

The Sun Catcher

November 2025
Volume 28 Issue 11

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9401 N Sunflower Park Drive
Tucson, AZ 85743
Sunflowerliving.com

2025



VETERAN'S DAY MEMORIAL CELEBRATION

By Sunflower Veterans Club



Tuesday, November 11th, 2025 from 9:30 to 10:30 a.m.
@ the Village Center Entrance

Our community is recognizing our present and past Veterans for their service to our country. We will enjoy our *Sunflower Chorale* presenting four patriotic songs, as well as our traditional **"Ring of the Bell and Taps"** for Fallen Veterans.



We will present a special recognition to all the *Women Veterans* within Sunflower, thanking them for their service to our country.

Please come visit and say **"Thank You"** to our community's veterans, and enjoy coffee & donuts after the program.

We thank you in advance for attending and We Salute You!!!

SUNFLOWER COMMUNITY

FINE ARTS & CRAFTS FESTIVAL

Friday, November 7th & Saturday, November 8th
From 9:00 am to 3:00 pm

Paintings – Angels – Pumpkins- Wreaths -Towels –
Paper Crafts – Jewelry – Quilts – Crocheted & Knitted Items
Beaded Items – Household Novelties – Diamond Dotz –
Cutting Boards – Pinecone Trees – Driftwood Wall Art –
Fused Glass Earrings & Necklaces – Denim Shopping Bags –
Baskets and Lots More!

COMMUNITY BAKE SALE

Station Bar & Grill on the Back Patio
From 10:00 am to 2:00 pm

SUNFLOWER COMMUNITY VILLAGE CENTER

9401 N Sunflower Park Drive – Tucson, Arizona

2024-2025

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Client Testimonial

Judy Ibrado embodies professionalism in the real estate industry. Her extensive expertise and comprehensive knowledge in all aspects of my transaction ensured a seamless and stress-free experience. Throughout the journey, I was consistently informed of all pertinent details, and Judy was always prepared to provide comprehensive answers to my inquiries. This exceptional service rendered throughout the process was truly commendable.

Michael
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The background of the entire poster is a close-up photograph of sunflower heads and green leaves, rendered in a light, monochromatic purple tone. The sunflower heads are in various stages of bloom, with some showing the characteristic spiral patterns of the petals.

Sunflower Community Fine Arts & Crafts Festival

Fri Nov 7 & Sat Nov. 8 - 9:00-3:00

Paintings -Angels -Pumpkins -Wreaths
Towels - Paper Crafts - Jewelry - Quilts
Crochet & Knitted items — Beaded Items
Household Novelties — Diamond Dot
-Cutting Boards - Pinecone Trees
Fused Glass Earrings and Necklaces
Driftwood Wall Art Denim Shopping Bags
Baskets and lots more!

Community Bake Sale
Station Bar and Grill on the Patio
11:00-2:00

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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

The *Architectural Review Committee* is looking for a volunteer Secretary to take notes and write the minutes for ARC Meetings. The Secretary doesn't have to join the committee, just attend the twice-monthly meetings and write up the minutes. The minutes are usually short - less than a page long. If you think you might be interested, please attend an upcoming ARC Meeting. ARC meets the first and third Tuesday of the month. ***Thank you for considering this volunteer opportunity.***

It's hard to believe, but the holidays are fast approaching! *ARC* wants to remind everyone that holiday decorations can be erected one month prior to the date of the holiday but need to be removed within two weeks after the date. ***Let's make Sunflower festive!***

November 4th & 18th @ 9:00 a.m.—Craft Room

POLICY COMMITTEE INTRODUCTION

By Bonnie Scott

The Board has approved the creation of a new standing committee – *The Policy Committee*. This committee will assist the manager and the Board in keeping Sunflower policies current, assist in creation of new policies, and assist with other Sunflower Governing Documents, if requested by the Board.

The new members include: ***Linda Kahn, Julie Frickel, Billie Barron, and Robin Sterner***. Board member, ***Kathy Michell*** will be the liaison, with ***Bonnie Scott*** acting as an advisor to the committee. ***Bonnie*** has been on the Board in the past and has worked on reviewing and updating policies for the past 13 years. ***Kathy*** is currently on her fourth year as a Board member and has also worked on updating many policies.

The committee will meet on the second Friday of each month from 9:00 to 10:00 a.m. in the Conference Room, ***with our next meeting on Friday, November 14th***.

Currently, there are four (4) members and the committee may have up to five (5). If you are interested in learning more about Sunflower's policies & governing documents while assisting in keeping them updated, applications are available online @ Sunflowerliving.com or may be picked up at the Village Center Front Desk.

FINANCE COMMITTEE REPORT

By Bonnie Scott

The *Finance Committee* received the September 2025 **Financial Report**. This is the final report for Tax Year 2024-2025, so the YTD (Year to Date) figures are the full-year figures and show how well the Community stayed within its budget.

In reviewing the various reports within the Financials, there were questions regarding some of the information provided in the October 21st Finance Meeting. Because the information needed to provide a preliminary report on Sunflower's financials was not available when this November Sun Catcher was printed, this report will be provided in the December Sun Catcher.

Residents are always encouraged to attend Finance Meetings which take place on the ***third Tuesday of each month at 1:30 p.m. in the Conference Room*** and usually last one hour. The next meeting will be ***November 18th***.

The *Finance Committee* only has five members and more are needed. We ask anyone who is interested in becoming familiar with Sunflower's financials and how assessments are spent, to apply for this committee by picking up an application at the Front Desk or online at the Sunflowerliving.com website.

We'd love to see you at our next meeting.

WELCOME COMMITTEE

By Lynn Haye

New to Sunflower?

We would be happy to meet with you either to chat a while; or if you would just like some information about things happening in Sunflower, Marana or Tucson, we can just drop the information off to you.

Please contact ***Lynn @ h1035@aol.com*** for further information.

Our next meeting will be held on Friday, November 14th @ 1:00 p.m. in the Conference Room.

We'd love to see you there!

ELECTION COMMITTEE

The Election Committee is hoping everyone has gotten a chance to vote. There are a couple of days left to get out and vote! Please vote electronically, if you can.

Electronic & Paper-Ballot voting closes on Monday, November 3rd @ 5:00 p.m.

There will be a last-minute Voting Table on November 5th from 5:15 to 5:45 p.m. in the Village Center Lobby, just before the Annual Meeting is set to begin.

We need every household to vote – YOU NEED TO BE HEARD!

LANDSCAPE COMMITTEE

By Charlie Barlow

Trees and Shrub Replacement Program: The tree and shrub replacements for 2025 have begun. A new survey for 2026 replacements in the community will be presented at the November meeting. The budget for the program fiscal year 2026 is \$15,000. The ***Vintage Gardeners Club*** has donated \$1,500 for new trees too. They are also working to replace some of the ‘species’ signage that has been lost, as well as some missing plants. Residents are invited to support this program by offering donations for additional trees. You can find information on the donation process on our website @ Sunflowerliving.com under Resident Information, Forms, Procedure & Form for Donating Trees or Plants.

Irrigation Issues in the Community: AAA Landscaping is working to resolve leaks in the irrigation system, progressing from one area at a time to the next, as best to respond to the multitude of reports by the residents concerning leaks.

Mural Paintings: Members of the Committee will be volunteering to paint a mural on the walls of the trash receptacle enclosures as weather conditions permit.
Thank you, Lois Croly, and all!

Granite Replenishment: An RFP response was presented by AAA for replenishing granite along the main wash walkways. Due to budget constraints, funds are available for only a portion of the work, taken from both the fiscal years 2025 and 2026. The Committee will work with the ***Board and PRAC*** in the future to obtain funding to complete the project. A new Request for Proposal will be issued accordingly.

