

The Sun Catcher

July 2026

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COMMITTEES

ARCHITECTURAL
ELECTIONS
FINANCE
LANDSCAPE
POLICY
PRESERVATION of
RESERVE ASSET (PRAC)
SOLAR TASK FORCE
WEBSITE
WELCOME

HELP SHAPE THE FUTURE OF OUR COMMUNITY!

By Tom Swain, BOD 2026

Join us for one of three exciting informational meetings to learn about a proposed community-wide solar power project – an investment that has the potential to provide significant long-term financial savings and environmental benefits for our community!

This is a unique opportunity to hear firsthand about the project, including the proposed installation timeline, CIF Funding Plan, expected benefits, and what it could mean for our community for years to come!

Owners and representatives from **Technicians for Sustainability (TFS)** will be on hand to assist in presenting the project and to answer your questions.

Meeting Dates:

Wednesday, August 5th, 2026 @ 1:00 p.m.

Thursday, August 6th, 2026 @ 5:30 p.m.

Saturday, August 8th, 2026 @ 9:00 a.m.

Location: Fiesta Room (On Zoom as well)

Duration: Approximately 1 hour

Every homeowner is encouraged to attend one of these informative meetings and discover how this landmark solar power project will benefit our community for decades to come.



You'll learn about the project's vision, the installation timeline, funding, anticipated savings, and the many advantages of generating clean, reliable solar energy in our community.

This is an excellent opportunity to gain a complete understanding of one of the most significant improvements our community has undertaken.

We look forward to seeing you there!



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Gary & Stephanie





Judy Ibrado
Realtor® ABR, SRES
(520) 301-8455
jibrado1212@gmail.com



Client Testimonial

Judy was recommended to us by friends in the community. She turned out to be the best decision for us. She got us started by giving us her thoughts and suggestions right away. She was very understanding of our situation and right away helped us know what she felt would be best, always considering our thoughts, worries and questions. Every time we called or texted she was calling/texting us back as soon as she could. When our house sold, she expertly and thankfully helped negotiate how to do the closing paperwork! Most importantly, we felt cared about and that Judy was extremely helpful and professional in all our interactions.

Bruce and Melinda
 Sunflower

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LITHIUM-ION BATTERY SAFETY

CHARGING SAFETY

- Charge devices to 100% then unplug. Do not charge over night.
- Charge devices on a hard, flat, non-combustible surface.
- Use manufacturer-approved chargers only.

MICROMOBILITY DEVICES (E-BIKES, SCOOTERS, ETC.)

- Store and charge devices away from exits and egress paths.
- Keep them out of hallways and doorways to maintain safe escape routes.
- Do not leave devices charging unattended for long periods of time.

WARNING SIGNS OF BATTERY FAILURE

- Swelling, bulging, or deforming of the battery or device feels unusually hot when not in use.
- Sweet or solvent-like chemical odor coming from the device.
- If any signs appear: stop using the device, isolate it, and call 9-1-1.

PROPER DISPOSAL

- Never discard lithium-ion batteries in the trash, dumpsters or recycling bins.
- Take damaged or old batteries to a household hazardous waste facility or use www.call2recycle.org to find the closest facility to you.

**STAY AWARE, CHARGE SAFELY,
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Source: nfpa.org; usfa.fema.gov



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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

With the threat of dangerous weather conditions, preparing your home for Monsoon season is imperative for the safety of your family and your property. Here are some quick tips and easy-to-follow to-dos from the **Arizona weather Experts @ Phoenix.gov**:

- ~ Familiarize yourself with local emergency plans. Know where to go and how to get there
- ~ Clean out roof drains to prevent accumulation of rainwater
- ~ Thin out trees and trim down overgrown vegetation
- ~ Repair landscaping ensuring water runs 'from' your home
- ~ Back-up data in case your computer becomes damaged
- ~ Bring in outdoor furniture and important indoor items
- ~ Build or restock your emergency preparedness kit. Include a flashlight, batteries, cash, and first-aid supplies
- ~ Disconnect electrical appliances and don't touch electrical equipment if you are wet or standing in water

With Monsoon season underway here in Greater Tucson, intense rains, flood threats and dust storms create conditions that lead most of us to spend more time inside and at home. This year, ensure that your house is not only a safe shelter from the storms, but also a cool and comfortable spot to hunker down with your loved ones. Your **ARC Committee** hopes you are well prepared as the season rolls on.

ARC's next two July Meetings:

Tuesdays, July 7th & 21st @ 9:00 a.m. - Craft Room

POLICY COMMITTEE

By Robin Sterner

Prior to joining a committee, I honestly avoided anything labeled a meeting. It just sounded like work, and I am retired. My husband would watch the monthly Board meeting link and share the HOA business highlights. I preferred reading the Sunflower Communicator and the Sun Catcher.

Now as a member of a committee, meetings are required. **Policy Committee** members attend the Board meeting when a policy recommendation is being reviewed for approval.

I have found that viewing the Board meetings gives a fuller picture of all the complexities the management/staff and volunteers are tasked with, and finding affordable solutions too.

Another committee member stated "she has attended Board meetings for years and usually leaves with *little sparkling diamonds of information*." And to my surprise, that has been my experience too!

Note: Board & Committee meetings are available to attend in person, by Zoom and also recorded for viewing convenience.

Future meetings are scheduled for July 10th, August 7th and September 4th from 9:00 to 10:30 a.m. in the Conference Room.

WELCOME COMMITTEE

By Lynn Haye

Please join us in welcoming all of Our Sunflower "newbies"

Although we do not meet during the summer months, we do make calls. For further info, please contact **Lynn @ h1035@aol.com**.

We will be meeting again in October, 2026.

Please check the calendar as the date draws closer.
We hope you have a lovely summer.

VOLUNTEERS NEEDED

By Lisa Sak

Believe it or not, the community Board election process is right around the corner!! The **Election Committee** is in need of volunteers!! It's a great committee to be on, meeting only from June to November. This is a very important committee, needed for the Board elections to run smoothly.

Please consider applying.

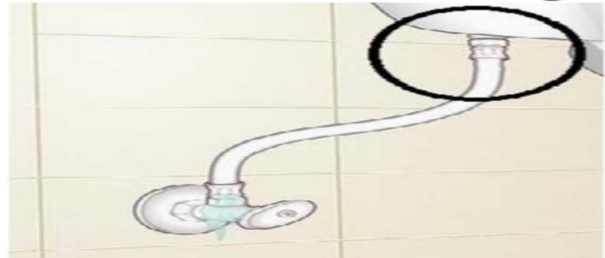
Thank you.

ATTENTION HOMEOWNERS: IMPORTANT INFORMATION

Please take a look at the diagram below to understand how to avoid possible flood damage in your home. Most Sunflower homes were designed with plastic parts; and recently, one of our residents has experienced a major flood due to those plastic parts not holding up. The following information is important for residents who wish to take this simple step to avoid possible flooding.

Changing to Metal Couplings is the way to go!

Avoid house flood damage



Metal couplings on a toilet supply hose are significantly safer and more durable than plastic couplings. Experts strongly recommend metal over plastic, as plastic nuts are notorious for cracking over time, which can lead to catastrophic water damage. Check yours....



PRESERVATION OF RESERVE ASSET COMMITTEE

By Tom Howlin

As promised in the last month's Sun Catcher, the committee has scheduled training on reserves for the community.

It will be held Thursday, July 9th, 2026 @ 10:00 a.m. in the Fiesta Room.

This training is relatively short, about 25 minutes, and then questions from the floor. It may well be the most important 25 minutes you spend this year. Reserves are important for two reasons – one, it's the money used to replace fixed assets as they wear out; and secondly, and more importantly in my mind, it is YOUR money.

