 ROMEOs 9 Mah Jongg 10 BOD MTG 1 Vin Gard Tickets 1 Mah Jongg 2 1 Pinochle 4:30 Fun Poker 4:30 Bacchus Wine	29 9 Quilters 9 500 Cards Game 10 Fashion Event 1 Mixed Bridge 1 Canasta	30 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2 5 Pickleball Party	31 7:30 Coffee & Friends 9 Art Club 6 Halloween Party 

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6pm Pickleball	Men's Golf 7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 9:30 Line Dance 1pm Chix w/Stix	7 Pickleball 7 Tennis 7:30 Bocce 8 POP Tennis 9 Stretch/Tone 10:30 Forever Fit Class 1pm Men's Billiards 6pm Pickleball	7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 1pm Ping Pong 1st, 2nd, 3rd Wed 2pm Men's 9-Hole Golf	Men's Golf 7 Pickleball 7 Tennis 7:30 Bocce 8 POP Tennis 9 Stretch/Tone 10:30 Forever Fit Class 1pm Chix w/Stix 1pm Ping Pong-4th Thurs 6pm Pickleball	7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 10 Line Dance 12:30pm Bowling 1pm Men's Billiards 5 Cornhole	7 Pickleball 7 Tennis 7:30 Bocce 9 Water Aerobic 11 Ping Pong *Hiking Info- See Fall Hiking Sched For Details

TOPICS OF INTEREST

ARTIST GALLERY

By Nickie Kaplan

We are fortunate to have two artists display their artwork in October: **Lori Roper & Lois Croly**.

Lori says: My journey into jewelry art began when a dear friend and neighbor passed away and I was gifted her costume jewelry. I created framed memorial pieces for her children, using their mother's jewelry to make something beautiful and meaningful they could keep. That experience sparked a passion I never expected. Today, I create one-of-a-kind, framed artwork using vintage, thrifted, donated, and treasured jewelry, giving forgotten pieces a completely new life. I love working with clients to create something that is uniquely theirs. Every piece is created by hand, and no two are ever quite alike. I will also be selling my art at the upcoming **2026 November Arts & Crafts Fair**.

Lois says: "After retiring, I turned my focus to painting, exploring scenes, people, and animals that inspire me. My work has been exhibited at the Mazatlán Art Museum; and since moving to Arizona, I've especially enjoyed capturing the beauty and character of the desert landscape. Painting brings me great joy, and I hope that joy comes through in my work and brings as much pleasure to others as I find in creating it.

We wish to extend a sincere thank you to **Stephen Marriotti** for his beautiful paintings displayed during the month of September. Remember to stop by the Village Center during the month of November to view the work of **Michelle Girard**. Our residents are truly creative!

THE PING PONG GROUP

By Buzz Hoffmann

Ping Pong has come a long way since it was first played in England by upper, middle-class Victorians on dining room tables. Rackets were lids from empty cigar boxes, balls were champagne corks, and a line of books served as the net. We use modern equipment and love to have new players join us for this great sport, one of the best for the brain. All playing levels, including beginners, are welcome for a fun time of ego-free and often aerobic ping pong.

**We play on the 1st, 2nd & 3rd Wednesdays
and 4th Thursdays @ 1:00 p.m. in the Fiesta Room,
and also on Saturdays @ 11:00 a.m.**

GNO Girls Night Out (or Days)

By Lynn Haye

Hey gals - here we go!

Our November outing is to the Zoo - yep the Zoo.
We are going to be kids again.

The date is Monday, November 16th

They have wheelchairs and scooters available for those who might need them. Please let me know if you're interested. Contact **Lynn @ h1035@aol.com**.

SUNFLOWER HIKING GROUP

By Hope Collins

It's October, so that means cooler temperatures, and the start of the **Sunflower Hiking Group** hiking season! In general, we will have hikes on Tuesdays and Fridays, from October through March. We offer hikes for all levels of hikers throughout the season. The hikes for each month will be listed in the Sun Catcher; the upcoming week's reminders will be posted to the weekly Communicator.