Next Landscape Meeting:
Wednesday, November 5th @ 10:00 a.m.
in the Craft Room.

SUNFLOWER ANNUAL MEETING

Everyone in Sunflower is welcome to join us @ this year's

ANNUAL MEETING
on Wednesday, November 5th @ 6:00 p.m.
in the Fiesta Room.

At the meeting, newly-elected BOD members will be announced along with other items voted on in the recent Sunflower elections. There will also be a recap of the past year's major projects, events & finances.

You won't want to miss this vital meeting which represents the beginning of a new year here in our Sunflower Community.

Please plan to join us!

PRAC NEEDS YOU!

By Tom Howlin

The ***Preservation of Reserve Assets Committee*** is critically important to the community, ensuring that our fixed assets are being properly accounted for & replaced as needed. We have dedicated committee members who give unselfishly of their time throughout the year but occasionally, we have need of someone with expertise in a certain area & that is where we could use you.

There is no need to join ***PRAC***, although we'd love to have you; but if you have some skills in the trades, engineering, project planning and/or other related fields and would be willing to assist us on a VERY LIMITED basis, we'd love to put your name and phone number on file. No meetings, no obligations, no applications, just making your expertise available as we might need it which I can promise, will not be frequently. We do not do electrical engineering tasks - HVAC or anything up on the roof – and therefore, there is no putting anyone in danger.

So, if you would be willing to help with this, please send name and phone number to tomh4416@gmail.com and I will put your name in a file to be called upon only when necessary. ***Thanks in advance.***

Our next Meeting: Thursday, November 6th
@ 1:00 p.m. in the Conference Room.

SOLAR TASK FORCE REVIEW

By Mac Gearhart

This spring, the ***Solar Task Force*** researched potential value to Sunflower of solar power with current technology. They have identified current expenditures for electricity & locations of all 5 meters with their individual usage. They looked at potential locations for installation; and conferred with commercial solar vendors for options, the Town of Marana for regulations & TEP for any restrictions. They visited HOAs with solar systems for relevant experience. In the end, they concluded that solar power would be profitable for Sunflower.

At the time, there were significant tax incentives for solar but a clear risk that they would be removed. While not mandatory to make solar profitable, they created a distinct reduction to the cost and thus a sense of urgency to qualify. Recognizing that financial expertise rests with the ***Finance Committee***, they met with them to review costs and opportunities; and they agreed that an installation would be profitable. Based on recommendations by both the ***Solar Task Force*** and ***Finance Committee***, the ***BOD*** called for an RFP to obtain quotes on a system. Two responses have been received with similar costs (approximately \$400,000). Both proposals offer a considerable financial benefit to Sunflower.

Going back to the ***Finance Committee*** for how Sunflower would fund the project, they recommended that funding be done through a Community Improvement Fee (CIF) Fund Project requiring a vote by full membership. **The tax credit picture has now cleared and we have a deadline of July 4, 2026 to have the project underway if we are to claim the tax credit.** The next steps are to prepare for a CIF Project vote. This requires a survey to select a range of potential projects with a town hall to explain the options – and finally, a vote for membership approval.



By Bruce Schwartz

Hello Sunflower - it was with some disappointment due to bad weather that **Music Under the Stars** needed to be postponed for one month. I had hoped to report on this event to you in this month's Sun Catcher, but now it will be next month.

We are pleased with the turnout from our **October BBQ**. It was a big success and really helped us fund our worthy causes to support the Homeless and Disabled Veterans in our area. **A warm Thank you to Tim and Kaye Walter for sponsoring the event.** We are sad that they could not join us this time. We hope to have them with us in the future - they are such an incredible asset to our club.

On November 10th, let's all reach out to our brave Marines, past and present. Happy 250th Birthday!!!

On November 10th @ 8:00 a.m., the **Marana Veterans Cemetery** will be placing flags. Here in Sunflower, the club will be placing flags on November 11th @ 7:00 a.m. and picking them up @ 6:00 p.m.

On November 11th - Veterans Day - please join us for our Veterans Day Ceremony at the flag pole in front of the Village Center. The **Boy Scouts** will be doing Honor Guard once again and **Monica M. Oxford**, Chief CDCE Tucson Veteran Hospital, will be the speaker. The **Pickleball Club** will be serving refreshments afterwards.

We are aware that we have many newer residents in Sunflower and some of you are Veterans. **Our next Veterans Club membership meeting is Wednesday, November 5th, 2025 @ 10:00 a.m. in the Fiesta Room.** Don't be shy. We Veterans are one big family, so come over and join in the fun.

See you all then.



ARNIE SEPPE: FROM CRYPTO OPERATOR TO BUSINESS LEADER

Arnie Seppe's journey of service and success began in 1960, when he joined the United States Air Force Reserve as a Crypto Operator with the 143rd Communications Squadron in Washington State. His military path started with basic training at Lackland Air Force Base in San Antonio, Texas, where he developed the discipline and technical skills that would shape his future. He served honorably until 1966, contributing to the nation's defense during a time of heightened global tensions.

Following his service, **Arnie** pursued higher education, earning a business degree that became the foundation of his professional career. He entered the corporate world - specializing in turnarounds, helping struggling companies stabilize and grow. His ability to bring order to chaos and restore confidence in businesses quickly earned him a strong reputation.

One of the most unique opportunities of his career came when he was recruited by one of the "Big Eight" accounting firms. **Arnie** was tasked with applying Critical Path Method scheduling to projects in Hawaii. What was supposed to be a four-month assignment turned into a memorable experience for his family—though his children soon joked that they had grown tired of daily trips to the beach.

After retiring from his corporate role, **Arnie** shifted gears and pursued real estate alongside his son. Together, they began buying and flipping houses, turning undervalued properties into thriving homes. This venture not only provided business success but also strengthened the bond between father and son.

Eventually, **Arnie** settled into retirement in Arizona, closing a remarkable chapter of service, business leadership, and family partnership. His story reflects the discipline of military service, the innovation of business strategy, and the fulfillment of working side-by-side with family.



ARNIE...
THANK YOU FOR YOUR SERVICE!

NOVEMBER POTLUCK

November is a time for giving thanks and gathering together, so please plan on joining your friends and neighbors at the Thursday, November 13th Potluck.

*Social time starts @ 5:30 p.m.,
with Dinner @ 6:00 p.m.*

The cost is \$3.00 if you bring a side dish or salad, and free if you bring a main dish. Please bring a dish that serves 8-12 people. Also, remember to bring your own plate and silverware. We'll have water and lemonade.

Sale dates are:

Tuesday, November 4th from 10:00 a.m. to Noon
~ and ~

Monday, November 10th from 2:00 to 4:00 p.m.

NOVEMBER SOCIAL CLUB

By Frances Gauthier



*Come celebrate an early
Thanksgiving with us on
Saturday, November 15th.*

We will be serving a traditional dinner of turkey, mashed potatoes and gravy, dressing, sweet potato

casserole, cranberry sauce, rolls and dessert.

*Social time is 5:30 and
Dinner is served @ 6:00 p.m.*

*Tickets are \$10 and will be on sale on
November 5th from 12:00 to 1:30 p.m.
if not sold out.* If not already a 2025 member,
an additional \$1 is required to pay you
through the end of 2025.

We will be collecting books for the **Roadrunner Elementary School** that night. They will be given out to the children in December. The books don't have to be new. Used books in good condition are fine. They should be age-appropriate for grades Kindergarten through 6th.

