NOVEMBER 2026 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1 1 Mah Jongg	**2** 9 Mexican Train 9 VETS Tickets 10 Craft Club 10 Social Club Mtg 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	**3** **9 ARC** 12 Social Cl Tickets 1 Euchre 1 Ladies Bridge 6 Foodies Italian Nite	**4** 9 Mah Jongg 9 Vint Gard Tickets **10 LANDSCAPE** 10 VETS Meeting 11 VETS BOD Mtg 1 Pinochle **6 ANNUAL MTG**	**5** 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta **CENTER CLOSES @ 4PM FOR CRAFT FAIR SET-UP**	**6** **SUNFLOWER CRAFT FAIR**	**7** **SUNFLOWER CRAFT FAIR**
8 1 Mah Jongg 2 Tech Help	**9** 9 Mexican Train 9 VETS Tickets 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Vin Gard Mtg 12:30 MexicanTrain 3:30 Chorale	**10** 10 Gatherings Cl Mtg 10 Daytime Book Cl 1 Euchre 1 Ladies Bridge 6 BINGO	**11**  9:30 VETS' Celeb 1 Pinochle 4:30 Food Trucks	**12** 9 Quilters 9 500 Cards Game 10:45 Health Alliance 1 Mixed Bridge 1 Canasta **1 PRAC**	**13** 9 Quilters 11:30 Fun Poker 4 NewEarth Ministries 6 Game Night	**14** 7:30 Coffee & Friends 10 VETS Fall BBQ Event
15 1 Mah Jongg	**16** 9 Mexican Trn 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 MexicanTrain 3:30 Chorale	**17** **9 ARC** 1 Euchre 1 Ladies Bridge **1:30 FINANCE** 2 Genealogy Mtg 5 Karaoke	**18** 9 Mah Jongg 10 Photo Club Mtg 10:30 TED Talks 1 Pinochle 1Vin Gard Luncheon 4 Barrio Bread Sales 4:30 Bacchus Wine	**19** 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 1 Health Alliance	**20** 9 Quilters **10 WELCOME** 11:30 Fun Poker 5:30 Gatherings Cl Forum on AI	**21** 7:30 Coffee & Friends 9 Art Club 5 November Social Club
22 1 Mah Jongg 2 Tech Help	**23** 9 Mexican Train 10 Craft Club 11:30 Fun Poker 12 Baskets 12 Social Cl Tickets 12:30 Mexican Train 3:30 Chorale	**24** 11 PWC Meeting 1 Euchre 1 Ladies Bridge 6 Game Night 7 SF Readers	**25** 9 Mah Jongg **10 BOD MTG** **CENTER CLOSES @ 2:00 PM**	**26**  **VILLAGE CENTER CLOSED**	**27** 9 Quilters 11:30 Fun Poker	**28** 7:30 Coffee & Friends 9 Art Club 1 Quilters' Retreat
29 1 Mah Jongg	**30** 9 Mexican Train 10 Craft Club 11:30 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale		**COMMITTEE MEETINGS** **11/03 ARC** **11/04 LANDSCAPE** **11/04 ANNUAL MT** **11/12 PRAC**	**THIS MONTH** **11/17 ARC** **11/17 FINANCE** **11/20 WELCOME** **11/26 BOD MTG**		

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4pm Pickleball	Men's Golf 8 Pickleball 8 Tennis 7:45 Yoga 9 Water Aerobics 9:30 Line Dance 1pm Chix w/Stix	8 Pickleball 8 Tennis 8 POP Tennis 9 Stretch/Tone 10:10 Chair Yoga 10:30 Forever Fit Class 1pm Men's Billiards 1pm Bocce 2pm Ladies' 9-Hole Golf 4pm Pickleball	7:45 Yoga 8 Pickleball 8 Tennis 9 Water Aerobics 1pm Ping Pong 1st, 2nd, 3rd Wed 2pm Men's 9-Hole Golf	Men's Golf 8 Pickleball 8 Tennis 8 POP Tennis 9 Stretch/Tone 10:10 Chair Yoga 10:30 Forever Fit Class 1pm Chix w/Stix 1pm Ping Pong-4th Thurs 1pm Bocce 4pm Pickleball	7:45 Yoga 8 Pickleball 8 Tennis 9 Water Aerobics 10 Line Dance 12:30pm Bowling 1pm Men's Billiards 4pm Cornhole	8 Pickleball 8 Tennis 8 POP Tennis 9 Water Aerobic 11 Ping Pong 1pm Bocce ***Hiking Info- See Fall Hiking Sched For Details***