We have put together this training so that you can better understand how your money is being used to preserve our community. Once you understand the process, it makes it easier to understand expenditures and to prioritize those expenditures. There are some reserve items that simply cannot be put off while others can, and should be.

You will also see how **PRAC** interfaces with our **Finance Committee** because they are the ones that put together the annual budget that includes the reserve assessment. We attend each other's meetings so that we are properly coordinated in our efforts.

I have shown a preliminary version of this training to a limited audience to ensure that it was understandable and easy to follow. I have been assured it is. But just in case, we will also provide donuts and coffee to make the meeting more enjoyable.

My thanks in advance for attending and taking an interest in the finances of our community.

Our next PRAC Meeting is Thursday, August 26th @ 1:00 p.m. in the Fiesta Room.

FINANCE COMMITTEE REPORT

By Bonnie Scott

INTRODUCTION of 2026-2027 BUDGET JULY 22nd.

Manager, **Lisa Sak** provided her Draft of the 2026-2027 Sunflower Budget to the **Finance Committee** in its June 16th Meeting. It is currently being reviewed by three members from the Finance Committee, three members of the Board (including the Board Treasurer who is also the committee's liaison), and **Lisa Sak** to cover all necessary expenses, make changes wherever possible, and at the same time attempt to keep the new annual assessment at a reasonable amount. The **Finance Committee** will review the final budget draft in its July 21st Meeting, may suggest changes to it, and will recommend the Board approve it.

The Board will review and approve the Budget in its July 22nd Meeting. It is especially important for homeowners to attend this meeting in person or via ZOOM if they want to have some input on the Budget BEFORE the Board approves it.

The approved Budget will be made available to homeowners prior to September 1st, which is a requirement for homeowners to know what the annual assessment for the 2026-2027 tax year is. One half of the assessment is due October 1st, 2026-the second half is due April 1st, 2027.

IT is ESPECIALLY IMPORTANT that homeowners with automatic payments contact their financial institution to ensure the new amount is updated BEFORE the first payment is due in October.

The **Finance Committee** has 8 members and has room for one more member. We ask anyone who is interested in becoming familiar with Sunflower's financials and how assessments are spent, to apply for this committee. All are familiar with our financials and are available to assist new members in learning them. Applications are available at the Front Desk or online @ Sunflowerliving.com.

Our Next Meeting: Tuesday, July 21st @ 1:30 p.m. in the Conference Room.

COMMUNITY VOLUNTEERS

We have all seen the words "sponsored by" on events and ads in the Sun Catcher. What we all might not realize is that four realtors, three of them residents of Sunflower, are responsible for the majority of this generosity. **Roger Daggett of Coldwell Banker, Christine Schaefer of Tierra Antigua & Tim & Kaye Walter of Diamondback Realty** have been working behind the scenes for years to make fun things happen in our community. Recently, **Judy Ibrado of Long Realty** has added her name into sponsoring by helping the newly-needed, expensive pro-version of a karaoke subscription.

The Veterans' Barbecues are funded by these individuals so that all proceeds from ticket sales can benefit veterans. Bingo, which is enjoyed by so many, gives away every penny in prize money that residents paid for their cards. Realtors pay the costs of the bingo cards, candy, water, and decorations plus add to the pots of two games. The fairly-new karaoke machine and the necessary subscriptions are a sponsored item, as well as Senior Olympics tennis fees, yearly mahjong cards, Bacchus door prizes and wine sampling, Foodie Friends' start-up funds for deposits and in-season printing of an event insert in the Sun Catcher. Besides being knowledgeable, savvy business people, they freely donate their time to serve food at functions, chair Club Expo, make delicious fruit salads at no charge, blow off tennis courts, buy donuts each Saturday morning, get tablecloths pressed, run the sound system, and work at tech help sessions. They patiently answer our endless questions about the housing market and give contractor recommendations. One of them even offers free notary services. They each saw a need and filled it. Be sure to thank them, when you run into them.

They are truly making a difference in Sunflower!



By Bruce Schwartz

Greetings from the Sunflower Community Veterans Club.

The heat of summer is upon us as we enter into the summer months as it really warms up in the Sonoran Desert. [We have our Summer Picnic coming up on July 11th @ 1:00 p.m.](#) This year's Picnic is sponsored by [Roger Daggett, Realtor.](#) We want to thank Roger for stepping up and helping out.

Sunflower Veterans Summer Picnic will be serving a Chicken Dinner at a cost of \$20 per person.

Menu: Choice of White or Dark Meat, Corn on the Cob, Cole Slaw, Baked Beans, Dinner Roll, Ice Cream, Lemonade and Iced Tea.

Ticket Sales:

[Thursday, July 2nd from 9:00 to 11:00 a.m. ~ and ~ Monday, July 6th from 9:00 to 11:00 a.m.](#)

These events are how we raise money to help disabled and homeless Veterans' in our local area. Come on down and join us for some midsummer fun, good company, comradery and food.

We have some sad news too, as most of you have heard. We recently lost dear [Joe Shambo.](#)

His internment will be at the Marana Veterans Memorial Cemetery @ 10:00 a.m. - June 30th.

Joe was an authorized Veterans Service Officer (VSO) here on Sunflower and at-large. Over the span of his career, I cannot imagine how many veterans he helped rightfully get benefits. He was dedicated and had his hand out to any veteran needing support or help in this way. He was the best. Down at the VA, the saying went, 'Don't take a no until you talk to Joe.' There was always a line of folks waiting to see him at Building 4. He was the best and always got you benefits when no one else could.

R.I.P., Joe Shambo, and know that you are missed.



UNITED STATES AIRFORCE E-4 MICHAEL ALLEN WILLIAMS

In 1972, [Michael Allen Williams](#) enlisted in the United States Air Force in California and began his military journey at Lackland Air Force Base for basic training. From there, he attended aircraft mechanic training at Chanute Air Force Base, where he worked on several aircraft including the C-141, and F106. Michael excelled in his training, graduating in the top one percent of his class, an achievement reached by only three students. Because of his outstanding performance, he avoided an overseas assignment and was instead stationed at McChord Air Force Base.



During his time in the Air Force, Michael received numerous awards recognizing his dedication and outstanding service. Along with the hard work came memories that still make him smile today. Michael laughed as he recalled arriving at basic training with a "beautiful Afro," only to have the barber quickly shave it down to his scalp. Not every memory was pleasant,; however, as he remembered one tough Tech Sergeant who, in Michael's words, was always "up our butts" trying to make a name for himself.

After completing his military service, Michael continued serving his country for another 34 years as a civilian employee with the Navy in several important roles. During Gulf War, he was deployed overseas during the burn pit crisis. He worked as a Navy supervisor of ship building, Quality Assurance Specialists, Maritime, Ship Surveyor, FEMA, Army Corp of Engineers, Port Engineer and also DEAS.

Today, Michael believes veterans still have a responsibility to "work hard and make our country better." His advice to younger generations is simple but meaningful: "Don't be afraid to ask questions, especially of those older and wiser."



[WE THANK YOU, MICHAEL](#)
[FOR YOUR CONTINUED SERVICE](#)

JULY SOCIAL CLUB

By Frances Gauthier



Beat the heat and enjoy an indoor picnic with us on Saturday, July 25th.

We will be serving fried chicken, potato salad, beans and dessert. Social time is @ 5:00 and dinner will be served @ 5:30 p.m. **Marty Freeze**, a former Sunflower resident, will be our entertainment for the evening.