*You have been very generous in the past
and it was very much appreciated.*

On December 20th, we will have a ham dinner with a **White Elephant Gift Exchange**. Tickets will be on sale on November 21st from 10:30 a.m. to 12:00 Noon. Tickets are \$10 plus an additional \$1 dues, if not already a member.

MUSIC UNDER THE STARS



For everyone's safety, *Music Under the Stars* has now been RESCHEDULED to Friday, November 14th

Please come out and enjoy the **Beatle Brothers Band** live music, snack on some yummy burgers the **Veterans** will be serving, enjoy delicious ice cream from the **Fitness Club**, and dance the night away on November 14th @ 5:30 p.m. on the patio and lawn behind the Village Center.

We hope to see you there!

GNO ~ GIRLS NIGHT OUT-(MOSTLY DAYS)

By Lynn Haye

Our November outing is close by -
@ **The Arizona Pavilions.**

We will be going to the show (TBA) there and to **Barros Pizza** afterwards.

I will watch to see what is coming up and post the date and time. Any questions, e-mail me @ h1035@aol.com

This event is always open to all gals in Sunflower!

MUSIC NOTES FROM THE CHORALE

By Sue Horsfall

As we draw closer to Veterans Day and the Winter holidays, the **Chorale** is pleased to welcome its gradually -returning members who have been gone for the summer.

Our September and October rehearsals have established a solid core of singers who will be the backbone for the upcoming concerts.

Mel has been working us enthusiastically and we're looking forward to a performance on November 11th in conjunction with the

Veterans Club's Commemoration of Veterans Day.

We will also be having our
Holiday Concerts on December 5th and 6th.

For questions or suggestions, contact **Sue Horsfall**,
520-425-0586 or swissue@gmail.com.

SUNFLOWER FOODIES & FUN CLUB

By Kathryn Martin

MAGICAL MIDDAY MEAL EVENT



The **Foodie's Club** is proud to provide the community with a **Magical Midday Meal, November 15th @ 11:30 a.m.** A luncheon with a Magic Show! **Michael DeSchalit**, an internationally award-winning magician, will be performing. He has performed at the World-Famous Magic Castle in

Hollywood. **"Magic Misbehaved", with a Side of Sarcasm.** Lunch will include a Queen of Hearts Salad, Deviled Eggs, Breadsticks, and a choice of Tada Tomato Basil Soup or Presto Pasta e Fagioli Soup and an Abracadabra cupcake for dessert.

Tickets are \$25.00 for sale on:

Wednesday, November 12th from 10:00 to 11:00 a.m.

BARRIO BREAD

Barrio Bread, Don Guerra, will be back at Sunflower to sell bread on **November 19th @ 4:00 p.m.**

Reminder 2 loaves per household. No pre-orders.

Thank you for your cooperation.

CHRISTMAS PARTY



The **Foodie's Club** will have a **FREE** Christmas Party on **Friday, December 12th from 1:00 to 3:00 p.m.** Everyone will bring an appetizer – sweet or savory- to share. Christmas Punch will be served or **BYOB.**

FREE tickets and sign-ups will be on:

Monday, December 1st from 10:00 to 11:00 a.m. ~and~

Saturday, December 6th from 9:00 to 10:00 a.m.

We will have Christmas Music and Games. If you choose to participate in a **Gift Exchange Game**, bring a NEW, wrapped gift, priced between \$15.00 and \$20.00. (Fun ideas at Home Goods)

Join in Christmas fun with Sunflower Friends!



♥ Grateful ♥ Thankful ♥ Blessed ♥

GATHERINGS CLUB

By Jan Gerston

Please join us at the
Sunflower New Year's Eve Party
on December 31st.



Mark your calendars and get your party hat, dancing shoes and noisemakers ready for the ***Sunflower New Year's Eve Party, December 31st.*** We will be welcoming the New Year in on **East Coast Time.**

Local favorite, **KT Klassics**, will perform danceable 'Boomer' favorites from 7:00 to 10:00 p.m. Doors will open at 6:30 p.m. Also, to keep your toes tapping, there will be a variety of appetizers, punch and water. **BYOB.**

Tickets will be on sale again on:

Tuesday, November 4th from 2:00 to 4:00 p.m.

Ticket price is \$20.00 per person. This event is hosted by the ***Gatherings Club*** and we hope you will join us to ring in 2026!

NEW RESIDENT DIRECTORY

By Rebecca Teichman

It is that special time of the year again to receive your

2025-2026 Sunflower Resident Directory.

Just stop by the Village Center and please sign the **Sunflower Sign-In Sheet** with your Lot Number.

If you require an additional copy, it will only cost \$1.00.

Please note these Directories are **only** for Sunflower residents and are also available online @ **Sunflowerliving.com**.

ART SHOW @ SUNFLOWER

By Janette Smith

ART SHOW – November 15th in the Library
from 9:00 a.m. to 6:00 p.m.

Janette Bradley Smith began her professional career in portrait photography. Over time, her work evolved and opened the door to various forms of art. It is here where the ongoing journey began to her line of work known as ***"Woman Thus Far."***

It encourages women to experience freedom through art, poetry, and honest conversation. Stop by our Library to meet ***Janette*** and enjoy an eclectic collection of her work.

See you there!

COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS** Dinner groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant at least a day in advance.

ROMEOs Breakfast – *Wednesday, November 26th*, will go to *Bisbee Breakfast Club*, carpooling @ 7:45 a.m.

ROMEOs Lunch – *Wednesday, November 12th*, will go to *The Station*, carpooling @ 11:45 a.m.

OWLS Dinner – *Wednesday, November 19th*, will go to *Bianchi's Restaurant*, carpooling @ 4:30 p.m.

SATURDAY COFFEE KLATCH

Every Saturday morning from 7:30 to 8:30 a.m.
in the Fiesta Room

Everyone is welcome to enjoy a great time meeting with neighbors & a 'Cup of Joe'. We provide coffee, but appreciate a \$1.00 donation to help defray costs.

Thanks to Roger Daggett of Coldwell Banker Realty - Foothills Office who continues to sponsor this event.



Fourth Tuesday
November Game Night
6:00 to 8:30 p.m. in the Fiesta Room
Tuesday, November 25th

November 14th Game Night Cancelled due to Music Under the Stars being re-scheduled

Are you looking for night fun? Join us for Game Nights. We have lots of games to choose from - or you can bring your own. Bring a snack & beverage. (Optional) This is a great way to spend time with friends and/or make new ones.

*A Special Thanks to our hostesses:
Jan Session & Adrienne Farrell*

'THANK YOU' RESIDENTS

By Sunflower Village Center Staff

We just wanted to send a great big
"Thank You"

to all the thoughtful residents who have been bringing us large bags of candy to replenish the supplies we give out at the Village Center.

Your generosity is very much appreciated and noticed; and we hope your generosity inspires others to be generous too!

Again, Thanks for All the Goodies!

NEIGHBORHOOD CONNECTIONS

By Katta Mapes

Be a part of Sunflower Neighborhood Connections.

The SAFETY Networking message for

this month is: If you live alone you might want to have a 'Buddy' to check in with each day, by text or phone. Contact *Marcia Olson* to request a 'Buddy' @ rodandmarcia@yahoo.com.

The SOCIAL Networking message for

this month is: Host a laugh-in where guests bring funny jokes and stories for shared laughter.