TOPICS OF INTEREST

ARTIST GALLERY

By Nickie Kaplan

We are fortunate to have a display of artwork in November by both ***Michele Girard*** and ***Sylvia Shanahan.*** Both ladies display very different types of art this time.

Michele will be displaying Sonoran Driftwood art pieces as she loves to collect unusual sticks, roots & cacti skeletons, etc. to use in creating wonderful one-of-a-kind pieces. They are inspired by her love of nature and the surrounding Arizona desert landscapes. Her sources of materials include the Sonoran Desert and Sky Islands.

Sylvia, a recent resident of Tucson, will be displaying her painting skills. She has shown her work all over the U.S. from Ohio, Vermont, Georgia to Florida, as well as in Tucson. She was also selected in the Samsung Frame TV in 2016, and her painting: "Shadow Play in Walsingham Park" was selected to be included in the LG TV. She also teaches at Quail Creek, the Arizona Sonoran Art Institute and Saddlebrooke. ***How lucky are we??!!***

We wish to extend a sincere thank you to ***Lori Roper & Lois Croly*** for their stunning, original artwork displayed during the month of October. Remember to stop by the Village Center during the month of December to view the work of the ***Quilt Club Ladies***.

Our residents are truly outstanding!

THE PING PONG GROUP

By Buzz Hoffmann

Ping Pong has come a long way since it was first played in England by upper, middle-class Victorians on dining room tables. Rackets were lids from empty cigar boxes, balls were champagne corks, and a line of books served as the net. We use modern equipment and love to have new players join us for this great sport, one of the best for the brain. All playing levels, including beginners, are welcome for a fun time of ego-free and often aerobic ping pong.

We play on the 1st, 2nd & 3rd Wednesdays and 4th Thursdays @ 1:00 p.m. in the Fiesta Room, and also on Saturdays @ 11:00 a.m.

GNO Girls Night Out (or Days)

By Lynn Haye

We had a great time at the Gaslight last month.

Now on ***Wednesday, November 18th,*** we are going to the Zoo -- yep the Zoo. They have motorized things to ride on instead of walking.

I need to know how many are coming, so please email me @ **h1035@aol.com**. *Hope to see you there!*

SUNFLOWER HIKING GROUP

By Hope Collins

In general, the ***Sunflower Hiking Group*** will have hikes on Tuesdays and Fridays, from October through March. The hikes for each month will be listed in the Sun Catcher; the upcoming week's reminders will be posted to the weekly Communicator. The group is open to all Sunflower community residents and their guests who are fit for hiking.

Essential details and updates about hikes are sent via Google Group emails. If you plan to hike with us this season, it is recommended that you be added to the group. To do that, send an email to ***Hope Collins*** @ **hopecollins65@gmail.com**. If you have questions about the group, or have an interest in leading future hikes, please contact ***Bobby Bran*** @ 520-729-8082.

NOVEMBER HIKES:

Tuesday, Nov. 3 – Aspen Draw/ Meadow Trail Lollipop, 6.5 miles, Moderate+
Friday, Nov. 6 – Wild Burro/ Alamo Springs Loop, 5.8 miles, Moderate
Tuesday, Nov. 10 – Dripping Springs/Canyon Creek Loop, 4.4 miles, Moderate-
Friday, Nov. 13 – Waterman Peak, 2.1 miles, Moderate+
Tuesday, Nov. 17 – Sabino Lake/Rattlesnake Loop, 3.7 miles, Easy OR Cat Mountain, 5.5 miles, Moderate+
Wednesday, Nov. 18 – Planning Meeting for Winter 2025, Details TBD
Friday, Nov. 20 – Bug Springs, 9.2 miles, D- OR Cactus Canyon, 4.5 miles, Easy
Tuesday, Nov. 24 – Pusch Peak Flatiron, 3.0 miles, Moderate+
Friday, Nov. 27 – Canada del Oro 50 Yr Loop- Catalina SP, 4.5 miles, Easy+