Tickets will be on sale on Wednesday, July 8th from 10:00 to 11:30 a.m. Tickets are \$10 per person; and if not already paid, your 2026 membership dues of \$5 will be required when you purchase your ticket. There is a limit of four tickets per buyer.

It is almost time for school to start, so we will be collecting school supplies that night for **Roadrunner Elementary School**. The items requested are back packs, #2 pencils, wide-ruled paper, crayons, glue sticks, colored pencils, scissors and Pink-Pearl erasers. You have been very generous in the past and we thank you in advance for your continued generosity.

On August 15th, we will serve Baggin's sandwiches with chips and bean salad. Our entertainment will be **Kyle** who has performed for us in the past with his wife **Jessica**. They are expecting a baby, so **Jessica** will not be performing. **Tickets will be on sale on July 29th from 10:00 to 11:30 a.m.**

ATTENTION SUNFLOWER RESIDENTS

We would like to clear up some discrepancies of late. The HOA rule has always been that every resident entering the Village Center must scan in with their proximity card.

This process is required whenever you are attending any event inside the Center, such as use of the Fitness Center, Pool Area, All Card Games, Art Club & Quilting Club, etc.; and especially when attending any club event, such as Social or Gatherings Club events including Bingo.

Residents are required to scan in with your proximity card at all times.

If you are bringing in a guest for an event or game, you must also register that guest at the front desk with your guest pass, (even though you purchased a ticket for your guest), so that we are able to keep track of everyone using Sunflower's facilities.

We appreciate your cooperation in this regard and hope it is clear to every resident that your proximity card is **YOUR PASS** to enter, use and enjoy all that Sunflower has to offer!



BACCHUS WINE

BACCHUS WINE

By Kevin Webb

In celebration of the 250th birthday of the United States, **Bacchus Wine** will be doing a **Good ol' Fashioned PicNic** theme. Come enjoy some wine sorbet and patriotic cake for dessert! This means you only have to bring some wine and a savory appetizer. We'll provide dessert.

Join us on Wednesday, July 22nd from 4:30 to 6:30 p.m. in the Fiesta Room. The e-Vite will go out on July 15th. RSVP ASAP as we're filling up fast!

If you have never been to a **Bacchus Wine** event but would like to be invited, send an email to:

bacchuswinesunflower@gmail.com or text/call

Kevin Webb @ 520-240-9710.

HAPPY 250th Birthday to the United States of America!

2026 SUNFLOWER CRAFT FAIR



The 24th Annual Sunflower Craft and Bake Sale will be held on November 6th and 7th from 9:00 a.m. to 3:00 p.m., with set-up on Thursday, November 5th.

As many vendors are gone during the summer, we encourage you to submit your applications and payment early (checks only). Vendors will be placed in the order the applications are received. Applications are now available at the front desk or on-line @ **www.Sunflowerliving.com**, and must be submitted by September 6th, 2026. Any extra space will be made available to Friends of Sunflower.

Last year's event was full in August! The **Fitness Club** will be coordinating this year's event, so checks should be made to: **Sunflower Fitness Club** and returned to the front desk @ 9401 N. Sunflower Dr., Tucson, AZ 85743.

Bonnie Huff will again be the Vendor Coordinator and can be reached @ **Bonnies1017@aol.com** or 734-277-7730, if you have questions.

Sue Uden will be the event Manager and Coordinator.

THE FOODIES & FUN CLUB

By Kathryn Martin

250 YEARS OF FREEDOM CELEBRATION

SPONSORED BY ROGER DAGGETT



If you bought tickets to the **NATIONS 250TH ANNIVERSARY CELEBRATION**, *don't forget it's on Wednesday, July 8th @ 5:30 p.m.*

We are sorry to report that the event has now sold out. We hope to see you next time!

THE TABLE AND THE JOURNEY

I just wanted to give you a head's up for fun events coming this fall and next spring from the Foodies Club.

We will be starting a series called **The Table & The Journey** where we will take a trip to various countries each month. We will meet each month on the **2nd Thursday of the month** in the evening, when we learn about the country of that month. We may have a cooking demonstration, a meal, a presentation, or even a potluck centered around that country. We will also have other events that coincide with the country on other dates which will include trips to restaurants, special celebrations, and traditions for each country.

An example would be October: *We have an Oktoberfest Celebration scheduled for Friday, October 16th @ 5:30.* We have scheduled a 7-piece band, **Retro Polka**, have a German food truck scheduled to provide our meal, **Karen Barta's** dance class has been learning a Line Dance Polka to teach us at the event, and a beer tasting.

Barrio Bread



Don Guerra, will be on **HIATUS** *until October, on the third Wednesday @ 4:00 p.m.*

GATHERINGS CLUB

By Jan Gerson

TED Talk + Discussion, July 17th: An insightful TED Talk followed by group discussion, moderated by **Stan Berndt**, *will take place @ 1:30 p.m., July 17th in the Craft Room.* A hint to the topic will be announced in the Communicator.

May's TED talk, *The Power of Prediction*, initiated a wide-ranging discussion among the group of almost 30 residents. No charge and all are welcome.

Open mic night, July 24: Calling musicians, singers, poets: sign-up will begin at 5:50 p.m. *for 10-minute slots to perform at an open mic night, 6:00 to 8:00 p.m. in the Fiesta Room.* A sound system and assistance in plugging in instruments will be available. Audience members are encouraged to bring snacks and beverages.

You can be on the road to fun and gaming (August 3rd)! *The registration deadline for the August 3 bus excursion to Desert Diamond Casino is July 20th.* Bus transportation is provided gratis, with a minimum number of passengers. New guests will receive gambling and lunch credits. To sign up, email jan.gerston@gmail.com with your first name, telephone number, and the number of your Desert Diamond Rewards Card, if you have one.

The Gatherings Club meets 10:00 a.m. the second Tuesday of each month in the Crafts Room.

CHORALE NEWS

By Beth Britton

Like to sing? You're already qualified to join the Sunflower and neighboring area senior choir. *The Sunflower Chorale meets on Mondays in the Fall @ 3:30 p.m. in the Village Center Fiesta Room.*

Come join us! Call **Beth** @ 928-607-6204 or **Virginia** @ 480-315-0311 for more information.
We would love to have you join us!



COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant *at least a day in advance*.

ROMEOs Breakfast – *Wednesday, July 22nd*, will go to Just Breakfast, carpooling @ 7:30 a.m.

ROMEOs Lunch – *Wednesday, July 8th*, will go to Ole Mexican, carpooling @ 11:45 a.m.

OWLS Dinner - *Wednesday, July 15th*, will go to Olive Garden Oro Valley, carpooling @ 4:30 p.m.



COFFEE & FRIENDS

Don't let the heat and monsoons (or nonsoons) get you down. *Coffee and Friends* is the perfect pick-me-up. Or you can join us and we can commiserate together about our horrid temperatures.

We are not meeting July 4th and wish you a **Happy 4th** celebrating America's 250th birthday. Do you remember where you were for our country's 200th celebration?

Also on July 18th, we'll be off while the new Fiesta Room floor is being installed. Looking forward to a fresher looking Fiesta Room.

Roger Daggett of Coldwell Banker Realty continues to be our faithful sponsor and has more pop-up surprises planned as we grow our group.

Remember, new residents and birthday celebrants get free coffee and donuts.

The rest of us pay only \$1 each for freshly-brewed coffee and a choice of assorted donuts.

MONTHLY GAME NIGHTS

Second Friday & Fourth Tuesday

Friday, July 10th & Tuesday, July 28th
in the Fiesta Room 6:00 - 8:30 p.m.