Tuesday, November 18st from
5:30 to 7:30 p.m. in the Fiesta Room



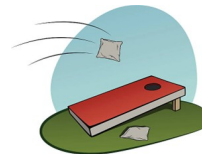
Join us for a fun-filled evening of music featuring our very own Sunflower stars! Listen to some old-time favorites or perhaps a new song or two. Bring your favorite beverage and snack if you like. If the music moves you - sing along and/or even get up and dance. We have a great new sound system! A special thank you to *Tim and Kaye* from *Walter's Team* for the new karaoke machine.

Would you like to unleash your inner diva or divo?

Send your song request to *Michele*

@ michelebennett@me.com by November 5th.

You can request to sing your favorite song or two, or suggest a group song.



CORNHOLE

By Kevin Kirkey

As the days get shorter and cooler, we've moved Cornhole play in November to now be from 4:00 to 6:00 p.m. on Friday evenings. We welcome all to join us on the 7th and 28th on the bocce court sidewalks. We will also play on Sunday, November 16th & 23rd, so you can attend *Music Under the Stars*, as it has been re-scheduled to the 14th.

Come out and enjoy this wonderful social activity. No partner or experience is needed, just drop in and have fun. You can keep up-to-date on any Cornhole schedule changes by reading the weekly Communicator as well.



ROSIE'S SUNFLOWER BINGO

By Tim Walter



Read carefully BINGO people, and tell your Snowbird friends returning! There will be some requirements we have been asked to bring back into enforcement. **You will need your proximity card to buy bingo cards. If you bring a guest, you must register them at the front desk and get a wristband in order for them to participate.**

October Bingo was always a special night, as we celebrated breast cancer survivors and appreciated the players who continue to fight! We spilled into the Library, but there were still some empty seats.

The Library started off lucky, but the main room caught up. The **Rosie Special** was up to \$300.00 this month. **Shirley Anderson** took home that pot. She also donated back to the **Veterans Club**, along with **Sharon Knies** and **Karen Mitchell!**



Thank you! Congratulations to all the winners.

Shannon Meely helped **Kaye Walter** set up festive Sunflower table settings. Thank you to **Dolores Johnson** for calling, and to **Carol Abrahamson** and **Lee Head** for their consistent help!

November should welcome some more Snowbirds, and we expect to fill the house.

Come and play to win!
Fiesta room, November 11th
Games start at 6:00 p.m.

ARTS FOUNDATION STUDIO TOUR

By Jerry Nelson

This exclusive event offers the residents of Sunflower Community a visit with our very own artist, **Jerry Nelson**, in his home for an art exhibit.

Location: 7670 West Summer Scene Drive

Dates and Times:

November 14th 11-5:00 p.m.

November 15th 10-5:00 p.m.

November 16th 12-4:00 p.m.

We'd love to see you there!

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: *Tuesdays and Fridays — 1:00 to 4:00 p.m.*

Chix with Stix (Ladies):

*Mondays and Thursdays —
1:00 to 4:00 p.m.*

No experience necessary

We'll Rack 'em and You Hit 'em.

LADIES 9-HOLE GOLF

By Aileen Fundingsland

Please join us for 9 holes of golf at **Quarry Pines**. *We play every Tuesday @ 2:00 p.m.* Please arrive one half-hour early. Please call or text **Aileen @ 520-906-4427** no later than 10:00 a.m. the Monday before play.

MENS 9-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at Quarry Pines Golf Course. *Winter play is every Wednesday starting @ 2:00 p.m.* Come join us for a fun time! Contact **Jim Murphy @ jmurphmail@gmail.com** for further information.

SUNFLOWER MENS GOLF CLUB

By Gary Scott

For those unfamiliar with our club, we play twice a week (Monday and Thursday) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). *If you enjoy the game and are looking to make some great friends, come join us.* You can contact **Doug Culpepper @ biker1ab@mac.com** or (412) 720-6248 or myself @ **gbscott70@comcast.net** or (520) 406-0123.

You may also visit our schedule of events on our website: **www.sunflower.golfclub.net**.

POP TENNIS FOR SUNFLOWER

By Gary Engel

Due to the increasing temperatures, play will now be on

**Court 2 from 7:00 to 8:30 a.m. on
Wednesday and Thursday mornings
and from 7:00 to 8:00 p.m. on Sunday evenings.**

Paddles and balls are provided. Any future time changes will be posted in the weekly Communicator. In addition, we have set up a group text for any new players so that we will know who is planning on playing.

Questions, please contact **Gary Engel @ 623-221-8813**.

SUNFLOWER TENNIS CLUB

By Dennis Page

Summer heat is finally on the way out! We can now enjoy Tucson's crisp, fall days. If you're thinking about playing tennis again (remember how much you enjoyed it way back when?), come out to the courts and join us. We can even sign you up if you would like to be a member of the **Sunflower Tennis Club**. Want some solo practice? We have a ball machine to hone your skills. There are all skill levels represented by the membership, *so everyone is welcome!*

For all you pro-tennis fans,
here is a list of tennis matches in November:

Rolex Paris Masters Paris, France Oct 27 - Nov 2

Moselle Open Metz, France Nov 2 - Nov 8

Hellenic Championship Athens, Greece
Nov 2 - Nov 8

Nitto ATP Finals Turin, Italy Nov 9 - Nov 16

If you are not a world traveler, you can enjoy them on various streaming services.

Reminder: *Weekly play (Monday through Saturday) for SFTC members now starts at 8:00 am.*

Call or text *Susan Page* for current information:
520-742-1373, or email her @ suancpage@comcast.net.

PICKLEBALL CLUB

By Leah Freeland

We are looking forward to several upcoming events over the next few months including our annual business meeting, the holiday party, and a tournament or two.

Club play time has been updated to Monday thru Saturday from 8:00 to 10:00 a.m. and Tuesday, Thursday and Sunday from 4:00 to 6:00 p.m.

All club members are welcome to play at these times. Club play for beginners is Mondays and Wednesdays from 4:00 to 6:00 p.m. For beginners interested in learning the game, free lessons can be arranged by calling or texting **Karla Holmes** @ 208-724-4864.

YOGA CLUB

By Leslie Parr

We have FREE YOGA CLASSES on Monday, Wednesday and Friday from 7:45 to 8:45 a.m. in the Fiesta Room.

It is gentle Yoga for Seniors. Yoga Club members enjoy a relaxing hour at the beginning of the day. **All are welcome.** Please bring your mat and a stretch band to each class.

Questions, call **Leslie Parr** @ 520-603-8785.



By Julie Frickel

Finally, a little cooler weather! Tuesday and Thursday bocce play is now at 1:00 p.m. Courts are filling up with the return of snowbirds and a few new members. Remember to get to the courts 10-15 minutes early so that we can get a count, set up teams and court assignments.

November 12th will be the yearly Bocce Business Meeting. This will be in the Fiesta Room beginning at 6:00 p.m. We will be serving a variety of homemade desserts. Discussion items will be the budget/expense report, finalization of the revised By-Laws, and any concerns/comments from any bocce member.

Friday, November 21st will be the last 'Night Bocce' for this year. We will try to incorporate some fun competition! Please bring a snack to share and your preferred beverage. This is a club membership event.

If you are interested in trying bocce, show up early on Tuesday or Thursday and an officer can help get you started. Or, call one of the officers to schedule some personalized instruction (#s in the back of the Sun Catcher). You will get 3 free days to play and see if you want to continue. After that, dues are only \$10 per year.

SUNFLOWER BOWLING INFORMATION

By Bonnie Scott

Welcome back to Snowbird, Deb Fletcher and our new bowler, Bonnie Lancaster.