**Most hikes meet between 7:00 and 7:45 a.m.at the Village Center*

Check Google Group emails for specifics

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The ***Sunflower Photography Club is*** a supportive community where we can share our joy of photography, learn from each other, and grow together. Whether you're using a smartphone camera or more complex equipment, or if you're an experienced photographer or just starting out, there's a place for you in our club! Please email ***Vince Senski*** with any questions @ **vinceduluth@gmail.com**.

Our next meeting is on Wednesday, November 18th @ 10:00 a.m. in the Fiesta Room.

ACTIVITIES AND CLUBS

ART CLUB
By Billie Barron

This is an open invitation to all Sunflower residents who desire to create/color something that stirs the imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a protective covering for the table. ***Saturdays @ 9:00 a.m. in the Craft Room.***

CRAFT CLUB
By Chris Polk

November hosts a wide variety of beautiful and creative projects for the ***Craft Club***!

Everyone loves beads! ***Come to the Craft Club on November 9th and 22nd Meetings*** to make a brick-stitch bracelet in the colors of your choice. On November 16th, we will create a unique rope basket utilizing your rope. Just in time for Thanksgiving! During the November 23rd session, we will make decorative, small Fall Gift Bags. On November 30th, will round out the month by making stunning, decoupaged tea lights.

The Craft Club meets most Mondays in the Craft Room from 10:00 to 11:30 a.m. There is a nominal fee for supplies for most projects. While all Sunflower residents are welcome to join the Craft Club, some sessions require an advanced reservation and/or supplying your own materials. If you were unable to attend the October introduction meeting, please email ***Michele Saylor*** @ **gmdftpanel@gmail.com** to be placed on the Craft Club member email list. Please contact ***Chris Polk*** @ 520-820-5227 for additional details or questions.

DANCE & ENTERTAINMENT CLUB
By Karen Barta

Classes are offered year-round, twice a week:
Monday: **Beginners Class 9:30 to 10:00 a.m**. to go over individual steps used in most dances.
10:00 to 11:00 a.m. Beginners Learn & Dance
Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m. Then **11:00 a.m. to Noon -** A bit more advanced. To attend, you pay **$5 to the Dance Club** for entire year. The fee goes to the Club for our Parties, Dances for the Community & whatever else we decide to do.

FOREVER FIT CLASS
By Virginia Landers

The Forever Fit Class with Virginia started on Tuesday, March 31st & will meet every Tuesday and Thursday from 10:30 a.m. to 11:30 p.m. in the Fiesta Room.

Please bring hand weights, leg weights, resistance bands & water. Resistance and balance exercises are essential for seniors to maintain strength & independence.

We'd love for you to join us!

FITNESS CLUB
By Billie Barron

Water Aerobics: ***Monday, Wednesday, Friday and Saturday from 9:00-10:00 a.m.*** Recordings are used that offer a well-balanced workout focusing on core, upper body, balance and joints. Noodles are provided.

Stretch & Tone: ***Tuesday and Thursday from 9:00-10:00 a.m.*** This is a full body workout (seated or standing) concentrating on building strength, flexibility and balance. Equipment needed: Tubing with handles, resistance band, light hand weights (2) and a 6-8 inch size ball.*

Chair Yoga/Pilates: ***Tuesday and Thursday from 10:10-11:10 a.m.*** No equipment needed.*
*These classes are conducted by ***Violet Berens*** who is a certified and licensed instructor. ***Violet*** will be returning on Tuesday, November 10th, 2026.

NOTE: Your current Fitness Membership Card is in effect until December 31st, 2026. New cards for 2027 will be made available sometime in November. Watch for information in the Communicator. A Membership card is $15.00 payable by CHECK ONLY to: ***The Sunflower Fitness Club***. Please be prepared to show your membership card at the class before signing the attendance sheet.