Essential details and updates about hikes are sent via Google Group emails. If you plan to hike with us this season, it is recommended that you be added to the group. To do that, send an email to **Hope Collins @ hopecollins65@gmail.com**. Once added to the group, you will receive an email from the **Sunflower Hikers Google Group** confirming that you have been added. There is no need to reply, but you will want to follow the instructions in the email. If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran @ 520-729-8082**.

OCTOBER HIKES

October 13	Scenic/Passey/Packrat Loop, 3.2 Miles, Easy-
October 16	Robles Trail, 4.9 Miles, Easy+
October 20	Linda Vista Loop, 3.0 Miles, Medium-
October 23	Santa Cruz River Exploration, 5.0 Miles, Easy
October 27	Marshall Gulch/Aspen Loop w/Bear Wallow, 5.7 Miles, Medium-
October 30	Sweetwater Preserve Dog Friendly Hike, Mileage TBD, E+

**Most hikes meet between 7:00 and 7:45a.m. at the Village*

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The **Sunflower Photography Club** is a supportive community where we can share our joy of photography, learn from each other, and grow together. Whether you're using a smartphone camera or more complex equipment, or if you're an experienced photographer or just starting out, there's a place for you in our club! Please email **Vince Senski** with any questions @ **vinceduluth@gmail.com**.

**Our next meeting is on Wednesday, October 21st
@ 10:00 a.m. in the Fiesta Room.**

DAYTIME BOOK CLUB

By Alice Hafner



The **Daytime Book Club** continues to meet on the 2nd Tuesday of each month.

**Our next meeting is scheduled for Tuesday,
October 13th @ 10:00 a.m. in the Library.**

All Sunflower residents are welcome to attend.

ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents who desire to create/color something that stirs the imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a protective covering for the table. **Saturdays @ 9:00 a.m. - Craft Room.**

CRAFT CLUB

By Chris Polk

We're back! October marks the return of the **Craft Club!** We begin on October 5th with our planning meeting, which provides an overview of the club, introduces some the projects we will be crafting this season, & the opportunity to sign up to become a member of the craft club. There are no dues for this club.

We will begin our first project on October 12th with a scarecrow brandy glass for the fall season. Members will learn the techniques to create this project from our own Master Crafter, **Debbi Burg**. (There will be a sign-up sheet to participate in this craft project at the Oct 5th Mtg) All are welcome to sit in on a class to see how we roll.

The Craft Club meets most Mondays from 10:00 to 11:30 a.m. in the Craft Room - October through April. We hope to see you on October 5th!

Craft Club Co-Chairs, **Chris Polk** and **Michele Saylor**

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: Beginners Class 9:30 to 10:00 a.m. to go over individual steps used in most dances.

10:00 to 11:00 a.m. Beginners Learn & Dance

Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m. Then **11:00 a.m. to Noon** - A bit more advanced. To attend, you pay **\$5 to the Dance Club** for entire year. The fee goes to the Club for our Parties, Dances for the Community & whatever else we decide to do.

FOREVER FIT CLASS

By Virginia Landers

The Forever Fit Class with Virginia started on Tuesday, March 31st & will meet every Tuesday and Thursday from 10:30 a.m. to 11:30 p.m. in the Fiesta Room.

The format will follow the Weights and Balance Class. Please bring hand weights, leg weights, resistance bands & water. Resistance and balance exercises are essential for seniors to maintain strength & independence.

SUNFLOWER READERS (Evening)

By Tina Smith

Our monthly meeting will be on Tuesday, October 27th @ 7:00 p.m. in the Library.

Robert Romming will lead a discussion about the book, **Hamnet** by **Maggie O'Farrell** – A moving and uncomplicated tale about a marriage, a family and the loss of a child. An imagined life of Shakespeare's family set in Warwickshire, England. *Please join us.*

FITNESS CLUB

By Billie Barron

Water Aerobics: Monday, Wednesday, Friday and Saturday, 9:00-10:00 a.m. We use recordings that offer a well-balanced workout focusing on core, upper body, balance and joints. Noodles are provided.