If you want to make new Sunflower Community friends and enjoy some fun exercise for 2 hours, then come bowling with us on Friday afternoons. It is Open bowling so no teams, no competition and if you cannot make a Friday, no problem, and no cost. We bowl all year so those who spend the summer away can bowl without any commitment. The cost is \$13 for three (3) lines of bowling which includes funds toward the annual Bowling Banquet in January

We do have a bowler who tracks your games and average, which comes into play at the annual banquet. Prizes do include most-improved bowler for men and for women. Averages range from 107-174

Bowlers recognized for outstanding bowling:

Vicky Beard - 205 game & 542 series (new highs for her)

Gary Scott - 215 game & 546 series

Joe Beard - 199 game & 528 series

Chuck Glen - 203 game

Terri Shevlin had a new high series of 493 and

Rick Lybarger had a new high series of 502.

We hope you will join us on Friday afternoons. We ask that you show up at 12:10 for practice starting at 12:20 and a 12:30 p.m. start time. We bowl at the **PINZ Fiesta Lanes** (new name) – 501 W. River Road. When you arrive, come to Lanes 1-6 and someone will collect your \$13. Refer any questions to **Terri Shevlin** @ 609-471-4347.

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: LSak@associatedasset.com

Monica Martinez, Sunflower Community Assistant Manager: MLMartinez@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

or Communicator to: LSak@associatedasset.com.

Sunflower Living Website: webteam@sunflowerliving.com Email directly to: submittosunflower@gmail.com

FRONT DESK PERSONNEL

Pat Chavez, Resident Services Coordinator:

Patricia.chavez@associatedasset.com

Nickie Kaplan, Resident Services Coordinator:

NKaplan@associatedasset.com

Rebecca Teichman, Resident Services Coordinator:

RTeichman@associatedasset.com

Rosie Young, Resident Services Coordinator:

RMYoung@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS & HOLIDAY CLOSINGS

The Village Center will Close Early at 2:00 p.m. on Wednesday November, 26th and all day Thursday, November 27th in Celebration of Thanksgiving.

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.
Sunday 11:00 a.m. to 4:00 p.m.

Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their regularly-scheduled time ~

If you have any questions, please call the Front Desk or the Management Team.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to: Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other “*protected pages*,” you must enter the password which is only available to Sunflower residents. Please visit the Village Center front desk so you can receive the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

If you are well-pleased with a business you’ve dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: NKaplan@associatedasset.com.

ADVERTISING IN THE SUN CATCHER

If you are looking to advertise your business in **Sunflower’s Sun Catcher** newsletter, via classified ad, or multiple-sized colored advertisement, or have any questions about fees and space available, please email **Rosie** @ RMYoung@associatedasset.com, or just visit the front desk at the Village Center and any one of the ladies can give you a pricing sheet for advertising.

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, www.Sunflowerliving.com, and scroll down to click the “**Subscribe to Our Residents Newsletter**” link. Part way down the new page you will see a “**Subscribe Here**” link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What’s New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724

Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

NOVEMBER 2025 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			<u>COMMITTEE MEETINGS</u> 11/04 ARC 11/05 LANDSCAPE 11/05 ANNUAL MT 11/06 PRAC 11/10 ELECTION	<u>THIS MONTH</u> 11/14 POLICY 11/14 WELCOME 11/18 ARC 11/18 FINANCE 11/19 BOD MTG		1 7:30 Coffee Klatch 9 Art Club
2 1 Mah Jongg	3 9 Dominoes 10 Craft Club 10 Social Club Mtg 12 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	4 9 ARC 10 Potluck Tickets 1 Euchre 1 Ladies Bridge 1 Poker 2 NY's Eve Tickets	5 9 Mah Jongg 10 LANDSCAPE 10 VETs Meeting 11 VETs BOD Mtg 12 Social Cl Tickets 1 Mah Jongg 2 1 Pinochle 6 ANNUAL MTG	6 <u>CRAFT FAIR</u> <u>SET-UP</u> <u>CENTER</u> <u>CLOSED</u> 1 PRAC	7 SUNFLOWER FALL CRAFT FAIR	8 SUNFLOWER FALL CRAFT FAIR
9 1 Mah Jongg 2 Tech Help	10 9 Dominoes 10 Craft Club 12 Fun Poker 12 Baskets 12:45 Mexican Train 2 Potluck Tickets 3 ELECTION 3:30 Chorale	11  9:30 VETs Celebrate 10 Gatherings Club 1 Euchre 1 Ladies Bridge 6 BINGO	12 9 Mah Jongg 10 Foodie Fr Tickets 10 Tech Club Mtg 11:45 ROMEOs 1 Mah Jongg 2 1 Pinochle	13 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 5:30 November Potluck	14 9 POLICY 9 Quilters 11:30 Fun Poker 1 Mah Jongg 1 WELCOME 5:30 Music Under the Stars	15 7:30 Coffee Klatch 9 Art Club 9 Art Show 11:30 Foodie Friends Luncheon 5:30 November Social Club
16 1 Mah Jongg 4 Cornhole	17 9 Dominoes 9 Vin Gard Tickets 10 Craft Club 12 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	18 9 ARC 1 Euchre 1 Ladies Bridge 1:30 FINANCE 2:30 Genealogy 5:30 Karaoke	19 9 Mah Jongg 10 BOD Mtg 10 Photography Club 11 Mah Jongg 2 1 Pinochle 4 Barrio Bread Sales 4:30 Fun Poker 4:30 OWLS	20 9 Quilters 9 500 Cards Game 10 Quilters BOD Mt 1 Mixed Bridge 1 Canasta 6 Cribbage	21 9 Quilters 10:30 Soc Cl Tickets 11:30 Fun Poker 1 Mah Jongg 2 Tech Help 5 Bocce Event	22 7:30 Coffee Klatch 9 Art Club 1 Quilters' Retreat
23 1 Mah Jongg 2 Tech Help 4 Cornhole 30 1 Mah Jongg	24 9 Dominoes 10 Craft Club 12 Fun Poker 12 Baskets 12:30 Mexican Train 3:30 Chorale	25 10:30 PWC Mtg 1 Euchre 1 Ladies Bridge 6 Game Night 7 SF Readers	26 <u>CENTER CLOSING @ 2PM</u> 7:45 ROMEOs 9 Mah Jongg 1 Mah Jongg 2 1 Pinochle	27 <u>CENTER CLOSED</u> 	28 9 Quilters 11:30 Fun Poker 1 Mah Jongg	29 7:30 Coffee Klatch 9 Art Club

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4pm Pickleball 7pm POP Tennis	Men's Golf 8 Pickleball 8 Tennis 7:45 Yoga 9 Water Aerobics 9:30 Line Dance 1pm Chix w/Stix	8 Pickleball 8 Tennis 9 Stretch/Tone 10:10 Chr Yoga/Pilates 10:30 Wts/Balance 1pm Bocce 1pm Men's Billiards 2pm Ladies' 9-Hole Golf 4pm Pickleball	7 POP Tennis 8 Pickleball 8 Tennis 7:45 Yoga 9 Water Aerobics 1pm Ping Pong 1st, 2nd, 3rd Wed 2pm Men's 9-Hole Golf	Men's Golf 7 POP Tennis 8 Pickleball 8 Tennis 9 Stretch/Tone 10:10 Chr Yoga/Pilates 10:30 Wts/Balance 1pm Bocce 1pm Chix w/Stix 1pm Ping Pong-4th Thurs 4pm Pickleball	8 Pickleball 8 Tennis 7:45 Yoga 9 Water Aerobics 10 Line Dance 12:30pm Bowling 1pm Men's Billiards 4pm Cornhole	8 Pickleball 8 Tennis 10 Ping Pong <i>*Hiking Info- See Article For Details</i>

TOPICS OF INTEREST

ARTIST GALLERY

By Lori Chase

Our artist for the month of November is **Chuck Lanska**. Please come in & view his art. Chuck advises:

"Wildlife photography invites me into the natural world, and those settings provide a sense of adventure for the boy inside of me. My current obsession is capturing and understanding the world of hummingbirds through photography. I hope you enjoy the display here in the Sunflower Village Center during the month of November."