A special thank you to ***Margo Gustin***, our volunteer instructor from May to November.

YOGA CLUB
By Leslie Parr

We have FREE YOGA CLASSES on Monday, Wednesday & Friday from 7:45 to 8:45 a.m.-Fiesta Rm.

It is gentle Yoga for Seniors. ***Yoga Club*** members enjoy a relaxing hour at the beginning of the day. All welcome. Please bring your mat and a stretch band to each class.

Questions, call ***Leslie Parr*** @ 520-603-8785.



CARD GAMES

LADIES BRIDGE
By Brooke Murphy

Ladies Bridge is played on ***Tuesdays from 1:00 to 4:00 p.m in the Library***. We are a relaxed group and play to enjoy the game and each other. Call ***Brooke*** @ 708-846-7555 or email: **bmurphmail@gmail.com.**

MIXED BRIDGE
By Mary Lynn Mercer

We have a very fun, easy-going bridge group on ***Thursday afternoons from 1:00 to 4:00 p.m. in the Library***. Call ***Mary Lynn*** to sign up to play @ 614-323-2463 or **marylmercer@hotmail.com.**

CANASTA

Thursdays starting @ 1:00 p.m. in the Craft Room.
We play two versions: Hand & Foot and Samba.
So join us to see familiar faces & meet new friends.

MEXICAN TRAIN DOMINOES
By Pat Cooke

It's hot outside! Come inside to play Mexican Train Dominoes with us.

Join us on Mondays @ 9:00 a.m. in the Library and @ 12:30 p.m. in the Fiesta Room.

EUCHRE

Would you like to play Euchre?
We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.
Call ***Vicky*** @ 520-907-3510 for details.
We'd love to have you join us!

SUNFLOWER 500 CARD CLUB
By Bob Bender

The 500 Card Club welcomes old and new members and we look forward to having you join us ***@ 9:00 a.m. Thursdays in the Library*** for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). We are still willing to teach anyone who would like to learn the game. Call and we will set up a time to teach. Call ***Bob Bender*** @ 717-804-6425.

MAH JONGG
By Anne Schmidt

We will play ***Mah Jongg @ 9:00 a.m. in the Library***
Not ready to make a commitment?
All are welcome, beginner to advanced players!

SUNDAY MAH JONGG
By Lynn Neitzke

We began playing Mah Jongg again on Sundays from 1:00 to 3:30 p.m. in the Library.
Contact ***Lynn*** @ 520-268-7784 with questions.

PINOCHLE
By Harlan Quinn

If you like to play single-deck Pinochle, join us from ***1:00 to 4:00 p.m. on Wednesdays in the Library***. There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present. For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER
By Jim Conley

We play Poker in the Library on Mondays from 11:30 a.m. to 3:00 p.m. and on Fridays from 11:30 a.m. to 3:00 p.m.

We also play on the ***4th Wednesdays of the month @ 4:30 p.m. in the Library.***

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.
Please join us at the Village Center on any day and we will get you started.

DAYTIME BOOK CLUB
By Alice Hafner



The ***Daytime Book Club*** continues to meet on the 2nd Tuesday of each month.

Our next meeting is scheduled for Tuesday, November 10th @ 10:00 a.m. in the Library.

All Sunflower residents are welcome to attend.

HEALTH & SAFETY

PRIMAVERA

By Patrick Steliga

Single mom, Renee, turned her dream of owning a home into reality with the support of **The Primavera Foundation's Homeownership Opportunities Program (HOP)** and Her Family Program. Through financial education, one-on-one guidance, and down payment assistance, Renee and her two children navigated the path from renter to homeowner—gaining confidence, knowledge, and a place to call their own.

"Keep pursuing it. Don't get discouraged, it's possible, and it's worth it," Renee says. Read her full story and learn how ***Primavera*** helps families achieve the dream of homeownership at **Primavera.org**.

Needed items now include the following:

NEW men's & women's undergarments
Tampons (preferred by our participants over pads)
Disposable razors
Deodorant
Shampoo & Conditioner
Body Wash
Toothpaste
Reusable water bottles
Electrolyte/hydration drinks

Thanks for all of your donations.