Stretch and Tone: Tuesday and Thursday, 9:00-10:00 a.m. This is a full-body workout (seated or standing) concentrating on building strength, flexibility, balance & diminishing risk of falling. Participants need tubing with handles, resistance band, hand weights 10" ball. Most items can be purchased online or at WalMart.

Chair Yoga/Pilates:

This class will resume when Violet Borens returns in November, 2026.

Please check upcoming Sun Catchers.

Fitness Club membership cards are required.

Violet Borens is a certified instructor conducting these classes, with the exception of Water Aerobics.

GENEALOGY SOCIETY

By Paulette Weiser



The Sunflower Genealogy Society's October program is on Tuesday, October 27th @ 2:00 p.m. in the Fiesta Room and on Zoom with a presentation on **"How to Use DNA in Family Research, Part II"** from **Bridget LeFevre**. Bridget will be

teaching us how to understand DNA data and how to apply it to our own research. Bring your laptop or tablet for a hands-on experience after the program. We will also approve our 2027 program schedule with more good topics to assist our family research.

Bridget has operated Roots Detectives, specializing in genealogical mysteries, for 16 years. With a degree from BYU and numerous on-line classes, she has written seven family history biographies along with solving many cases of unknown paternity using DNA. Brick walls mean nothing to her in her work!

The November presenter will be our **Beth Van Blaricom** talking about what she has done with the family information she has gathered. December will be our holiday get-together with goodies and sharing family photos and stories.

It is time for members to begin thinking about stepping up to be an officer in the society. The officers include president, vice president, secretary and treasurer. We also have two at-large members of the board. Officers are elected late in the year but do think about volunteering your time to keep the organization strong and vital. None of the offices are very time-consuming and current officeholders are available for assistance.

CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Library. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CANASTA

Thursdays starting @ 1:00 p.m. in the Craft Room.

We play two versions: Hand & Foot and Samba. So join us to see familiar faces & meet new friends.

MEXICAN TRAIN DOMINOES

By Pat Cooke

It's hot outside! Come inside to play Mexican Train Dominoes with us.

Join us on Mondays @ 9:00 a.m. in the Library and @ 12:30 p.m. in the Fiesta Room.

EUCHRE

Would you like to play Euchre?

We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.

Call **Vicky** @ 520-907-3510 for details.

We'd love to have you join us!

SUNFLOWER 500 CARD CLUB

By Bob Bender

The 500 Card Club welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). We are still willing to teach anyone who would like to learn the game. Call and we will set up a time to teach. Call **Bob Bender** @ 717-804-6425.

MAH JONGG

By Anne Schmidt

We will play Mah Jongg @ 9:00 a.m. in the Library & Mah Jongg 2 @ 1:00 p.m. in the Craft Room every Wednesday.

Not ready to make a commitment?

All are welcome, beginner to advanced players!

SUNDAY MAH JONGG

By Lynn Neitzke

We began playing Mah Jongg again on Sundays from 1:00 to 3:30 p.m. in the Library.

Contact **Lynn** @ 520-268-7784 with questions.

PINOCHLE

By Harlan Quinn

If you like to play single-deck Pinochle, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library.

There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present. For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER

By Jim Conley

We play Poker in the Library on Mondays from 11:30 a.m. to 3:00 p.m. and on Fridays from 11:30 a.m. to 3:00 p.m.

We also play on the 4th Wednesdays of the month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

Please join us at the Village Center on any day and we will get you started.