Are you looking for a fun way to escape the evening blues & summer heat? Join us for **Game Nights**. Bring your own game to share or play one from our "game library". Be sure to bring a beverage and maybe a snack.

A special thanks to Bob Wilson for hosting

CORNHOLE

By Kevin Kirkey



As Cornhole wraps up another fantastic year, one filled with great competition and sportsmanship, we are excited to highlight the results from our April Tournament.

Tournament Results:

- First Place: **Jeff Engstrom** and **Bob Bender**
- Second Place: **Sandy Thornton** and **Kevin Kirkey**
- Third Place: **John Newberry** and **Bob Thornton**

Congratulations to our winners and to everyone who participated in making this season a success. We truly appreciate the community spirit that makes this activity so enjoyable. Thank you to all the players, supporters, and organizers for your dedication.

We look forward to seeing everyone back on the boards in September for the next season!

KARAOKE

Thursday, July 23rd
5:00 - 7:00 p.m. in the Fiesta Room



We want to give a special thank you to **Ron Gagne** and **Michele Bennett** for hosting Karaoke for the past few years. They both put a lot of effort into making the evenings fun. **Karaoke** is continuing with a new committee and a slightly different format. Join us for a fun-filled evening of music! We have several super-stars singers who enjoy entertaining the audience. However, we always look forward to new aspiring entertainers. *We are encouraging group sing-alongs!*

Please note:

July's Karaoke will be on Thursday, July 23rd.

We want to make sure the new flooring is completed in the Fiesta Room. Our theme for July is **"These United States"**. Songs can be about a city or a state (non-political please) within our country. Inspired? If so, please send your song request to **Gary @ gengel9285@gmail.com** by July 16th. We will have group sing-a-longs as well, which is why we have extended the time. Please try and keep to our monthly theme when submitting your requests.

If you are bringing a guest for the event, please make sure to register them in at the front desk with your **Sunflower Guest Pass**.

Thank you to **Tim and Kaye** from the Walter Team for the new karaoke machine and to **Judy Ibrado** from Long Realty for helping to sponsor our new **Karafun Subscription**.

SUNFLOWER TENNIS CLUB

By Dennis Page

Yes, summer is really here! Please be sure to drink plenty of water, and take breaks when needed.

From the Wimbledon website:

The Championships 2026 will be played over 14 days from Monday, June 29th – Sunday, July 12th.

The Championships begin with two days of Gentlemen's and Ladies' Singles matches before Gentlemen's and Ladies' Doubles that start on Wednesday, and Mixed Doubles on Friday.

Reminder:

Weekly play (Monday through Saturday) for SFTC members starts at 7:00 a.m. in July, subject to change.

For current information: please contact **Charlie Barlow** @ 360-870-6517 or amitayus60@gmail.com --or-- **Susan Page** @ susanpage@comcast.net.

PICKLEBALL CLUB

By Leah Freeland

Please remember to hydrate, use sunscreen, and wear a hat during these hot summer days.

Play hours are open to all members during summer months:

[Monday through Saturday from 7:00 to 9:00 a.m.](#)

[~ and ~](#)

[Tuesday, Thursday & Sunday from 6:00 to 8:00 p.m.](#)

For beginners interested in learning the game, free lessons can be arranged by calling or texting **Karla Holmes** @ 208-724-4864.



By Julie Frickel

No bocce events or updates for July. Stay cool and enjoy your travels. For our snowbirds, hope your summer is nice and cool--*we miss you!*

Summer

[Regular play on Tuesday, Thursday and Saturday begins @ 7:30 a.m.](#) Please arrive 10-15 minutes early. If you are interested in trying bocce, call one of the officers to schedule some personalized instruction (#s in the back of the Sun Catcher).

BOWLING INFORMATION & NEWS

By Bonnie Scott

If you want to make new Sunflower Community friends and enjoy some fun for 2 hours, then come bowling with us on [Friday afternoons](#). It's Open Bowling so no teams, no competition and if you cannot bowl, no problem, and no cost. We bowl all year. The Sunflower Bowlers welcome new Sunflower member, **Jody Christensen**. The cost is \$13 for 3 lines of bowling which includes funds toward the Annual Banquet. **Don Preuss** provides a weekly sheet of player bowling information.

Bowlers with outstanding scores:

Joe Beard -	Series of 625 & 212,235 & 178 games
Rick Lybarger -	New High series of 529 & High game of 190
Ed O'Hara -	New High Series of 640 & High game of 234
Gary Scott -	214 game
Jody Christensen -	New High Series of 485 & High game of 194
Susan O'Hara -	Great New High series of 580 & High game of 236
Vicky Beard -	191 game
Bonnie Scott -	New High game of 203
Janet Sergisson -	New High game of 169

Please show up at 12:10 for practice at 12:20 and start time of 12:30 p.m. We bowl at the **PINZ Fiesta Lanes** - 501 W. River Road.

When you arrive, come to Lane 1 and someone will collect your \$13. Refer any questions to **Terri Shevlin** @ 609-471-4347.

ROSIE'S SUNFLOWER BINGO

By Tim Walter

We had a great turnout considering the heat, and we all fit in the Fiesta Room comfortably.

The **Rosie Special** was **\$280.00**, up from last June's \$250.00! After **Peggy Hartsook** won, she donated a portion to the Veteran's Club. *Thank you!*

Those generous players who donated a portion of their winnings to the Veteran's Club this month were: **Carol A, Tina T, Gordon B, Lars E, Judy D, Marci C, Kevin K, and Peggy H.** A total of \$270.00 was donated. **AWESOME and thank you ALL!**



Dolores Johnson rocked the room with another perfect call; and as always, the great helpers we have all made it happen. Special shout out to **Barbara Brown**, running the Bingo flashboard and helping us keep track of the numbers called. Very talented at playing and keep that up as well!

Mark your calendars for July 14th, and head to the Fiesta Room where the games will kick off @ 6:00 p.m.

Wear your **Red, White, and Blue!**
We will be celebrating Americas 250th Birthday!
See you there!

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: **Tuesdays and Fridays — 1:00 to 4:00 p.m.**

Chix with Stix (Ladies):
Mondays and Thursdays —
1:00 to 4:00 p.m.

No experience necessary
We'll Rack 'em and You Hit 'em.

LADIES 9-HOLE GOLF

By Leslyn Sisco

Ladies 9-Hole Golf will be on HIATUS for the summer, as early tee times were unavailable. We will resume in September. Please call or text **Leslyn Sisco @ 970-946-5998** for questions or concerns.

Have a great summer!

MENS 9-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at **Quarry Pines Golf Course**. **We play every Wednesday starting @ 2:00 p.m.** Come join us for a fun time! Contact **Jim Murphy @ jmurphmail@gmail.com** for further information.

SUNFLOWER MENS GOLF CLUB

By Gary Scott

As we enter the summer months and some sport activities require us to be outdoors, it's important to stay hydrated.

For those unfamiliar with our club, we play twice a week (**Monday and Thursday**) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us.

You can contact **Doug Culpepper @ bikerlab@mac.com** (412) 720-6248 or myself @ **gbscott70@comcast.net** (520) 406-0123.

You may visit our schedule of events on our website: **www.sunflower.golfclub.net**.

POP TENNIS

By Gary Engel

Pop Tennis starts @ 7:00 a.m. on Court 2.

We have a group of active "Poppers" playing on **Tuesday and Thursday mornings**. No experience is needed - just show up. We provide the paddles and balls. Former (and active) tennis and pickleball players have become proficient quickly.

Contact **Gary Engel @ 623-221-8813** or **gengel9285@gmail.com**.