SUNFLOWER NEIGHBORS

By Kristy Ashmore

Sunflower Neighbors are here to help if you need a ride to doctors, dentists or medical appointments and are unable to drive yourself.

To request a ride, send an email to: **jkashmore@comcast.net** and in the subject line, write **"ride".** We need a seven-day notice to arrange for an available driver.

Please include in your email: Details of your appointment including the date/day, time and approximate length of appointment, pick up time from your home and your name, address & phone number.

NEW DRIVERS ARE ALWAYS WELCOME
(If interested, contact ***Kristy Ashmore*** **jkashmore@comcast.net)**

PARTNERS W/CHALLENGES SUPPORT GROUP

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges.

We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies & anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 11:00 a.m. to Noon.

Everyone is welcome!

GENEALOGY SOCIETY

By Paulette Weiser



"I Have Finished the Research, Now What Do I Do with My Data?" is the title of this month's program from ***Beth VanBlaricom*** at our meeting on ***Tuesday, November 17th @ 2:00 p.m. in the Fiesta Room and via Zoom***.

Beth will talk about the book she produced for herself and family members based on her family search. This project can create an amazing keepsake for generations to enjoy and understand their family heritage. Bring your laptops to do some research after the program.

Beth, the SGS Membership Chair, has traced her lineage back to her 23rd great grandmother. Earlier this year, she traveled to northern Europe and walked in the footsteps of her ancestors. What a journey!

Now is the time to renew your membership for 2027 or become a new member anytime. In this day of soaring prices, dues remain an astoundingly low $15 for either a single or couple membership. Your membership provides monthly programs on pertinent topics regarding family research plus hands-on sessions; mentors to assist you in your searches; access to a genealogy library filled with helpful books, pamphlets, magazines, DVDs and maps; password access to the website MyHeritage; research organization forms; and a congenial group of people with a common goal of learning all they can about their family heritage.

Join us on ***November 17th for our December 15th Celebratory Meeting*** and all through 2027! We can help you track down those elusive ancestors and bring them to life!

SUNFLOWER QUILTERS

By Carolyn LaPotin

At last month's meeting of our own Veterans Club, ***Sunflower's Quilters*** proudly gave them 27 hand-made patriotic quilts. (Two more than last year!) These quilts, that we have made over the last year, will go to Veterans in Hospice Care. No two were alike; and a number of our Quilters Club made more than one.

Right now, we are totally focused on finishing our creations for the **Fine Arts and Crafts Festival.** We encourage you to shop early, as most items will be one of a kind. Lots of new items never offered before will be available – so come and check out our offerings!

Members - don't forget that we have a ***Retreat scheduled for Friday, November 27th***. Look for the sign-up sheet early this month. Visitors and new members are encouraged to check out our Quilter's group most any ***Thursday or Friday from 9:00 to 11:30 a.m. in the Craft Room***. We have quilters of all different skill levels and there's a wide variety of projects in process.

Won't you come and join us?

TECHNOLOGY CLUB

By Katta Mapes



TECH TALK: ***Wednesday, November 11th @ 10:00 a.m.***

Member Meeting in the Fiesta Room

We will not have our monthly meeting because we will honor our Veterans on this day.

** Remember, you can see past meetings on You Tube – just search for *Sunflower Tech Club* on You Tube

TECH HELP for Club Members: The Tech Help Sessions for members are offered on the 2nd and 4th Sundays from 2:00 to 3:00 p.m. in the Craft Room – ***November 8th and 22nd.***

SUNFLOWER READERS (Evening)

By Jann Swanson

November's book selection is ***The Correspondent*** by **Virginia Evans**. This is an epistolary novel entirely told through letters, emails, and unsent notes.

Sybil Van Antwerp, a 73-year-old grandmother and retired lawyer living in Maryland, finds her eyesight declining, yet she continues to maintain her daily letter writing habit which she uses to make sense of the world. It is through this correspondence that we learn about the pain Sybil is carrying. Yet, what starts out as a book about grief, loneliness and regret, ends as a book about hope, love, forgiveness and optimism.