Loretta Kyler- Companion Care Provider
Over 40 years in healthcare rehab field
(520)991-3492
lorettakyler96@gmail.com

Help with:

- Small household tasks
- Transportation to appointments, grocery stores, etc.
- Basic needs for elderly loved ones

SUNFLOWER QUILTERS

By Carolyn LaPotin

During our **October 7th Meeting** this month, **Quilters** will present the lap-size patriotic quilts that we have been making all year to the **Sunflower's Veterans Club**. They will then donate the quilts to Veterans who are in Hospice. Our goal is to donate more than the 25 we gave last year. Will we make it?

We are also creating items for **Sunflowers Arts and Crafts Fair** in early November; and while we may be busy, we still have time for lots of sharing, laughter and the occasional field trip or other social outing.

We meet in the Craft Room on Thursday and Friday mornings from 9:00 to 11:30 a.m., and all residents who quilt are welcome to join us. We would love to have YOU as a part of our group. Please feel free to drop by and just say "hi" or ask questions about our club's future events and projects.

TECHNOLOGY CLUB

By Katta Mapes



TECH TALK: Wednesday October 14th
@ 10:00 a.m.

Member Meeting in the Fiesta Room

***Here a Scam, There a Scam,
Everywhere a Scam, Scam!***

Scammers are constantly evolving, adapting their tactics almost daily to deceive unsuspecting victims. Today, **Kelly Swanson**, a Sunflower resident and former bank manager, will share an important update on the scams and warning signs to watch for. Her insight and experience will help us stay informed, alert, and better prepared to protect ourselves and our community from these increasingly-sophisticated schemes. Find **Kelly** on You Tube here: <https://www.youtube.com/@skinnyonscams>

At our meeting, we will also vote on slight changes to the Bylaws. The details are in the October Tech Club Newsletter for you to review before the vote.

**** Remember, you can see past meetings on You Tube – just search for *Sunflower Tech Club* on You Tube**

TECH HELP for Club Members: The Tech Help Sessions for members are offered on the 2nd and 4th Sundays from 2:00 to 3:00 p.m. in the Craft Room – October 11th and 25th

VINTAGE GARDENERS CLUB

By Pat Blazick-Peterson



Vintage Gardeners have a full Fall/ Winter schedule set up for anyone interested in learning about Desert Gardening! Our activity year is **October 1st, 2026 to September 30th, 2027.**

Monday, October 12th @ 1:00 p.m. in the Fiesta Room, initiates a Welcome with pizza and former president **Lois Croly** informing us on the SF Landscape Committee activities - plus registration (\$10) and seeing friends!

November 9th is a visit to the Tohono Chul Gardens, Greenhouse and Bistro. On **December 4th**, the **Holidays Luncheon** is at the Highlands on Dove Mountain for lunch.

Moving into **2027**, on January 11th with a speaker on Backyard Birds in Tucson, **February 9th** with the Bayer Marana Innovation Center, **March 8th** with a speaker on Nature in Our Backyard, and **April 12th** with a visit from the Under The Oaks Lavendar Farm.

Come join us!

☉ What's Brewin'?

"What's Brewin'?" is the new coffee and tea station coming soon to our Village Center! It will be available any time the Village Center is open. It was set up in mid-Sept just outside the Fitness Room.

Stop before or after classes, meetings and activities and take that hot cup of coffee or tea with you or just sit and enjoy in the lobby and read that newspaper.

Your beverage will be served up by our trusty Keurig, with regular coffee, decaf, and tea available in K-Cups.

Add your favorite condiments and make it just the way you like it—all for only \$1.00. Any extra donations into the money box can help offset our start-up costs.

So, stop by and grab a cup.

☉ The Brew Crew



HEALTH & SAFETY

PRIMAVERA

By Patrick Steliga

After five years of homelessness and eight months of coordinated support, **Rhonda** received the keys to her first apartment. Her transition to Belvedere Terrace, a new, affordable senior housing complex in Tucson, was made possible through coordinated support across multiple teams. In October 2025, Senior Outreach Resource Specialist, **Cindy** connected with Rhonda at a local hospital and brought her to STAR Village as one of its initial participants. During her stay, staff provided support, crisis intervention, and case management before she transitioned to Primavera's Casa Paloma Women's Shelter in November. The Rapid Rehousing Team subsequently coordinated housing and Section 8 vouchers to secure her apartment at Belvedere Terrace, where Primavera provides case management.