YOGA CLUB

By Leslie Parr

We have FREE YOGA CLASSES on Monday, Wednesday & Friday from 7:45 to 8:45 a.m.-Fiesta Rm

It is gentle Yoga for Seniors. **Yoga Club** members enjoy a relaxing hour at the beginning of the day. All welcome. Please bring your mat and a stretch band to each class.

Questions, call **Leslie Parr @ 520-603-8785**.

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: lsak@associatedasset.com

Rosie Young, Sunflower Community Assistant Manager: rmyoung@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

For Communicator to: lsak@associatedasset.com,

For Visual Lobby Display Changes to: kassidy.kirchgatter@associatedasset.com

Sunflower Living Website: webteam@sunflowerliving.com Email directly to: submittosunflower@gmail.com

FRONT DESK PERSONNEL

Jamie Haire, Resident Services Coordinator:

jamie.haire@associatedasset.com

Nickie Kaplan, Resident Services Coordinator:

nkaplan@associatedasset.com

Kassidy Kirchgatter, Resident Services Coordinator:

kassidy.kirchgatter@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS

THE VILLAGE CENTER WILL BE CLOSED
ON SATURDAY, JULY 4th
IN CELEBRATION OF INDEPENDENCE DAY.

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.
Sunday 11:00 a.m. to 4:00 p.m.

Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their regularly-scheduled time ~

If you have any questions, please call the Front Desk or the Management Team.

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, www.Sunflowerliving.com, and scroll down to click the "**Subscribe to Our Residents Newsletter**" link.

Part way down the new page, you will see a "**Subscribe Here**" link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to: Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "protected pages," you must enter the password which is only available to Sunflower residents. Please visit the Village Center front desk so you can receive the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: nkaplan@associatedasset.com.

ADVERTISING IN THE SUN CATCHER

If you are looking to advertise your business in **Sunflower's Sun Catcher** newsletter, via classified ad, or multiple-sized colored advertisement, or have any questions about fees and space available, please email **Kassidy @** kassidy.kirchgatter@associatedasset.com, or just visit the front desk at the Village Center and any one of the ladies can give you a pricing sheet for advertising.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724
Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

JULY 2026 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		<u>COMMITTEE MEETINGS</u> 07/01 LANDSCAPE 07/01 ELECTION 07/07 ARC 07/09 PRAC PRES 07/10 POLICY 07/21 ARC 07/21 FINANCE 07/29 BOD MTG	1 9 Mah Jongg 10 LANDSCAPE 10 VETS Mtg 11 VETS BOD Mtg 1 Mah Jongg 2 1 Pinochle 1 ELECTION	2 9 Quilters 9 500 Cards Game 9 VETS Tickets 1 Mixed Bridge 1 Canasta 6 Cribbage	3 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2	4 CENTER CLOSED 
5 1 Mah Jongg	6 9 Mexican Train 9 VETS Tickets 10 Social Club Mtg 11:30 Fun Poker 12 Baskets 12:30 Mexican Train	7 9 ARC 1 Euchre 1 Ladies Bridge	8 9 Mah Jongg 10 Social Club Ticks 11:45 ROMEOs 1 Mah Jongg 2 1 Pinochle 4 Foodies July 4th Grill Party	9 9 Quilters 9 500 Cards Game 9 PRAC SPECIAL PRESENTATION 1 Mixed Bridge 1 Canasta 6 Cribbage	10 9 Quilters 9 POLICY 11:30 Fun Poker 1 Mah Jongg 2 6 Game Night	11 7:30 Coffee & Friends 1 VETS Summer Picnic
12 1 Mah Jongg 2 Tech Help	13 9 Mexican Train 11:30 Fun Poker 12 Baskets 12:30 Mexican Train	14 10 Gatherings Cl Mtg 10 Daytime Book Cl 1 Euchre 1 Ladies Bridge 6 BINGO	15 9 Mah Jongg 1 Mah Jongg 2 1 Pinochle 4:30 OWLS FIESTA ROOM 'CLOSED'	16 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 6 Cribbage FIESTA ROOM 'CLOSED'	17 9 Quilters 11:30 Fun Poker 12:30 TED Talk FIESTA ROOM 'CLOSED'	18 9 Art Club FLOORING INSTALLED IN FIESTA ROOM 'CLOSED'
19 1 Mah Jongg	20 9 Mexican Train 10 Soc Club Tickets 11:30 Fun Poker 12 Baskets FIESTA ROOM 'CLOSED'	21 9 ARC 1 Euchre 1 Ladies Bridge 1:30 FINANCE FIESTA ROOM 'CLOSED'	22 7:30 ROMEOs 9 Mah Jongg 1 Mah Jongg 2 1 Pinochle 4:30 Bacchus Wine	23 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 5 Karaoke 6 Cribbage	24 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2 6 Gatherings Club Open Mic Event	25 7:30 Coffee & Friends 9 Art Club 5 July Social Club
26 1 Mah Jongg	27 9 Mexican Train 11:30 Fun Poker 12 Baskets 12:30 Mexican Train	28 11 PWC Mtg 1 Euchre 1 Ladies Bridge 2 Genealogy Mtg 6 Game Night	29 9 Mah Jongg 10 BOD MTG 10 Social Club Ticks 1 Mah Jongg 2 1 Pinochle 4:30 Fun Poker	30 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 6 Cribbage	31 9 Quilters 11:30 Fun Poker 1 Mah Jongg 2	

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6pm Pickleball	Men's Golf 7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 9:30 Line Dance 1pm Chix w/Stix	7 Pickleball 7 Tennis 7 POP Tennis 7:30 Bocce 9 Stretch/Tone 10:30 Forever Fit Class 1pm Men's Billiards 6pm Pickleball	7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 1pm Ping Pong 1st, 2nd, 3rd Wed 2pm Men's 9-Hole Golf	Men's Golf 7 Pickleball 7 Tennis 7 POP Tennis 7:30 Bocce 9 Stretch/Tone 10:30 Forever Fit Class 1pm Chix w/Stix 1pm Ping Pong-4th Thurs 6pm Pickleball	7 Pickleball 7 Tennis 7:45 Yoga 9 Water Aerobics 10 Line Dance 12:30pm Bowling 1pm Men's Billiards	7 Pickleball 7 Tennis 7:30 Bocce 11 Ping Pong <i>*Hiking Info- See Fall Hiking Sched For Details</i>

TOPICS OF INTEREST

ARTIST GALLERY

By Nickie Kaplan

David Griffith is our artist for the month of July. He says: "I have always been interested in art. I attended the University of Oklahoma and graduated with a Bachelor of Fine Arts and a major in graphic design. My professional career has been retail, geophysical tech, computer support and quality assurance. I have done some freelance illustration and portraits over the years but never as a full-time job.

Now that I am retired, I am enjoying the opportunity to continue to paint with more frequency, and my style has changed significantly from what it was 20 years ago. I like to work with lots of color. I am using a mix of my graphic arts background combined with abstract elements to create my paintings. It is nice to be unconcerned about the distinctions between the two, which was clearly emphasized in my university years.

I am currently using acrylic water color, ink and colored pencils in my work. I try to create an interesting uncontrolled background and overlay it with my own more controlled use of design and color. Sometimes my work has recognizable imagery and other times it is abstract."

We wish to extend a sincere thank you to **Billie Barron** for displaying her beautiful acrylic paintings during the month of June. Please make sure to stop by the Village Center in August to see some outstanding artistic photos by **Vince Senski**.

Our Sunflower artists are truly outstanding!

THE PING PONG GROUP

By Buzz Hoffmann

Ping Pong has come a long way since it was first played in England by upper, middle-class Victorians on dining room tables. Rackets were lids from empty cigar boxes, balls were champagne corks, and a line of books served as the net. We use modern equipment and love to have new players join us for this great sport, one of the best for the brain. All playing levels, including beginners, are welcome for a fun time of ego-free and often aerobic ping pong.