This book has received rave reviews from readers and should make for a meaningful discussion. ***We will meet in the Library on Tuesday, November 24th @ 7:00 p.m.*** *Please join us.*



VINTAGE GARDENERS CLUB

By Pat Blazick-Peterson



Vintage Gardeners officially started the Winter Season!

Our Welcome Meeting went through all the pizza and everyone connected with friends. We have 42 renewals and new members, ***Dianne E., Karen M.*** and ***Adele S. - WELCOME!***

There is time to join and come to the ***November 9th Tour of Tohono Chul***. Contact ***Karen Hickok/Martin Favre*** OR sign up on ***November 4th from 9:00 to 11:00 a.m. for the Holiday Luncheon on November 18th from 1:00 to 3:00 p.m. @ the front door in the Village Center***.

Ask ***Karen*** any questions you have about ***Vintage Gardeners.*** Membership costs $10 and ***Friday, December 4th is the Holiday Celebration at the Highlands***. It comes with a beautiful view while enjoying great food and fellow gardeners!

Hope to see you soon!

SAFETY AND WELLNESS ALLIANCE

By Marcia Olson

Have you fallen this year? If not, that's great! If you have, you are a part of an alarming statistic!

According to the CDC, 1 in 4 adults over the age of 65 fall at least once yearly. These falls result in fractures, traumatic brain injuries and many lesser maladies.

Learn about being proactive regarding preventing falls and improved balance by attending our educational seminar presented by ***Meghan MacArdy***, DPT CDN, owner of Fysical Therapy and Balance Centers.

Please join us on Thursday, November 19th from 1:00 to 3:00 p.m. in the Fiesta Room
for this educational seminar.
Join us! You'll be glad you did!

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m. SUNDAY from 11:00 a.m. to 4:00 p.m.
We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.
For access, you MUST enter Village Center with your Proximity Card WHEN OPEN.
If Village Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

"500" CARD PLAYERS
Bob Bender 717-804-6425

ART CLUB
Billie Barron 520-334-7508

BACCHUS WINE
Kevin Webb 520-240-9710

BASKET-WEAVING WIZARDS
Karen Donahue 520-572-2250

BILLIARDS-LADIES "CHIX WITH STIX"
Phyllis Bowcott 520-237-6573

BOCCE
Julie Frickel 406-461-0718
Kevin Uden 928-231-2488
Marcia Ceciliot 916-316-0123

BOWLING
Terri Shevlin 609-471-4347

BRIDGE: LADIES
Brooke Murphy 708-846-7555

BRIDGE: MIXED
Mary Lynn Mercer 614-323-2463

CANASTA
Barbara Bernardi 781-521-6225

CHORALE
Barbara Lacy 520-878-8182

COFFEE & FRIENDS
Roger Daggett 520-241-1032

CORNHOLE
Kevin Kirkey 520-833-2236

CRAFT CLUB
Chris Polk 520-336-6011

DAYTIME BOOK CLUB
Alice Hafner 520-403-6194

DOMINOES
Pat Cooke 520-616-8082

EUCHRE
Vicky Beard 520-907-3510

FITNESS CLUB
Billie Barron 520-334-7508

FOODIES & FUN
Kathryn Martin 940-783-1037

FOREVER FITNESS
Virginia Landers 520-800-9005

FUN POKER
Jim Conley 520-308-9798

GAME NIGHTS
Bob Wilson 480-720-5509

GATHERINGS CLUB
Jan Gerston, Sec 979-571-3640

GENEALOGY
Paulette Weiser 419-308-0237

GOLF - MEN
Doug Culpepper 412-720-6248
Gary Scott 520-406-0123

HEALTH & SAFETY ALLIANCE
(*Formerly Neighborhood Connections*)
Marcia Olson 520-850-9566
marcia7444@yahoo.com
Diane Gray sunnytucson64@gmail.com