Our December artists will once again be **The Sunflower Quilters Club**. They will display several different mediums of art as they usually do. Please stop by to enjoy their wonderful artwork.

Our thanks to **Rhonda Sawyer** for her beautiful water color display of art during the month of October.

THE PING PONG GROUP

By Buzz Hoffmann

We play Ping Pong in the Fiesta Room on the 1st, 2nd & 3rd Wednesdays of each month from 1:00 to 4:00 p.m. We are also now playing on the 4th Thursday from 1:00 to 3:00 p.m.

Please refer to the Communicator for re-scheduled dates & times formerly on Sundays.

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The **Sunflower Photography Club** is a supportive community where we can share our joy of photography, learn from each other, and grow together. Whether you're using a smartphone camera or more complex equipment, or if you're experienced or just starting out, **there's a place for you in our club!** Please email **Vince Senski** with any questions: vinceduluth@gmail.com.

Our next meeting is on Wednesday, November 19th @ 10:00 a.m. in the Conference Room.

We'd love for you to join us!

SUNFLOWER READERS

By Jann Swanson

Our book this month, **"Devil in the White City"** by **Erik Larson**, is one of contrasts. Daniel Burnham, one of our greatest American architects and the designer of the 1893 Chicago World's Fair (the White City), is juxtaposed against Dr. H. H. Holmes, a serial killer, who used the fair to lure his victims to their deaths. This book should make for a very interesting discussion.

Our next meeting will be on Tuesday, November 25th @ 7:00 p.m. in the Library. Please join us.

SUNFLOWER HIKING GROUP

By Hope Collins

In general, the **Sunflower Hiking Group** will have hikes on Tuesdays and Fridays, from October through March. The hikes for each month will be listed in the Sun Catcher; the upcoming week's reminders will be posted to the weekly Communicator.

The group is open to all Sunflower community residents and their guests who are fit for hiking. Essential details and updates about hikes are sent via **Google Group emails**. If you plan to hike with us this season, it is recommended that you be added to the group. To do that, send an email to **Hope Collins @ hopecollins65@gmail.com**. If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran @ 520-729-8082**.

NOVEMBER HIKES

Tuesday, Nov. 4 - Bowen Cabin Sunset Hike, 2.3 miles, Easy

Friday, Nov. 7 - Hope Camp Trail, 5.6 miles, Easy+

Tuesday, Nov. 11 - Garden Canyon (Fort Huachuca), 6.5 miles, Medium-

Friday, Nov. 14 - Lower Javelina, 3.0 miles, Easy-

Tuesday, Nov. 18 - Aspen Trail to Marshall Gulch Loop, 3.7 miles, Easy+

Wednesday, Nov. 19 - Planning Meeting for Winter 2025, Details TBD

Friday, Nov. 21 - Wasson Peak via Sweetwater, 9.0 miles, Difficult- / or 6.8 miles, M+ to Saddle

Tuesday, Nov. 24 - Madera Canyon Nature Trail, 5.3 miles, Medium-

Friday, Nov. 28 - Sweetwater Preserve, 4.0 miles, Easy+

**Most hikes meet between 7:00 and 7:45AM at the Village Center- Check Google Group emails for specifics*

SUNFLOWER HEALTH & SUPPORT

By Diane Gray, RN

Hello, my name is **Diane Gray**. I live in the Sunflower Community. I am a retired RN and I have been thinking about starting a group to help and support our community residents, as needed. It will be designed to aid and support the general wellness of residents who may wish to ask questions or gather information about the next steps in their continuing health.

If you are interested in helping out, please email me @ sunnytucson64@gmail.com.

CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Library. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CANASTA

Thursdays starting @ 1:00 p.m. in the Craft Room. We play two versions: **Hand & Foot and Samba.** So join us to see familiar faces & meet new friends.

CRIBBAGE

We invite you to have some fun playing single or four-hand **Cribbage** on Thursdays @ 6:00 p.m. in the Craft Room. (Except on Pot Luck nights)

MEXICAN TRAIN DOMINOES

By Pat Cooke

We have plenty of room for new players. Come and learn how to play Mexican Train.

Join us on Mondays in the Fiesta Room.
We meet at 9:00 a.m. and 12:30 pm.
in the Library.

EUCHRE

Would you like to play Euchre?
We meet every Tuesday afternoon
from 1:00 to 3:00 p.m. in the Craft Room.
Call **Vicky** @ 520-907-3510 for details.
We'd love to have you join us!

SUNFLOWER 500 CARD CLUB

By Bob Bender

The **500 Card Club** welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). *We are still willing to teach anyone who would like to learn the game.* Call and we will set up a time to teach. Call **Bob Bender** @ 717-804-6425.

MAH JONGG

By Anne Schmidt

We will play Mah Jongg @ 9:00 a.m. in the Library & Mah Jongg 2 @ 1:00 p.m. in the Craft Room every Wednesday.

Not ready to make a commitment?
All are welcome, beginner to advanced players!

SUNDAY MAH JONGG

By Lynn Neitzke

We began playing Mah Jongg again on Sundays from 1:00 to 3:30 p.m. in the Library.

Contact **Lynn** @ 520-268-7784 with questions.

PINOCHLE

By Harlan Quinn

If you like to play single-deck **Pinochle**, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library. There is no cost, and no reservations are needed—**just show up.** We play partners and/or three-handed pinochle, depending on the number of players present. *For information, call one of the contacts listed in the back of the Sun Catcher.*

FUN POKER

By Jim Conley

We play **Poker**
in the Library on Mondays from Noon to 3:00 p.m.
and on Fridays from 11:30 a.m. to 3:00 p.m.

We also play on the 4th Wednesdays of the month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

Please join us at the Village Center on any day and we will get you started.



ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents with a desire to create or color something that stirs their imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a plastic-protective covering for the table.

We meet in the Craft Room each Saturday from 9:00 a.m. to 12:00 Noon.

CRAFT CLUB

By Kathy Hummel

It is hard to believe but the holiday season is quickly approaching, which normally includes shopping, cooking, baking and, of course, decorating. Our creative crafters had their scissors and glue guns ready to tackle the decorations. Along with the candy corn and other treats for Halloween, they used their skills to make unique glass shade ghosts and witches, and used old sweater pieces to make one-of-a-kind pumpkins. A small sample of upcoming projects include macrame bracelets and holiday globes.

The Sunflower Craft Club meets every Monday from 10:00 to 11:30 a.m. from October to April.

Please contact **Chris Polk** @ 520-820-5227 for additional details or questions.

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: Beginners Class 9:30 to 10:00 a.m. to go over individual steps used in most dances.

10:00 to 11:00 a.m. **Beginners Learn & Dance**

Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m.

11:00 a.m. to Noon - **A bit more advanced**

To attend, you pay **\$5 to the Dance Club** for the entire year. The fee goes to the Club for our Club Parties, Dances for the Community, & whatever else we decide to do. **Not sure? Just come try us out.**

WEIGHTS, STRENGTH AND BALANCE STRENGTH TRAINING

By Marlene Spencer, Certified Instructor

Tufts University research shows that a program of strength training not only improved bone density, but also reduced falls & improved arthritis symptoms. Balance, coordination, flexibility & endurance are also improved. This program is based on that research. This low-impact program is appropriate for both sedentary & active people.