***We play on the 1st, 2nd & 3rd Wednesdays
and 4th Thursdays @ 1:00 p.m. in the Fiesta Room,
and also on Saturdays @ 11:00 a.m.***

GNO Girls Night Out (or Days)

By Lynn Haye

Hello to All. This is just a good-bye for the summer. Hope all of you have safe travels if you're leaving Sunflower, and stay cool if you're staying.
See you in the fall.....Lynn

SUNFLOWER HIKING GROUP

By Hope Collins

The **Sunflower Hiking Group** enjoys the Arizona desert by exploring our scenic local trails. In general, we will have hikes on Tuesdays and Fridays, from mid-October through mid-April. The hikes for each month will be listed in the Sun Catcher, and weekly hike reminders will be posted in the Communicator. Essential details and updates about hikes are sent via Google Group emails.

Occasional hikes may be offered throughout the summer months and will be communicated via Google Group email. The **Fall 2026 Hiking Schedule** will be sent out in September via Google Group.

If you would like to be added to the Google Group email list in order to be kept up to date on Hiking Group information, send an email to **Hope Collins** @ hopecollins65@gmail.com.

If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran** @ 520-729-8082.

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The **Sunflower Photography Club** is a supportive community where we can share our joy of photography, learn from each other, and grow together. Whether you're using a smartphone camera or more complex equipment, or if you're an experienced photographer or just starting out, there's a place for you in our club!

There will be no **Photo Club** meeting in July due to floor renovations in the Fiesta Room.

***We will meet again on Wednesday, August 19th @
10:00 a.m. in the Fiesta Room.***

All are welcome to join us!

Please email **Vince Senski** with any questions @ vinceduluth@gmail.com.

DAYTIME BOOK CLUB

By Alice Hafner



The **Daytime Book Club** continues to meet on the 2nd Tuesday of each month.

***Our next meeting is scheduled for Tuesday,
July 14th @ 10:00 a.m. in the Library.***

All Sunflower residents are welcome to attend.

ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents who desire to create/color something that stirs the imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a protective covering for the table. [Saturdays @ 9:00 a.m. - Craft Room.](#)

CRAFT CLUB

The end of April brings to a close the Craft Club year. Before the glue guns, scissors, paint brushes and ribbons are put away, our crafters will get ready for the 4th of July by fashioning an American Flag for display on their door or wall.

An ordinary flowerpot is transformed by our creative ladies into faces painted on the pots then accessorized with earrings, false eyelashes, glasses or anything else that comes to mind. Each one is unique and distinctive.

To celebrate a very productive year, our crafters will treat themselves to a luncheon at a nearby restaurant. [The Sunflower Craft Club meets every Monday from 10:00 to 11:30 a.m. from October to April but will be taking the summer months off.](#) Please contact **Chris Polk** @ 520-820-5227 for additional details or questions.

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: Beginners Class 9:30 to 10:00 a.m. to go over individual steps used in most dances.

10:00 to 11:00 a.m. Beginners Learn & Dance

Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m. Then **11:00 a.m. to Noon - A bit more advanced.** To attend, you pay **\$5 to the Dance Club** for entire year. The fee goes to the Club for our Parties, Dances for the Community & whatever else we decide to do.

FOREVER FIT CLASS

By Virginia Landers

[The Forever Fit class with Virginia started on Tuesday, March 31st & will meet every Tuesday and Thursday from 10:30 a.m. to 11:30 p.m. in the Fiesta Room.](#)

The format will follow the Weight and Balance Class. Please bring hand weights, leg weights & water. Resistance and balance exercises are essential for seniors to maintain strength & independence.

SUNFLOWER READERS (Evening)

By Jann Swanson

We will not be meeting in June, July, or August.

[We will resume our meetings in September on the 4th Tuesday of each month, as usual.](#)

Have a lovely summer!

FITNESS CLUB

By Billie Barron

Water Aerobics: [Monday, Wednesday, and Friday, 9:00-10:00 a.m.](#) Three different CD workouts are currently in use, offering a well-balanced workout, focusing on core, upper body, balance & joints. Noodles/water weights may be used.

Stretch and Tone: [Tuesday and Thursday, 9:00-10:00 a.m.](#) This is a full-body workout (seated or standing) concentrating on building strength, flexibility, balance & diminishing risk of falling. Participants need tubing with handles, resistance band, hand weights 10" ball. Most items can be purchased online or at Walmart.

Chair Yoga/Pilates:

[This class will resume when Violet Borens returns in November, 2026.](#)

[Please check upcoming Sun Catchers.](#)

Fitness Club membership cards are required.

Violet Borens is a certified instructor conducting these classes, with the exception of Water Aerobics.

GENEALOGY SOCIETY

By Paulette Weiser

[The Sunflower Genealogy Society will have an informal meeting again on Tuesday, July 28th from 2:00 to 4:00 p.m.](#) to do family research at either the Fiesta Room, in the FamilySearch History Center on Magee, or split up between both. That decision will be made at the June meeting eleven days after the deadline for this article, so an email will be sent out to the membership as to where the session(s) will be held. [That will also be true for Tuesday, August 25th.](#)

The Program Committee is working on the 2027 schedule with a goal of continuing to incorporate working sessions with informative programs. If you have a topic you would like to see covered, please contact **Eileen Carney** and let her know. We would love our members' input to be able to meet their genealogical needs. The room reservation request for 2027 for third Tuesdays for our meetings has been submitted.

For year-round members, we look forward to seeing you at our summer work sessions. It is a good time to do research, when it is too hot to go outside and be active. Stay inside where it is *COOL* and get so much accomplished with the opportunity to obtain assistance from experienced genealogists. For snowbirds, if we can help long-distance with advice while you are away from Sunflower, you can contact one of our mentors, **Kim Gunyou, Mary Dietz or Sue Cerri.**

Enjoy your summer, whether in Tucson or somewhere else cooler, we hope!

CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Library. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CANASTA

Thursdays starting @ 1:00 p.m. in the Craft Room. We play two versions: **Hand & Foot and Samba.** So join us to see familiar faces & meet new friends.

CRIBBAGE

We invite you to have some fun playing single or four-hand **Cribbage** on Thursdays @ 6:00 p.m. in the Craft Room. (Except on Potluck nights)

MEXICAN TRAIN DOMINOES

By Pat Cooke

It's hot outside! Come inside to play Mexican Train Dominoes with us.

Join us on Mondays @ 9:00 a.m. in the Library and @ 12:30 p.m. in the Fiesta Room.

THERE WILL BE NO DOMINOES ON Monday, July 20th

EUCHRE

Would you like to play Euchre?

We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.

Call **Vicky** @ 520-907-3510 for details.

We'd love to have you join us!

SUNFLOWER 500 CARD CLUB

By Bob Bender

The **500 Card Club** welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). We are still willing to teach anyone who would like to learn the game. Call and we will set up a time to teach. Call **Bob Bender** @ 717-804-6425.

MAH JONGG

By Anne Schmidt

We will play Mah Jongg @ 9:00 a.m. in the Library & Mah Jongg 2 @ 1:00 p.m. in the Craft Room every Wednesday.

Not ready to make a commitment?

All are welcome, beginner to advanced players!

SUNDAY MAH JONGG

By Lynn Neitzke

We began playing Mah Jongg again on Sundays from 1:00 to 3:30 p.m. in the Library.

Contact **Lynn** @ 520-268-7784 with questions.