HIKING CLUB
Hope Collins 815-540-3666
Bobby Bran 520-729-8082

KARAOKE
Marcia Ceciliot 916-316-0123
Rick Lybarger 509-690-1991

LINE DANCE/ENTERTAINMENT
Karen Barta 586-292-6177

MAH JONGG
Anne Schmidt 520-572-4033
Lynn Neitzke 520-268-7784

NINE-HOLE GOLF - MENS
Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES
Leslyn Sisco 970-946-5998

PARTNERS WITH CHALLENGES SUPPORT GROUP (PWC)
Julie Wiborg 952-250-6500

PATRIOT'S PANTRY
Dann Cooke 520-404-4178

PHOTOGRAPY CLUB
Vince Senski vinceduluth@gmail.com

PICKLEBALL
Rick Lybarger 509-690-1991
Terri Shevlin 609-471-4347

PING PONG
Buzz Hoffmann 520-404-3065

PINOCHLE
Harlan Quinn 520-225-7375

POP TENNIS
Gary Engel 623-221-8813

PRIMAVERA FOUNDATION
Patrick Steliga 262-422-8791

QUILTERS CLUB
Carolyn La Potin 520-780-4937

ROMEOs/OWLS
Dick Teugh 520-579-5826
Dennis Abrams 970-231-3459

SOCIAL CLUB
Bette Sumner 520-572-2094

SUNFLOWER NEIGHBORS VOLUNTEER TRANSPORTATION
Seven days in advance please
Kristy Ashmore jkashmore@comcast.net

SUNFLOWER READERS (Evening)
Tina Smith 520-343-3999
Jann Swanson 520-579-7578

TECHNOLOGY CLUB
Dennis Linde dennielinde53@gmail.com
Burleson Smith burleson.smith@verizon.net

TENNIS CLUB
Charlie Barlow 360-870-6517
Susan Page 520-742-1373

VETERANS
Sharon Bender 717-818-5505
Larry Schierer 520-975-1164

VINTAGE GARDENERS
Pat Blazik-Peterson 651-451-7168

WELCOME COMMITTEE
Lynn Haye 847-401-6343

YOGA
Leslie Parr 520-603-8785

Revised November, 2026

CLASSIFIED ADS

DARK HORSE PAINTING CO LLC
25 years of experience. Previous lead painter at UofA for 10 years. Reliable, Punctual, Detail Oriented
Scott Rand 520-203-6224
Instagram@darkhorsepaintingco
Licensed, Bonded & Insured, AZ ROC 332724

GARAGE DOOR PROBLEMS?
Keypads, Remotes, Spring. Opener repair/replacement, safety inspections and annual maintenance. Sunflower resident **Mark Karwoski** 30+ years Exp. **520-203-1948**

IN-HOME CAREGIVING Over 40 years experience in all aspects of Nurse Aide/ Home Health Aide care. Sunflower references available. Recent VA Hospital Experience. **Veronica Quartermaine 520-990-4175**

PLUMBER— If you have plumbing projects or problems call A. Plumber! I've been plumbing here since the beginning! **Adam 520-401-3495**



SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:
The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property & funds, and to offer residents a variety of opportunities to enrich their physical, cultural & social well being.

CORE VALUES:
- Maintain beautiful physical appearance of community
  - * Support a harmonious community
  - * Respect differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
  - * Ensure the financial integrity of the association
- Recognize & address changing needs of community

VISION: To be a community meeting needs of current/future residents.

ATTENTION SUNFLOWER RESIDENTS

The HOA rule has always been that every resident entering the Village Center must scan-in with their proximity card. This process is required whenever attending any event inside the Center, such as use of the Fitness Center, Pool Area, Card games, Art Club & Quilting Club, etc. & especially when attending any club event, such as Social or Gatherings Club events, including Bingo.

Residents are required to scan-in @ the Village Center with your proximity card at all times.

If you are bringing a guest for an event or game, you must also register them at the front desk using your guest pass, (even though you purchased a ticket for your guest).

We appreciate your cooperation in this regard and hope it is clear to every resident that your proximity card is YOUR PASS to enter, use and enjoy all that Sunflower has to offer!

NEW SUNFLOWER RESIDENT DIRECTORIES

Good News! It's that time of the year again for the new publication of the **2026-2027 Sunflower Resident Directory,** now available to residents @ the Village Center Front Desk.