Although Rhonda briefly returned to the streets in early June 2026 believing her application was denied, Cindy located her later that month to share the news of her official approval. On June 17, 2026, after more than eight months of combined efforts, Rhonda officially moved into her new home at Belvedere Terrace. "If it wasn't for the *Primavera Foundation*, I don't know where I would be," Rhonda said. "They gave me a chance." As Cindy noted, "Watching her finally reach permanent housing wasn't just a success story; it was proof that when we collaborate and refuse to give up, lives can truly be transformed."

Please see the weekly Communicator for needed items.

Thanks for all of your donations.

SUNFLOWER SAFETY & HEALTH ALLIANCE

By Katta Mapes

Contact coordinators **Marcia Olson**

@ marcia7444@yahoo.com or

Diane Gray

@ sunnytucson64@gmail.com

to learn more about 'Buddies' or to join the planning committee meeting.



Your SAFETY message for this month is:

If you want a 'Buddy' for mutual check ins daily, then come to our Buddy Talk on **Tuesday November 17th from 6:00 to 7:00 p.m. in the Library** for those of us who work during the day.

Your WELLNESS message for this month is:

Gratitude lifts your mood, reduces stress, and strengthens resilience. By focusing on what's good, you invite more peace, joy, and balance into daily life, supporting your overall well-being in simple, meaningful ways. Why not start a **Gratitude List** – write down all that you are grateful for - and share your appreciation to the people in your life.

PARTNERS W/CHALLENGES SUPPORT GROUP

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges.

We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies & anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 11:00 a.m. to Noon.

Everyone is welcome!

SUNFLOWER NEIGHBORS

By Kristy Ashmore

Sunflower Neighbors are here to help if you need a ride to doctors, dentists or medical appointments and are unable to drive yourself.

To request a ride, send an email to: jkashmore@comcast.net and in the subject line, write "ride". We need a seven-day notice to arrange for an available driver.

Please include in your email: Details of your appointment including the date/day, time and approximate length of appointment, pick up time from your home and your name, address & phone number.

NEW DRIVERS ARE ALWAYS WELCOME

(If interested, contact **Kristy Ashmore**

jkashmore@comcast.net)

SAFE CHARGING IS A SUPERPOWER

- Use the cord and charger that came with your device or one approved by the manufacturer.
- Charge on a hard, flat surface like a table, desk or a bare floor.
- Charge large items like e-bikes, scooters, and power tools outside when possible. Do not block exits when charging.
- Unplug your device when it is fully charged.
- Stop using your device if it feels very hot, starts to swell, smells strange, leaks, smokes, makes popping or hissing sounds.
- When on a plane, keep devices where you can see them while charging. Do not charge e-cigarettes or vapes on the plane. Tell a flight attendant if you notice a problem with your device.

NORTHWEST FIRE DISTRICT

Source: nfpfa.org www.nwfdaz.gov

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m. SUNDAY from 11:00 a.m. to 4:00 p.m.

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.

For access, you MUST enter Village Center with your Proximity Card WHEN OPEN.

If Village Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

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BACCHUS WINE

Kevin Webb 520-240-9710

BASKET-WEAVING WIZARDS

Karen Donahue 520-572-2250

BILLIARDS-LADIES

"CHIX WITH STIX"