PINOCHLE

By Harlan Quinn

If you like to play single-deck **Pinochle**, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library.

There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present. For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER

By Jim Conley

We play Poker in the Library on Mondays from 11:30 a.m. to 3:00 p.m. and on Fridays from 11:30 a.m. to 3:00 p.m.

We also play on the 4th Wednesdays of the month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

Please join us at the Village Center on any day and we will get you started.



SUNFLOWER QUILTERS

By Carolyn LaPotin

Please vote before July 31st. As was announced in early June, the **Bylaws for Sunflower Quilters** have been revised to comply with the changes in **SFCA Policy 7.02**. We need a majority of members to respond "yes" to the electronic ballot that has been sent out. If you haven't voted yet, please do so now.

Important Dates for Fall:

October 15 th	Quilting Board Meeting
October 22 nd	Quilting Business Meeting
November 5 th	Set up for Craft Fair
November 6 th -7 th	Sunflower's Craft Fair
November 19 th	Quilting Board Meeting
December 1 st	Install Artists' Wall
December 3 rd	Quilting Business Meeting
December 17 th	Quilting Board Meeting
December 31 st	Take down Artists' Wall

Summer is a busy time for Quilters! We will be continuing to work on our donation of quilts for children in foster care in Tucson, the quilts we want to donate in October to veterans in hospice care, and of course, treasures to be sold at Sunflower's Craft Fair in early November.



TECHNOLOGY CLUB

By Katta Mapes

The Technology Club is now on HIATUS until the Fall of 2026.

Please make sure to keep an eye out for upcoming information as to when we will begin meeting again after that time.

Elections will have been completed and we will have new officers for our club.

We hope to see you in the Fall.

TECH HELP for Club Members: The Tech Help Sessions for members *will still be offered* on the 2nd Sunday of each month from 2:00 to 3:00 p.m. in the Craft Room from May to September.

SUNFLOWER HEALTH & SUPPORT

By Diane Gray, RN

The Sunflower Health and Wellness Class will be on HIATUS until September.

We will touch base again in August for our September Class. Please look for information at that time.

Thanks and have a great summer!

VINTAGE GARDENERS WRAP UP

A VIBRANT SEASON

By Marie Van Huis



The ***Vintage Gardeners Club*** recently celebrated the end of a wonderful season with a guided tour of the **Tucson Botanical Gardens**. Thirty-four members gathered to admire the stunning desert landscape, taking in the blooming cacti, vibrant succulents, and the captivating *Frida Kahlo Exhibit*. The day concluded with a lovely group lunch, offering everyone a chance to socialize.

Stay Inspired This Summer. While the club takes its seasonal summer break, gardening inspiration is never far away. The **Pima County Master Gardeners** host informative monthly workshops at the **Wheeler-Taft Library**. For a treasure trove of desert gardening ideas and resources, be sure to visit their website @ [Pima County Master Gardeners | UA Cooperative Extension](https://www.pima-county-master-gardeners.org/).

Looking Ahead: September Membership. It's almost time to plan for next year! Early-bird membership renewals for existing members will open at the Village Center this September. Keep an eye on future columns and the ***Communicator*** for specific dates and times. We also look forward to welcoming new members who wish to join at that time.

Connect With Us. Do you have ideas for future programs or outings? We'd love to hear them! Please share your suggestions with our new Vice President, **Joyce Taylor** @ taylorjlp@yahoo.com.

For all other questions or comments, feel free to reach out to the club @ sfvtgardens@gmail.com.

Wishing everyone a happy, healthy and restful summer!



HEALTH & SAFETY



PRIMAVERA By Patrick Steliga

With help from the
***Primavera Foundation's
Family Pathways Program,***

Robin and her four children were able to stay off the streets and begin again. Fleeing domestic violence in Texas, she left everything behind to protect herself and her children. "It wasn't the first time," she said. "But it was the last." She initially stayed with her sister in Show Low, but limited resources (especially for her two special needs children), made it impossible to stay. Everything changed when a stranger connected Robin to ***Primavera***. "I was so scared of being on the streets with my kids because I had nowhere else to go...." she said.

Primavera provided three months of rental assistance and Robin secured stable housing & enrolled her children in school. "I remember them asking me, 'What are we going to do, Mom? Where are we going to go?'" Today, those fears have been replaced with stability and hope. Robin now works in caregiving and is connected to community resources, including a wheelchair for her son. On November 1, 2025, Robin and her family successfully exited the program with stable housing and a path forward. She's pursuing a medical certification and her long-term goal is clear. "I want to own a house so that I can pass it on to my kids," she said. In short, Robin and her children are no longer defined by adversity but by possibility. Small acts of kindness can have a big cumulative effect.

Please see the online Communicator for how you can help. ***Many thanks.***



Grilling Safety Tips

-  For propane grills, check the gas tank hose for leaks.
-  Do not use charcoal grills in hazardous, dry, or windy conditions.
-  If using starter fluid when charcoal grilling, only use charcoal starter. When finished grilling, let the coals cool completely before disposing in a metal container.
-  Keep children and pets at least three feet away from the grilling area.
-  Never leave the grill unattended.

(520) 887-1010

www.nwfdaz.gov



Source: nfpa.org, smokeybear.org



SUNFLOWER SAFETY & HEALTH ALLIANCE

By Katta Mapes

In a creative and collaborative effort to unite the Sunflower Neighborhood Connections, formerly the Block Watch, with the Wellness Group, volunteers from both organizations have come together to form a new alliance: the ***Sunflower Safety and Wellness Alliance***. Our mission is to strengthen our shared efforts by offering information, support, and educational events focused on safety, wellness and social connection.

Who's Your Buddy? Who in your life checks in with you each day to make sure you're okay if you live alone? Over the years, there have been many cases of residents found on the floor, either incapacitated or deceased. The new ***Sunflower Health & Safety Alliance*** can help you find a buddy or two. You and your buddies will choose how you'll check in each day from several options.

Contact coordinators ***Marcia Olsen*** @ marcia7444@yahoo.com or ***Diane Gray*** @ sunnytucson64@gmail.com to learn more about Buddies or to join the planning committee.

SUNFLOWER NEIGHBORS

By Kristy Ashmore

Sunflower Neighbors is a group of volunteer drivers who donate time and transportation to other Sunflower residents. Rides are provided to doctors, dentists, and other medical appointments. This service is intended to be a resource of last resort for those who are unable to drive or are having a procedure where driving oneself would be unsafe.

To request a ride, send a message to ***Kristy Ashmore*** @ ikashmore@comcast.net. In the subject line write "ride". We need a seven-day notice to arrange for an available driver.

In your email write the details with your appointment including the day, time and approximate length, the location of your appointment, plus your name, address and phone number.

PARTNERS W/CHALLENGES SUPPORT GROUP

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies & anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 10:30 to 11:30 a.m.

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m. SUNDAY from 11:00 a.m. to 4:00 p.m.

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.

For access, you MUST enter Village Center with your Proximity Card WHEN OPEN.