At your convenience, please stop by to pick up your copy. As always, you are required to sign for the "new" directory on our sign-up sheet under your **Lot Number**.
Please note: only one copy is given out per household**.**

Directories are available for residents or tenants only.
You may also purchase an additional copy of the directory for $1.00, if desired.



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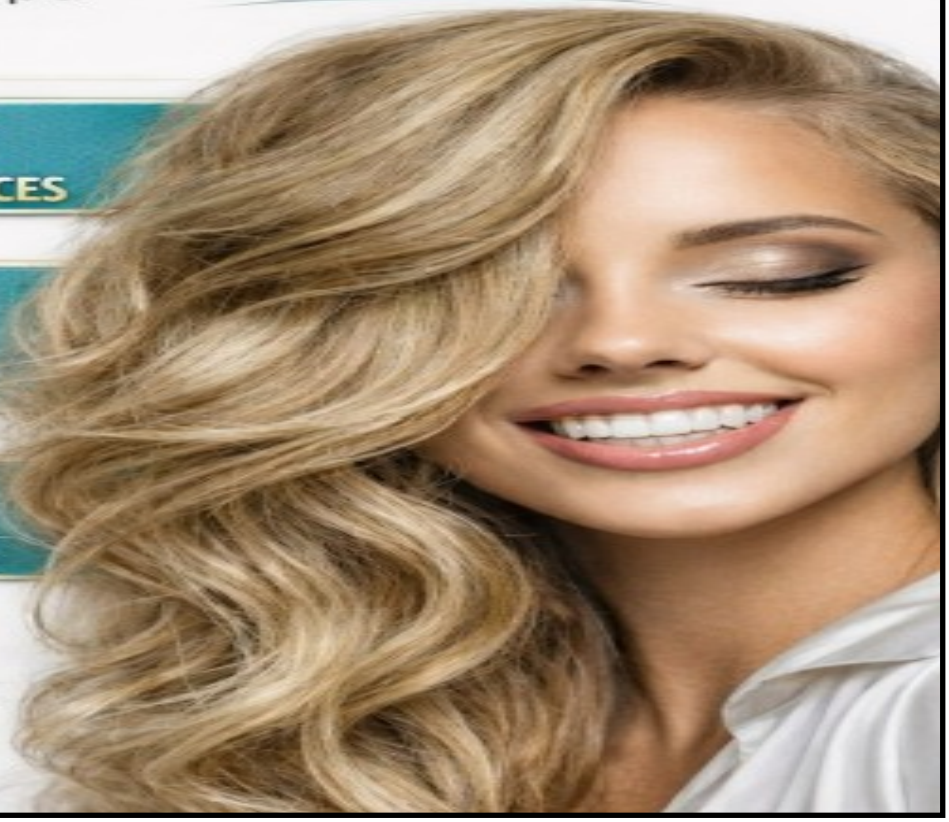
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How much has the market adjusted?

Annual change in Home Values	2020	2021	2022	2023	2024	2025	2026 YTD	Total 2019-2026
Sunflower	**9.50%**	**21.70%**	**16.30%**	**0.40%**	**3.70%**	**-4.20%**	**-1.30%**	**49.60%**
Tucson Active Adult	8.50%	19.90%	15.20%	0.50%	3.70%	-3.10%	-0.09%	50.00%
Tucson Non Active Adult	10.50%	22.80%	15.30%	1.30%	4.60%	-0.07%	-1.30%	62.50%
Arizona - FHFA index*	8.20%	21.90%	21.00%	1.10%	4.30%	1.90%	1.20%	73.60%
National - median sale price**	9.10%	18.20%	18.20%	0.80%	4.70%	1.60%	Unavailable	Unavailable

Curious how Sunflower compares to other Active Adult communities?
Contact us for the full Active Adult Anaylisis.

*Arizona uses the FHFA index, with 2026 data thorugh June. fred.stlouisfed.org
**National uses NAR median existing-home sale price.

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Kaye 303.551.4989/Kaye@TheWalterTeam.com



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