Classes: Tuesdays & Thursdays @ 11:30 a.m.

Please bring your own weights/ankle weights:

1# to 2#-women / 2# to 3#-men.

No Punch Card Needed

FITNESS CLUB

By Sue Uden

Water Aerobics: Monday, Wednesday, and Friday, 9:00-10:00 a.m. We are using CD workouts that participants have enjoyed. There are 3 different CD's that last about 50 minutes and give a well-balanced workout focusing on the core, upper body, balance, knees, and hips. Noodles and water weights may be used.

Stretch and Tone: Tuesday and Thursday, 9:00-10:00 a.m. in the Fiesta Room. **Margo Gustin** will be leading the classes. This is a full-body workout completed while sitting or standing, working on strength, flexibility, and balance. Participants will need a 10" ball, light hand-weights and stretch bands. **Fitness Membership Cards ARE required for ALL CLASSES.**

Violet Boren, our certified instructor, will begin teaching classes on **Thursday, Nov. 13th**. **Stretch and Tone: 9:00-10:00 a.m.** ~and~ **Chair Yoga/Pilates: 10:10-11:10 a.m.** in the Fiesta Room, **Tuesdays and Thursdays.**

Fitness Club membership cards are required but NOT punch cards, at this time.

GENEALOGY SOCIETY

By Paulette Weiser

The **Sunflower Genealogy Society's** meeting topic is **'Do's and Don'ts of Family Treasures'** given by Sunflower resident, **Paulette Weiser @ 2:30 p.m. on Tuesday, November 18th** (a week earlier than usual due to Thanksgiving) **in the Fiesta Room or via Zoom.**

Paulette will discuss what to do and what NOT to do in order to care for your family documents, photos, quilts, clothing and the like. If you want to preserve your family treasures for generations to come, this is a meeting to attend.

Paulette has a master's degree in history and historical organization management from Bowling Green State University (Ohio). She spent most of her 40-year working career as an archivist, historian and local history museum curator in North Dakota, Wyoming and Ohio. She worked with documents, photos, maps, clothing and a wide variety of artifacts. Her own ancestors immigrated from Germany, France, Luxembourg, Norway and Sweden; and she has a few family treasures handed down from them.

Officers for 2026 will be elected at this meeting. We will also be accepting memberships for 2026, again only \$15 for the year, which provides speakers and programs, access to the library and **MyHeritage website**, the aid of mentors to assist you in doing family research, and a convivial and helpful group of people. Join us and learn more about your ancestors, where they came from and how they lived.

***It can really inform you about you!
We are who we are because of who came before us.***

SUNFLOWER QUILTERS

By Carolyn LaPotin

The Giraffe's cute little ears are being stitched into place and useful additions are being crested for the basket of sports items. **Yep!** The *Sunflower Quilters* are going to be ready for this year's **Craft Fair**. This will be the perfect place to do some holiday shopping for friends and family - or to pick up something special just for you.

Come early for the best selection!

All money raised at the **Craft Fair** is used to buy fabric, batting and other supplies used in making quilts given to children in Tucson who have been placed in foster care, veterans in the care of Hospice and other charities in our community. This October, we donated 25 handmade quilts that will be given to Veterans in Hospice in Tucson.

Please help us have another successful Craft Fair.

The Sunflower Quilters meet in the Craft Room every Thursday & Friday from 9:00 a.m. to 12:00 Noon.

Quilters of all skill levels are welcome.

Come and join the fun!



TECHNOLOGY CLUB

By Katta Mapes

*November 12th @ 10:00 a.m. -
Member Meeting in the Fiesta Room
TECH TALK: Unveiling the Wonders of
Manufacturing with 3D Printing!*

Join us for an enlightening session with industry expert **Ken Sperone** as he explores the incredible uses of 3D printing in manufacturing. Discover how this revolutionary technology is transforming the landscape of production, making it more efficient, sustainable, and innovative.

In this engaging talk, **Ken** will provide a brief and simplified explanation of the various materials and processes that power 3D printing. You'll gain insights into how companies are leveraging this technology to drive creativity and streamline their manufacturing processes.

** Remember, you can see past meetings on You Tube – just search for Sunflower Tech Club on You Tube



PLEASE NOTE:

*The Village Center will be
CLOSED on November 6th for Craft Fair set-up,
and on November 7th & 8th for
non-Craft Fair activities ~ this includes the
Billiards & Tech Rooms as well.*

*The Village Center will re-open for residents on
November 8th @ 4:00 p.m.
As always, the Pool & Fitness Room may be
accessed through the after hours gate
while we are closed.*

VINTAGE GARDENERS CLUB

By Marie Van Huis

The *Vintage Gardeners Club* kicked off its new season with a great meeting in October, welcoming both returning and **new members**. Our agenda for the rest of the year is blooming!

On **November 10th**, we'll be attending a private **cooking class @ The Garden Kitchen**, a University of Arizona-sponsored program. In **December**, get ready for our always-popular **Annual Christmas Luncheon on December 16th**. The October meeting wrapped up with everyone enjoying some pizza while viewing a fun slideshow of memories from last spring's **Home Garden Tour**.

We're currently reaching out for **volunteers** to help the club thrive! This is a great opportunity to get more involved, as we have openings for key positions in board or officer roles. The terms for our current **President**, **Vice President**, and **Secretary** are ending, so we need people to step up for these important positions. Volunteering with the club is a fantastic way to **connect**, **contribute**, and **cultivate community spirit** right here in Sunflower.

The *Vintage Gardeners Club* is dedicated to providing **community service** to Sunflower and identifying projects that **beautify** the area. We strive to enhance our community while also doing our part in preserving the ever-changing environment. Membership is only **\$10** for the year!

For more details on membership or volunteering, you can email us @ sfvtgardens@gmail.com or call **Lois Croly** @ 520-389-1524. Also, remember to check out the Vintage Gardeners' website @ www.sunflowerliving!

"In seed-time learn, in harvest teach, in winter enjoy."

~William Blake, 1757-1827, English poet and artist

HEALTH & SAFETY



PRIMAVERA

By Patrick Steliga

After losing her housing in 2021, **Tracy** found herself hungry and without hope. She endured the harsh desert climate, struggling to survive on the streets of Tucson for nearly four years.

In November 2024, **Tracy** joined the **Primavera Foundation's Homeless Intervention & Prevention (HIP) Program**, where she gained access to mail services, hygiene products & resources. About a month later, a housing voucher was available. The challenge was locating her without a current address or cell phone. **Tracy's** case manager provided a photo to **Primavera's Mobile Outreach Team**. The team searched the streets, encampments, bus stops, tunnels, & parks. They left messages at locations where she was known to frequent. After weeks of effort, the outreach team received a tip & contact was finally established.

As of January 7, 2025, **Tracy** & her dog, Rockett were housed & **Tracy** has secured a part-time job. **Tracy** sent the following text message to her Case Manager: *"I got a job and I wanted to share with you that it feels good to get back into life again. I feel renewed, full of energy and ready to live my life again sober and happy, and be a huge part of my children's life again. I could not even begin to tell you how appreciative and thankful for all you and Primavera have done for me There are no words that could explain how you guys strive to make this happen, and [your] belief in me... has made me feel whole again.... Now I expect better for myself, and from myself, and it feels amazing to have that drive again."*

Please see the weekly Communicator for the most-needed-items update.

CANCER SURVIVOR GROUP

By Jan Keogh

The **Sunflower Women's Breast Cancer Group** extends an invitation to women in Sunflower who are currently being treated or who were formerly treated for any type of Cancer **to come join us**. While our treatments may be different, our feelings and emotions are the same.