If Village Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

"500" CARD PLAYERS

Bob Bender 717-804-6425

ART CLUB

Billie Barron 520-334-7508

BACCHUS WINE

Kevin Webb 520-240-9710

BASKET-WEAVING WIZARDS

Karen Donahue 520-572-2250

BILLIARDS-LADIES

"CHIX WITH STIX"

Phyllis Bowcott 520-237-6573

BOCCE

Julie Frickel 406-461-0718

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CANASTA

Barbara Bernardi 781-521-6225

CHORALE

Sue Horsfall 520-425-0586

COFFEE & FRIENDS

Roger Daggett 520-241-1032

CORNHOLE

Kevin Kirkey 520-833-2236

CRAFT CLUB

Chris Polk 520-336-6011

CRIBBAGE

Kirk Andrews 401-419-5570

DAYTIME BOOK CLUB

Alice Hafner 520-403-6194

DOMINOES

Pat Cooke 520-616-8082

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Billie Barron 520-334-7508

FOODIES & FUN

Kathryn Martin 940-783-1037

FOREVER FITNESS

Virginia Landers 520-800-9005

FUN POKER

Jim Conley 520-308-9798

GAME NIGHTS

Bob Wilson 480-720-5509

GATHERINGS CLUB

Jan Gerston, Sec 979-571-3640

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Doug Culpepper 412-720-6248

Gary Scott 520-406-0123

HEALTH & SAFETY ALLIANCE

(Formerly Neighborhood Connects)

Marcia Olson 520-850-9566

marcia7444@yahoo.com

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

KARAOKE

Marcia Ceciliot 916-316-0123

Rick Lybarger 509-690-1991

LINE DANCE/ENTERTAINMENT

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NINE-HOLE GOLF - MENS

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES

Leslyn Sisco 970-946-5998

PARTNERS WITH CHALLENGES

SUPPORT GROUP (PWC)

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PHOTOGRAPY CLUB

Vince Senski vinceduluth@gmail.com

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PING PONG

Buzz Hoffmann 520-404-3065

PINOCHLE

Harlan Quinn 520-225-7375

POP TENNIS

Gary Engel 623-221-8813

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTERS CLUB

Carolyn La Potin 520-780-4937

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

VOLUNTEER TRANSPORTATION

Seven days in advance please

Kristy Ashmore jkashmore@comcast.net

SUNFLOWER READERS (Evening)

Tina Smith 520-343-3999

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Dennis Linde dennielinde53@gmail.com

Burleson Smith burleson.smith@verizon.net

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Sharon Bender 717-818-5505

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Lois Croly 520-369-1524

Marie Van Huis 520-572-0045

WELCOME COMMITTEE

Lynn Haye 847-401-6343

YOGA

Leslie Parr 520-603-8785

Revised July, 2026

CLASSIFIED ADS

GARAGE DOOR PROBLEMS?

Keypads, Remotes, Spring. Opener repair/replacement, safety inspections and annual maintenance. Sunflower resident **Mark Karwoski** 30+ years Exp. **520-203-1948**

IN-HOME CAREGIVING Over 40 years experience in all aspects of Nurse Aide/ Home Health Aide care. Sunflower references available. Recent VA Hospital Experience. **Veronica Quartermaine 520-990-4175**

RV & TRAILER STORAGE \$50/mo, I-10 & Cortaro Rd, parking spaces available, 12' wide up to 30' length. Secure! Multiple cameras, caretaker resides on property. Payment terms are 3 months in advance upon move-in. **Sandy McCoskey, Sunflower Resident, 520-400-7717**

REJUVINATING MASSAGE THERAPY Swedish, Deep Tissue, Sports. Prenatal, & Shiatsu Styles 28 years experiences. AZ License # MT 50345. House Calls Only. **Sunflower Resident/Susan 805-421-8185**

PLUMBER—If you have plumbing projects or problems call A. Plumber! I've been plumbing here since the beginning! **Adam 520-401-3495**

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property & funds, and to offer residents a variety of opportunities to enrich their physical, cultural & social well being.

CORE VALUES:

- Maintain beautiful physical appearance of community
 - * Support a harmonious community
 - * Respect differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize & address changing needs of community

VISION: To be a community meeting needs of current/future residents.



BARBECUE/GRILLING SAFETY

Gas Grill Safety Tips

- ~ Check grill hoses for cracking, brittleness, holes, and leaks—no sharp bends in hoses or tubing.
- ~ Move gas hoses as far away as possible from hot surfaces & dripping hot grease.
- ~ Always keep propane gas containers upright.
- ~ Never store a spare gas container under or near the grill or indoors.
- ~ Never store or use flammable liquids, like gasoline, near the grill.
- ~ Never keep a filled container in a hot car or car trunk. Heat will cause increase to gas pressure.

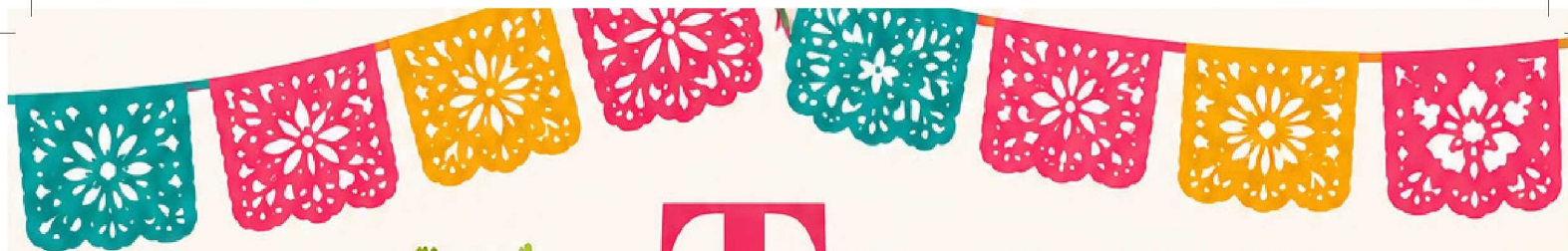


Charcoal Grill Safety

- ~ When using charcoal briquettes or wood chunks, form a pyramid and douse with lighter fluid.
- ~ Cap lighter fluid immediately and place a safe distance from grill.
- ~ Never add lighter fluid to coals that are already hot or warm.
- ~ Never use gasoline, kerosene, or other highly volatile fluids as a starter.



***Please stay aware during this year's "Barbecue/Grilling Season"
and Enjoy all your Summer Activities Safely !!***



Tacos & Talk: Reverse Mortgage Q&A

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- ✓ How a reverse mortgage works
- ✓ Accessing your home's equity
- ✓ Options for aging in place
- ✓ Common myths and misconceptions
- ✓ Open Q&A session



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In Loving Memory of Christine Schaefer

With heavy hearts, we share that Christine passed away peacefully surrounded by family on June 18th, 2026 and is reunited with her beloved husband, Ed.



Christine was a Realtor® with our Tierra Antigua Family for nearly 14 years. We are all deeply grateful for the love, kindness, and support the community has shown Christine and Ed over the years.

Her memory will be cherished by all who knew her.



Per MLSSA as of June 1, 2026 Pricing Jan 1, 2026 - June 1, 2026

How does our HOA stack up?

HOA	Fees/Monthly	G	GC	R	Avg. Price	Years Built
Sunflower	\$134.00				\$345,550	1998-2002
Del Webb Dove Mountain	\$227.00				\$560,353	2015-2021
Sun City	\$238.75		✓	✓	\$443,333	1987-1995
Saddlebrook/HOA 1	\$263.00	✓	✓	✓	\$499,298	1990-2004
Quail Creek	\$275.67	✓	✓	✓	\$474,730	1998-2026
Saddlebrook Ranch	\$287.00	✓	✓	✓	\$653,825	2011-2026
Heritage Highlands	\$291.00	✓	✓	✓	\$516,497	1998-2006
Saddlebrook/HOA 2	\$305.83	✓	✓	✓	\$592,190	1998-2006
Saddlebrook/Townhomes	\$555.83	✓	✓	✓	\$372,855	1998-2002

G=Gated

GC=Golf Course

R=Restaurant

The Walter Team

Tim 520.775.0222/Tim@TheWalterTeam.com

Kaye 303.551.4989/Kaye@TheWalterTeam.com



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