Phyllis Bowcott 520-237-6573

BOCCE

Julie Frickel 406-461-0718

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CANASTA

Barbara Bernardi 781-521-6225

CHORALE

Barbara Lacy 520-878-8182

COFFEE & FRIENDS

Roger Daggett 520-241-1032

CORNHOLE

Kevin Kirkey 520-833-2236

CRAFT CLUB

Chris Polk 520-336-6011

DAYTIME BOOK CLUB

Alice Hafner 520-403-6194

DOMINOES

Pat Cooke 520-616-8082

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Billie Barron 520-334-7508

FOODIES & FUN

Kathryn Martin 940-783-1037

FOREVER FITNESS

Virginia Landers 520-800-9005

FUN POKER

Jim Conley 520-308-9798

GAME NIGHTS

Bob Wilson 480-720-5509

GATHERINGS CLUB

Jan Gerston, Sec 979-571-3640

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Doug Culpepper 412-720-6248

Gary Scott 520-406-0123

HEALTH & SAFETY ALLIANCE

(Formerly Neighborhood Connections)

Marcia Olson 520-850-9566

marcia7444@yahoo.com

Diane Gray sunnytucson64@gmail.com

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

KARAOKE

Marcia Ceciliot 916-316-0123

Rick Lybarger 509-690-1991

LINE DANCE/ENTERTAINMENT

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NINE-HOLE GOLF - MENS

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES

Leslyn Sisco 970-946-5998

PARTNERS WITH CHALLENGES

SUPPORT GROUP (PWC)

Julie Wiborg 952-250-6500

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PHOTOGRAPY CLUB

Vince Senski vinceduluth@gmail.com

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PING PONG

Buzz Hoffmann 520-404-3065

PINOCHLE

Harlan Quinn 520-225-7375

POP TENNIS

Gary Engel 623-221-8813

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTERS CLUB

Carolyn La Potin 520-780-4937

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

VOLUNTEER TRANSPORTATION

Seven days in advance please

Kristy Ashmore jkashmore@comcast.net

SUNFLOWER READERS (Evening)

Tina Smith 520-343-3999

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Dennis Linde dennielinde53@gmail.com

Burleson Smith burleson.smith@verizon.net

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Sharon Bender 717-818-5505

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Pat Blazik-Peterson 651-451-7168

WELCOME COMMITTEE

Lynn Haye 847-401-6343

YOGA

Leslie Parr 520-603-8785

Revised October, 2026

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SUGGESTION BOX INFORMATION

By Sunflower Management

Here at Sunflower, we are always happy to accept & review any issues that come from our residents. We encourage those with maintenance, landscape, irrigation or general problems/ complaints to submit a specific written form (available at the front desk) so that we're able to track the Complaint/Problem and remediate it successfully.

Submittal of Suggestions: Please limit to matters to be addressed by the Board of Directors & not matters relating to maintenance, landscape, irrigation or general problems within the community. Your suggestions may be folded & placed in the **Suggestion Box** down the Fitness Room hallway. All suggestions are reviewed by the BOD on the 3rd Wednesday of each month after 9:00 a.m. & before the upcoming BOD Meeting on the 4th Wednesday of that month.

Submittal of Complaints: Please submit in a specific, written form regarding maintenance, landscape, irrigation or general problems to the management for processing. The paper trail this provides allows us to make sure problems are addressed and resolved efficiently.



SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property & funds, and to offer residents a variety of opportunities to enrich their physical, cultural & social well being.

CORE VALUES:

- Maintain beautiful physical appearance of community
 - * Support a harmonious community
 - * Respect differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize & address changing needs of community

VISION: To be a community meeting needs of current/future residents.

ATTENTION SUNFLOWER RESIDENTS

The HOA rule has always been that every resident entering the Village Center must scan-in with their proximity card. This process is required whenever attending any event inside the Center, such as use of the Fitness Center, Pool Area, Card games, Art Club & Quilting Club, etc. & especially when attending any club event, such as Social or Gatherings Club events, including Bingo.

Residents are required to scan-in with your proximity card at all times.

If you are bringing a guest for an event or game, you must also register them at the front desk using your guest pass, (even though you purchased a ticket for your guest).

We appreciate your cooperation in this regard and hope it is clear to every resident that your proximity card is YOUR PASS to enter, use and enjoy all that Sunflower has to offer!

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TheWalterTeam.com

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Mac & Pat Gearhart

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