Our support group has been meeting for 20 years, and we are a wonderful sisterhood of cancer survivors.

We meet the second Wednesday of each month in our homes from 2:00 to 4:00 p.m.

Please call **Jan Keogh** @ 520-579-1018 to learn our next meeting place.

PARTNERS W/CHALLENGES SUPPORT GROUP

By Armand La Potin

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies, and anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 10:30 to 11:30 a.m.

Please contact **Armand** @ 520-780-4547

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property and funds and to offer our residents a variety of opportunities to enrich their physical, cultural and social well being.

CORE VALUES:

The Core Values of Sunflower are:

- Maintain the beautiful physical appearance of the community
 - * Support a harmonious community
 - * Respect differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize & address changing needs of community

VISION: To be a community meeting needs of current/future residents.

MY SUNFLOWER FAMILY

By Lori Chase

It is with a heavy heart that I need to say goodbye.

I have been employed by Sunflower for 21 wonderful years. I've gotten close to the residents and my co-workers. We have lost several over the years, but we continue to look forward.

Please know that I will miss you all.

Since my married life, we have never stayed in a city more than 10 years until now.

Marana has been our home for 22 years; and the memories you have shared with me have been a blessing and a joy.

***Thank You ALL...
Sincerely, Lori***



SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m. SUNDAY from 11:00 a.m. to 4:00 p.m.

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access is available from 5:00 a.m. to 11:00 p.m.

For access, **you MUST enter Village Center with your Proximity Card WHEN OPEN.**

If Village Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

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Billie Barron 520-334-7508

BACCHUS WINE

Sandy Persels 520-572-1936

BASKET-WEAVING WIZARDS

Karen Donahue 520-572-2250

BILLIARDS

Jim Damato 520-744-7031

Joe Malone 520-572-4697

BOCCE

Julie Frickel 406-461-0718

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CANASTA

Barbara Bernardi 781-521-6225

CANCER SURVIVORS

Jan Keogh 520-579-1018

CHORALE

Sue Horsfall 520-425-0586

CORNHOLE

Kevin Kirkey 520-833-2236

CRAFT CLUB

Chris Polk 520-820-5227

CRIBBAGE

Kirk Andrews 401-419-5570

DOMINOES

Pat Cooke 520-616-8082

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Billie Barron 520-334-7508

FOODIE FRIENDS

Kathryn Martin 940-783-1037

FUN POKER

Jim Conley 520-308-9798

GAME NIGHTS

Jan Session 520-429-6079

Adrienne Farrell 520-345-3563

GATHERINGS CLUB

(formerly Activities Club)

Jan Gerston, Sec 979-571-3640

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Doug Culpepper 412-720-6248

Gary Scott 520-406-0123

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

KARAOKE

Ron Gagne 520-400-7042

LINE DANCE/ENTERTAINMENT

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NEIGHBORHOOD CONNECTIONS

(formerly BLOCK WATCH)

Marcia Olson

rodandmarcia@yahoo.com

NINE-HOLE GOLF - MENS

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES'

Aileen Fundingsland 520-906-4427

PARTNERS WITH CHALLENGES

SUPPORT GROUP (PWC)

Armand LaPotin 520-780-4547

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PHOTOGRAPY CLUB

Vince Senski vinceduluth@gmail.com

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PING PONG

Buzz Hoffmann 520-572-4258

PINOCHLE

Jim Damato 520-744-7031

Harlan Quinn 520-225-7375

POP TENNIS

Chris Schatte 231-715-6490

Gary Engel 623-221-8813

POTLUCK CLUB

Susan Sifers 540-538-6502

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTERS CLUB

Carolyn La Potin 520-780-4937

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

VOLUNTEER TRANSPORTATION

Seven days in advance please

Katta Mapes Katta.Mapes@gmail.com

SUNFLOWER READERS

Marcia Olson 520-888-6932

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Sharon Bender 717-818-5505

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Lois Croly 520-369-1524

Marie Van Huis 520-572-0045

WELCOME COMMITTEE

Lynn Haye 847-401-6343

YOGA

Leslie Parr 520-603-8785

Revised November, 2025

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With busy lives, families often rely on microwaves to quickly heat meals, warm up a drink or defrost food. While convenient, it's important to use them safely. Following a few simple tips can help prevent painful burns and possible fires.



- Make sure the microwave oven is at a safe height, within easy reach of all users.
- Always supervise children when they are using a microwave.
- If you have a fire in the microwave, leave the door closed and turn the oven off. If the fire does not go out, get outside and call 9-1-1.

 **NORTHWEST FIRE DISTRICT**

www.nwfdaz.gov   

Source: nfpaa.org



ODD FACTS ABOUT THANKSGIVING YOU MAY NOT KNOW

Everyone can remember being taught in Elementary School about the first Thanksgiving feast in 1621 between the Pilgrims and Indians, commemorating the harvest.

Here are a couple of odd facts you may not be familiar with:

Why is Thanksgiving on a Thursday?

At first no particular day of the week was reserved for Thanksgiving, but some days were thought more appropriate than others. Puritans observe the Sabbath as a biblical ordinance and did not intrude their Thanksgivings upon it. Since Saturday was occupied with preparations for the Sabbath, and Monday was the day just after, these were not convenient choices. Friday was ruled out because it was the fast day of the Catholic Church; and any day of prayer held on a Friday would have had Rome-ish overtones.

However, Thursday was a lecture day in Boston. Ministers offered afternoon sermons for those with the leisure time to attend weekday religious meetings. Perhaps for this reason, Thursday became the favorite day for fasts and Thanksgivings. Although other days were occasionally chosen, Thursday became the traditional choice.

Why do we eat turkey on Thanksgiving?

There are a few different factors for why we eat turkey on Thanksgiving. First, cited letters from **William Bradford**, the governor of Plymouth in 1621, show that wild turkeys were part of the original meal that was shared between the Pilgrims and the Wampanoag Indians. Also, as Thanksgiving became a more prominent celebration, turkeys continued to be plentiful, which made them a convenient main course. And not only that, we can thank **Sarah Josepha Hale**, writer & editor, for this established aspect of Thanksgiving as well, who in her 1827 novel, *Northwood*, explained a New England Thanksgiving in great detail, including the description of a roasted turkey “placed at the head of the table.”



Whatever your family tradition, we hope your Thanksgiving Holiday is filled with good food, good people and good times. Enjoy!!



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Market Update

November 2025

Floor Plan	Sq. Ft.	Avg \$ in Past Yr.	Highest \$	Lowest \$	Avg DOM
Kachina	1,972	\$412,186	\$460,000	\$395,000	99
Lantana	1,770	\$410,000	\$440,000	\$395,000	76
San Carlos	1,380	\$354,136	\$400,000	\$320,000	36
San Gabriel	1,760	\$416,500	\$450,000	\$385,000	31
San Marcos	1,543	\$373,333	\$405,000	\$315,000	86
Santa Rita	1,598	\$337,500	\$350,000	\$325,000	121
Sedona	1,484	\$355,333	\$375,000	\$340,000	91
Sierra	1,296	\$314,152	\$345,000	\$280,000	86
Sonita	1,156	\$318,333	\$350,000	\$285,000	22
Sunrise	1,114	\$303,278	\$340,000	\$285,000	89

*Per MLSSA closed statistics for the Sunflower Subdivision November 1, 2024 - October 1, 2025.

The Walter Team

Tim 520.775.0222/Tim@TheWalterTeam.com

Kaye 303.551.4989/Kaye@TheWalterTeam.com



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